



THE CATHOLIC PARISH OF ST. JOHN VIANNEY

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stjohnvianneyvashon.com



A leper came to Jesus and kneeling down begged him and said, “If you wish, you can make me clean.” Moved with pity, he stretched out his hand, touched him, and said to him, “I do will it. Be made clean.” The leprosy left him immediately, and he was made clean. Then, warning him sternly, he dismissed him at once.

He said to him, “See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them.”

The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. He remained outside in deserted places, and people kept coming to him from everywhere. Mark 1:40-45

Rembrandt, “Christ Healing a Leper,”
ca. 1650, Rijksmuseum, Amsterdam



ASH WEDNESDAY SERVICES (Feb., 14th) Fr. David will celebrate a speedy Liturgy of the Word at 6:30AM and will celebrate Mass at Noon and 7PM. Ashes will be distributed at all services. The collection at both Masses will be for Alms for the Poor



February 9th LIVING A LITURGICAL LIFE Living the Liturgical Year in your Home — “Ash Wednesday, Lent, and Easter” THIS EVENING, 6:30-8:30pm— an evening for parents in the Social Hall with conversation and a dessert potluck. **What is the role of the Domestic Church in our life of faith?** Please join us to hear about this, share your favorite Lenten and Easter traditions, and gather inspiration and ideas from others on how to live and celebrate the liturgical year in your home. This is a great opportunity for parents with young families. Bring your favorite seasonal books and traditions, and a small dessert or appetizer to share if you wish. Coffee will be served.



MARDI GRAS SJV PANCAKE BREAKFAST FOLLOWS THE 9:30 MASS THIS SUN. A deal for a delicious breakfast... \$5 per person/\$15 per family, and an SJV fundraiser! Thank you to all the pancake enjoyers who help also with the pancake breakfast clean up. Janice, Bruce, and Mike have a lot “on their plate” with the cooking and kitchen work, and so would certainly appreciate your willing and busy hands helping with clean up. Thank you for your help, SJV. And remember, you can use our new Pancake Breakfast QR Code that will take you right to the electronic giving fund for Pancake Breakfasts. **FAST, FAST, FAST!** You will find the QR code poster on the payment table.



WORLD MARRIAGE WEEKEND FEB. 10/11TH This weekend to mark World Marriage Day at both Masses Fr. David will be blessing our parishioners who are celebrating milestone anniversaries this year. (It’s not too late!). Congratulations! Please let the office know if you are celebrating an important anniversary this year. Email the office (office@vashonsjv.org) so Fr. can recognize you at Mass and the two of you can be celebrated by your fellow parishioners. Let us know! Thank you to the two long-married couples celebrating mega anniversaries who have contacted us already.



WORLDWIDE MARRIAGE ENCOUNTER “Learn to become the best versions of yourselves together”—a Marriage Encounter Weekend will get you to explore how to do this. Fr. Fred after his many years attending these weekends has encouraged SJV couples to sign up for a weekend! Here is our next opportunity: **Apr 12-14, 2024, Tacoma**, Please see their website for information. <https://wwme.org/>



LENTEN SOUP SUNDAYS SIGN UPS You will find the Lenten Soup Sign-Ups on the table in the vestibule. We will have four Lenten Soup Sundays, Feb. 18th & 25th, and March 3rd & 10th. You have the chance to share soup and bread and to enjoy savory fare with your parish friends during Lent. Thank you to the Coffee Hour crew who have already signed up to help at the counter. The plan is for each Soup Sunday, four to six families for soup, three for bread, and **a couple more helpers for kitchen duty (this one is important!). Our first Soup Sunday will be on February 18th. Sign Up Sheets in the Vestibule... let’s fill in the blank lines!**

THE 3RD THURSDAY MONTHLY COMMUNITY DINNERS

“The more, the merrier...” is always true, but for the moment we have our Third Thursday Community Dinner Teams for February AND March fully covered—thank you to all our recent sign ups. Good work, SJV. We would really like to form one more team, for April—would anyone like to talk to your friends and form a fourth team? This would mean each team will provide the dinner (a worthwhile and fun evening) just three times a year. Contact Barbara Powell at (707) 812-2420 or Pam McMahan at (206) 817-8731, or the office (office@vashonsjv.org).



SYMBOLON— NEXT SUNDAY On Formed.org, please watch SYMBOLON Part 2, *Living the Faith*, Session 8, “A Love that Lasts: Discovering Authentic Love, Part 2” for the study group next Sun.



BENEDICTINE PRAYER Morning Prayer: Every M, W, F, from 6:30 to 7AM at the Burton Community Church. **NEW to Wednesdays at SJV... Evening Prayer:** On the 1st, 3rd, and 5th Wednesdays, and First Fridays at SJV, Feb. 21 and 28, March 1, 6, and 20, from 6-6:30.



2023-24 1ST SACRAMENT PREPARATION— Sun., March 3 1st Holy Communion Class will meet on Sunday, March 3 at 10:45.

2023-24 PREPARACIÓN DE LOS PRIMEROS SACRAMENTOS— Domingo, 3 marzo La clase de Primera Comunión se reunirá para la clase el domingo, 3 marzo a las 10:45.



FRASSATI YOUTH GROUP Next meeting is on **February 21, 2024** Plan to be here... **6:30PM** Faith sharing...Fun... Friendship...Food...Pre-Teens and Teens, don’t miss Frassati!



SJV WOMEN’S CLUB MON, FEB 26 Noon at SJV—BYOLunch... Spiritual reading shared and discussed... Catch up on our lives... Always a good time with laughs and friends....



ST. VINCENT DE PAUL 2ND SUN. COLLECTION

We would like to remind parishioners of our traditional 2nd Sunday SVdP collection. If you are able to help SVdP do its wonderful work on Vashon, you can place a donation for them in the Collection basket or online. <http://svdpvashon.org/>



MASS FOR HEALTHCARE PROFESSIONALS AND CAREGIVERS

This Mass is held in February to coincide with the World Day of Prayer for the Sick. This Saturday, Feb. 10, at St. James Cathedral, at 5:30. Wear your scrubs or other professional attire.



SPECIAL COLLECTION FOR PREPARES PREGNANCY & PARENTING SUPPORT

PREPARES will “walk the journey” with pregnant and parenting women, men, and families, who find themselves lacking a healthy support network. Families will be able to access mentors and holistic wrap-around services from the time of awareness of pregnancy to the child’s fifth birthday. Once fully realized, the PREPARES network will provide meaningful, professional and sustainable support to vulnerable Washington mothers, fathers, and families as they nurture their children through pregnancy and early childhood. <https://www.preparesforlife.org/>



NATURAL FAMILY PLANNING A resource to help families, parishes, and dioceses navigate fertility with faith. Please see their website, as well as the SJV website for more information on NFP. myparishNFP provides NFP support to parishes and dioceses (ccli.org)



HALLOW.COM Join the Lent Pray40 Challenge “Dive deeper into prayer this Lent with Hallow, a Catholic prayer and meditation app. Please look for the handout with QR code in your pew. Try this app for its free Lenten offering. See what you think and you might find that you would like to become for – pay subscriber. We have parishioners who highly recommend this app and use it daily, so give it a try. <https://hallow.com/>



FORMED FOR LENT We have a parish subscription to Formed, so please check its ample selection fine tuned for Lenten preparation by watching inspiring movies and listening to audiobooks about great Catholics and the tenets of our faith—Formed is a Catholic streaming service with a ton of options. All it takes is your email, 98070, and our parish name and you can sign in. <https://daily.formed.org/lent>



Jesus invites us to have a personal relationship with him. This Lent, let us respond to this invitation and deepen our encounter with Christ and one another. We pray our hearts may be open to encounter Jesus in all the ways he comes to us: in word, in sacrament, and in all his people.

For Lenten inspiration and resources, go to archseattle.org/lent or scan:



SJV LENT 2024

*Bring in last year’s blessed Palm Sunday palms to be burned in our

Easter Vigil bonfire.

* **Stations of the Cross**, Feb. 16 at 6:30 and outdoors on March 29 at 2:30 in our Rosary Garden

* **Sacrament of Reconciliation**, Saturdays at 4PM

* **Lenten Soup Sundays**, Feb. 18th & 25th, and March 3rd & 10th. Attend all, and also please choose a Sunday to contribute soup, bread & butter, or clean up help.

* **Keep your Rice Bowl** in a prominent place at home and add your Lenten contributions to assist Catholic Relief Services help the neediest around the globe. Our Rice Bowl will be collected on Holy Thursday.

***Lenten Penance Service**, March 15, 6:30

LENTEN BONA OPERA 2024

*Creating a Lenten “Bona Opera” (Good Works Covenant), is an ancient Lenten practice. It is our offering to God and helps us be accountable with our Lenten observance. As you assemble your Bona Opera this year, I ask you to commit to **two things** in addition to attending one of the Lenten liturgical services, listed below. – Fr. David*

Lord Jesus Christ,

Throughout the great season of Lent, guide me with your grace to fulfill the promises of this Bona Opera. I repent of my sins and bad habits. Help me to do penance and good works during this time so that I may worthily prepare for Easter. I ask your blessing upon me and these good works I resolve to do.

In the name of the Father, and of the Son, and of the Holy Spirit:

1. Attend one of the following liturgical services:

- Stations of the Cross on Friday Feb. 16 @ 7:00pm
- Eucharistic Holy Hour on Friday March 1, 2024 @ 6:30pm
- Lent Penance Service on Friday March 15, 2024 @ 7:00pm

2. _____

3. _____

Signed: _____

Amen.

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

LIVING A LITURGICAL LIFE

February 11 is the memorial of Our Lady of Lourdes and thus World Day of Sick. Although February 11 this year coincides with the Sixth Sunday in Ordinary Time, the Sunday readings also propose a focus on the Christian response to illness. The crux of this coming week is Ash Wednesday, February 14, and the beginning of the holy season of Lent. We'll briefly look this week at how you can keep both of these in your home. And yes, you cannot spell **Valentine** without Lent so I'll give a nod to St. Valentine's Day.



The first apparition of Mary, Our Lady, to the 14-year-old Bernadette Soubirous at the grotto at Massabielle near Lourdes in southern France, came on this date, February 11, in 1858. Since that time millions of people have made a pilgrimage to Lourdes to pray, thousands have been healed, and the local medical examiner has recorded nearly 100 miracles. A replica of the grotto at Notre Dame was one of my favorite places to pray during my studies there and is a key experience for many there. A former colleague has accompanied groups of *malades* to Lourdes through the Knights of Malta that arranges pilgrimages for the sick and suffering. <https://www.orderofmaltafederal.org/the-lourdes-pilgrimage>

We hear in this Sunday's Gospel how Jesus was moved with compassion to touch the lepers and heal them. Through the care shown those who are sick and by our corporal and spiritual works of mercy the Church has always helped the faithful join their sufferings to Christ. How can you accompany those who are sick? Sometimes the Anointing of the Sick is mistakenly reduced to Last Rites; however, Last Rites includes a special form of Reconciliation, a special form of the Anointing of the Sick, and the giving of Holy Communion as *viaticum*. Just like Reconciliation and Holy Communion are part of the ongoing care of the faithful and not reserved for those in danger of death nor one-time events so also is the Anointing of the Sick a repeatable experience for any who are sick in body, mind, and spirit. If you have never experienced this sacrament of healing—either for yourself or accompanying another—I highly suggest doing so. And on this World Day of the Sick call someone you know who is ill or arrange to visit them and let them know they are loved and seen by God. Remember that sickness, death, and decay are not part of God's original plan but even these can become means for God to reveal himself and bring about redemption through healing.

Ash Wednesday brings into relief the intersection of the outward life and the inward life in a way like few other occasions. At O'Dea we're leading students on Monday afternoon in burning the palms collected at St. James Cathedral over the past several weeks in order to prepare the ashes which will be imposed on the foreheads of the faithful. Outwardly we're simply burning acrid, dried palm fronds. Inwardly we're burning away those triumphs of the world to which we cling and reminding ourselves that we who were fashioned from the dust of the earth will one day return to the dust as we await the Resurrection of our bodies. Outwardly we will all have these ashes imposed on us as a sign of our repentance (as we heard about the Ninevites doing likewise in our First Reading from the Prophet Jonah on the Third Sunday of Ordinary Time, January 21) but inwardly we are casting aside those vain pursuits and sinful desires that separate us from the love of God. Jesus warns us in the Gospel for Ash Wednesday to not do spiritual things for the outward rewards but to seek the inward life of union with God the Father, Son, and Holy Spirit by going inward. Although Ash Wednesday is not a Holy Day of Obligation it remains one of the most observed days in the life of many Catholics. Let us strive together this Ash Wednesday to each allow God to conform our inner life with the outward works we take up. Let our hearts be rent as we say prayer with our lips. Let our minds be transformed as we take up our penitential practices. And may the good works, the outward works of charity by which we're marked in this holy season of Lent renew in us that love that God has first poured into our hearts.

Some customs that are observed on Ash Wednesday, for example, in the Atrium (Catechesis of the Good Shepherd) is the "Burying of the Alleluia." As "Alleluia" is one of the few Hebrew words we use in the liturgy, a word meaning praise and associated with Jesus' Resurrection for Christians, we abstain from saying or singing "Alleluia" in the liturgy and replace it with more subdued words. So some families have a wooden board with "Alleluia" painted or carved into it which they bury outside on Ash Wednesday and then dig up on Easter as we will celebrate Christ's rising from the grave in festivities replete with "Alleluia."

One of the best tools for living out Lent is the CRS Rice Bowl. Every year Catholic Relief Services puts together not only a foldable paperboard box in which we place alms but also a calendar of meals to make each day of Lent, ways to use this meal to have conversations about human dignity and solidarity with the poor and vulnerable who are helped by CRS. CRS Rice Bowl has been a staple on our family's dining room table during Lent for almost thirty years and I also keep one in my classroom at O'Dea. Be sure to pick up a Rice Bowl after Mass and check out the great resources at <https://www.crsricebowl.org/> Before we start Lent with the quiet tones of Ash Wednesday many cultures observe Mardi Gras (Fat Tuesday) on the prior evening. Whether you're having New Orleans style jambalaya, Polish *paczki* donuts, or French *crêpes*, this "last bash before the ash" is all about the contrast. We humans make sense out of the world in binary terms, rendering our highly analog perceptions into discrete packets and distinctions. Raucous celebrations such as Mardi Gras that give way to the ascetic practices of Lent precisely as the bell strikes midnight help us remove ambiguity and mark the newness of this season. And these outward signs lead us to inward realities of new life in Christ, a new chapter in our relationship with him, a new page in book that we're writing with every choice we make. So "Laissez les bons temps rouler!" ("Let the good times roll!") on Tuesday but then make a clean break from whatever holds you back from going all in with Jesus, whatever distracts you from taking up his yoke, his Cross, and soberly walking toward the new life he promises.

As we look forward to this Lenten pilgrimage with Jesus during the Forty Days I will be highlighting many things about Lent as a whole in next Sunday's installment. Just be sure you've got something for the renewal of your mind with a Lenten book, a plan to deepen your prayer life, and your concrete actions of love for others in your charity/almsgiving ready to go. Jesus is excited to accompany you and greet you with newness of life at our Easter Sunday of the Resurrection.

**LITURGICAL MINISTERS FOR THE SIXTH
SUNDAY IN ORDINARY TIME**

<u>Positions</u>	<u>5PM Vigil</u>	<u>9:30 Sunday</u>
Sacristan	D. Campion	M. Casad
Greeter	K. Elliott	B. Powell
Lector 1	K. Meyer	A. Casad
Lector 2	A. Scafe	L. Wishik
EMC Host	A. Scafe	P. Kirk
EMC Cup	K. Elliott	M. Kirk
EMC Cup	K. Meyer	L. Wishik
Altar Server	D. Mielock	J. Casad
Accompanist	xxxxx	M. Casad
Cantor	xxxxx	A. Medeiros

**Prayer for the Sick Requests & Mass
Intentions & Funerals**

As a parish we pray for:

Gert Cunningham—Healing
Dailene Dean—Healing
Kathi Ferrari —Healing
Charlie Mayovsky—Repose of the Soul
Dennis McCabe —Repose of the Soul
Gary Medeiros—Strength during treatment
Leslie Perry—Healing and Recovery
Mary Sage—Strength in her illness
Monica Stein—Strength in illness
Gena Yousoufian—Healing
Please submit Prayer for the Sick requests to:
Barbara Powell: waltersmom50@gmail.com

PRAY THE ROSARY WITH OUR SJV FAMILY

Wednesday Zoom Rosary at 7PM—

we are praying for our parish family and individual intentions. Consider a 1/2 hr. a week to add your parish's prayers to your own, and join us. Find the link on the SJV website—<https://stjohnvianneyvashon.com/>



MASS SCHEDULE

Saturday Vigil **5:00 PM** Sunday Mass **9:30 AM**

Daily Mass Wednesday **Noon** Thursday, with Eucharistic Adoration **Noon** Friday **Noon**

SACRAMENTS

Reconciliation Sat. 4:00-4:30, *and by appointment*

HORARIO DE MISAS

Sabado 5:00PM **Domingo** 9:30 AM **Miercoles Jueves, y Viernes** 12PM

SACRAMENTOS

Bautizo: Avisar 1 mes antes y preparacion se requiere **Matrimonio:** Avisar 6 meses antes y preparacion

Reconciliacion: Sabados 4:00-4:30 y con cita

ST VINCENT DE PAUL: EMERGENCY HOTLINE Please call/llame por favor the St. Vincent de Paul hotline if in need of emergency help/ayuda de emergencia: 206-450-7577

HOMEBOUND MINISTRY Please call the office at 206-567-4149 if you know of anyone sick or homebound and who wants to receive Communion.

FINANCE COUNCIL Matt Sullivan Brian Reiling Drew Folkestad Dina Campion

PASTORAL COUNCIL Francisco Esquiviez Tim Jovanovich Molly Malone Karen Reiling Wintry Sheehan Andy Valencia Laura Wishik

STAFF Office Hours *W-F 9:30-1:30*

Maria Carlstedt—Administrator

Michelle Casad—Music

Kristen Elliott—Admin. Asst.

Maria Paddon—Faith Formation Admin.