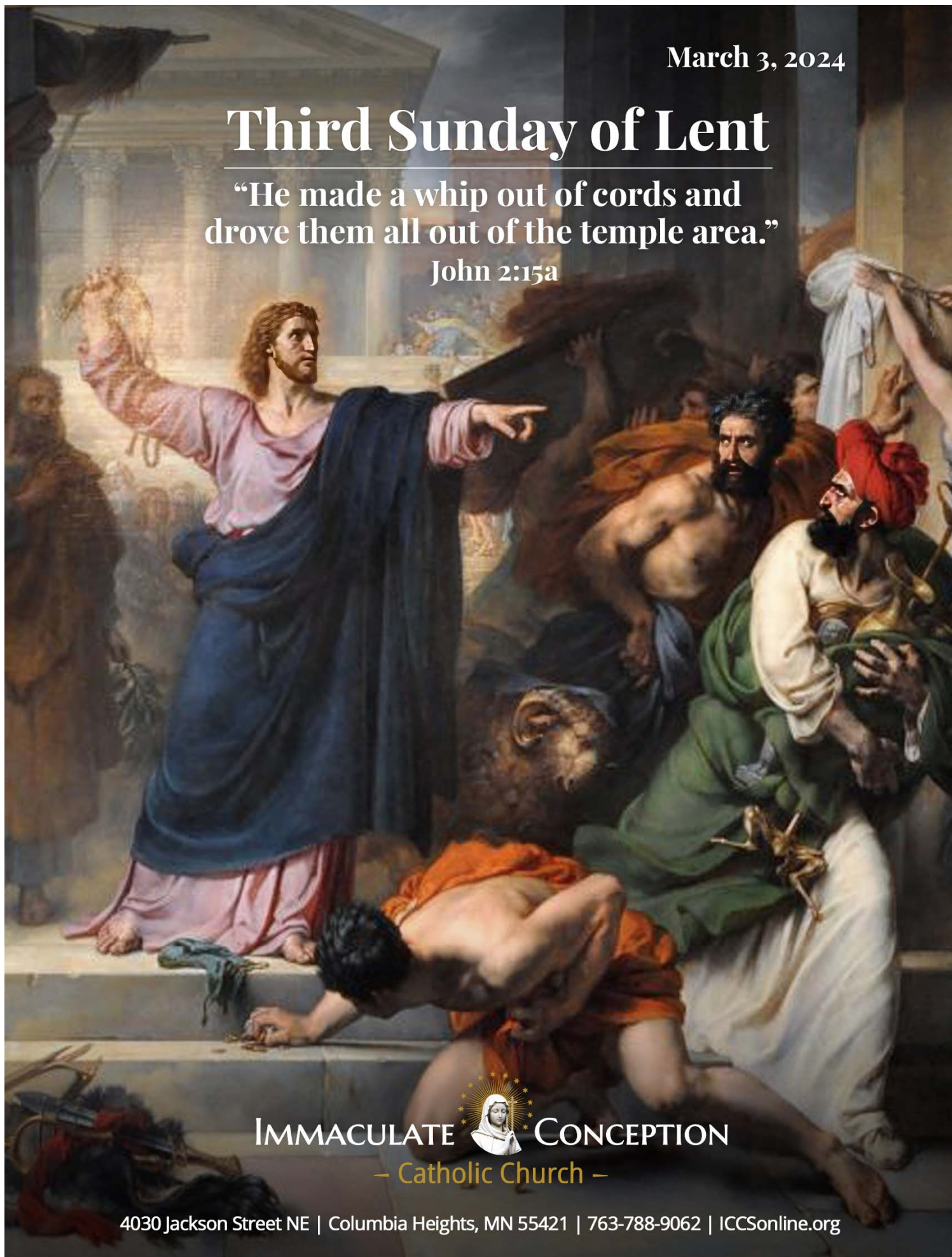


March 3, 2024

Third Sunday of Lent

**“He made a whip out of cords and
drove them all out of the temple area.”**

John 2:15a



IMMACULATE  CONCEPTION
— Catholic Church —

4030 Jackson Street NE | Columbia Heights, MN 55421 | 763-788-9062 | ICCSonline.org

Parish News

IC Chili Cook-Off

And the winner is ... Ximena Bunay, our Parish Office Coordinator!

What a fun event! Thank you to those who entered their chili recipes for tasting; Wayne and Mary Beemer, Silvia Lewandowski, Stacy McVary, Ximena Bunay, Sue Wintz, Mike Bridgeman and Diane Tieden, and **thank you** to all those who came to taste and vote and those who helped at the event. We've heard lots of positive comments including, "Do it again next year!"



Help Us Conserve Energy!

We are blessed with a vibrant and active faith community and have noticed that often people remain after services and events to talk and pray with one another. We may get so involved in our own activities that we fail to notice lights on as we leave the building.

There have been several instances in the past few months, especially in Fellowship Hall and other areas of the church, where lights have remained on overnight. If you are the last person in the building, please take a moment to verify that everything is safe and secure, including all lights are turned off.

We appreciate your assistance in helping us conserve resources for future generations.

"Bring Up the Gifts"

God calls us to serve in many ways. IC invites you to "bring up the gifts" at Mass.

The presentation of the gifts marks the beginning of the second major part of the Mass: the Liturgy of the Eucharist. This preparation has been traditionally called the offertory since the priest prepares the gifts to be offered.

During the Mass, the offertory involves very simple gestures. Families will pick up the bread and the wine from the table in the back. Then, they will bring the gifts forward to present to the priest to be brought to the altar. After giving the gifts to the priest, it is customary to bow to the altar before returning to your pew. We especially encourage volunteers from families whose relatives are part of the Mass intentions for that particular liturgy.

To volunteer, just speak to one of the ushers before Mass. Thank you!

Dr. Ray

Easter Memorials

Please consider a financial contribution, in memory of a loved one, to help with the cost of our Easter flowers and decorations. We will publish the memorial names in a bulletin after Easter, so they can be remembered in a special way throughout the Easter season. Please mark all contributions: *Easter Flower Memorial* and mail or drop off at the parish office. Thank you in advance for your special contribution.



MARCH
THE MONTH OF
SAINT JOSEPH

Mass Schedule

Tuesday	7:30 am
Wednesday	7:30 am
Thursday	8:30 am
Friday	7:30 am
Saturday	5:00 pm
Sunday	8:00 am
	10:00 am
	(en español) 11:30 am

Reconciliation

Saturday	3:00 - 4:45 pm
Thursday	7:00 - 8:00 pm

Stations of the Cross

Friday	2:00 pm
	(bilingual) 6:30 pm

Eucharistic Adoration

San Damiano Chapel	
Open Weekdays	7:30 am



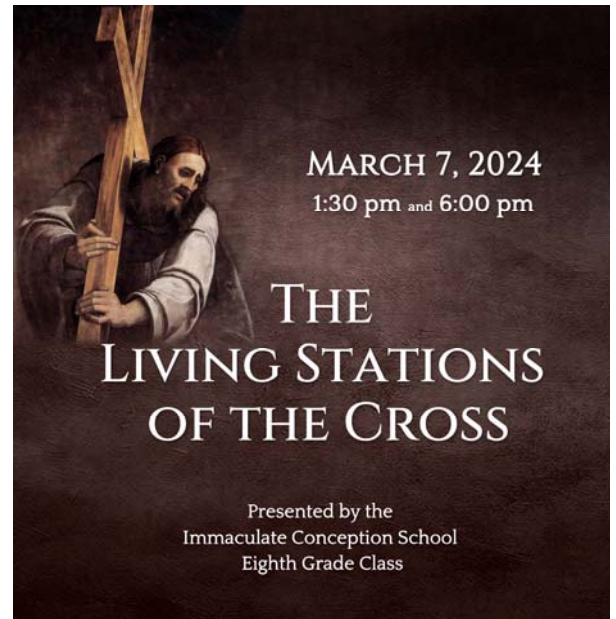
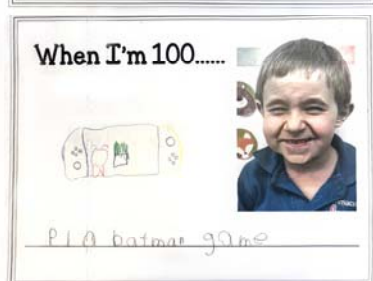
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School News

100th Day of School

ICS kindergarteners celebrated the 100th day of school on Thursday, February 15th. The day was loaded with fun activities to commemorate 100 days of learning. During the 1st 100 days of school our kindergarteners learned every letter of the alphabet, 16 sight words, numbers to 10, addition, subtraction, and many other important skills. On the 100th day of school, our kindergarteners practiced writing their numbers to 100 as well as writing about what life will be like when they are 100 years old. Many thought they'd read 100 books. Another envisioned watching the Superbowl while others thought they'd play video games when they turn 100. Fr. Quail even stopped by to build towers with 100 cups. The kids loved being able to build alongside him and tell him about everything we have learned. The most favorite part of the day was hunting around the classroom for 100 chocolate kisses and enjoying a 100 cookie treat. Our kindergarteners had a blast celebrating 100 days of learning!



This Week's Readings

Sunday, March 3, 3rd Sunday of Lent

Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11
(Jn 6:68c)/1 Cor 1:22-25/Jn 2:13-25 Scrutiny:
Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/
Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday, March 4, St. Casimir

2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3,4/Lk 4:24-30

Tuesday, March 5

Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/
Mt 18:21-35

Wednesday, March 6

Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

Thursday, March 7, Sts. Perpetua & Felicity, Martyrs

Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday, March 8, St. John of God, Religious

Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/
Mk 12:28-34

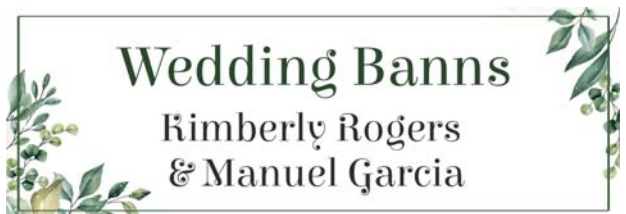
Saturday, March 9, St. Frances of Rome, Religious; St. Catherine of Bologna

Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

Sunday, March 10, 4th Sunday of Lent

2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 (6ab)/
Eph 2:4-10/Jn 3:14-21 Scrutiny: 1 Sm 16:1b, 6-7, 10
-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/
Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

©LPi



Pastoral Ministry

Anointing of the Sick

Individual Anointing of the Sick is available by request — call the parish office at 763-788-9062.

In Need of Prayer? Please Call Us.

To add a name to the weekend Mass petitions or the bulletin, please call Vicki at 763-788-9062 x 212. For private prayer call Larene at 763-789-4246.

Pray for Our Loved Ones Who Have Died

Especially Ruth Ptak, LeRoy Undis and all who have died as a result of violence. May God grant them everlasting peace and joy in the kingdom of heaven.

Pray for All the Sick—Especially:

Bea Alain · Steve Applen · Paul Bona · Tom Botzet
Vickie Botzet · Karen Drews · Mary Fredenburg
Shawn Frederixon · Len Jurek · Marge Klimek
Anna Larson · Steven Lauinger · Dianne Redman
Greg Sery · Elaine Thunstrom · and all those
on our prayer chain

If your name was removed and you would like to continue to be on the prayer list please call 763-788-9062 x 212.

Fellowship this Sunday!

Join us for donuts, oatmeal and beverages in Fellowship Hall after the 8:00 and 10:00 am Mass.

Soup Lunch

Mark your calendar for Friday, March 15, 11:30 am-1:30 pm for Soup Lunch followed by Stations of the Cross at 2:00 pm.



Minnesota FoodShare March Campaign

The largest grassroots food and fund drive in the state, brings together organizations, businesses, faith communities, and individuals to help stock and support the capacity of nearly 300 food shelves. They envision a future where all Minnesotans have access to healthy food, and no one struggles with food insecurity. This initiative directly addresses these issues. We invite you to join our efforts and advocate for long-term food solutions to insecurity in our communities. All food collected at IC will go to SACA. Please use the wooden bin in the narthex for your donations. **The 2024 March Campaign will run through April 6.**



SACA is in great need of Spanish speaking volunteers. Any Spanish speakers in our congregation who have daytime availability and might be able to assist them with translating please contact Emily at SACA 763-706-3976.

Social Justice Ministry

Feed My Starving Children

The IC Social Justice Committee is inviting all parishioners to join us to help collect funds for Feed My Starving Children.

Ways to Help:

- **M&Ms fill the tube program:** Please return on or before Palm Sunday, April 24 filled with \$14 in quarters, bills or a check. (We will provide a basket in the narthex each Sunday for returns).
- **Cash Contribution:** If writing a check please make it payable to Immaculate Conception. Checks written to Feed My Starving Children will not go toward the fundraiser. Please drop in the collection basket at Mass, in the envelopes provided or an envelope clearly marked: Feed My Starving Children.
- **Pray** for all those who are hungry.



Invite God's Love into Your Life: Join us for the Life in the Spirit Seminar

Presentations, Praise and Worship, and Prayer in English and Spanish

What: Learning how to deepen your relationship with the Holy Spirit, fellowship, Rosary, Mass, praise and worship, and prayer.

Where: Immaculate Conception Catholic Church.

When: Friday March 15, 6:00-10:00 pm and Saturday March 16, 8:00 am-9:00 pm.

Cost: \$30 love offering for all food, talks, and materials.

How to Register and Pay: After Mass or in the parish office. You can also email Mary Nawrocki at mnawrocki@immac-church.org and pay onsite.

Invita el amor de Dios a tu vida: Únase a nosotros para el Seminario Vida en el Espíritu

Presentaciones, Alabanza y Oración en Inglés y Español

Qué: Aprender cómo profundizar en las Escrituras y en la relación con el Espíritu Santo, crecer en comunidad a través de la Misa, Rosario, alabanza y oración.

Dónde: Iglesia Católica Inmaculada Concepción.

Cuando: Viernes 15 de Marzo 6:00 pm—10:00 pm y Sábado Marzo 16 8:00 am - 9:00 pm.

Costo: \$30 Ofrenda de Amor para comida, charlas y materiales.

Cómo registrarse y pagar: Después de la Misa, o en la oficina. También puede enviar un correo electrónico a mnawrocki@immac-church.org y pagar en el sitio.

Reflections

Why Do We Do That?—Catholic Life Explained

End of Mass

Question:

Is it ever Ok to leave Mass before it ends?

Answer:

This is an interesting question because beneath the surface there seems to be an assumption that if it's okay, then why do we have to stay after we receive communion? The short answer is "no," but we definitely want to go a bit deeper as we consider why.

First, when we think about questions like this, we must consider this in adult terms. If there is something gravely important that we need to do, then we must attend to that. However, if it is a matter of convenience or preference, then we really have to stop and think again. First, while we always want to recognize the importance of sacramental communion in the Mass, we also need to understand how important the time of thanksgiving and prayer after communion is. This is summarized in the Prayer After Communion offered by the celebrant and then we are also commissioned to "Go forth" during the Dismissal of the Mass, reminding us that we have been entrusted with a gift — the Word of God and the Presence of Christ in the sacrament — and that we are to share that gift with others.

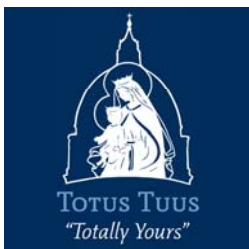
If we simply leave after we receive communion, we risk two things. First, there is the possibility that we will turn our reception of communion into a purely personal, individual experience that is separated from our common experience of worship — and communion in the fullest sense — and, second, we lose an opportunity for gratitude and serious reflection if we simply leave after communion. This time of thanksgiving, reflection, and, ultimately, missioning, are important and, in the end, an essential part of the celebration of the Mass.

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Council of Catholic Women News

Butter Braid Fundraiser

We will be in the narthex this weekend to take your orders for Butter Braids. **Next weekend will be the last weekend to order.** Be sure to get your orders in by March 10 to guarantee you have Butter Braid pastries to enjoy for Easter or to give as a hostess gift. Order forms are also available at all church entrances. For questions or to order contact Diane at 612-916-8365 or tiedendc@gmail.com.



Faith Formation

Save the dates!

Totus Tuus Summer Program:

June 9-13 (Sunday through Thursday evenings) for grades 7-12.

June 10-14 (Monday through Friday during the day) for grades 1-6.

Catholic Trivia!

Question: What is unique about the dimensions of the papal flag? ©LPi

Answer: It is one of only two square country flags in the entire world. The other square flag is the flag of Switzerland.

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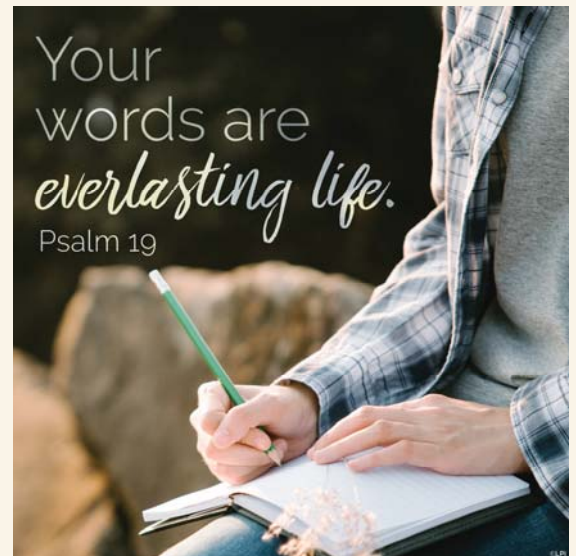
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Mass Intentions

Sunday, March 3

8:00 am +Francisco and Cristita Kimpan

10:00 am +Vincent and Stella Guzik

11:30 am IC Parish

Tuesday, March 5

7:30 am +Deceased Members of the Prokott Family

Wednesday, March 6

7:30 am +Deceased Members of the CCW

Thursday, March 7

8:30 am +Mike and Dorothy Fleming

Friday, March 8

7:30 am +Joanne Nowak

Saturday, March 9

5:00 pm +Mary Lou Goodman

Sunday, March 10

8:00 am +Julie Seneris

10:00 am Fr. John Mitchell

11:30 am IC Parish

+Deceased

Church Directory

Emergency (Death/Anointing) 763-788-9062 (#9)

Parish

Parish Office 763-788-9062

Monday-Friday: 8:00 am - 4:00 pm

Parish Fax 763-788-0202

Pastor, Fr. Matthew Quail x 215
(FRQuail@immac-church.org)

Communications Coordinator, Sue Ashmore x 205

Director of Music and Liturgy, Ray Bannon x 214

Director of Operations, Julie Moricz x 202

Maintenance Supervisor, Doug Olson x 218

Parish Office Coordinator, Ximena Bunay x 201

Pastoral Minister, Vicki Bazille x 212

Records Coordinator, Terri Glaeser x 227

Special Event Coordinator, Jami Bridgeman x 221

Wedding Coordinator, Barb Hartwick x 204

Faith Formation

Director of Faith Formation, Mary Nawrocki x 210

Administrative Assistant, Mary Scott x 208

School

School Office 763-788-9065

School Fax 763-788-9066

Principal, Jane Bona x 220
(jbona@immac-church.org)

Director of Admissions, Lydia Zimmerman x 207

Director of Advancement, Seyha Saumweber x 203

Administrative Assistant, Sherri Macko x 219

Parish Pastoral Council Members

Daryl Post • Maria Hamilton • Sue Nyvold • Jerry Earley
Stacy McVary • Miriam Ayala • Jonathan Tholen

Fr. Matthew Quail (Parochial Administrator)

Julie Moricz (Director of Operations)

Al Haeg (Parish Trustee)

Patrick McVary (Parish Trustee)

Low Gluten Hosts

Low gluten hosts (.002 gluten) are available.

Come to the sacristy before Mass to request one.

Visit our website at ICCSonline.org

Our Mission

The Mission of The Church of the Immaculate Conception is to proclaim and celebrate our Lord Jesus Christ. We fulfill our mission as Christian disciples by intentionally responding to God's call to grow in holiness.

Eucharistic Adoration

*"Blessed are they who dwell in your house, forever singing your praise."
(Psalm 84:5)*

Adorers often begin their hour of adoration with prayers of praise and worship because they are so grateful for all Jesus has done for them. Our parish is very blessed to have an adoration chapel on campus where all can come and praise God during the week. Our chapel is available Monday through Friday beginning at 7:00 am. All are invited and encouraged to come and pray in our Eucharistic adoration chapel as a part of their Lenten journey.

We are looking for more scheduled adorers. **We need volunteers to cover the following hours: Mondays at 1:00 pm, Tuesdays at 1:00 pm, Wednesdays at 8:00 am, 10:00 am and 1:00 pm, and Thursdays at 1:00 pm. We are also in need of partner adorers for many hours.** If you would like to schedule an adoration hour, are unable to attend your scheduled hour, or have questions about adoration, please call Sandy at 763-789-3246.



FORMED

Liturgical Living | Catholic All Year at Home

Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic Lenten history of pretzels and beer, and watch Kendra and three-year-old Barbara make something they like to call "trash can soup." Find this episode's feature recipes and more about liturgical living in the home at Catholic All Year. <https://catholicallyear.com/at-home/>.

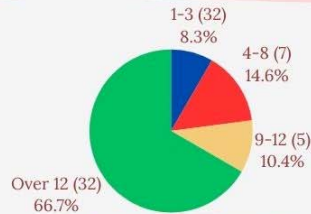
To set up your free account visit formed.org/signup and select our parish.

Visiting Our Parish?

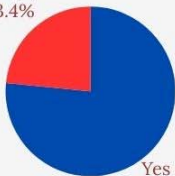
Welcome, we are glad to see you today! Please do not hesitate to contact us if you have any questions. Know that we are here for you and that we welcome new members! For more information about ICC or to become a member contact Vicki at 763-788-9062 x 212. Online registration is available on our website, ICCSonline.org.

Summer Jam Findings

**HOW MANY YEARS
HAVE YOU BEEN A
PARISHIONER AT
IMMACULATE
CONCEPTION?**



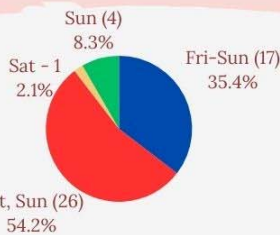
No (11)
23.4%



**DO YOU FIND THAT
SUMMER IS THE
BEST TIME FOR OUR
PARISH EVENT?**



**Are there other times
during the year when you
would like to have the
parish event?**

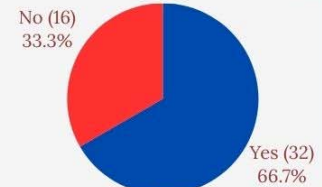


**How many days
should the event be?**

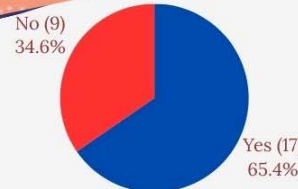
Note: 49 parishioners completed the Summer Jam survey. Not all of the parishioners answered every question. Individuals were able to select multiple choices on certain questions. These are the findings.



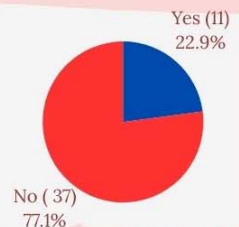
**DO YOU CURRENTLY
VOLUNTEER FOR THE
SUMMER JAM?**



**IF NO, WOULD YOU BE
WILLING TO
VOLUNTEER FOR THE
SUMMER JAM?**



**ARE YOU WILLING TO
JOIN THE COMMITTEE
AND/OR SERVE AS A
CHAIRPERSON?**



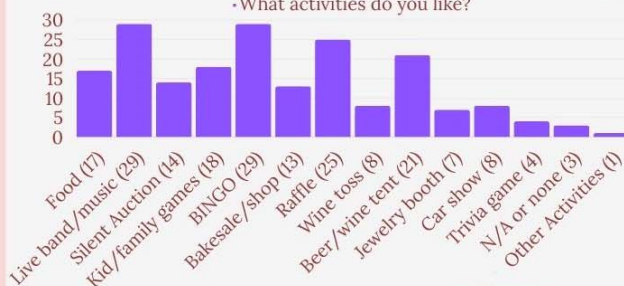
**MAY WE CONTACT
YOU FOR
ADDITIONAL
FEEDBACK?**



Which activities do you think we should do away with?



What activities do you like?



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