

January 19, 2025

When the wine ran short, the mother of Jesus said to him, "They have no wine." - John 2:3

IMMACULATE CONCEPTION

Catholic Church –

4030 Jackson Street NE | Columbia Heights, MN 55421 | 763-788-9062 | ICCSonline.org



# 2025 STEWARDSHIP CAMPAIGN

## Prayer / Participation / Generosity

Over the next few weeks each person entering our doors for worship will be asked to reflect on their many blessings and offer back to God their prayers, talent, time, and financial support as a concrete way of acknowledging their commitment to our faith and our church.

Today we hear from the Catholic theologian and writer – Thomas Merton

Almighty God, we thank you for all the gifts You have given us: our lives, our loved ones, all that we have and all that we are. Most of all, we thank You for Jesus, Your Son and our Redeemer, who came among us to show us the way to eternal life.

Jesus was the perfect steward of your gifts, showing that complete trust in You is necessary, and that giving of self is a most important part of following Him.

May the offerings of our prayer, our tithe and service be made in the same spirit of sacrifice that Jesus taught us by His life and death for us. Amen.

# This Week's Readings

**Sunday, January 19,** 2<sup>nd</sup> Sunday in Ordinary Time Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 (3)/1 Cor 12:4-11/Jn 2:1-11

**Monday, January 20,** St. Fabian, Pope and Martyr; St. Sebastian, Martyr; Martin Luther King Day Heb 5:1-10/Ps 110:1, 2, 3, 4/Mk 2:18-22

**Tuesday, January 21,** St. Agnes, Virgin and Martyr Heb 6:10-20/Ps 111:1-2, 4-5, 9 and 10c/Mk 2:23-28

**Wednesday, January 22**, Day of Prayer for the Legal Protection of Unborn Children Heb 7:1-3, 15-17/Ps 110:1, 2, 3, 4/Mk 3:1-6

**Thursday, January 23,** St. Vincent, Deacon and Martyr; St. Marianne Cope, Virgin Heb 7:25–8:6/Ps 40:7-8a, 8b-9, 10, 17/Mk 3:7-12

**Friday**, **January 24**, St. Francis de Sales, Bishop and Doctor of the Church Heb 8:6-13/Ps 85:8 and 10, 11-12, 13-14/Mk 3:13-19

**Saturday, January 25,** The Conversion of St. Paul the Apostle Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/Mk 16:15-18

**Sunday, January 26,** 3<sup>rd</sup> Sunday in Ordinary Time; Celebrate Catholic Schools Week Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15 (see Jn 6:63c)/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

©LPi

### Mass Schedule

Tuesday 7:30 am
Wednesday 7:30 am
Thursday 8:30 am
Friday 7:30 am
Saturday 5:00 pm
Sunday 8:00 am
10:00 am

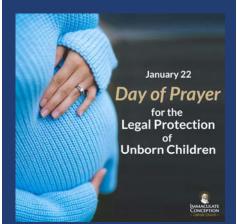
(en español) 11:30 am

#### Reconciliation

Saturday 3:00 - 4:45 pm

#### **Eucharistic Adoration**

San Damiano Chapel Weekdays 7:00 am - 8:00 pm



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# **School News**



On Friday, January 24, Catholic Schools Week begins with our annual Pasta Dinner in the Immaculate Conception School cafeteria from 5:00 - 6:30 pm. Adults and Seniors \$13.00, ages 6-11, \$7.00, ages 5 and under are free. To go meals will be available. Don't miss the Scholastic Book Fair in the school auditorium, January 24, and January 27- February 1; there's an amazing selection of books, and every purchase helps raise funds to purchase books for our classroom libraries so be sure to check it out.





# **Eucharistic Adoration**

"All the earth shall bow down before you, O God, and shall sing to you, shall sing to your name, O Most High!" (from Psalm 66:4)

Come and spend some quiet prayer time before the Blessed Sacrament in our Eucharistic adoration chapel during the week. We are looking for hourly adorers and partner adorers. We especially need adorers for the following hours: Wednesdays at 8:00 am and Fridays at 9:00 am and noon.

If you would like to schedule an adoration hour, are unable to attend your scheduled hour, or have questions about adoration, please call Sandy at 763-789-3246. We also have information and sign up available on the parish website.

Note: The adoration chapel will be closed on Monday, January 20 for the Martin Luther King, Jr. holiday.



# **FORMED**

#### Pick of the Week

#### Paul the Apostle | The Bible Collection

The church's greatest enemy became Christ's most prolific messenger. Beautifully shot in the Moroccan desert, Paul the Apostle is a sweeping saga of the man who brought the Gospel to the Western world. https://watch.formed.org/videos/the-bible-collection-paul-the-apostle

To set up your free account visit formed.org/signup and select our parish.

# **Pastoral Ministry**

# **Anointing of the Sick**

Individual Anointing of the Sick is available by request — call the parish office at 763-788-9062.

#### In Need of Prayer? Please Call Us.

To add a name to the weekend Mass petitions or the bulletin, please call Ray Bannon at 763-788-9062, option 7. For private prayer call Larene at 763-789-4246.

#### Pray for Our Loved Ones Who Have Died

Especially all who have died as a result of violence. May God grant them everlasting peace and joy in the kingdom of heaven.

#### Pray for All the Sick—Especially:

Bea Alain Sabrina Anderson Steve Applen
Paul Bona Tom Botzet Vickie Botzet
Joe Burgoyne Mary Fredenburg Shawn Frederixon
Glen Getty Janice Golden Judith Jensen
Anna Larson Steven Lauinger Gil Mros

Dianne Redman Greg Sery Elaine Thunstrom

and all those on our prayer chain

If your name was removed and you would like to continue to be on the prayer list please call 763-788-9062.

# **Social Justice Ministry**

#### Coins for Social Justice Next Weekend, January 25-26

#### Small change can do a world of good!

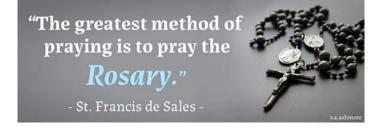
Donations made using bills or checks should be placed in an envelope marked *Social Justice*. Small envelopes can be found on tables at all entrances of the church. Only the loose change and marked envelopes from this collection are designated for Social Justice.

# **Beyond Our Parish**

#### **Pilgrimage**

Join Father John Mitchell on a tour of Fatima, Lourdes and Shrines of Spain, October 7-18, 2025. The starting price of the tour is \$2,699.00 per person for double occupancy. Airfare is not included. We will reserve flights as a group when airfares become available. If you wish, you can book your own flight to Lisbon where the tour begins and your own flight home from Barcelona where the tour ends.

Call Andre Leavitt at Time Travels Inc., 651-771-5666, to reserve your spot(s). For more info, contact Father John at 651-432-4955 or john.mitchell@stpascals.org. Trip itinerary can be found at: timetravelsinc.com/spain-with-father-john-mitchell.



# **Parish News**

#### A Biblical Walk Through the Mass

Mid-winter is the perfect time to delve into a study of the Mass! And so, we will be offering "A Biblical Walk Through the Mass" by Dr. Edward Sri. In this five-session series we will discover the beauty of the Mass with the hope of enriching our own worship experience. Whether or not you have done this study before, we invite you to join us on the following Thursdays, February 13, 20, 27, and March 13 and 27. The time is 7:00 - 8:30 pm in Fellowship Hall. The fee is \$30 to cover the cost of the workbook. For more information and/or to register contact Mary Nawrocki at 763-788-9062 option #2. Register by January 29 to be guaranteed a book.

#### **Exodus 90**

Beginning on January 20, IC's Exodus 90 men's group will begin their 90 day challenge of Prayer, Fasting, and Fraternity leading up to Easter Sunday. Any men interested in learning more about Exodus 90 are invited to stop by for pizza and information on Wednesday, January 15 at 6:30 pm. Please see one of the Exodus

men in the narthex after each Mass this weekend or contact Patrick McVary for more details.



#### FIAT90

Attention ladies! Are you looking for ways to strengthen your spiritual life by fostering a deeper relationship with Christ? Do you strive to grow in humility, purity, and devotion while modeling the virtues of Mary? Are you interested in developing a supportive community with other women who want to encourage each other in our faith? Please consider participating in FIAT90.

FIAT90 is a 90-day Catholic program designed to draw women closer to Christ through prayer, self-discipline, and the Marian virtues of faith, humility, and devotion. Rooted in the inspiration of the Virgin Mary's "fiat" — her wholehearted "yes" to God — this program encourages participants to imitate Mary's virtues through a focused lifestyle of prayer, fasting, and self-sacrifice. The program runs from January 20 through April 20.

Please contact Stacy McVary at 763-458-2406 or Dee Chaudhary at 612-801-4555. You can find additional information online at Fiat-90.com.

We hope you will consider joining us!

#### **Pray With Us**

Come join the **Spanish Prayer Group** every Saturday at 6:30 pm. We pray, have testimonies, short teachings and praise and worship. All are welcome!

# **Visiting Our Parish?**

Welcome, we are glad to see you today! Please do not hesitate to contact us if you have any questions. Know that we are here for you and that we welcome new members! For more information about ICC or to become a member contact 763-788-9062. Online registration is available on our website, ICCSonline.org.

# Reflections

### Why Do We Do That?-Catholic Life Explained

**Holy Days** 

#### Question:

Why do some dioceses move holy days, or not even celebrate them at all. Doesn't everyone do the same thing?

#### Answer:

The short answer is no, not everyone does the same thing. Although the church is universal, there are many local customs and saints that each country, sometimes just a region, will honor. For example, feast days and patronal days may not be major feast days on the church's universal calendar, but are celebrated as such in one place. Holy days of obligation are the same way. The US Conference of Catholic Bishops has a certain amount of discretion in choosing days which best reflect the local church's experience and history.

Another reason certain feasts are moved is a practical one. With limited clergy, or a great difficulty for people to get to Mass, the feast day may be transferred to a Sunday. The rationale is that if a significant feast should be part of the church's celebration, then better to do so on a Sunday when people and clergy are available, rather than try to fit it on a day when one or both cannot be there.

Christmas and Immaculate Conception are always observed as days of obligation. In the USA we celebrate six holy days of obligation. There are also other special days and they are ranked, in order of importance as solemnity, feast, memorial and optional memorial.

#### Live the Liturgy-Inspiration for the Week

We are all the servants at Cana. Each of us, at various times, finds ourselves confused and unsure, empty where we should be full, unprepared where we should be ready. When we falter, Mary's words give us direction: "Do whatever he tells you."

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# **Word of Life**

"There is such a wide spectrum of issues involving the protection of human life and the promotion of human dignity. Good people frequently disagree on which problems to address, which policies to adopt and how best to apply them. But for citizens and elected officials alike, the basic principle is simple: We must begin with a commitment never to intentionally kill, or collude in the killing, of any innocent human life, no matter how broken, unformed, disabled or desperate that life may seem. In other words, the choice of certain ways of acting is always and radically incompatible with the love of God and the dignity of the human person created in His image."

—United States Conference of Catholic Bishops "Living the Gospel of Life," © 1998 USCCB

# **Prayer**

#### **Prayer for the Miraculous**

Oh God beyond my understanding,
Bring Your soul-stirring power into my life today.
In the places where people are saying, "It can't be done" or
"There's no solution," act in such a way that responds:
"There is a way, and there is a God, and He loves me."
Amen.

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# **Mass Intentions**

#### Sunday, January 19

8:00 am IC Parish

10:00 am David Fuhrmann +

11:30 am Ines Vazquez Rosas + and

Francisco Rosas Machorro +

#### Tuesday, January 21

7:30 am Ramon Espinas +

#### Wednesday, January 22

7:30 am John Misik

#### Thursday, January 23

8:30 am A. J. Breyer +

#### Friday, January 24

7:30 am Arthur and Catherine Banker +

#### Saturday, January 25

5:00 pm Rosemary Cook +

#### Sunday, January 26

8:00 am Fr. Matthew Quail 10:00 am Ronald Shasky + 11:30 am IC Parish

# **Church Directory**

Emergency (Death/Anointing) 763-788-9062 (#9)

#### **Parish**

Parish Office 763-788-9062

Monday-Friday: 8:00 am - 12:00 pm

Parish Fax 763-788-0202

Pastor, Fr. Matthew Quail Option 6

(pastor@immac-church.org)

Communications, Sue Ashmore Option 4

(Mass Intentions/Sacramental Records)

Director of Music and Liturgy, Ray Bannon Option 7

Ministry Coordinator, Glenda Castillo Option 0

Wedding Coordinator, Barb Hartwick

Director of Operations, Julie Moricz Option 3

Maintenance Supervisor, Doug Olson Option 8

Director of Development and Advancement,

Kathy Jo Peterson Option 5

#### **Faith Formation**

Director of Faith Formation, Mary Nawrocki Option 2

#### School

School Office, Sarah Melbostad 763-788-9065 School Fax 763-788-9066

School Principal, Anne Hennessey
(ahennessey@immac-church.org)

x 220

#### **Parish Pastoral Council Members**

Susanna Benitez • Maria Hamilton • Sue Nyvold Jerry Earley • Miriam Aleman • Nicole Mamura

Fr. Matthew Quail (Pastor)

Julie Moricz (Director of Operations)

#### **Parish Trustees**

Al Haeg • Patrick McVary

#### **Low Gluten Hosts**

Low gluten hosts (.002 gluten) are available. Come to the sacristy before Mass to request one.

Visit our website at ICCSonline.org

### **Our Mission**

The Mission of The Church of the Immaculate Conception is to proclaim and celebrate our Lord Jesus Christ. We fulfill our mission as Christian disciples by intentionally responding to God's call to grow in holiness.

# (Practicing) Catholic

#### Do Whatever He Tells You

I once ran out of pizza at my kid's birthday party.

Everyone told me it wasn't a big deal but come *on*. It was a disaster. I had invited all these people over. They showed up with presents and sang "Happy Birthday" and stood around patiently while my kid ripped through his cache of gifts. The very least they were expecting was to be fed sufficiently.

I'll tell you what, I sure could have used the Blessed Mother that night.

I love the story of the wedding at Cana because it's such a silly little miracle. I don't mean to be disrespectful — of course it's an incredibly important moment in Christ's public life. But it's not healing a leper. It's not raising the dead. It's not even walking on water. It's saving a young couple from embarrassment.

I think sometimes we forget, or even refuse, to bring small concerns and inconveniences to God because we think we should be able to handle them on our own. What a ridiculous attitude that is — as if we could handle anything on our own. It's so fitting that Mary, ever the observant Mother, is the one to bring the matter to Jesus' attention. He asks her what this problem has to do with him. She doesn't answer him, because, between you and me, I don't think he's asking her. I think he's asking us. All she does is tell the waiters what I consider to be the best piece of advice in all of Scripture: "Do whatever he tells you."

I'm so quick to throw up my hands and feel sorry for myself when I encounter a barrier in my life. What I should be doing is taking the matter to God, and then doing whatever He tells me.

-Colleen Jurkiewicz Dorman | ©LPi

# **Catholic Trivia!**

**Question:** Who was the only apostle, excluding Judas, who was not martyred?  $\bigcirc$ LPi

Answer: St. John.

# **Devotions Explained**

## **Connect With Tradition and Grow Your Faith**

#### The Angelus

The incarnation of Christ changed the life of every Christian person who ever lived. Reflecting on that moment in salvation history is an opportunity for grace, growth and peace. Who wouldn't want that every day, or even three times every day?

The Angelus is composed of three antiphons which narrate the annunciation, each followed by the recitation of a Hail Mary (a prayer that itself contains the "angelic greeting" of the angel Gabriel). Its name is derived from the first words of the prayer in Latin.

This devotion was developed over the course of several centuries and is rooted in the ancient practice of saying three Hail Marys in the evening. Historically, people were called to prayer by the ringing of church bells — "the Angelus bells." Most people who recite the Angelus do so daily at noon, though it is often said in the morning, at noon and in the evening.



# **WOW - What a Year it Was!**

Our Grounds and Maintenance Committee (GMC) continues to meet almost monthly to research, discuss, and approve projects that affect our buildings. It is through **your generous contributions** to the <u>Building Restoration Fund</u> that we were able to accomplish so many projects that enhance the beauty and worship experience for all our parishioners and guests.

Highlights of the year include:

- Replacing one of the furnaces in the rectory.
- Changing all the lights in the nave to LEDs.
- Replacing the fence on the north side of our parking lot across the street.
- Adding additional lighting towers to better illuminate the crucifix and altar areas.
- Cleaning of the outdoor Shrine.
- Repainting the cherubic statues and planters on the south end of the church.
- Cleaning the terrazzo floors in the narthex.
- Repainting the front exterior doors of the church.
- Replacing the exterior windows in the Adoration Chapel and repainting the interior.
- Painting the white wall panels and alcoves throughout the nave of the church.
- Changing the lighting in the choir loft to more energy efficient LEDs (project not fully completed).

#### But the group is not yet done! Some additional projects for this year include:

- Finalizing the lighting in the choir loft.
- Replacing the Convent door used by our adorers and adding enhanced security.
- Adding motion sensor lights in the restrooms of Fellowship Hall.
- Replacing the uneven concrete in the area between the rectory and school building.
- Continuing the cleaning of the terrazzo floors.
- Increasing security in Fellowship Hall.

Thank you to Bob Dykhoff, Gary Gorman, Molly Rhoe, Chris Ruback, Ron Ruback, and Dave Szurek, and the parish liaisons Julie Moricz and Doug Olson for their time and talent over the past 18 months. It is such a joy to experience the fruits of this important work for our parish.









#### **IC Music Presents**

Tickets for "IC Music Presents: Group Sensations" dinner and variety show to benefit the IC Liturgy Ministry are on sale now! Join us in Fellowship Hall on Saturday evening, February 8 for fine cuisine, beverages, and hit songs from Broadway shows old and new. Reserved seat tickets are required (\$40.00 – cash or check only) and are on sale in the parish office during the week. (Buy a table of 8 in one transaction you'll get 1 seat free.)

# The Week Ahead

Sunday, January 19

**Monday, January 20,** Martin Luther King, Jr. Day Parish Office and School Closed

Tuesday, January 21

Wednesday, January 22

OCIA......6:30 pm - 8:00 pm Parish Choir Rehearsal ......6:30 pm - 8:30 pm

Saturday, January 25

Ven Espiritu Santo Prayer Group ... 6:00 pm - 9:00 pm

Sunday, January 26

RICA......8:30 am - 10:30 am





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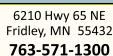
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