

4TH SUNDAY IN ORDINARY TIME

Jesus rebuked him and said, "Quiet! Come out of him!"
The unclean spirit convulsed him and with a loud cry came out of him.

Mk 1:25-26



ST. BENEDICT CATHOLIC CHURCH



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Office Hours: Monday-Friday 8:45 am-4:00 pm

Pastor	Very Rev. Charles J. Benoit, O.S.B., V.F.	cbenoit@arch-no.org
Deacon	Rev. Mr. Daniel Musso	dmusso@arch-no.org
Deacon	Rev. Mr. Ellis Iverson	eiverson@arch-no.org
Parish Secretary	Channon Horner	office@stbencov.org
Parish Catechetical Leader (PCL):	Corina Montreuil	psr@stbencov.org
Youth Minister	Bobby Thomas	985-373-5198
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Lunch Ministry	Janie Ellis	jellis1129@gmail.com
New Baby Meal Ministry	Debra Dwight	debradwight07@gmail.com
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Communion to the Sick	Parish Office	985-892-5202
Lectors	Darlene Bertrand	dennisbertrand@bellsouth.net
Ushers	Phil Rapp	rapppp1976@outlook.com
Blanket Ministry	Jackie Edrington	jgednotary@yahoo.com
Men's Club	Richard Thomas, President	rthomas85138@att.net
Altar Society	Lorelle Russell, President	lorellwr@yahoo.com
Knights of Columbus Council 3061		
	Grand Knight, Kenny Eberts	gkcouncil3061@gmail.com

MASS SCHEDULE

Saturday Vigil	5:30 pm
Sunday	8:00 & 10:30 am
Tuesday-Friday	8:00 am

RECONCILIATION

Wednesday	5:00-6:00 pm
Saturday	4:00-5:00 pm

EUCCHARISTIC ADORATION

Fridays	8:30-9:30 am
First Friday	7:00-8:00 pm

ROSARY FOR PEACE

Third Thursday	8:30 am
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MARRIAGE Please contact the church office at least six (6) months prior to the desired date of the wedding.

SACRAMENT OF THE SICK Any Catholic who is in danger due to age or health, or undergoing medical procedures and feels the need for the Sacrament of the Anointing of the Sick, please contact Father Charles. It is the parish's custom to do anointings during the daily Mass, but they can also be administered privately. For emergencies, call the parish office 892-5202 and follow the prompt for emergencies.

BAPTISM Please email Deacon Danny dmusso@arch-no.org or contact the office to begin preparations. Seminars are held on the last Monday of the month, 7:00 p.m.

MISSION STATEMENT

Guided by the Gospel, strengthened by the Eucharist, and inspired by Benedictine values, the mission of St. Benedict Catholic Church is to be a vibrant family of believers, worshipping God with joy, excitement, and reverence. Forming the Body of Christ and acting upon our faith in Jesus, we strive to spread the Good News by engaging in ministries of hospitality, hope, education, spirituality, and social justice to each other and those beyond our community.



Father Charles's Corner...

Our readings this weekend remind us of God's authority, and if we willingly give God authority over our lives and trust in Him, He will take care of us.

In our First Reading, Moses announces to the Israelites that God will send them another prophet through whom He will communicate His commands. Regarding the prophet, the Lord says, "Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle I have not commanded... he shall die."

These are tough words to hear from our Lord, but they are a good reminder for us. We, too, will answer to the Lord one day as to how well we listened to His words and lived by His commands. The thought of our final judgment may cause us to cringe in fear. And while it is good to have a holy fear of being separated from God for all eternity, fear is not to be the motivating factor on our faith journey.

Our Gospel today reminds us why we want to give God this authority. Jesus was teaching in the synagogue on the Sabbath. All were fixed on His words and astonished at what He had to say. Suddenly everyone's attention shifted to a man with an unclean spirit who began to question Jesus and His authority. Jesus responded, "Quiet, come out of him!" and removed the evil spirit from the man. All were amazed at the healing of this man.

Life can sometimes look like the synagogue in Capernaum. We are living as disciples of Christ when we suddenly recognize evil around us — through events in our lives, temptations we are enduring, or by falling into sin. It can distract us, consume our attention, or even cause us to despair. In these moments of trial, we must remember the Healer in our Gospel today. Recall His words, "Quiet, come out of Him!" Jesus has the power and authority over evil, for He has conquered sin and death. He also has the power and authority over us. And when we invite Him to have that authority, He will heal us and help us persevere.

Today, we are reminded that God is in control and that we want Him to be in control. He is the loving Healer Who will work miracles in our lives if we give Him the authority to do so.

Mass Intentions FOR THE WEEK



Tuesday, January 30

+Anthony Naplitano

Wednesday, January 31

+Priscilla Cosse

Thursday, February 1

+Joseph Stephens

Friday, February 2

+Yolande Billman

Saturday, February 3

5:30 p.m.

+Mary Mayo, +Payton Strain, +Nelvin & Joyce Luke,
+Opal Pruden, +Carrol & Claudette Arcement,
+Brian Badreaux

Sunday, February 4

8:00 a.m.

Parishioners of Saint Benedict

10:30 a.m.

+Robert Fontcuberta



Prayer List



Jim Seward, Anthony Sorrentino, Dee Sylvia, Julie Wagner, Tina Zocco, Clara Armstrong, Lisa Valley, Scott Lee, Carol Everhardt, Bennett Miller, Joanne Leber, Anna Ison, Gerardo Antonucci, Presley Patrick, Kaiden Lessard, Jennifer Bradley, Derek Feske, Fred Guillot, Ryan Ware, Timothy Rollman, Vivian LeBlanc, Angela Brady, Jackie Catalanotto, Judy Woolley, Joseph Candilora, Phillip E. Lee, Sr., Gloria Nordman, Jan Nordman, Flavia Langan, Addie Pitre, Harry LeBlanc, Carol Vickers, Evan Cartozzo, Ed Ansardi, Debra Dwight, Margaret Ruiz

STEWARDSHIP – January 21st

Weekly Collection:	\$4,957
E-Giving Online:	\$1,710
Building Fund:	\$185
Poor Box:	\$95
Mass Attendance:	582
Building Fund on Deposit:	\$550,367

Welcome Visitors! We hope you enjoyed celebrating the Resurrection of Our Lord with us, and that you will consider joining our parish. If you are interested, parish registration forms can be found in the back of the Church or you may register online at:

<https://stbenedictchurchcovington.com/parish-registration>



ORDER of SAINT LOUIS IX AWARD

Congratulations to Rosemary DeLaune for being selected to receive the Order of Saint Louis Award this year. The Order of St. Louis IX award was established in 1975 to honor those laypersons who have made an extraordinary contribution of their time and talents to local churches in the Archdiocese of New Orleans. Since its establishment, more than 10,000 individuals have received the medallion for their Christ-like service. Archbishop Aymond will confer the award on Rosemary on Sunday, March 3rd.

Thank you for your generous support of St. Benedict Church. This is a reminder that we offer online giving, which is the most secure and private way to support the parish and our ministries. If interested, you can access online giving at

<https://giving.parishsoft.com/app/giving/stbencov>

or scanning the QR Code below:



YOU ARE INVITED
to
Our Parish Christmas Party
Friday, February 2
6:00 p.m.



February 2nd is also the World Day of Prayer for Consecrated Life. At the party we will also honor the various vowed religious who live in our parish, and in a special way, welcome the “new” Marianite sisters who will be moving into our parish.

(As of January 31st, we will have 17 Marianites of Holy Cross living next door to us.)

In 1997, Pope Saint John Paul II instituted a day for women and men in consecrated life. This global celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples.

Saint Benedict Catholic Church

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	 Parish Christmas Party 6:00 p.m. Friday Adoration after 8:00 a.m. Mass	Sacrament of Reconciliation 4:00 – 5:00 p.m.
4	KC Choir Practice 6:30 p.m.	6	Lunch Ministry 8:45 a.m. Sacrament of Reconciliation 5-6 p.m.	Men's Club Meeting 7 p.m.	Friday Adoration after 8:00 a.m. Mass Blanket Ministry Meeting 10:00 a.m.	Sacrament of Reconciliation 4:00 – 5:00 p.m.
11	 Parish Office Closed Altar Society Meeting 6:00 p.m. KC Choir Practice 6:30 p.m.	 Parish Office Closed	 Masses at 8 a.m. and 7 p.m. DAY OF FASTING AND ABSTINENCE Lunch Ministry 8:45 a.m. Sacrament of Reconciliation 5-6 p.m.	Rosary for Peace 8:30 a.m.	DAY OF ABSTINENCE Way of the Cross at 7 p.m. followed by Adoration until 8 p.m.	 Celebrate Jim Quigley's 100th Birthday after 5:30 p.m. Mass Sacrament of Reconciliation 4:00 – 5:00 p.m.
Family Faith Formation 11:45 a.m.	 KC Choir Practice 6:30 p.m.	20	Lunch Ministry 8:45 a.m. Sacrament of Reconciliation 5-6 p.m. Family Faith Formation 6:00 p.m.	22	 Fish Fry Men's Club Fish Fry 4 – 7 p.m. DAY OF ABSTINENCE Way of the Cross at 7 p.m. followed by Adoration until 8 p.m.	Sacrament of Reconciliation 4:00 – 5:00 p.m. Archdiocesan Catholic Charities Collection Blessing of Marriages at the end of Mass
Archdiocesan Catholic Charities Collection Blessing of Marriages at the end of Mass Coffee & Donuts after all Masses	26	Grief Support Group 1:00 p.m.	28	29		

Lent & Easter Regulations

The penitential days for the universal Church are each Friday of the whole year and the season of Lent. Ash Wednesday, which is February 14th marks the beginning of Lent. **Mass with the distribution of ashes will be at 8 a.m. and 7 p.m.** Lent is an opportunity to prepare our hearts and minds for the celebration of Easter. The following regulations are observed in this sacred season:

Abstinence

Catholics 14 years of age or older must abstain from eating meat on Ash Wednesday, Good Friday and all the Fridays of Lent. It is only on the other Fridays of the year that abstinence may be substituted by another form or penance.

Fasting

Catholics between the ages of 18 and 59 (inclusive) are required to fast on Ash Wednesday and Good Friday. There is a limit of one full meal and no food between meals on those days. Two smaller meals are permitted as needed to maintain one's strength.

Sacrament of Penance

All the faithful who have reached the age of reason are bound faithfully to confess their grave sins at least once a year. Lent is a good time to fulfill this precept of the Church. Anyone who is aware of having committed a mortal sin must not receive Holy Communion without previously having been to sacramental confession (Catechism of the Catholic Church (CCC), 1457). The Sacrament of Penance is available every Wednesday from 5 p.m. to 6 p.m., Fridays after the Way of the Cross until 8 p.m., and Saturdays from 4:00 p.m. to 5 p.m.

Holy Communion

Catholics who have received their First Holy Communion are obliged to make a worthy reception of Holy Communion at least once a year during the Lenten or Easter seasons. In the United States, this reception of Holy Communion may take place from the first Sunday in Lent (Feb. 18) through Trinity Sunday (June 2).

Other Lenten Observances

Each weekday of Lent is also an obligatory day of penance. Some recommendations include the participation in daily Mass, increased prayer or spiritual study, self-imposed fasting or abstinence, works of charity, and participation in traditional Lenten Devotions (such as Adoration of the Blessed Sacrament, the Stations of the Cross on Fridays at 7 p.m., and reciting the rosary).



The proper context for all Lenten discipline is the conversion of our hearts. As the Catechism states, however, “interior conversion urges expression in visible signs, gestures and works of penance.” These penances help us to redirect our whole life to God and away from sin and the evil we have committed (CCC, 1430-1439).

As we celebrate our Lenten penitential practices, may we experience this conversion of heart and be strengthened in our faith in God's mercy. May our discipline, through God's grace, lead us to full participation in the eternal Easter.





Happening this Week

Wednesday, January 31

Lunch Ministry 8:45 a.m.

Sacrament of Reconciliation available, 5:00 – 6 p.m.

Friday, February 2

Adoration of the Blessed Sacrament after Mass

Parish Wide Christmas Party 6:00 p.m.

Saturday, February 3

Sacrament of Reconciliation available, 4:00 to 5 p.m.



FEB. 24

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