



SAINT BEDE

Catholic Church

SUNDAY, AUGUST 20, 2023 | TWENTIETH SUNDAY IN ORDINARY TIME

Welcome Home!

ADDRESS:

3686 Ironbound Road
Williamsburg, VA 23188

OFFICE HOURS:

Monday-Friday: 8:30 am - 4:30 pm

PHONE:

757.229.3631

**SACRAMENTAL EMERGENCIES
AFTER HOURS**

757.220.4233

WEBSITE:

www.bede.va.org



SaintBedeCatholicChurch



saint_bede_va



SaintBedeCatholicChurchVA



20TH SUNDAY IN ORDINARY TIME



Then Jesus said to her in reply, "O woman, great is your faith!
Let it be done for you as you wish." And the woman's
daughter was healed from that hour. - Mt 15:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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"Unfurl the sails, and let God steer us where He will." - Saint Bede

SANCTUARY CANDLE

David and Agnes Goodison

REST IN PEACEPatricia Schultz, Barbara Shorter,
Patricia Thiel**PRAYER REQUESTS****May the healing hand of God rest on these people and all others in need.**Molly Aspaugh, Betty Bongiovi,
Sandra Chatloa, Elaine Chismer,
Brian Donahue, Tom Duffy, Cathy
Elias, Colby Frein, Greg Frein, Nicole
Frein, Cindy Germain, Matt Gray,
John Hatchard, Del Humphreys,
Cathy Jankowski, Dick Johnson,
Claire Lee, Kathy Luksic, Margie
Lynch, Koh ManTing, Susie Margolis,
PC, Mary Ellen Pitard, Lisa Porto,
Marge Prihoda, Langdon Richardson,
Clare Robinson, Locke Robinson,
Kenneth Rood, Patricia Rood,
Rebecca Siegel, Beck Swartz,
Maureen Tuite, Jean Wallace, Peggy
Wilson, Williamsburg House of
Mercy Staff and Volunteers**OUR TROOPS**Whit Armbruster, Cullen Anderson,
Kellen Bayer, Ryan Carey, Brian
Connolly, Adam Dillon, Matt Gray,
Patrick Hart, David Holland, Sorena
Jean, Thorin Jean, Nicholas Koch,
Thomas McAndrew, Thomas Mueller,
Geof Palmer, Evan Poole, James
Martin Ryan, Logan Sarina, Anders
Stanke, Erica Stanke, Lee Stephens,
Edward Alexander Ustaris, Jonathan
Weiler, Veronica Williams**MASS INTENTIONS****SATURDAY, AUGUST 19**5:30 pm Louise Lominac †; Francis
McRickard †; Evan
Sweeney †**SUNDAY, AUGUST 20**8:30 am Parishioners
11:00am Bill Bentz †; Clara Kahn †;
Nathan Kahn †
2:00 pm Don Seger †
5:00 pm Fred Bergstedt †; Tracey
Brouillette †; Marcel &
Louise Douillard †**TUESDAY, AUGUST 22**9:00 am Evelyn Afanador; Garvin
Oliver; Rev. Mr. Brian
Rafferty**WEDNESDAY, AUGUST 23**9:00 am Michael Coghlan †;
Annunziata Lavelle †; Tim
Smith †**THURSDAY, AUGUST 24**9:00 am Mary Bergstedt †; Jane
O'Brien †; Betty Rollman †**FRIDAY, AUGUST 25**9:00 am Ricardo Bassig †; Alice
Spike †; Robert Spike †**SATURDAY, AUGUST 26**5:30 pm Ricardo Bassig †; Clement
Brown †; Evan Sweeney †**Subject to change if there is a
funeral or if a celebrant is
unavailable****MASS AND RECONCILIATION TIMES****DAILY MASS****Tuesday-Friday 9:00 am**
1st Saturday 9:00 am**RECONCILIATION****Tuesday: 8:00 am to 8:45 am**
Wednesday: 7:00 pm to 8:00 pm
Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:30 pm**WEEKEND MASS****Saturday Vigil: 5:30 pm**
**Sunday: 8:30 am, 11:00 am, 2:00
pm (Spanish), 5:00 pm***(Sunday Mass is also live-streamed
at 8:30 am and 2:00 pm.)***TABLE OF CONTENTS**

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BULLETIN DEADLINES

The deadline to have articles submitted to be in the bulletin will be by noon on Monday before the weekend the article should be in the bulletin.

COMMUNICATIONS COORDINATORBrittney Kinstetter | Ext. 2316
bkinstetter@bedeva.org

FREQUENTLY ASKED QUESTIONS

WHOM DO I CONTACT TO REGISTER MY CHILDREN FOR BAPTISM?

For children under 7, Tracy Lucas | tlucas@bedeva.org
 For children over 7 to adults, Michelle Tomshack | mtomshack@bedeva.org

WHOM DO I CONTACT TO REGISTER MY CHILDREN FOR SACRAMENT PREPARATION?

For children receiving First Reconciliation and First Communion, Rita Hipple | rhipple@bedeva.org
 For teens preparing for Confirmation, Deacon Grimm | ppalm@bedeva.org

WHOM DO I CONTACT TO BECOME CATHOLIC?

Michelle Tomshack | mtomshack@bedeva.org

WHOM DO I CONTACT TO GET MARRIED AT SAINT BEDE?

Kathleen Nolan | knolan@bedeva.org

WHOM DO I CONTACT TO REQUEST SICK, HOMEBOUND AND HOSPITAL VISITS?

Deacon Bill Westerman | wwesterman@bedeva.org

WHOM DO I CONTACT TO RENT KAPLAN PARISH HALL?

Jennifer Murtha | jmurtha@bedeva.org

WHOM DO I CONTACT ABOUT RESERVING A NICHE IN THE COLUMBARIUM?

Jennifer Murtha | jmurtha@bedeva.org

READINGS FOR THE WEEK

THE TWENTIETH SUNDAY IN ORDINARY TIME

First Reading:

All who keep the sabbath free from profanation and hold to my covenant, them I will bring to my holy mountain and make joyful in my house of prayer (Is 56:6-7)

Psalm:

O God, let all the nations praise you! (Ps 67)

Second Reading:

For God delivered all to disobedience, that he might have mercy upon all. (Rom 11:32)

Gospel:

Then Jesus said to her in reply, "O woman, great is your faith! Let it be done for you as you wish." (Mt 15:28)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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WEEKLY READINGS

Sunday:

Is 56:1, 6-7/Ps 67:2-3, 5, 6, 8 (4)/Rom 11:13-15, 29-32/Mt 15:21-28

Monday:

Jgs 2:11-19/Ps 106:34-35, 36-37, 39-40, 43ab and 44/Mt 19:16-22

Tuesday:

Jgs 6:11-24a/Ps 85:9, 11-12, 13-14/Mt 19:23-30

Wednesday:

Jgs 9:6-15/Ps 21:2-3, 4-5, 6-7/Mt 20:1-16

Thursday:

Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/Jn 1:45-51

Friday:

Ru 1:1, 3-6, 14b-16, 22/Ps 146:5-6ab, 6c-7, 8-9a, 9bc-10/Mt 22:34-40

Saturday:

Ru 2:1-3, 8-11; 4:13-17/Ps 128:1b-2, 3, 4, 5/Mt 23:1-12

CLERGY AND

ADMINISTRATION STAFF

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Elizabeth Gorny
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WHAT IS THE MEANING OF THE LETTERS THAT PROFESSED RELIGIOUS HAVE AFTER THEIR NAMES

The Catholic Church includes hundreds of religious communities. The priests, religious brothers, religious sisters, and nuns of these communities (which are often referred to as "religious orders") are committed to particular spiritual traditions and often to a particular charism (such as teaching, healthcare, social work, or pastoral care).

To help identify a person as a member of a particular religious community, the custom developed of including post-nominal letters that provide a sort of shorthand for the name of the community that the priest, brother, sister or nun is part of. So, for example OSB after a person's name would indicate that they are a member of the Order of St. Benedict (the Benedictines), just as SJ would indicate that a priest or brother is a member of the Society of Jesus (the Jesuits) or RSM would show that a woman is a Sister of Mercy.

Other common examples include:

DC = Daughters of Charity

FSC = The Brothers of the Christian Schools/Christian Brothers

OCist = The Order of Cistercians

OCD = Order of Discalced Carmelites

OFM = The Order of Friars Minor (the Franciscans)

OFM Cap = The Capuchin Franciscans

OP = The Order of Preachers

(Dominicans)

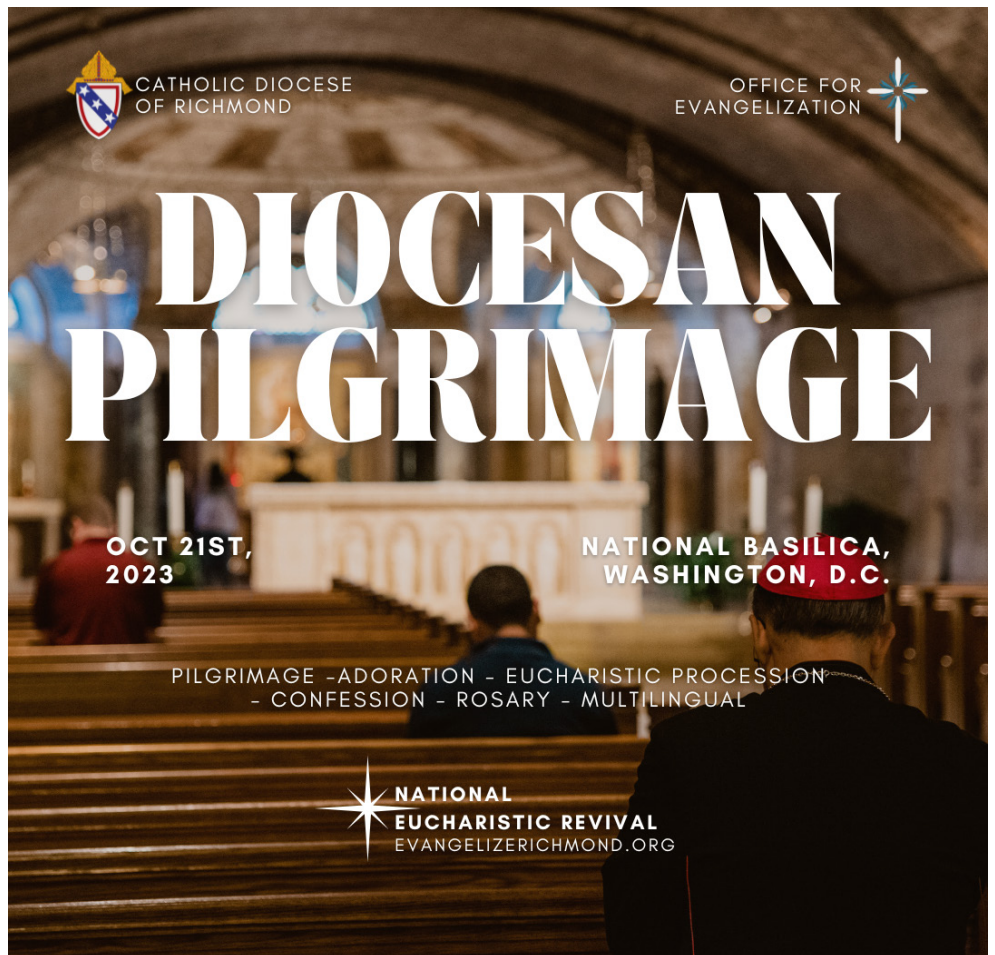
OSF=Franciscan Sisters

SC = Sisters of Charity

SDS = Society of the Divine Savior (Salvatorian Priests and Brothers and Salvatorian Sisters)

SSND = School Sisters of Notre Dame

SVD = Society of the Divine Word (Divine Word Missionaries)



DIOCESAN PILGRIMAGE

SAVE THE DATE OCTOBER 21, 2023

Join Bishop Knestout and faithful from across the Commonwealth at the National Shrine of the Immaculate Conception for a pilgrimage focused on the source and summit of our faith, the Eucharist. Pilgrims will be invited to talks, tours, Eucharistic Procession, Adoration, Music, and Mass with the Bishop all surrounded by the awe-inspiring beauty of the largest Catholic Church in North America, one of the ten largest churches in the world. This diocesan pilgrimage supports the larger National Eucharistic Revival going on within U.S. Catholic Church. The multiyear revival is aimed at leading the faithful more deeply into the heart of Christ as a country, within each diocese, and within each parish. Registration for this free event is now open at the link below. Free transportation will be offered from each vicariate.

<https://evangelizerichmond.org/events/diocesan-pilgrimage/>



EUCCHARISTIC CONGRESS PILGRIMAGE

The National Eucharistic Congress countdown has begun. The 5-day pilgrimage will take place in Indianapolis, IN, July 17, 2024 through July 21, 2024. Visit eucharisticcongress.org for more information

SPEND TIME WITH JESUS IN ADORATION

MONDAY:

9am-10 am

WEDNESDAY:

7:00 pm to 8:00 pm

FRIDAY:

9:45 am to 11:00 am

GOSPEL MEDITATION

THE TWENTIETH SUNDAY IN ORDINARY TIME

The suffering of a child symbolizes uniquely terrible evil as well as despair about the future. This week's Gospel gives a "limit" case in which Jesus encounters this evil in the form of a mother with a suffering daughter. What he does is stunning and massively helpful for us if we bravely ponder the details.

The Canaanite woman comes to Jesus and begs his mercy. "My daughter is tormented by a demon," she declares to him. Shockingly, he responds first with silence, then with a dismissive comment, and only then finally accedes to her third request. Is this simply a lesson in perseverance in our petitions to God, who is like a genie in a bottle? Does that justify the humiliation and pain this woman suffers? Is the Lord cruel?

I don't think so. Notice how the encounter ends. She compares herself to a dog at the table of a master. Jesus responds by praising her great faith and fulfills her deep desire. Somehow this non-Israelite woman intuitively senses that this harrowing situation is not dumb suffering. She senses that the door of God's family is, in Jesus, being opened to her and her loved ones. She trusts she is at the Lord's table, and her desires will be fulfilled and that all her sufferings — and her daughter's, too — will lead to a great banquet. In our sufferings this week, the Lord wants us to treat him less like a genie in a bottle and more like the Master who has taken us — lost little dogs that we are — into his home forever. Trust that and keep praying in the face of evil.

— Father John Muir

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O woman,
great is your
faith.
Matthew 15:28

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06 EVANGELIZATION & FAITH FORMATION

Sunday, August 20, 2023 | Twentieth Sunday in Ordinary Time

EVANGELIZATION STAFF

DIRECTOR OF EVANGELIZATION

Michelle Tomshack | Ext. 2309
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ADULT FAITH FORMATION

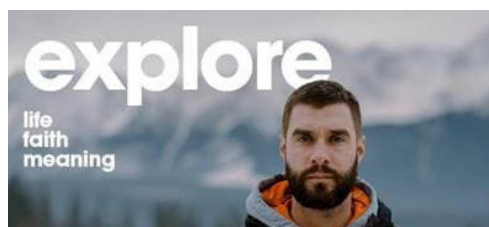
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CHILDREN'S FAITH FORMATION

Rita Hipple | Ext. 2303
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YOUNG ADULT AND YOUTH MINISTER

Daniel Mehr | Ext. 2307
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ALPHA STARTS SOON!

THURSDAY EVENINGS STARTING
SEPTEMBER 7!

We are excited to offer Alpha beginning September 7, 2023, on Thursday evenings from 6:30-8:30 pm. If you are interested in finding out more about Alpha or signing up, please visit on the webpage. www.bedevas.org/alpha

WALKING WITH PURPOSE

Walking with Purpose is a program that meets women right where they are, hands them a cup of coffee, and transforms their hearts. We are thrilled to announce that we will offer two Bible Studies this season. Trust us. This may be your best YES ever. Join us Thursdays starting September 28th. 10 am or 6:30 pm on the Saint Bede Ministry Level.

A graphic titled "2023 Adult Faith Formation Fall Offerings" featuring a large glass pitcher filled with water. The text is overlaid on the image in various colors and fonts. The offerings are listed in three circular callouts: 12 SEPT (Discover the Sacraments), 13 SEPT (Bible Timeline), and 14 SEPT (Lectio Eucharist).

2023

Adult Faith Formation Fall Offerings

12 SEPT **Discover (or re-discover) the Sacraments**
Explaining the Eucharist to Others (Ascension Press)
September 12 to December 5, Tuesdays, 7 pm to 9 pm in room 14 with Jeff and Kristy Plourde for 12 weeks.
TUES 7 PM-9 PM

13 SEPT **Bible Timeline**
Thursdays from July 13- August 10 either 10 -11:30 am or 7-8:30 pm. Class is offered in-person or Zoom. Please register for this class by visiting our webpage.
WED 10 AM OR 7 PM

14 SEPT **Lectio Eucharist: Discovering the Mass in the Bible**
by Brant Pitre, Formed/Augustine Institute in-person and zoom in room 14 for 10 weeks with Jeff and Kristy Plourde
THUR 6 PM - 7 PM

COORDINATOR OF YOUTH MINISTRY:

Saint Bede Catholic Church in Williamsburg, VA is seeking an organized, full-time, Youth Minister who loves working with young people. Excellent leadership qualities, strong communication skills, social media and technology skills and the ability to coordinate, train and empower volunteers are necessary. The chosen candidate will focus mainly on Middle School youth while coordinating and collaborating with the High School Youth Minister. The ability to work as a part of a team is essential. The successful candidate will also work with our Evangelization Team to help provide a comprehensive faith formation program across all ages. A Bachelor's degree in Theology, Religious Ed, Catholic Studies or related field is preferred but 3-5 years' experience in this field will be considered. Must be a practicing Catholic in good standing with the church. Resumes and cover letters accepted until the position is filled. Send to Michelle Tomshack, Director of Evangelization, Saint Bede Catholic Church; 3686 Ironbound Road; Williamsburg, VA 23188; email - mtomshack@bedeva.org. Full job description on our website, www.bedevas.org/news/join-our-team



**Peregrinación Diocesana a la
Basilica del Santuario Nacional
de la Inmaculada Concepción
Washington, DC**

**21 de octubre del 2023
¡RESERVA LA FECHA!**

El Obispo Knestout invita a todos los fieles de la Diócesis de Richmond a participar en una peregrinación a la Basílica del Santuario Nacional de la Inmaculada Concepción en Washington, D.C. Se ofrecerá transporte GRATIS.
Inscribase en: <https://evangelizerichmond.org/pilgrimage/>

CLASE DE PREPARACIÓN PARA BAUTISMO DE NIÑOS MENORES DE 7 AÑOS

23 de AGOSTO a las 6pm en el Nivel de Ministerio, Salón #7. Inscribase para la clase en <https://www.bedevea.org/bautismo>

MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

20 de agosto de 2023 20º Domingo del Tiempo Ordinario
Un domingo más que se nos habla de la fe. Ahora, mostrada en una mujer cananea que suplicaba para que su hija fuera curada. Recordemos que el pueblo cananeo, en tiempos de Jesús, era idólatra y primitivo. De ahí surge la mujer que, con gran insistencia, suplicaba a Jesús por su hija. Esta mujer era valiente, con una fe segura, y fue así que decidida se postra ante Jesús para seguir pidiendo: “¡Señor, ayúdame! Jesús le dijo: No se debe echar a los perros el pan de los hijos. La mujer contestó: Es verdad Señor, pero también los perritos comen las migajas que caen de la mesa de sus amos. Entonces Jesús le dijo: Mujer, ¡qué grande es tu fe! Que se cumpla tu deseo” (Mateo 15:25-28). La mujer fue felicitada por Jesús, y es puesta como ejemplo para sus discípulos entonces, y para nosotros actualmente. “Cristo se mostraba indiferente hacia ella, no por rechazarle la misericordia, sino para inflamar su deseo” (San Agustín). ¿Qué haces tú cuándo estás en una necesidad? Gritas, suplicas de rodillas al Señor para que te escuche. Acuérdate que la oración viene según la fe. ¿Cómo mides tu fe? ¿Es débil, es fuerte, es constante? Buscas a Jesús en todo momento o solo en tiempos difíciles. El domingo pasado, Pedro al hundirse en el agua exclamó: “Señor, sálvame”. Hoy, la mujer cananea grita: “Señor, ayúdame”. El Señor, escucha y atiende al que persevera constantemente con fe y esperanza en la oración. Qué hermoso es escuchar: “Que se cumpla tu deseo”.

**Formación en la Fe Y
Preparación Sacramental**

GRADOS PreK - 12
Inscripciones Abiertas
www.bedevea.org
<https://tinyurl.com/mrx8k7zn>
<https://www.facebook.com/WilliamsburgMinisterioHispano/>

Clases Grados PreK3- 8 son viernes @ 6pm
Clases Grados 9-12 son domingos @ 6:15pm
Clases de Preparación Sacramental son adicionales (5 clases por semestre). Inscriba a sus niños lo antes posible para poder programar las clases y comprar materiales

SESIÓN DE INFORMACIÓN PARA ADULTOS – DOMINGO, 20 DE AGOSTO

DESPUÉS DE LA MISA EN ESPAÑOL

YA BAUTIZADOS – Que desean recibir Sacramentos que le falten

NO BAUTIZADOS – Que desean unirse a la Iglesia (y recibir Bautismo, Comunión y Confirmación)

Estaremos explicando las clases, fechas y documentos necesarios para el proceso.

SACRAMENTOS PARA ADULTOS – YA BAUTIZADOS

¿Recibió el Bautismo, pero le falta algún sacramento y desea recibirlo? Estaremos ofreciendo Clase de Sacramentos para Adultos. Anótese en la lista y le contactaremos cuando ya se aproxime la fecha.

Inscripciones: tinyurl.com/4vdkmyx4

RITO DE INICIACIÓN CRISTIANA (RICA) PARA ADULTOS Y NIÑOS MAYORES DE 7 AÑOS

¡Próximo curso comienza PRONTO! Personas de 7 años o más que desean conocer más acerca de nuestra Fe Católica o no han sido bautizadas toman parte en RICA para Adultos y Niños.

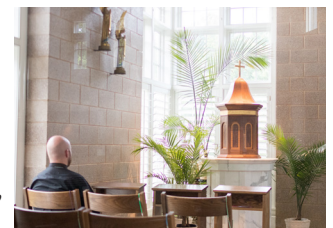
Inscripciones: <https://www.bedevea.org/bautismo>

PASE UN RATITO EN ORACIÓN CON JESÚS EN EL SANTÍSIMO SACRAMENTO.

La Iglesia está abierta todos los días de 8am a 5 pm y hasta más tarde los miércoles, sábados y domingos.

Exposición del Santísimo:

Lunes 9-10am, Miércoles 7-8pm, Viernes 9:45-11am



MINISTERIO HISPANO

ASOCIADA PASTORAL DEL MINISTERIO HISPANO

Alfie Martinez | Ext. 2318 o 757.974.2975

MINISTERIO HISPANO

Linda Flores | 757.871.4949

STEWARDSHIP UPDATE

AUGUST IS NATIONAL MAKE-A-WILL MONTH

August is National Make-A-Will Month and a perfect opportunity for our community to steward everything God has blessed us with. At Saint Bede we're taking this a step further with Make-A-Will Sunday. Today, we invite you to set aside time to think through your estate plan and how you can best steward what God has entrusted to you.

To help you with this process, Saint Bede offers an online estate planning tool you can use to create your will for free online and safeguard all that you love.

Visit FreeWill.com/stbedewilliamsburg to get started on your will.



SACRED ART UPDATE

We continue to make progress with completing the Communion of Saints Around the Altar project. We have 2 panels of mosaics onsite and expect two more to arrive in the next month along with 6 support panels. The last two panels for this order will not be complete until sometime in late fall or early winter. Our plan is to install 6 panels (#'s 28-33) on the left side as soon as the last two are delivered. The artist for the project, Angel Ramiro Sanchez, will be in Williamsburg September 1st and 2nd so stay tuned for an opportunity to hear him present on the final phase of the project which will include the Mexican Martyrs from the early 1900's. As a reminder, we try to display the original painting on or about the Saint's feast day in our library in the Commons.



PANEL 32

Saint Marie-Marguerite d'Youville, Saint François de Laval, Saint Marguerite Bourgeoys, Saint Marie of the Incarnation, Blessed Catherine de Hueck Doherty, Saint André Bessette

Everyone should have an estate plan

to act as a steward of God's blessings, protect what they love, and pass their faith and values on to the next generation.



Scan the QR code or visit FreeWill.com/stbedewilliamsburg to write your will for free and establish your legacy of faith.



PANEL 33

Saint Charles Garnier, Saint Noël Chabanel, Saint Anthony Daniel, Saint Gabriel Lalemant, Saint Jean de Brébeuf

Thus says the LORD: Observe what is right, do what is just; for my salvation is about to come, my justice, about to be revealed.
Is 56:1



Faith Formation and Sacraments
Registration Now Open
 for all grades K-12
 Please use QR code or visit our website to register
www.bedeva.org

K-12 FAITH FORMATION BEGINS ON SEPTEMBER 10!

Everyone who needs to prepare for First Reconciliation, First Communion, or Confirmation also needs to register. Please use the QR code or visit the website to register!

THE FAMILY ROSARY ACROSS AMERICA

Join Father Francis "Rocky" Hoffman, of Relevant Radio for the Family Rosary Across America, broadcast every evening at 8pm EST LIVE via the Relevant Radio App, local radio station, YouTube, Facebook, or web at <https://relevantradio.com/listen/our-shows/family-rosary-across-america/>. The Family Rosary Across America is a live and interactive radio program bringing together Catholics across the nation to pray the Rosary. Join 100,000 people each evening as we pray together and for one another and strive to attain one million people praying live together every night. Send in your intentions in advance to be read aloud during the Rosary or call in live.



FRIENDS FOR LIFE

THIRD TUESDAY OF THE MONTH AT 3 PM

Friends for Life Ministry is the Pro-life ministry at Saint Bede. We are in various pro-life functions such as 40 Days for Life, which benefits the October baby shower and the House of Mercy. We also provide an opportunity to join the spiritual Adoption of unborn babies. In addition, we participate in the life chain on Richmond Road in conjunction with another church. We help the Knights of Columbus with the March on Washington buying the sandwiches, etc for the trip. We are a small group of about 8 individuals and we meet on the third Tuesday of the month at 3 pm in the commons. We are always accepting new members. To find out more about us, please contact Frank Dillon at momanddaddillon@aol.com

HOLY MAMAS

TUESDAY MORNINGS AT 10 AM, TUESDAY EVENINGS AT 8 PM, OR WEDNESDAY EVENINGS AT 7:30 PM

The Saint Bede Holy Mamas is a group of women seeking to grow closer to God and each other as we raise happy, healthy, and holy families. We use a variety of Catholic tools to facilitate discussion such as book studies, video studies, and podcast series. Mamas, if you are looking for a group that will support you, listen to you, cry with you and laugh with you, we are it! There are three opportunities to join us throughout the week: Tuesday morning from 10-12 in the parish office room 8, Tuesday evening starting at 8:00pm at Elizabeth's home or on Zoom on Wednesday evening at 7:30 (locations vary). Please contact Amy Stout at amule7@yahoo.com for more information (put Holy Mamas in the subject line). We hope you will join us this fall!

YOUNG AT HEART

Are you a senior 65 or older? Did you know Saint Bede has a ministry for seniors - both men and women? It's called Young at Heart, and has been around for over 25 years! This group, with our Spiritual Director, Deacon Francis, meets once a month at a different restaurant to share fellowship with other members of our age. Please email Nancy at nancyu2bfrom@aol.com for more information.

FOOD PANTRY

HOT OR COLD CEREAL
 CANNED POTATOES
 PEANUT BUTTER AND JELLY
 MAC AND CHEESE
 MICROWAVABLE MEALS
 CANS OF VEGETABLES & BEANS
 CANS OF PROTEIN
 CANS OF PASTA MEALS
 BAGS OF DRIED BEANS
 DRY PASTA
 PASTA SAUCE
 RICE
 JUICE
 SOUP
 GRANOLA/PROTEIN BARS
 CRACKERS



TOILETRIES

DIAPERS/WIPES
 FEMININE HYGIENE PRODUCTS
 SOAP
 LOTION
 SHAMPOO & CONDITIONER
 DEODORANT

CLEANING SUPPLIES

LAUNDRY DETERGENT
 UNSCENTED DRYER SHEETS
 DISHWASHING LIQUID
 SANITIZING WIPES
 TOILET BOWL CLEANER

YOUNG AT HEART

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