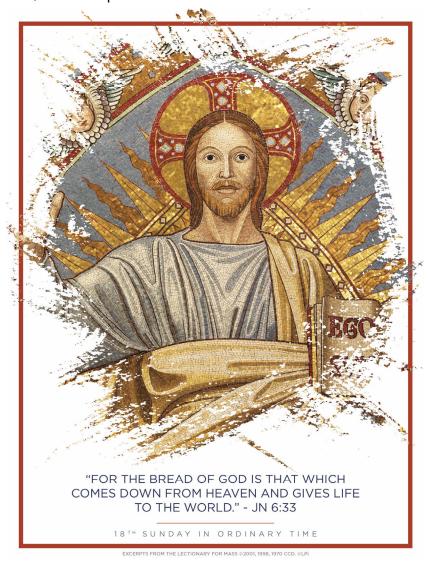
St. Lawrence Martyr Catholic Community

AUGUST 1, 2021 | EIGHTEENTH SUNDAY OF ORDINARY TIME



Rev. Msgr. Paul T. Dotson, Pastor

Rev. Mark Warnstedt, Associate Pastor Rev. Msgr. Peter O'Reilly, In Residence Deacon Don Burt | Deacon Jim Egnatuk | Deacon Dale Sheckler

WEEKEND MASSES

Saturday 4:00 PM (Sunday Liturgy)

Sunday 7:00 AM

9:00 AM - ALSO LIVESTREAMED

11:00 AM 5:00 PM

DAILY MASSES

Monday - Saturday 8:00 AM Tuesday & Thursday 12:00 PM

SACRAMENT OF RECONCILIATION

Saturdays 11:00 AM to 12:00 PM - church

PARISH OFFICE HOURS

Monday to Friday 8:30 AM - 4:00 PM (Limit of two visitors at a time.)

TELEPHONE NUMBERS

Parish Office	310-540-0329
Office for Worship	310-316-0090
Office of Religious Education	310-316-4460
RCIA for Adults & Children	310-316-0961
St. Lawrence Martyr School	310-316-3049
Youth Ministry/Confirmation	310-316-0466

1940 South Prospect Avenue • Redondo Beach • California 90277 • 310-540-0329 • www.stlm.org

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GUIDELINES for MASS ATTENDANCE INDOORS

MASKS WEARING:

Masks covering both nose and mouths are once again required indoors for everyone regardless of vaccinations status.

SOCIAL-DISTANCING:

- · Social distancing in the church will no longer be required. Capacity limits have been lifted.
- · For those who wish to continue to socialdistance, the Mary side of the church will require a three feet of social-distancing between
- All who sit on the Mary side are asked to observe this three feet of social-distancing between parties.

VENTILATION:

Doors and windows of the church will remain open for ventilation. Please bring a sweater or jacket if you feel you will be cold.

If you are ill, experiencing any symptoms or have been exposed to anyone testing positive to COVID-19, we ask you to stay home & join us online for Sunday Mass.

We thank you for your understanding & cooperation.

ONE FAMILY IN FAITH, ONE FAMILY IN MISSION

2021 Mission Cooperative Plan Appeals

The annual Mission Cooperative Plan Appeal has been postponed. Fr. Christu Amaladoss and Fr. Lordu Xavier, two student priests from the Diocese of Thanjuvar, India who are currently in residence in the Archdiocese, will be speaking at a later date to be determined about the covid-related needs of their diocese. In the meantime, if you desire to support the 2021 Mission Cooperative Plan Appeals in the Archdiocese of Los Angeles, you may donate to the Diocese of Thanjuvar online at http://missionsla.org/1298-2/ or make checks payable to SOCIETY FOR THE PROPAGATION OF THE FAITH, memo: MCP/ GROUP #1298, and place it in the Collection Baskets at Mass. More information about the need in the Diocese of Thanjuvar may also be found on the website.

Stay connected with our St. Lawrence Community Join St. Lawrence's flocknote today...



Flocknote is a communication tool that allows us to more effectively communicate with you and your family through text or email. With flocknote, you will receive news & information on flocknote events happening at SLM

Join *flocknote* today by texting our keyword STLM to 84576 to sign up.

The Archdiocese of Los Angeles in following the Los Angeles County Health Department is requiring everyone to wear a mask indoors regardless of vaccination status at all our L.A. County parishes, offices and schools For the



health and safety of all, we call you, the faithful and all people of good will to anchor themselves in our Catholic Christian call to an unconditional respect for all human life.

PARISH OFFICE HOURS

SUNDAY | 8:00 AM to 1:00 PM MONDAY-FRIDAY | 8:30 am to 4:00 pm PHONE: 310-540-0329

SUNDAY GOLF CART HOSPITALITY The golf cart shuttle to and from the lower parking area is available Sundays from 8:30 AM to 12:30 PM





Throughout the year, we are grateful to all who support the parish with your time, talent and financial contributions. For your convenience, we invite you to look into our electronic giving program. Setting up a recurring giving plan is quick and easy. You

may use a credit or debit card, or your checking account. Visit our website: https://www.stlm.org/ways-to-give

Additionally, electronic giving to St. Lawrence Martyr is convenient and easy with Faith Direct Text-to-Give.

TO GIVE VIA TEXT, FOLLOW THESE STEPS

- 1. Securely Text \$ amount to 310-879-5335.
- 2. Register your credit/debit card -you only need to do this once.
- 3. Save the number as a contact in your phone to make future giving faster and easier.

Thank you for your generosity and support of our St. Lawrence Martyr Parish

READINGS FOR NEXT SUNDAY'S LITURGIES



Next weekend our parish will celebrate the Feast of our patron saint, St. Lawrence Martyr. The readings at all Sunday Masses on August 7 & August 8 will reflect this celebration of St. Lawrence as follows:

First Reading: Wisdom 3:1-6,9 **Psalm:** 112: 1-2, 5-6, 7-8, 9

Second Reading: 2 Corinthians 9:6-10

Gospel: John 12:24-26

The Feast of Saint Lawrence, Deacon and Martyr is customarily celebrated on August 10th.

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WEEKLY MASS INTENTIONS

Sunday, August 1

7:00 AM Frank Albert Frayman †

9:00 AM Alfred Kreisler †
11:00 AM Jimmy Virtucio †

5:00 рм Efraim Alvarado Cassalette †

Monday, August 2

8:00 AM Doris Aquilina †

Tuesday, August 3

8:00 AM Robert Lombardi †
12:00 PM Fr. Fred McCallin †

Wednesday, August 4

8:00 AM The McCallin Family

Thursday, August 5

8:00 AM Dora McAfee †
12:00 PM Doris Aquilina †

FRIDAY, AUGUST 6

8:00 AM Hope Smith †

SATURDAY, AUGUST 7

8:00 AM Christiana Duarte †
4:00 PM Miyoko Perez †

SUNDAY, AUGUST 8

7:00 AM Mary Borg †

9:00 AM Thomas Dempsey †11:00 AM Enzo Chiaravalloti †5:00 PM The Griffith Family

(† Deceased)

TODAY'S READINGS

First Reading — The people of Israel receive bread from heaven in response to their grumbling (Exodus 16:2-4, 12-15).

Psalm — The Lord gave them bread from heaven (Psalm 78).

Second Reading — Put on the new self that has been created in God's way (Ephesians 4:17, 20-24).

Gospel — I am the bread of life; whoever comes to me will never hunger (John 6:24-35).

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

PRAYER REQUESTS

Lord, Hear Our Prayer

We pray for all those suffering illness and in need of healing and comfort.

Richard Meyette Peggy Marler

Nancy Bergan Robin Bianga

Brody Johnson Alda Mati Donato

Peter Donnellan Annette Leroux

Connie Metzker Antoinette Azzi

Steve Jordan Mary Halkett

Liselotte Chamberlain Ronda Massey

Fred Plebanek Alex Lala

Ruth Plebanek Maria Ibarra

The Faithful Departed

May all the souls of the recently departed, through the mercy of Christ, rest in peace.

Judith Markota
Emelinda Forteza
Dennis Logan
Jovita Pizarro
David Scott Radine
Chris Schafer

Eternal Rest Grant Unto Them, O Lord

READINGS FOR THE WEEK

Monday: Nm 11:4b-15; Ps 81:12-17; Mt 14:13-21

Tuesday: Nm 12:1-13; Ps 51:3-7, 12-13;

Mt 14:22-36 or Mt 15:1-2, 10-14

Wednesday: Nm 13:1-2, 25 — 14:1, 26-29a, 34-35;

Ps 106:6-7ab, 13-14, 21-23; Mt 15:21-28

Thursday: Nm 20:1-13; Ps 95:1-2, 6-9; Mt 16:13-23

Friday: Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9;

2 Pt 1:16-19; Mk 9:2-10

Saturday: Dt 6:4-13; Ps 18:2-4, 47, 51; Mt 17:14-20

Sunday: 1 Kgs 19:4-8; Ps 34:2-9; Eph 4:30 - 5:2;

Jn 6:41-51

<u>Alternate for Feast of St. Lawrence</u>: Ws 3:1-6,9; Ps 112:1-2,5-6,7-8,9; 2Cor 9:6-10; Jn 12:24-26

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LIVE THE LITURGY INSPIRATION FOR THE WEEK

When we lose our ability to trust, we become afraid. When we are afraid, we may begin to grumble and question whether where we are is where we need to be. For us who have faith, we even question whether God is who God says He is. Trust is so important to our success on our journey. Often, the road of our lives can become a bit treacherous. We may find ourselves feeling more unsettled than comfortable and less fulfilled than we would like to be. As much as we try, the pieces of our puzzle don't quite fit together as they ought. We wonder if we will ever experience happiness again. Then, something reminds us that God is very much present in this mess we call life. God is still bringing hope out of despair and life out of death. After all, God is the true bread that comes down from heaven to give life. All that is necessary is for us to trust in this truth, even when we may be lacking in some of life's essentials. The God who gives life is the same God who sustains it. He is also the same God who assures us that we will not perish.



THE BREAD OF LIFE

Today's Gospel has the crowd asking Jesus three questions. First, "When did you get here," to which Jesus responds by rebuking them for their failure to grasp his miracle as a "sign," an occasion to put faith in him. Their second question about accomplishing the "works of

God" has Jesus respond that faith is the "work" that God wishes. Many scholars believe this is John's answer to the faith-works dichotomy emerging in the early Christian community. Faith is the work of God in the believer, John would have us understand. The third question asked by the crowd is a request for a "sign" that would allow them to put faith in Jesus, as the manna in the desert allowed the Israelites to put faith in the Lord God. Jesus answers by revealing himself as the "bread of life" that "comes down from heaven and gives life to the world." -Copyright © J. S. Paluch Co.

GOSPEL MEDITATION

ENCOURAGING DEEPER UNDERSTANDING OF THE SCRIPTURE

"You cannot see the forest for the trees" is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don't like, want, and don't want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don't move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy.

We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the "now" time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirst. QLPi

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EVERYDAY STEWARDSHIP

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS PRACTICING GRACIOUSNESS IN THE DESERT



Looking back over my journey of parenthood, I know there were days when I traveled the extra mile for my children. I made their toast the way they like it, let them play in the park an extra ten minutes, or let them go to the movies with their friends and I finished up the chores on my own. And then, it

happened: the attitude. The request for the smallest thing from one of them is met with disdain or bewilderment.

Sometimes you can be made breathless with the ingratitude of another person who takes so much and with so little shame, only to scoff at the idea that they, too, give even the smallest amount.

But if we're being honest with ourselves, we will admit that we do the exact same thing to God. Haven't we all been the Israelites in the desert at one point or another? God has parted our Red Sea in some way. He's led us out of some great trial, given us some great blessings. But then we run into a little resistance somewhere along the way and we throw up our hands. How could you do this to us, Lord? How could you ask this of us? No, I can't go any further. No, I won't do any more.

Persisting in the blindness to the many ways God continues to protect us is nothing short of a temper tantrum. It robs our Everyday Stewardship of its graciousness, of our ability to accept with joy the trials of life because we are also constantly aware of its blessings. - Tracy Earl Welliver, MTS ©LPi

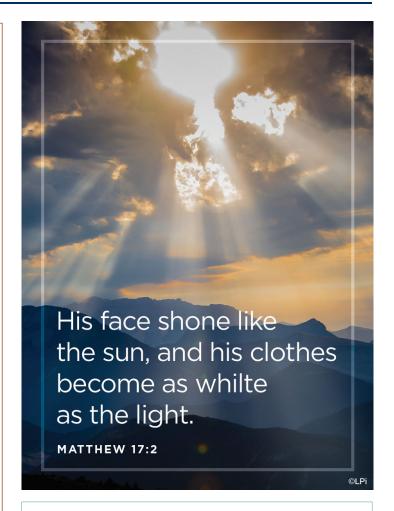
QUESTIONS OF THE WEEK:

AN INVITATION TO REFLECT AND RESPOND TO SCRIPTURE

FIRST READING: Early in their Exodus journey, the Israelites expressed fear and frustration to Moses. God heard and responded to their "grumbling" by sending bread from heaven. When you have you experienced God answering your plea for help?

SECOND READING: Paul told the Ephesians that as believers in Christ you should "put away" the bad parts of "your former way of life." How have you done this in your life as a believer in Christ?

GOSPEL: We hear today the introduction of Jesus' extended "bread of life" discourse. In referring back to the ancient Israelites who ate "manna" (bread) in the desert, Jesus tells the crowds: "I am the bread of life." How would you explain to someone how Jesus sustains you? ©LPi



FEAST OF FAITH:

THE PREFACE: THANKSGIVING

The preface of the Mass has been called "a poem, the cry of joy and recognition, the song of the world discovering its salvation . . . the certitude of faith making hope spring forth" (Philippe Béguerie, quoted in The Mass, Lucien Deiss, The Liturgical Press, Collegeville, MN, 1992, p. 70). The preface takes up the last words of the dialogue, and expresses briefly and simply why we are grateful, why it is right and just to give thanks and praise to God. On feast days, the preface sings of the specific mystery or saint we celebrate; in Ordinary Time, the Sunday and weekday prefaces express our gratitude for God's gift of the Son, Jesus Christ, in whom we have redemption and newness of life. The prefaces offer a succinct account of what God has done for us in Christ; they express the mystery of faith, always relating it to us, to our lives. "By his birth we are reborn," we hear in Preface IV for Sundays in Ordinary Time. "By his suffering we are freed from sin. By his rising from the dead we rise to everlasting life." Yes, we have cause to give God thanks and praise. —Corinna Laughlin, Copyright © J. S. Paluch Co.

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The Eucharistic Adoration Chapel is Open Monday - Friday: 9:00 AM to 4:00 PM

Due to space and ventilation limitations, capacity is limited to twelve Adorers.

Mask are required for everyone while in the chapel.

St. Lawrence Martyr Gift Shop

WE'RE OPEN TODAY: SUNDAY, August 1st - 8:30 am -12:30 pm. with limited occupancy. COVID-19 safety protocols remain in place: wear a properly fitting mask covering both mouth and nose and maintain social distancing.

The Gift Shop will be CLOSED from August 2 - August 23. We'll be back open on Tuesday, August 24th from 10:00am to 4:00pm The Gift Shop will also be open Sunday, August 29 from 8:30 am to 12:30 pm.

Respect Life



- Affirming the sacredness of all human life from conception to natural death
- Dedicated to bringing the message of life to this parish community and the world

WE PRAY AND TAKE ACTION THAT ALL WOULD RESPECT ALL HUMAN LIFE FROM CONCEPTION TO NATURAL DEATH!

Primary areas of concern include:

- The end to the horrors of abortion.
- The elimination of the death penalty.
- Preventing the practice of euthanasia.
- Stopping the practice of physician-assisted suicide.
- · Quality of life issues.

Meetings are at St. Lawrence the 4th Monday of every month.

For more information on the STLM Respect Life Ministry Group contact Deacon Dale Sheckler at 310-678-2583 or email dalesheckler@gmail.com.

Did You Know?

FIND OUT WHAT YOUR CHILDREN ARE WATCHING

With movie theaters reopening across the country, now is a great time to add another website to your collection of parenting resources: Catholic News Services' staff reviews movies from a uniquely Catholic perspective, noting things like nudity, swearing, and other problematic themes that have become mainstream in ratings like PG and PG-13. Parents can vet movies their children are planning to see or may encounter at friends' houses. Talk to your children about what they should do if a friend wants to see a questionable movie, and why you want them to avoid particular films. For movie reviews, visit catholicnews.com/movie-reviews/.

One Heart Ministry



ONE HEART – THE LGBT MINISTRY AT SAINT LAWRENCE MARTYR

This ministry is open to members of the LGBT Community, Family Members, Friends, and allies. We meet monthly on the 2nd Tuesday of the month.

We are now meeting in person at the SLM Parish Center. Meetings on the 2nd Tuesday of the month start at 7PM.

For more info, contact Deacon Don at don.burt@stlm.org

Blessed Shawls Ministry

BLESSED SHAWLS AVAILABLE: Do you know someone who is suffering? Maybe they have recently lost someone they love. Maybe they've recently been diagnosed with, or fighting some dread disease.....lost their job or lost their home...?

Whatever struggle of the heart or body, the Prayer Shawl Ministry has shawls and lap robes available for presentation to bring comfort and healing. Just call the Parish Office and we will make sure you receive one. 310-540-0329

Open Arms Ministry

Help us reach sick or lonely persons in our parish to let them know they are loved, wanted, and worthy. Together, we can help them and their loved ones with friendly visits, light chores, or errands, and connect them with community resources. The Open Arms Ministry is here to help an individual or family experiencing a challenging life event. Someone who might benefit from our support could be

- Just diagnosed with a serious illness
- Getting treatment for a serious illness
- ◆ Frail because of old age
- ♦ Very ill with limited or no support
- Lonely and isolated
- Families needing help with a life-changing event

If you or someone you know would like a visit from the Open Arms Ministry, contact Didi Egnatuk at **openarms@stlm.org** or (310) 540-0329, extension 540.

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Food Pantry Ministry



The Monthly Food Drive is Today: The First Sunday of the Month

We continue our ministry to our Food Pantry clients and homeless or struggling sisters and brothers. Stringent hygiene and food handling

practices are in place. The Food Pantry is open every Saturday morning from 7:30 to 10:00 am and on the first Sunday of the month from 8:00 am to 11:00 am.

We prepare bags of groceries for INDIVIDUAL FAMILIES and do not need the large cans of food. Our need is for regular sized (14-19 oz) cans.

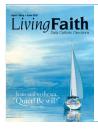
If you can help with a donation, here is a list of items needed:

- Canned chili 15 oz size
- Spaghetti/Pasta 1 lb box/pkg
- Pasta Sauce
- Peanut Butter
- Tuna
- Soup (including low sodium)
- Canned Vegetables -15 oz size
- Canned Fruit 15 oz size
- Mac & Cheese
- Bags of Rice
- Cereal healthy choices please

For the sack lunches given to the homeless, we need ready to eat tuna or chicken salad with crackers, Vienna sausage, fruit bars, granola bars, fruit cups, protein bars, crackers packs with cheese or peanut butter, drinks.

At this time, for the health and safety of our volunteers and those we serve, we cannot accept clothing and non-food donations. Please do not leave these items at the Food Pantry garage door. Monetary donations in support of the Food Pantry Ministry are always greatly appreciated and may be mailed or dropped in the Pastoral Center mail slot.

Thank you for your generosity as we continue to serve those in need.



Pray and reflect with the seasons of the Church year. *Living Faith* booklets with daily devotions are available in the Parish Office and the Gift Shop. A freewill donation of \$1.00 per booklet is suggested.

FIRST HOLY COMMUNION & FIRST RECONCILIATION Sacramental Preparation & Religious Education for Children

REGISTRATION OPENING SOON



Our Religious Education/Faith Formation program for children includes the two year sacramental preparation required for the Sacraments of First Holy Communion and Reconciliation. This usually occurring during a child's 1st and 2nd grade years. Sessions runs from late September/Early October to May and includes parent participation.

Office of Religious Education Susan Mills susan.mills@stlm.org | 310.316.4460

UNDIE SUNDAY COLLECTION

Next Weekend: August 7th & 8th Collecting

NEW



Underwear
Socks
T-Shirts
Thermals
Bras



for distribution to homeless men / women / children

at the St. Francis Center in L.A.

Please bring your donations with you to Mass on Saturday, August 7th or Sunday, August 8th, & place them in the Undie Sunday red wagons.

Thank you!

Deacon Jim and Didi Egnatuk

St. Lawrence Martyr
High School Confirmation & Jr. High Bridge

Registration NOW OPEN!



Both our middle school & high school programs emphasize a sense of belonging in our Catholic Community through faith formation & service.

We are excited to announce that we are planning to meet in-person for 2021-2022!

(Please keep in mind that this is subject to change as we must abide by LA Archdiocesan, California state and LA County guidelines.)

For more information, please visit:

https://www.stlm.org/confirmation - or https://www.stlm.org/the-bridge-middle-school

Office of Youth Ministry

Pepe Fructuoso & Kacie Riordan 310.316.0466 | | youthministry@stlm.org

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Accessing your free subscription is easy. Follow these easy steps to sign up on FORMED:

- 1. Go to FORMED.org/signup
- 2. Enter our parish zip & select St. Lawrence Martyr
- 3. Register with your name and email
- 4. Check your email for a link to begin using FORMED

PARISH SACRAMENTAL GUIDELINES

- → Baptism for Infants & Children under 8 years old: Please call to speak to a parish deacon at 310-540-0329, extension 356
- † Baptism for Children 8+ years, Teens & Adults: (Through RCIA Rite of Christian Initiation for Adults and Children) Contact Caterina Krai at caterina.krai@stlm.org or by phone at 310-540-0329
- † Sacrament of Reconciliation (Confession): Saturdays from 11:00 am to 12:00 pm or by appointment with a priest 310-540-0329.
- † First Holy Communion for Children: Contact Susan Mills at susan.mills@stlm.org or 310-316-4460
- **† Teen Confirmation**: Contact the Office of Youth Ministry at 310-316-0466.
- † Adult Confirmation: Contact Caterina Krai at caterina.krai@stlm.org or 310-540-0329, est. 241
- ↑ RCIA Rite of Christian Initiation for Adults and

 Children: Contact Caterina Krai at

 caterina.krai@stlm.org or by phone at 310-540-0329
- ** Sacrament of Marriage: Please contact us at least six month in advance. 310-540-0329. More information available at www.stlm.org
- † Eucharistic Ministry to The Sick/Home Visits: Please contact the Parish Office at 310-540-0329, extension 355
- ♣ Anointing of the Sick: Please call the Parish Office anytime in case of serious illness to arrange for a priest to celebrate this beautiful sacrament. 310-540-0329
- † Funeral Arrangements: Please contact our Bereavement Ministry at 310-540-0329, extension 274.

ST. LAWRENCE MARTYR

A Place to Belong

welcomes you!



To become a member of our parish community of faith, please call the Parish Office at (310)540-0329 or register online at:

https://www.stlm.org/im-new

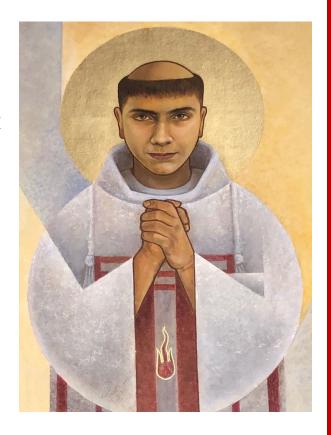
SLM COMMUNITY CELEBRATION

Saturday, August 7, 2021

Come and celebrate the Feast of our Patron Saint St. Lawrence Martyr

4:00 pm Liturgy SLM Church

5:00 pm BBQ Dinner & Music SLM Hall & Courtyard



Food & Grilling provided by: The SLM Referral Group & Men's Cornerstone

All are invited!

Don't miss out on the Food, Fun & Fellowship!



Free Will Offering

Questions: Yvonne Fisher 310.540.0329 x289







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