# ST. LAWRENCE MARTYR CATHOLIC COMMUNITY JUNE 22, 2025 | MOST HOLY BODY AND BLOOD OF CHRIST





Rev. Msgr. Paul Dotson, Pastor

Rev. Charles Balamaze, Associate Pastor | Rev. Msgr. Peter O'Reilly, In Residence

Deacon Don Burt | Deacon Jim Egnatuk | Deacon Dale Sheckler

#### **WEEKEND MASSES**

Saturday 4:00 pm (Sunday Liturgy) Sunday 7:00 am, 9:00 am, 11:30 am, 5:00 pm

**DAILY MASSES** 

Monday - Saturday 8:10 AM Tuesday & Thursday 12:00 PM

**ADORATION CHAPEL** 

 Sunday
 7:00 AM - 6:00 PM

 Monday - Friday
 7:00 AM - 3:30 PM

 Saturday
 8:00 AM - 5:00 PM

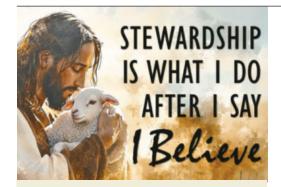
#### **SACRAMENT OF RECONCILIATION**

Saturday 11:00 AM - 12:00 PM

#### **TELEPHONE NUMBERS**

Pastoral Center	310-540-0329
Office for Worship	310-316-0090
Office of Religious Education	310-316-4460
O.C.I.A. for Adults	310-316-0961
St. Lawrence Martyr School	310-316-3049
Youth Ministry/Confirmation	310-316-0466
St. Lawrence Martyr Gift Shop	310-540-0329

To become a member of our community of faith, please stop by or call the Pastoral Center at 310-540-0329 or register online: https://www.stlm.org/im-new



## GIVING TO ST. LAWRENCE MARTYR IS EASY WITH ELEXIO

Forgot your envelope? Are you visiting us today and want to make a ONE TIME GIFT? Want to give to a special collection? Follow these easy and secure steps to Text-to-Give:

- Text GIVE to 424-414-STLM.
- Follow the text instructions to complete your donation.
- Save the number as a contact in your phone to make future giving faster and easier.

You may also give by scanning this QR Code with the camera app on your cellphone or visit STLM.ORG/GIVING



We thank you for your generosity and support of our St. Lawrence Martyr Catholic Community.

#### PASTORAL CENTER HOURS

JUNE 22 - JUNE 30

Sun	6/22	08:00 am - 1:00 pm
Mon	6/23	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm
Tue	6/24	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm
Wed	6/25	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm
Thu	6/26	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm
Fri	6/27	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm
Sat	6/28	Closed
Sun	6/29	08:00 am - 1:00 pm
Mon	6/30	08:30 am - 12:30 pm
		01:30 pm - 04:00 pm

#### PRAYER FOR EVERYDAY

Glory be to God the Father, God the Son, and God the Holy Spirit, who calls us into communion with Him, a life of grace and mystery, reconciliation and unity. Amen. ©LPI

#### Paddle N Praise Was A Hit

Fun was had by all this past Saturday for the inaugural Paddle N Praise (Pickleball) event as our Church joyfully celebrated the Jubilee of Sport! From the very first serve to the final prayer, our parish came together in faith, fellowship, and fun. We opened with a short



reflection and prayer, centering our hearts on Christ, then hit the courts for friendly matches filled with laughter, encouragement, and great spirit. Whether you were a seasoned player or picking up a paddle for the first time, the energy was contagious and the sense of community inspiring.

If you missed it—don't worry! We'll be back on **Saturday, June 28**, for our next session. Come out and be a part of the fastest-growing sport in the country, all while celebrating our faith in a joyful and active way. Bring a friend, your paddle, and your praise—we can't wait to see you there!

#### Men, Do You Feel Called to be a Deacon?

Sunday, July 13, 2-4pm | Diaconate Virtual Information Day

Deacons are called to a threefold ministry in the life of the Church. Their life is one of "word, sacrament, and charity." They are most visibly seen on the altar, proclaiming the Word and being ministers of the cup, but this is just one small part of their ministry. A deacon is primarily called to serve his community, to see a need, and to fulfill it. Our deacons at Saint Lawrence serve in a variety of ministries, from feeding the poor to protecting all life to ministering to the marginalized; they live out that call to serve daily in these ministries. We always need more deacons, so if you feel that you may be called to be a deacon, take some time to speak with one of our deacons.



We encourage you to register by sending your name, parish & pastor's name to Deacon Melecio Zamora (dmz2011@la-archdiocese.org).

#### **Columbaria & Memorial Garden Update**

Yvonne Fisher | yvonne.fisher@stlm.org | 310-540-0329 x289

A Place to Belong...A Place to Remain The Columbaria at SLM provide registered parishioners and their immediate families a special place for the inurnment of our loved ones. Below is a brief update on niche purchases and brick sales.

Category	Total	Sold	Remaining
Indoor Columbarium	178	167	11
Outdoor Columbarium	70	3	67
Memorial Garden Bricks	1,112	522	590



#### **PRAYER REQUESTS**

We pray for all those suffering illness and in need of healing and comfort.

Claude LeBlanc Rudy Bolliger Kirby Tepper Anita Stoddard Nicole Seeger **Owen Staley** Danielle Davis Pat Cottrell Luis Bermudez Aerial Cooper **Thomas Boyer** Margaret Fung Toni Baldwin Shari Smith Joe Will Bishop Joseph Sartoris Mary Sloper Kay Oda Diane Cole Liz Staley John J McGovern Ada Garcia Miguel Garcia Mary Kay Mueller Dennis Beltrame Cecelia Sosa Ryan Kennedy

#### THE FAITHFUL DEPARTED

May all the souls of the recently departed, through the mercy of Christ, rest in peace.

Lydia Dineros Marion Bradshaw Jerome Giangrasso
Mark Appel Gilda Molina Sergio Molina
Peter W. Lancaster Ruben Pulido Mickey Payne
Sharon Leahy Mary Centofante

Eternal Rest Grant Unto Them, O Lord.

#### **SUNDAY READINGS**

**First Reading:** "Blessed be Abram by God Most High, the creator of heaven and earth; and blessed be God Most High, who delivered your foes into your hand." (Genesis 14:19-20)

**Psalm:** You are a priest for ever, in the line of Melchizedek. (Psalm 110)

**Second Reading:** For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. (1 Corinthians 11:26)

**Gospel:** Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. (Luke 9:11b)

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.
The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997,
International Commission on English in the Liturgy Corporation. All rights reserved. ©LPi

#### **WEEKLY READINGS**

Sunday: Genesis 14:18-20, 1 Corinthians 11:23-26, Luke 9:11b-17

Monday: Genesis 12:1-9, Matthew 7:1-5

Tuesday Isaiah 49:1-6, Acts of the Apostles 13:22-26, Luke 1:57-66, 80

Wednesday: Genesis 15:1-12, 17-18, Matthew 7:15-20
Thursday: Genesis 16:1-12, 15-16, Matthew 7:21-29
Friday: Ezekiel 34:11-16, Romans 5:5b-11, Luke 15:3-7

Saturday: Genesis 18:1-15, Matthew 8:5-17

Next Sunday: Acts of the Apostles 12:1-11, 2 Timothy 4:6-8, 17-18,

Matthew 16:13-1



#### **HOLY & HUMAN: LIVES OF THE SAINTS**

O.C.I.A. in Pastoral Center Wednesday, July 2, 7:00 pm ALL ARE WELCOME!



#### **SUNDAY, JUNE 22**

7:00 am | Father's Day Novena

9:00 am | Juana Marin †

11:30 am | Remi & Jocelyne Smith

5:00 pm | Parishioners

#### **MONDAY, JUNE 23**

8:10 am | Father's Day Novena

#### **TUESDAY, JUNE 24**

8:10 am | Peggy Bonach 12:00 pm | Vincent Tan †

#### WEDNESDAY, JUNE 25

8:10 am | Rene Ayala

#### **THURSDAY, JUNE 26**

8:10 am | Deacon Martin Clement † 12:00 pm | Steven Walter Schell †

#### FRIDAY, JUNE 27

8:10 am | Mary Harris

#### **SATURDAY, JUNE 28**

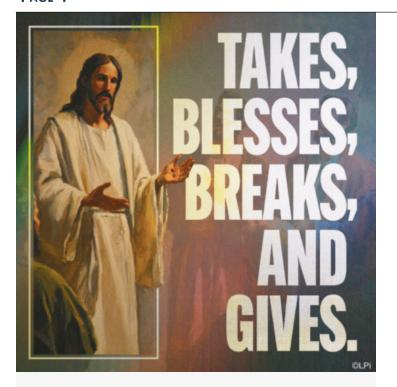
8:10 am | Betsy Barnard Cherotes 4:00 pm | Ted & Marci Dykes †

#### **SUNDAY, JUNE 29**

7:00 am | Hector Llado †
9:00 am | Amy Sabol †
11:30 am | Susan Kent
5:00 pm | Parishioners

(† Deceased)

Parishioners are invited to offer Mass intentions for loved ones, living or deceased. A donation of \$20 is suggested. You may also add your loved one to the Book of Intentions in the church by Mary. Your offering supports our parish and the spiritual work of the Church. Thank you for your generosity.



#### GOSPEL MEDITATION by FR. JOHN MUIR

A Catholic friend of mine occasionally says, "The Eucharist is not a noun. It's a verb." In so saying, he is making the point that the Eucharist isn't simply Jesus' bodily presence given to us in holy Communion. It also manifests the dynamic pattern by which Christ actively loves and saves us. He teaches us to cooperate with that pattern. This Eucharist actually embodies four verbs: Jesus takes, blesses, breaks, and gives. Let's consider each one.

He **takes**: Do we acknowledge that we are totally in God's hands? Do we receive everything in our lives as a gift, and act responsibly with it?

He **blesses**: Do we actively reflect that Jesus makes us holy in our baptism? Do we embrace our bodies and souls as temples of God, worthy of love, peace, and joy?

He **breaks**: Do we run from failure and disappointment, from getting old or being ignored? Are we too worried about getting hurt or sick? Do we embrace our sufferings with confidence?

He **gives**: Are we willing to make our lives a gift for others? Are we confident that we will always have enough love to give to others, that God will always provide enough for us? Do we rejoice in giving away what we have to others, expecting nothing in return? This is the dynamic life the Eucharist empowers us to live. ©LPI

## (PRACTICING) CATHOLIC RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

**Mini Reflection:** Sometimes we forget that we need the Eucharist. It's not just a nice thing to have, a sweet act of devotion, something to bolster our faith. The Eucharist is none of those things. The Eucharist is the food without which we will die.

#### As the Day Was Drawing to a Close

It isn't uncommon for me to get to the noon hour only to realize that I haven't yet eaten anything that day.

It drives my husband crazy. He was raised by a bunch of Italian women, so he can't help but think three meals ahead. And don't get me wrong, I love food — I literally dream of donuts. But some days, I'm just so busy and I keep putting it off until I realize how weak I feel, how light-headed. And I think to myself: Stupid, you've done it again.

This is what comes to mind today, on the Solemnity of the Most Holy Body and Blood of Christ, as I read the Gospel account of the miracle of the loaves and fishes.

I think of hunger, distraction and the poor planning of those who pride themselves on being capable.

"As the day was drawing to a close," it is written — that's when the disciples finally realized that 5,000 hangry people is not an ideal situation.

I wonder, did Jesus roll his eyes when they came to him, and think, "Finally"? At any point he could have pulled out a fish and said a blessing. But he waited for them to ask. He waited for them to realize how badly they needed it.

Sometimes we forget that we need the Eucharist. It's not just a nice thing to have, a sweet act of devotion, a sacramental item that bolsters our faith. The Eucharist is none of those things. The Eucharist is the food without which we will die. The Eucharist is something we must seek out. Remember: the day is drawing to a close.

- Colleen Jurkiewicz Dorman . OLPi



## QUESTIONS OF THE WEEK REFLECT AND RESPOND TO SCRIPTURE

**1st Reading:** In reaction to the thanksgiving meal of bread and wine, Abram generously gave Melchizedek a tenth of his possessions. What could you give back to God this week out of gratitude?

**2nd Reading:** Paul tells us from the very beginning the early Church celebrated the Eucharistic meal as a remembrance of Jesus' death and as central to our faith. How does the Eucharist strengthen your faith?

**Gospel:** The miracle of the feeding of the 5,000 underscores Jesus' desire to feed us. What do you find yourself hungry for today? ©LPI

#### LIVE THE LITURGY

Five loaves and two fish: a measly portion of food for such a large crowd of people. But we must remember that it doesn't matter what the size of our offering is. If we only lay it before Christ, he will take it and make it a mighty bounty. ©LPi

#### Sign Before the Gospel

**Question:** I have been going to Mass for years and have always wondered: why do we make the three signs of the cross before the Gospel?

Answer: Certainly, many people go to Mass or other devotions, doing and saying things out of habit or reverence and not really understanding the reasons behind some of these things. But everything we do has a meaning or purpose that helps us to worship better, proclaim our beliefs, or focus the attention of the people on something that has a greater importance or significance. A review of the meaning of various gestures and practices can help us have a deeper appreciation for what we do.

There is a little prayer that goes with the three crosses before the Gospel: "May the words of the Holy Gospel be on my mind, on my lips and in my heart." In standing to hear the Gospel, we acknowledge that Jesus is present, and the words of the Gospel are addressed to us. All of the gestures and special postures we adopt before the Gospel are intended to help us prepare for hearing the Word as well as act on it. The incense, the Alleluia, the deacon or priest, and the special dialogue and announcement that introduces the Gospel help us focus our attention on the Good News we are about to hear. The three signs of the cross show our desire and good intention to hear and live the Gospel.

## See You in the *Eucharist*



On Friday, June 27 at 7PM, members of the St. Lawrence Martyr Catholic Community and surrounding parishes are going to enjoy an evening of music at SLM's Parish Hall, featuring the Kundirana choir from De La Salle College-Green Hills, Philippines. Concert admission is free, and doors will open at 6:30PM. A free will offering will be taken up during intermission.

These singers will perform such hits as: Love Changes Everything, Sugar Pie Honeybunch, Please Release Me, a bouquet of Philippine classical music (Flor de Manila, O Ilaw, Bituing Marikit, ..), Uptown Girl, One Moment in Time, Mania, Stay With Me, State of the Nation, Ave Maria (Bach-Gounod), La Donna e Mobile, You're Just Too Good To Be True, L'important C'est la Rose, Together in Electric Dreams, We Will Rock You ...

Coordination of this event by Music Ministry is through the parish's *Operations & Events* office, *Communications* office, in cooperation with the *Pastoral Staff;* and the *Cookie Ministry* is providing, well, ... cookies.

Mga Kababayan: If you would like to make a donation toward this event through SLM (for tax deduction purposes), please do so by cash or check (payable to "SLM" indicating "Parish Support 6/27" in the memo line) and submit it to the Pastoral Center office.

Les Rangel-Santos Director of Worship: Liturgy & Music les.rangelsantos@stlm.org

#### SLM GIFT SHOP SUMMER HOURS

Sun | 8:30 AM - 1:00 PM Mon - Thu | Closed

*Open Sundays only Jun 22 - Sep 1* 310-540-0329 x249 | giftshop@stlm.org

#### **VOTIVE CANDLES**

Candles are available at the Pastoral Center or in the Gift Shop. Candles are \$5.00 ea. and stay lit for five days.

#### NO DONUTS THIS WEEK

We look forward to sharing Coffee & Donuts with you in the Fall.

Freewill offerings always greatly appreciated.

#### SOBER, NOT SOMBER

Meeting of Alcoholics Anonymous Sundays | 10:15 AM Pastoral Center (Office)

The meetings are mixed, closed, with handicapped access.

More Info | 310-540-0329 x 545

LA Central Office | 323-936-4343

DON'T DRINK - CALL FIRST

#### BAPTISM MINISTRY

Each baby baptized at SLM receives a free handmade quilt crafted by a lovely parishioner, or a blanket crocheted by our Knitting Ministry.

If you want to support this ministry, you may drop off a monetary donation at the Pastoral Center. Please indicate **Baptism Ministry**.

Interested in volunteering?
Looking for support?



#### CAREGIVERS SUPPORT

Sun, Jun 22, 10:30 AM | Pastoral Center Gathering of people who are directly or indirectly affected by care giving of others. 310-540-0329 x 540

#### MICHELANGELO MINISTRY

Mon, Jun 23, 10:00 AM | Parish Hall Explore the artist within you & be part of a community who love the creative process. 310-540-0329 x 540

#### RESPECT LIFE ROSARY

Mon, Jun 23, 7:00 PM | Parish Hall Dedicated to bringing the message of life to the parish & the world.

310-678-2583 | DaleSheckler@gmail.com

#### NAMI FAMILY SUPPORT

Wed, Jun 25, 7:00 PM | Parish Hall Family Support Group for those with loved ones suffering from mental illness. 310-792-0244

#### CATECHISM & COFFEE

Thu, Jul 3, 9:00 AM | Parish Hall Discussion of the Catechism of the Catholic Church guided by Fr. Charles. 310-540-0329

#### YOUNG ADULT BIBLE STUDY

Thu, Jul 3, 6:00 PM | Pastoral Center Young Adult fellowship and formation guided by Fr. Charles. 310-540-0329

#### LGBT+ (ONE HEART) MINISTRY

Tue, Jul 8, 7:00 PM | Pastoral Center Ministry open to members of the LGBT+ Community, family, friends & allies. Don.Burt@stlm.org

#### ONE IN CHRIST MINISTRY

Wed, Jul 9, 7:00 рм | Pastoral Center A ministry for racial healing and cultural celebration. Come pray with us. 310-540-0329 x 276

#### GRIEF SUPPORT GROUP

Sun, Jul 13, 10:30  $\mbox{AM}\ |\ \mbox{Pastoral Center}$  Group meeting for those mourning the loss of a loved one.

310-540-0329 x 540

#### SPIRITUAL BOOK CLUB

Wed, Jul 16, 10:00 AM | Pastoral Center Small Community of Faith who love reading & discussing books.

## ST. KATERI CIRCLE

310-415-0876

Fri, Jul 18, 6:00 PM | Call for location A Native American prayer group devoted to St. Kateri Tekakwitha. 310-901-2432

#### WOMEN IN TRANSITION

Sun, Jul 20, 10:30 AM | Pastoral Center A group of women supporting each other through life's many transitions. 310-540-0329 x 540

#### READING ROUNDUP

Mon, Jul 21, 10:00 AM | Parish Hall Silently read your own book and then discuss your book, and why you like it! 310-540-0329 x 540

#### F.A.I.T.H. MINISTRY

Thu, Aug 21, 7:00 PM | Parish Hall Supports the victims of human trafficking in the South Bay and Los Angeles County. 310-540-0329 x 380

#### **FAMILY PROMISE**

TBD | Resurrection Lutheran Provide food and food items for families seeking stable housing in the South Bay. 310-428-9123

#### CHRISTIAN FAMILY MOVEMENT

TBD

Small groups discuss topics through the lens of faith and provide support for each other. 310-722-0176

#### ADDITIONAL CONTACTS

#### **Stephen Ministry Message Line**

Christian friend to listen, pray and support you in difficult times. (Confidential) 310-540-0329 x375

#### **Saturday Street Ministry**

Provide food & clothing to homeless in LA. 310-540-0329 x276

#### **Open Arms Ministry**

Friendly visits to home bound parishioners.  $310-540-0329 \times 540$ 

#### Caregivers, Take Time To Care For Yourselves

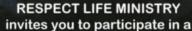
An informal gathering of people whose lives are directly or indirectly affected by their caregiving of parents, children, spouses, or anyone whose lives are directly or indirectly affected by their caregiving. Our group is a safe place where feelings about God, spirituality, and struggles are shared; where issues of isolation and loneliness are addressed; where, as a group, individuals find the courage and strength to continue on; where caregivers teach each other ways to strengthen their relationship with God and with our community.

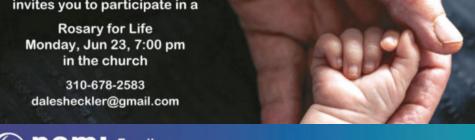
Fourth Sunday of the month @ 10:30 AM in the Parish Center.

#### MICHELANGELO MINISTRY

"Art enables us to find ourselves and lose ourselves at the same time" - Thomas Merton We invite you to .explore the artist within you, to learn to hear the Holy Spirit guiding you towards your creativity. Don't be shy! This is a ministry where the slogan "No experience necessary" holds true and is a socially supportive and safe space to explore, create, and grow. We will learn and laugh and be joyful together through art. And if you just want to show up and paint rocks, this is the place for you! Rocks and paint will always be on hand.

2nd & 4th Monday each month | 10:00 a.m. - 12:00 noon | Parish Hall - upstairs







Family Support Group

#### You are NOT alone

Mental illness affects everyone directly or indirectly through family, friends or coworkers. Join us in a safe, confidential environment to share your experiences and learn from others. We are a FAMILY Support Group for those with loved ones suffering from mental illness. (Please note that this group is for loved ones, not for those with Mental Illness). Fourth Wednesday of the month @ 7:00 PM.

Kim Sheckler or Tracy Ayotte | familytofamilystlm@gmail.com | 310-792-0244



Join us for a cup of coffee as we chat about our Faith and the Catechism of the Catholic Church. A round table discussion guided by Fr. Charles where we discuss various topics of interest. We meet the first Thursday of every month at 9 am in the Parish Hall. Questions/topics may be sent in advance to catechism.coffee@gmail.com.

LET'S GROW TOGETHER IN OUR FAITH

# YOUNG ADULT MINISTRY BIBLE STUDY Join us in the Pastoral Center at 6:00 PM every 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month as we break open the Word and have honest conversations about our faith. ALL YOUNG ADULTS WELCOME!

#### **SLM SCHOOL SCRIP**

Tue & Thu | 8:00 AM - 2:45 PM 310-316-3049

Closed for Summer beginning Jun 13

Still available from the Parish Office during the Summer.

#### PRAYER SHAWLS

Shawls and blankets available to give to anyone who needs an uplift. The shawls and blankets are free of charge and available in the Pastoral Center.

#### F.A.I.T.H. MINISTRY

The F.A.I.T.H. (Freedom & Intervention for the Trafficking of Humans) Ministry supports the victims of human trafficking in the South Bay and in Los Angeles County.

We are collecting toiletry items for victims of human trafficking. The items can be dropped off at the Pastoral Center during normal business hours.

faith.ministry@stlm.org 310-540-0329 x 380

#### **FOOD PANTRY**

Saturday | 8 AM - 10 AM 1st Sunday | 8 AM - 11 AM

We prepare bags of groceries for individual families and sack lunches given to the homeless. For a list of preferred donations please visit www.stlm.org/giving-back.

**Monetary donations** may be given online through Elexio Giving, mailed or dropped in the Pastoral Center mail slot. Please indicate **Food Pantry**.

Thank you for your ongoing generosity as we continue to serve those in need. 310-540-0329 x 276

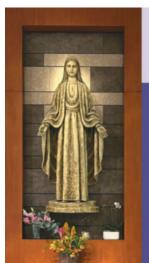


#### SAFEGUARD THE CHILDREN: EXPLAINING SEXUAL ABUSE TO SCHOOL-AGED CHILDREN

School-aged children should be taught about the dangers of sexual abuse, and the signs of risky situations that could lead to potential abuse. Sexual abuse and exploitation does not only happen through in-person touch; it can happen online or through the phone as well. For this reason, it's important that children know what is and is not okay for adults and others to do. Risky situations can include being asked to send photos, or being contacted by someone you don't know online. For more information, read the VIRTUS® article "Sharing Developmental, Age-Appropriate Information with Children" at lacatholics.org/did-you-know/.









# Monthly Rosary First Monday of each Month

Monday, July 7, 7:00 pm In the Church

All Are Welcome!

#### St. Lawrence Martyr 70th Anniversary Memory Wall

We want to hear your stories!
Help us celebrate the spirit of
St. Lawrence by sharing your
favorite photos, videos, and
memories of our Parish. Just go online
to upload your pictures or videos and
answer a few optional questions—or
share a special memory.

Submissions are open until July 11th!





St. Lawrence Martyr Wednesday, July 16, 2025 10:00 am - 4:00 pm

Give blood July 15 to 31 for a Fandango Movie Reward by email to see a movie on us! rcblood.org/July

HOSTED BY SLM WOMEN'S MINI RETREAT
Sisters at the () ell





#### July 19, 2025 | 8:30 am - 11:00 am

FACILITATOR: LINDY WYNNE OPEN TO ALL WOMEN PARISHIONERS

RETREAT SCHEDULE

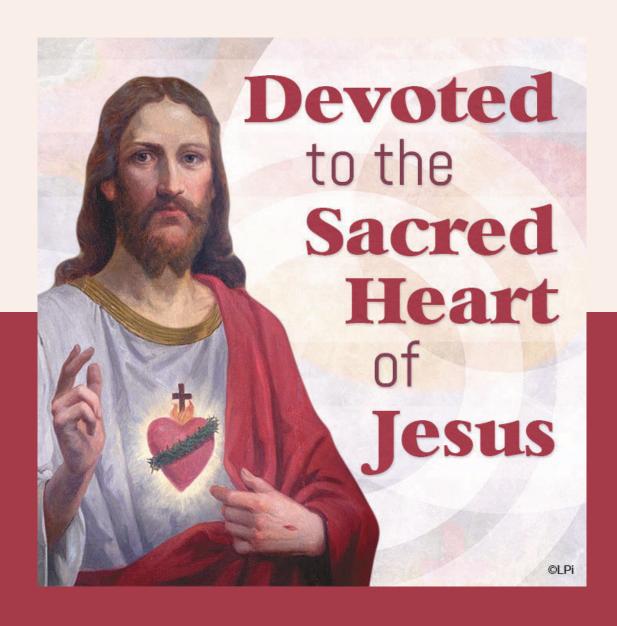
8:10 am Mass (optional)
8:30 am Doors open for sign-in

and Breakfast. Breakfast will still be available after Mass.

9 - 11 am Retreat

11:00 am Reconciliation (optional)

DONATIONS ACCEPTED AT THE DOOR



Bring before the Heart of Christ your most painful and fragile parts, those places in your life where you feel stuck and blocked. Let us trustfully ask the Lord to listen to our cry, and to heal us!

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