

## **What do I do now that I am Confirmed?**

By being Confirmed in the Catholic church it is a big step in one's faith journey. You are now strengthened by the Holy Spirit and called to live as a full member of the Catholic Church. Here are a few examples on how to live out your faith as a newly Confirmed Catholic!

### **Living Out Your Faith**

- Make time for daily prayer, even if it is a short prayer. Jesus wants to hear from you!
- Go to Mass regularly! Every Sunday is an obligation but also an opportunity to fall more deeply into your faith.
- Go to Reconciliation, Jesus knows we are all not perfect and He understands that but by confessing our sins we can become more in tune with Him!

### **Serving Others**

- Volunteer at different parish events or within different Ministries!
  - Volunteer to be a Children's Ministry Helper. Contact [susan.mills@stlm.org](mailto:susan.mills@stlm.org)
  - Volunteer to be a Confirmation Leader. Contact: [youthministry@stlm.org](mailto:youthministry@stlm.org)
  - Volunteer to be a Bridge Leader. Contact [kacie.riordan@stlm.org](mailto:kacie.riordan@stlm.org)
  - Volunteer to be a Hospitality Minister. Contact [eve.moir@stlm.org](mailto:eve.moir@stlm.org)
- Help the community by serving those in need!
- Be Kind and Compassionate toward every, especially those who may be lonely or feel left out
- Use your talents & energy to make a difference for others

### **Growing Spiritually**

- Read the Bible & reflect on how God speaks through it!
- Join Youth Nights (Contact [youthministry@stlm.org](mailto:youthministry@stlm.org))
- Learn more about the saints & ask your Confirmation Saint to intercede for you!

### **Living as Role Model**

- Live as a role model by making good choices & standing up for my Faith even when it is hard
- Be a positive example to younger kids
- Live in the way that Jesus did