

# 2025-2026 Year 1 Confirmation Expectations

## ➤ **Attend Confirmation Sessions**

- Teens must attend confirmation sessions throughout the year
  - Cannot arrive late or leave early. Arriving 10 mins late will be considered an absence & leaving early will be considered an absence
- Sunday sessions include 5pm Mass; attendance for session & Mass is required.
  - Teens will sign-in for session & sign-out after Mass
  - If you regularly attend another Mass as a family, consider coming to the 5pm Mass when we have Sunday sessions; *teens attending another Mass does **not** excuse them from this requirement*
  - If a teen does not attend Sunday Mass with us on the Sundays we meet, this counts as an absence and must be made up

## ➤ **Attend 3 Life Nights throughout the year**

- We will be offering youth ministry nights each month. Teens will need to attend 3 of these throughout the year.

## ➤ **Service Reflection Form due Wednesday, April 1, 2026** (located on [www.stlm.org/confirmation](http://www.stlm.org/confirmation))

- **10 hours of service; 5 hours must be at St. Lawrence Martyr**

## ➤ **Night of Faith – Friday, November 14<sup>th</sup> at 6-8PM**

## ➤ **Year 1 Mini Retreat – Tuesday, March 10<sup>th</sup> – 4:00-8:45 PM**

- Must be there for the entire retreat (can't arrive late or leave early)
- **Teens are required to attend the *entire* retreat.** If you foresee a scheduling conflict, let me know ASAP. Any teens unable to attend our retreat will need to attend a Y1 retreat with a different parish.

## ➤ **Sponsor Verification Form Due Monday, Dec 1, 2025** (located on [www.stlm.org/confirmation](http://www.stlm.org/confirmation))

## ➤ **Attend 1 Youth Event** (*you're encouraged to attend more than 1!*)

- *Feb. 19, 2026: Youth Day at Anaheim Convention Center*
- *Inspiration Life Teen Event: Date TBD (Spring 2026)*

## **Attendance**

It is imperative that candidates attend sessions to grow in their faith community. If 1 session is missed, a teen must attend a Life Night (in addition to the 3 required Life Nights throughout the year). If a teen misses more than 1 session, even if they've attended a Life Night to make-up, we will need to have a meeting to discuss attendance issues.



## Choosing a Sponsor

An important part of the Confirmation Process is to choose a sponsor. This is someone who guides the candidate throughout their faith journey, aside from their parents.

***Because of the connection between the sacraments of Baptism & Confirmation, teens are encouraged to invite their godparent to be their Confirmation sponsor.***

If a Baptismal Godparent is not available, teens should choose someone who they are comfortable talking about their faith with.

### ***Sponsor Requirements:***

- at least 16 years old - has also received the Sacrament of Confirmation
- attends Sunday Mass weekly & receives Holy Communion
- a person of prayer; they have spoken about or indicated an understanding of the importance of prayer.
- strives to follow Jesus by serving others.
- a person of integrity who is willing to speak up and stand up for what is right even in the face of opposition - encouraging the candidate to do the same.
- a person candidates feel comfortable with – able to share freely with them and discuss their faith with one another.
- **should be available for certain Rites - especially present at the Sacrament of Confirmation**

## **Office of Youth Ministry Hours**

*Due to the nature of our schedule, our hours are subject to change & vary seasonally.*

*Typical office hours when confirmation sessions are taking place are:*

**Tues, Wed, Sun 12pm-8pm;  
Monday & Thursday 9am-6pm  
(OFF Fri-Sat)**

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