

## **High School Confirmation**

### **Saint Name Assignment**

One of the aspects of preparing to receive the Sacrament of Confirmation is to choose a Saint name for yourself. The Saint that you chose will be someone you can call on throughout your life to intercede for you in a special way and should have some significance to you.

To help make this process more meaningful, you are expected to research as many Saints as you would like and choose one that you feel called to. This might be something in the Saint's life that interests you, something that you relate to, or possibly what that Saint is the patron saint of. Regardless of why, choose someone that means something to you.

After deciding upon a Saint, you are to write a one-page paper following the directions below.

The Saint that you chose **must be a canonized saint by the Catholic Church.**

#### **Format of the Paper**

- 12-point font
- Double Spaced
- May be longer than one page, but please include at least a page.

#### **What does the paper need to include?**

1. A description of the Saint's life
  - When did he/she live?
  - Where did he/she live?
  - What did he/she do during their life?
  - When were they canonized?
  - What miracles were attached to the saint?
  - What are they the patron saint of?
  - Please do not simply answer the questions above but instead focus on telling the story of the saint's life.
2. A description of why you chose the Saint
3. A prayer that you can use that relates to the Saint in some way.