# Sacred Heart Catholic Church

A ROMAN CATHOLIC CHRISTIAN COMMUNITY OF FAITH, WORSHIP, AND SERVICE



344 W. Workman St., Covina 91723 + (626) 332-3570 + www.sacredheart.cc + facebook.com/sacredheart.cc + twitter.com/sacredheart.cc

#### **PARISH CENTER OFFICE HOURS**

MON - THURS 9:00am to 9:00pm SAT 9:00am to 5:00pm + SUN 8:00am to 4:00pm (Office closed 12:30pm to 1:30pm everyday for Lunch)

CLOSED ALL DAY FRIDAY

**Emergency Sick Calls Anytime** 

#### **Pastor**

Rev. William T. Easterling, V.F.

#### **Pastor Emeritus**

Rev. Msgr. Brian Cavanagh

#### **Priest Associates**

Rev. James Kelly Rev. Albert Avenido

#### **Deacons**

Dn. Ron Butler Dn. Jim Allgaier

## Read the bulletin online at www.sacredheart.cc

Ministerios en Español: Padre Bill y Padre Albert

#### **MASS SCHEDULE**

#### **Sunday Liturgy in English:**

- 5:30pm Saturday evening
- 6:30am + 9:30am\*
- 11:00am + 12:30pm
- 5:30pm LIFE TEEN MASS

#### Liturgia Domincal en ESPAÑOL:

• 8:00am\*

#### Weekday Masses Monday - Friday in English:

• 8:15am + 5:30pm

#### Saturday morning Mass: 8:15am

#### \*Mass for the Sick and Homebound

SUNDAY at 9:30am in English and 8:00am in Spanish Masses are provided on our YouTube & Facebook channels and webpage: www.sacredheart.cc

\*Mass for the Sick and Homebound is provided on Sundays only for those who are very seriously ill or homebound for mayor health issues.

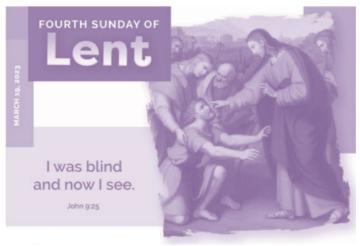
#### **CONFESSION SCHEDULE**

Every Friday 7:15pm to last person in the Parish Church









# Please pray...

for those who are <u>sick</u>, and their families, that they will feel God's presence and know his love, especially:

Angela Martinez
Raymond J. Patua, Jr.
Joyce Macias
Yolanda Olivarez
Irene James
Julissa Millan

Gary So Chi-Kwan Maddalena Riboli Jose Luis Torres Ailee Vivar

**Please pray** for those who have **special needs**, and their families, that they will feel God's presence and know his love. **Specially**,

Gonzalez Family, Urrea Family, Ruby Rojo Family, Hotaling Family Romeo J. Carrion, Rosa Tan, Teresa Mendoza, Macias Family

#### **Please Pray for the Soul of:**

# RODOLFO BELLEZA, OTILIA BECERRA ALFONSO ERNESTO MONTES

Their funeral Masses were held at Sacred Heart Church.

May they rests in the peace of the Lord.

#### **Bulletin Announcement Deadline**

All announcements for the bulletin *must* be submitted no later than <u>noon on Tuesday</u>. Announcements may be dropped off to the Parish Center or emailed to bulletin@sacredheart.cc. All announcements are subject to approval and space permitting for publishing.

# PARISH CENTER SPECIAL HOURS Holy Thursday + Good Friday + Holy Saturday + Easter Sunday

The most holy days of the Church year are called the Triduum, and consist of: Holy Thursday + Good Friday + Holy Saturday and then by extension Easter Sunday, this period is also called the Easter Triduum. It is important that all Christians spend these days in prayer, reflection and study of the Scriptures.

To better provide for that and to better set an example to all the faithful we are going to close our parish offices early those three days (Holy Thursday + Good Friday & Holy Saturday) to allow our staff and volunteer leadership the proper time for prayer.

#### PARISH CENTER SPECIAL HOURS Holy Thursday, April 6

Parish Center closes at 12:00noon

Good Friday, April 7
Parish Center closes at 12:00noon

Holy Saturday, April 8
Parish Center closes at 12:00noon

Easter Sunday, April 9
Parish Center CLOSED ALL DAY

On Easter Sunday we will close all day, to allow our staff to spend this beautiful day with their families. We all deserve this day of Resurrection as a family day, to love and support our families. We will reopen for regular hours on Easter Monday (the day after Easter).

#### Earthquake Help:

#### Turkey and Syria Earthquake How to Help

Pope Francis with the United States Conference of Bishops and Archbishop Jose Gomez of our Los Angeles Archdiocese invite us to assist the many victims of the two large earthquakes that have struck southern Turkey and northern Syria on Feb. 8<sup>th</sup> (7.8 quake) and again on Feb. 20<sup>th</sup> (6.3 quake).

Contributions may be made directly through the Archdiocese as follows:

Check payable to: Society for Propagation of the Faith Check memo: Turkey/Syria natural disaster

Mail to: Society for Propagation of the Faith

Archdiocese of Los Angeles 3424 Wilshire Blvd., 3<sup>rd</sup> Floor Los Angeles, CA 90010

Thank you very much for any assistance you can give to the thousands upon thousands of families left homeless. Please remember in your prayers the more than 60,000 who have died, pray to heal the injured, for comfort to families and for the courage of first responders.

#### PARISH ANNOUNCEMENTS

#### HOLY THURSDAY COMMUNION BOTH FORMS

#### Mass of the Lord's Supper THE FIRST MASS

The Mass of the Lord's Supper on Holy Thursday evening begins the three day prayer of the Easter Triduum. Each day is unique with Holy Thursday's Mass of the Lord's Supper celebrating the institution of the Eucharist and thus the Priesthood. It is the anniversary of the "First Mass".

As we celebrate that Jesus instituted the Eucharist, that is he gave us the gift of his <u>real</u> Body and Blood, we wish to offer you the opportunity to receive both forms: the Body and the Blood of our Lord Jesus Christ at this Mass. <u>It is totally optional</u>. We realize that many miss this expression of the Eucharist and that they especially hunger to receive from the cup (that is the Blood of Christ) on this very holy night when we celebrate the institution of the Eucharist, the incredible gift of the <u>true</u> Body and Blood of Christ offered to us at Mass.

Because of Covid the cup (Blood of Christ) has not been offered at Mass and we will continue to abstain from the cup at all other Masses; EXCEPT for the Mass of the Lord's Supper on Holy Thursday when we will offer the Blood of Christ as **an option**, it is **not required**, please choose what is most comfortable for you.

Father Bill, Pastor

#### ANNIVERSARY OF THE PRIESTHOOD

As Holy Thursday also celebrates the institution of the Priesthood, this year we celebrate our parish priests for their years of ordination upcoming in 2023:

Msgr. Brian Cavanagh, ordained 65 years

**Fr. Jim Kelly,** ordained 40 years, with a special anniversary celebration on June 4<sup>th</sup>

Fr. Albert Avenido, ordained 28 years

Fr. Bill Easterling, ordained 41 years

For a grand total of 174 years of priestly ministry here at Sacred Heart

Our parish priests thank our parish deacons who assist us in ministry and rejoice that they celebrate this year:

**Dn. Ron Butler,** ordained 21 years **Dn. Jim Allgaier,** ordained 7 years



## COMUNIÓN DE JUEVES SANTO EN AMBAS FORMAS

#### Misa de la Cena del Señor LA PRIMERA MISA

La Misa de la Cena del Señor en la noche del Jueves Santo comienza la oración de tres días del Triduo Pascual. Cada día es único con la Misa de la Cena del Señor del Jueves Santo que celebra la institución de la Eucaristía y, por lo tanto, el Sacerdocio. Es el aniversario de la "Primera Misa".

Mientras celebramos que Jesús instituyó la Eucaristía, es decir, nos dio el don de su Cuerpo y Sangre reales, deseamos ofrecerles la oportunidad de recibir ambas formas: el Cuerpo y la Sangre de nuestro Señor Jesucristo en esta Misa. Es totalmente opcional. Nos damos cuenta de que muchos echan de menos esta expresión de la Eucaristía y que tienen hambre especial de recibir del cáliz (que es la Sangre de Cristo) en esta santísima noche en que celebramos la institución de la Eucaristía, don increíble del verdadero Cuerpo y Sangre de Cristo ofrecida a nosotros en la Misa.

Debido a Covid, la copa (Sangre de Cristo) no se ha ofrecido en la Misa y continuaremos absteniéndonos de la copa en todas las demás Misas; EXCEPTO para la Misa de la Cena del Señor el Jueves Santo cuando ofreceremos la Sangre de Cristo como una opción, no es obligatorio, elija lo que le resulte más cómodo.

Padre Bill, Pastor

#### ANNIVERSARY OF THE PRIESTHOOD

As Holy Thursday also celebrates the institution of the Priesthood, this year we celebrate our parish priests for their years of ordination upcoming in 2023:

Monseñor Brian Cavanagh, Ordenado hace 65 años

Padre Jim Kelly, ordenado hace 40 años, con una celebración especial el 4 de junio en su aniversario

Padre Albert Avenido, ordenado hace 28 años

Padre Bill Easterling, ordenado hace 41 años

Por un total de 174 años de ministerio sacerdotal aquí en la Iglesia del Sagrado Corazón

Nuestros sacerdotes agradecen también a nuestros diáconos quienes nos ayudan en nuestro ministerio y se regocijan en celebrar este año a:

Dn. Ron Butler, ordenado hace 21 años Dn. Jim Allgaier, ordenado hace 7 años

#### PARISH ANNOUNCEMENT

Parish Family Lenten Gathering

# Soup & Jesus

Fridays at 6:15pm In Cavanagh Hall March 10th, 17th, 24th, 31st

(Followed By Confessions)

We invite everyone to a simple Lenten soup meal and an encouraging message. This is a family ministry open to all age No need to sign up, free admission.

If you would like to donate or be part of our Lenten Team email: Anitra Gil Director of Evangelize and Formation anitra@sacredheart.co

Ladies, we care about you and your family. Life is tough, your not alone. We all need support, prayer, and Jesus. We invite you to gather with us!



#### 7:00PM **Tuesdays**

In the Parish Center (Sister Chapel) This gathering is free, open to all women No need to sign up. Bring a friend. -Childcare Provided-

For info email anitra@sacredheart.cc



#### LIFE NIGHT SCHEDULE

Sacred Heart Youth Events are open to ALL high school students. Students DO NOT need to be in the Sacred Heart Confirmation program in order to attend.

## SUNDAYS AT 7:00PM - 8:30 PM **CAVANAGH HALL**

MARCH 12TH MARCH 26TH APRIL 16TH



Sacred Heart Youth Ministry

#### March 21st , 2023 8:00am - 8:00 pm

Join us to support your organization all day by placing an order with us at

**West Covina location from** 8:00 am to 8:00 pm and 20% of sales will be donated accordingly. Don't forget to mention "Sacred Heart Youth Ministry" upon ordering or including "Spirit Night" in the comment section when placing a pick-up or delivery order from the Chick-fil-A app.

We cannot wait to see you!





200 S. Vincent Ave. West Covina, CA 91790

#### SCHEDULE OF SERVICES FOR: HOLY WEEK 2023

Join us for the most beautiful week of the year, the most spiritually powerful week: HOLY WEEK

#### PALM SUNDAY (April 2):

Vigil Mass: Saturday (April 1) 5:30pm Sunday Masses: 6:30, 9:30, 11:00am & 12:30pm, plus 5:30pm Youth Mass [8:00am SPANISH Mass] There will be a simple blessing of Palms before all Masses.

# MONDAY, TUESDAY AND WEDNESDAY OF HOLY WEEK: Masses at 8:15am and 5:30pm

#### **HOLY THURSDAY (April 6):**

No morning Mass; the only Mass of the day at 7:30pm: 7:30pm Concelebrated Mass of the Lord's Supper, followed by Eucharistic Adoration until Midnight

#### **GOOD FRIDAY (April 7):**

12 Noon – English Stations of the Cross + 1:30pm – Spanish Stations of the Cross

3:00pm – English Solemn Liturgical Service\*+ 6:15pm – Spanish Solemn Liturgical Service\*

8:00pm – English Solemn Liturgical Service\*

\*The Solemn Liturgical Service includes the Lord's Passion, Veneration of the Cross and Holy Communion

#### **HOLY SATURDAY (April 8):**

9:30am......Blessing of bread/food 8:00pm Solemn Celebration of the Great Easter Vigil + The First Celebration of Easter

This Mass is the only Mass today; the most spiritually powerful Mass of the year, it is about 3 hours.

Please see the EASTER SCHEDULE for Easter Sunday – thank you!

#### HORARIO DE SERVICIOS PARA: SEMANA SANTA 2023

Únase a nosotros para la semana más hermosa y más poderosa espiritualmente: SEMANA SANTA

#### **DOMINGO DE RAMOS (2 de abril):**

Vigilia: Sábado (1 de abril) 5:30pm Misas dominicales: 6:30, 9:30, 11:00am. y 12:30pm., Misa para jóvenes a las 5:30pm. [Misa en ESPAÑOL de 8:00 a. m.] Habrá una simple bendición de Ramos antes de todas las Misas.

#### LUNES, MARTES Y MIÉRCOLES DE SEMANA

SANTA: Misas a las 8:15am y 5:30pm

#### JUEVES SANTO (6 de abril):

La única Misa del día es a las 7:30pm: Esta Misa concelebrada de la Cena del Señor, es seguida de la Adoración Eucarística hasta la medianoche

#### VIERNES SANTO (7 de abril):

12:00 – Vía Crusis en inglés + 1:30 pm – Vía Crusis en español

3:00pm – Servicio Litúrgico Solemne en Inglés\* 6:15pm – Servicio Litúrgico Solemne en Español\*

8:00pm – Servicio Litúrgico Solemne en Inglés\*

\*El Servicio Litúrgico Solemne incluye la Pasión del Señor, la Veneración de la Cruz y la Sagrada Comunión

#### SÁBADO DE GLORIA (8 de abril):

9:30am......Bendición del pan/alimentos 8:00 Celebración Solemne - Gran Vigilia de Pascual + Primera Celebración de Pascua. Esta Misa es la única Misa del día; es la misa más espiritualmente y poderosa del año, dura aproximadamente 3 horas.

Por favor vea el HORARIO DE PASCUA para el Domingo de Pascua - ¡gracias!

# **Sacrament of Reconciliation PENANCE SERVICES 2023**

A large number of priests will be available to hear confessions at these local Penance Services. We invite you to prepare for the celebration of Easter at one of these prayer services with individual confession.

#### CONFESSIONS + COMMUNIAL PENANCE SER-VICES WILL BE HELD IN CHURCH AT

St. Dorothy, Glendora + Monday, March 20 at 7:00pm

St. Christopher + Wednesday, March 22 at 7:00pm

St. Frances of Rome, Azusa + Monday, March 27 at 7:00pm

SACRED HEART, COVINA + Tuesday, April 4 at 7:00pm

St. Louise de Marillac, Covina + Wednesday, April 5 at 7:00pm

#### Additional Confessions at SACRED HEART for Sick, Shut-ins and Elderly

To better assist our brothers and sisters who have difficulty driving at night, those that are elderly, homebound and/or sick – including their caregivers - we offer two periods of afternoon confessions:

Tuesday, March 28, from 3:00pm to 4:00pm Thursday, March 30, from 3:00pm to 4:00pm

It would be a great blessing and show tremendous respect for our Sick, Shut-ins and Elderly to reserve these times for their spiritual needs. Thank you very much.

No Confessions at <u>Sacred Heart</u> Parish after April 4<sup>th</sup>
No Confessions at any local parish after April 5<sup>th</sup>
No Confessions on Good Friday, April 7<sup>th</sup>
No Confessions on Holy Saturday, April 8<sup>th</sup>

#### **EASTER MASS SCHEDULE**

#### MISAS PARA EL DOMINGO DE PASCUA

We welcome you and your family and friends and neighbors to join us for Easter Sunday Mass. Our schedule for Easter 2023, includes a total of 11 Masses.

#### HOLY SATURDAY EASTER VIGIL April 8, 2023 + 8:00pm

One of the most ancient traditions of the Church is the celebration of the Easter Vigil on Holy Saturday night. There is no Mass that morning, only this magnificent liturgy late in the evening, near to or just after nightfall (darkness). This ancient and unique Mass lasts about 3 hours and includes blessings done only once a year and only at this Mass. It is considered the most important and most holy Mass of the Church year. Come and join us for the "First Celebration of Easter, The Great Easter Vigil". And yes it counts for Sunday!

#### EASTER SUNDAY April 9, 2023

On Easter Sunday we will have 7 Masses in the parish church (5 in English & 1 in Spanish) plus 4 additional Masses in Cavanagh Hall (3 in English & 1 in Spanish). Masses in the Hall are most beautiful and spiritually uplifting with spectacular decorations and music, equal to any in the church, but a smaller congregation and plenty of extra seating. Our Easter Sunday schedule is:

#### **ENGLISH MASSES**

Church:	6:30am	Hall:	8:00am
	9:30am		9:35am
	11:00am		11:05am
	12:30pm		
	5 20 <sup>1</sup>		

5:30pm

#### **SPANISH MASSES**

Iglesia: 8:00am Salón: 12:30pm

You, your family and friends and neighbors are we come at any and all our Easter Masses.



Le invitamos a usted y a su familia, amigos y vecinos a que se unan a nosotros en la Misa del Domingo de Pascua. Nuestro horario para la Pascua de 2023 incluye un total de 11 Misas.

#### SÁBADO DE GLORIA, VIGILIA PASCUAL 8 de abril de 2023 a las 8:00pm

Una de las tradiciones más antiguas de la Iglesia es la celebración de la Vigilia Pascual en la noche del Sábado Santo. No habrá misa esta mañana, solo esta magnífica liturgia por la tarde, justo al anochecer (oscuridad). Esta Misa antigua y única tiene una duración de aproximadamente 3 horas e incluye bendiciones realizadas solo una vez al año y solo en esta Misa. Es considerada la Misa más importante y más santa del año de la Iglesia. Vengan y únanse a nosotros para la "Primera Celebración de Pascua, La Gran Vigilia Pascual". Y sí, cuenta como Misa de domingo!

#### DOMINGO DE PASCUA 9 de abril de 2023

El Domingo de Pascua tendremos 7 Misas en la iglesia (5 en inglés y 1 en español) además 4 Misas adicionales en Cavanagh Hall (3 en inglés y 1 en español). Las misas en el Salón son bellas y espiritualmente estimulantes con decoraciones y música espectaculares, iguales a cualquiera en la iglesia, pero con una congregación más pequeña y muchos asientos adicionales. Nuestro horario de Domingo de Pascua es el siguiente:

#### MISAS EN INGLÉS

Iglesia:	6:30 am	Salón:	8:00 am
	9:30 am		9:35 am
	11:00 am		11:05 am
	12:30 pm		
	5:30 pm		

#### MASAS EN ESPAÑOL

Iglesia: 8:00am Salón: 12:30pm

Usted, su familia, amigos y vecinos son bienvenidos a todas y cada una de nuestras Misas de Pascua



#### HOLY WEEK ~ SEMANA SANTA

# TRIDUUM + THE THREE DAYS Holy Thursday + Good Friday + Holy Saturday Mass of the Lord's Supper + Passion + The Great Easter Vigil

#### YOU ARE INVITED

Each of these three days, known as the TRIDUUM, is one celebration of Passion, Death & Resurrection. In the life of the Church there are no other days more important, no other time as special as the TRIDUUM. It is one celebration, one liturgy, one act of worship that is three days long celebrating the most special and most holy days of our Christian faith.

On **Holy Thursday** we celebrate the Mass of the Lord's Supper with the Washing of the Feet and then procession of the Eucharist to an Altar of Repose (in Hall) where we are invited to remain in adoration till midnight. All this recalls Our Lord's Last Supper, giving us the Eucharist, washing the feet of the Disciples, and His agony in the garden. When the Blessed Sacrament is removed at midnight we are reminded of His arrest.

On **Good Friday**, the Passion reaches its climax in the death of Jesus on the Cross. We mourn, we ache, we enter into the pain, sadness and fear of Mary the Mother of God and that of the Disciples.

On **Holy Saturday**, at first we wait, still accompanying Mary and the Disciples in their pain and confusion. Then in the darkness of Holy Saturday night we celebrate the Resurrection of the Light of the World who dispels all darkness. In the light, we Baptize, we Confirm and we celebrate First Eucharist with new members of our Catholic-Christian faith.

Of these three days no one day is more important. Each day is an important part of one celebration of hope, peace and eternal life. The Eucharist of Holy Thursday gives us hope. His death on Good Friday gives Him peace and us the promise of His peace. The Resurrection of Holy Saturday night gives us eternal life. Without any one of these there cannot be any of the others.

Good Friday is a very popular day as the sufferings of Christ have touched lives of so many people. The highpoint of Good Friday spiritually is the celebration of the Solemn Liturgical Service and within that service the Passion Gospel of John, the Veneration of the Cross and Holy Communion. Please remember that Good Friday is more complete, more meaningful when we celebrate Holy Thursday and the Great Easter Vigil of Holy Saturday.

We invite you to celebrate with us the whole TRIDU-UM. Come join us for one worship, one prayer, in the one Lord and one Church. Please accompany our parish family throughout our celebration of Holy Thursday & Good Friday & Holy Saturday.

Father Bill, Pastor

#### EL TRIDUO + LOS TRES DIAS Jueves Santo + Viernes Santo + Sábado de Gloria Misa de la Cena del Señor + Pasión + La Gran Vigilia Pascual

#### ESTAN TODOS INVITADOS

Cada uno de estos tres días, conocido como el TRID-UO, es una celebración de Pasión, Muerte y Resurrección. En la vida de la Iglesia no hay otros días más importantes, ningún otro momento tan especial como el TRIDUO. Es una celebración, una liturgia, un acto de adoración que dura tres días celebrando los días más especiales y santos de nuestra fe cristiana.

El Jueves Santo celebramos la Misa de la Cena del Señor con el Lavatorio de los Pies y luego la procesión de la Eucaristía a un Altar de Reposo (en el Salón) donde estamos invitados a permanecer en adoración hasta la medianoche. Todo esto recuerda la Última Cena de Nuestro Señor, dándonos la Eucaristía, lavando los pies a los Discípulos, y Su agonía en el huerto. Cuando se retira el Santísimo Sacramento a la medianoche, se nos recuerda Su arresto.

El Viernes Santo, la Pasión alcanza su clímax con la muerte de Jesús en la Cruz. Lloramos, nos duele, entramos en el dolor, la tristeza y el temor de María la Madre de Dios y de los Discípulos.

El Sábado Santo, al principio esperamos, acompañando aún a María y a los Discípulos en su dolor y confusión. Luego en la oscuridad de la noche del Sábado Santo celebramos la Resurrección de la Luz del Mundo que disipa toda oscuridad. En la luz, Bautizamos, Confirmamos y celebramos la Primera Eucaristía con nuevos miembros de nuestra fe católica.

De estos tres días, ningún día es más importante. Cada día es una parte importante de una celebración de esperanza, paz y vida eterna. La Eucaristía del Jueves Santo nos da esperanza. Su muerte el Viernes Santo le da a Él la paz y a nosotros la promesa de Su paz. La Resurrección de la noche del Sábado Santo nos da la vida eterna. Sin ninguno de estos días no puede haber ninguno de los otros.

El Viernes Santo es un día muy popular ya que los sufrimientos de Cristo han tocado la vida de tantas personas. El punto culminante del Viernes Santo espiritualmente es la celebración del Servicio Litúrgico Solemne y dentro de ese servicio el Evangelio de la Pasión de Juan, la Veneración de la Cruz y la Sagrada Comunión. Recuerden que el Viernes Santo es más completo, más significativo cuando celebramos el Jueves Santo y la Gran Vigilia Pascual del Sábado Santo.

Te invitamos a celebrar con nosotros todo el TRIDUO. Ven y únete a nosotros para una adoración, una oración, en un Señor y una Iglesia. Acompañe a nuestra familia parroquial durante nuestra celebración del Jueves Santo, Viernes Santo y Sábado Santo.

Padre Bill, Pastor

#### PARISH ANNOUNCEMENTS

#### **Special Collection:**

#### Support Catholic Jail Chaplains HOLY THURSDAY April 6th

On Holy Thursday there normally is not a collection during the "Mass of the Lord's Supper". However, we will again this year follow a very beautiful custom in our parish and will have a collection at the regular offertory time, the entire collection to support the ministry of Catholic Chaplains in the county jails and camps throughout the Archdiocese of Los Angeles. Local governments do not support the chaplains, we are the only help they have.

A fully trained and credentialed team of lay chaplains staff our many incarceration facilities, sometimes serving even 2 or 3 sites each. And each is assisted by a team of volunteers who teach religion, share our faith and prepare men & women plus boys and girls for sacraments.

The only source for salaries and materials for religion classes, the only means to buy hosts and other Mass needs is you.....without your help there would be no Catholic presence in our county jails, in which about 50% of the population is Catholic.

As we mark the night in which Our Lord was arrested it is especially meaningful to support those who bring Our Lord to the men, women and youth in our county jails. Plus our Catholic Chaplains also reach out to the victims of crime and minister to them; your donation will help bring God's peace and love to victims as well as those in jail.

Thanks to the loving support of our other parish priests, Father Bill celebrates Mass at the Los Angeles Central Juvenile Hall (CJH) every third Sunday of the month at 8:00am; as a volunteer. When needed Father Bill also hears confessions and counsels youth there.

There are 23 youth camps and jails in the County of Los Angeles, plus many adult institutions --- they are hurting for priests to provide Mass just once a week. Please support the lay chaplains and lay volunteers who do such much in the absence of a priest. Please help them in the example of Jesus the prisoner and victim.

# RETROUVAILLE OF LOS ANGELES Need marriage help?

Retrouvaille is a program designed to help struggling marriages regain their health. It helps a husband and wife rediscover or reawaken the love, trust and commitment that originally brought them together. The next weekend is: March 31<sup>st</sup> - April 2<sup>nd</sup> 2023. 909-900-5465 www.Helpourmarriage.org

#### **FAST & ABSTINENCE DURING LENT**

Ancient tradition has regarded Wednesdays & Fridays as PENITENTIAL DAYS. This comes in part from our observance of Ash Wednesday and Good Friday.

For centuries Church law has supported this ancient tradition by requiring us to:

# ABSTAIN from meat on all Fridays of Lent and Ash Wednesday......

That is meat from any warm-blooded animals, thus no beef, lamb, pork, chicken, turkey, etc. etc. *It is obligatory for healthy persons age 14-60 & strongly encouraged for all healthy people*. You can however enjoy any cold-blooded animals, such as fish, frog, snake or lizard, etc.

# FAST, we are required to fast on: Ash Wednesday & Good Friday

FAST means to eat less than half what we would normally eat in a day, that is the minimum requirement of the law and of our ancient tradition; thus to eat 49% or less of what you normally eat each day. It is obligatory for healthy persons age 14-60 & strongly encouraged for all healthy people.

Optional ABSTINENCE every Friday of the year for WORLD PEACE: While we are expected to abstain from meat on Fridays of Lent, Pope St. John Paul II asked us to voluntarily abstain from meat (or some other culturally significant food) every Friday of the year as a voluntary offering of prayer through abstinence for WORLD PEACE.

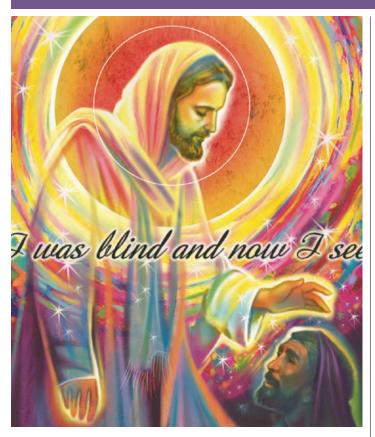
The spirit of both our law and tradition is to eat more simple meals every Friday of Lent and Ash Wednesday. It is not the spirit of our faith to enjoy expensive meals of shrimp and lobster on these days.....the idea is to unite us with the poor of the world who have so much less than we do.

Meat was once a symbol of wealth, but today there are many sea foods that are more expensive. The true spirit of the law and tradition is to eat more simple foods, less expensive.....the poor of the world cannot afford a hamburger, so we give it up.....but they cannot afford shrimp either.....so why not give it up too. Eat simply, so others may simply eat.

This helps us to respect, love and treat with dignity the poor of the world, who are our brothers & sisters, our family. In drawing closer to the poor, we draw closer to God, and to His whole family. This is a very holy moment, not a sacrifice, but a joyful union with God and His/our family in need throughout the world.

Father William T. Easterling, Pastor

#### **READINGS FOR THIS WEEK**



#### LECTURAS DE HOY

**Primera lectura** — Samuel ungió a David para ser rey (1 Samuel 16:1b, 6-7, 10-13a).

**Salmo** — Mi pastor es el Señor; nada necesitaré (Salmo 23 [22]).

**Segunda lectura** — Levántense de entre los muertos, hijos de la luz (Efesios 5:8-14).

**Evangelio** — De esto estoy seguro: Yo era ciego pero ahora puedo ver (Juan 9:1-41 [1, 6-9, 13-17, 34-38]).

#### LECTURAS DE LA SEMANA

Lunes: 2 Sm 7:4-5a, 12-14a, 16; Sal 89 (88):2-5,

27, 29; Rom 4:13, 16-18, 22; Mt 1:16, 18-

21, 24a o Lc 2:41-51a

**Martes**: Ez 47:1-9, 12; Sal 46 (45):2-3, 5-6, 8-9;

Jn 5:1-16

**Miércoles**: Is 49:8-15; Sal 145 (144):8-9, 13cd-14,

17-18: Jn 5:17-30

**Jueves**: Ex 32:7-14; Sal 106 (105):19-23;

Jn 5:31-47

**Viernes**: Sab 2:1a, 12-22; Sal 34 (33):17-21, 23;

Jn 7:1-2, 10, 25-30

**Sábado**: Is 7:10-14, 8:10; Sal 40 (39):7-11;

Heb 10:4-10; Lc 1:26-38

**Domingo**: Ez 37:12-14; Sal 130 (129):1-8; Rom 8:

8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

#### TODAY'S READINGS

First Reading — As the prophet Samuel anointed David with oil, the spirit of the LORD rushed upon David (1 Samuel 16:1b, 6-7, 10-13a).

**Psalm** — My shepherd is the Lord; I shall not want (Psalm 23).

**Second Reading** — You who were once darkness are now light in the Lord. Live as children of light (Ephesians 5:8-14).

**Gospel** — The man who was blind from birth proclaimed: The one called Jesus made clay with his saliva, anointed my eyes with it, and told me to wash. When I washed, I was able to see!

(John 9:1-41 [1, 6-9, 13-17, 34-38])

#### READINGS FOR THE WEEK

Monday: 2 Sm 7:4-5a, 12-14a, 16; Ps 89:2-5, 27, 29;

Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or

Lk 2:41-51a

Tuesday: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

Wednesday: Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18;

Jn 5:17-30

Thursday: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

Friday: Wis 2:1a, 12-22; Ps 34:17-21, 23;

Jn 7:1-2, 10, 25-30

Saturday: Is 7:10-14, 8:10; Ps 40:7-11; Heb 10:4-10;

Lk 1:26-38

Sunday: Ez 37:12-14; Ps 130:1-8; Rom 8:8-11;

Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

#### **SEEING THE LIGHT**

Our Lenten journey continues this Sunday as we hear of Jesus healing a blind man in the Gospel of John. Jesus proclaims himself the light of the world, a light that overcomes darkness and enables a new capacity to see. The man, blind from birth, was able to begin his path to sight by first acknowledging his blindness. We are reminded of God's ongoing invitation to us to journey from blindness to sight. We begin by acknowledging our own capacity for "blind spots," and so open ourselves to uncomfortable truths and to God's healing. We are invited to see beyond appearances, as the reading from Samuel indicates, and to look into the heart of things. We are invited to "live as children of light" as the letter to the Ephesians teaches. Like the man healed from blindness, we may gradually learn to see fully and to follow Jesus.

#### **CHARITY**

If you truly want to help the soul of your neighbor, you should approach God first with all your heart. Ask him simply to fill you with charity, the greatest of all virtues; with it you can accomplish what you desire.

-St. Vincent Ferrer



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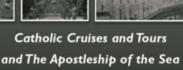
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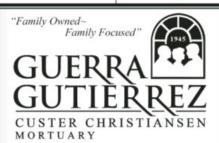


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#### **Parish Center & Parish Offices**

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	www.sacredheart.cc	(626) 332-3570	Fax	(626)	967-4884	
	Business Manager Pastoral Council Finance Committee Bulletin Editor Bulletin articles, send to:	Fernando Torres Cindy Boulais Fernando Torres José de la Rosa bulletin@sacredhea	art.cc	(626)	332-3570 332-3570 332-3570 332-3570	
	Parish School					
	Claudia Tice, Principal	www.shs.cc			332-7222	
	Parish Departments & Ministry of:					
	Director of Elementary & Junior High Formation	Christy Murcia-Ch Christy@sacredhear			331-7914	
	Director of Youth & Young Adult Formation	Melinda Evangelist melinda-E@sacredhe		С	331-7914	
	Worship Coordinator	Father Bill			332-3570	
	Adult Formation Coordinator	Tania Romo		(626)	525-1767	
	Director of Evangelization and Formation	Anitra Gil		(213)	585-9272	
	Business Admin	Fernando Torres			332-3570	
	Liturgical Ministries					
	Altar Care Altar Servers	Marie Puga		(626)	221-4396	
	Music Director Music Leader	Maria Singrist			374-2410 485-0773	
	Lectors	Maria Siegrist Ron Arcieniega			332-3570	
	Liturgical Environment	Ed & Carmen Anic	eto	(818)	640-2960	
	Ministers of the Altar	Helene Maietta			332-3570	
	Ministers to the Sick	Leo & Merly Inguit	to		332-3570	
	Usher Coordinator	Frank Reynoso			332-3570	
Outreach Ministries						
	Bereavement	Karen McCurdy & Ke	n Nels	son	332-3570	
	ESGV Homeless Shelter	Gus Corona			641-9714	
	Get On The Bus	Robert Martinez		(626)	374-0794	
	Our Daily Bread St. Vincent de Paul	Susan Cole Priscilla Dimitruk		(626)	375-3895 339-7580	
	St. Vincent de Faul	1 115CHIA DIIIIII UK			339-7360	

# Ruth Queija Parish Organizations

**Marisela Gutierrez** 

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Knights of Columbus
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Fernando Torres	332-3570
John Petersen	814-9915
pr	

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Rev. William T. Easterling, V.F. FrBill@sacredheart.cc (626) 913-1681 Pastor



Rev. Msgr. Brian Cavanagh Pastor Emeritus



Rev. James Kelly
Associate Pastor



Rev. Albert Avenido FrAlbert@sacredheart.cc Associate Pastor

#### SACRAMENTS/DEVOTIONS

**Baptisms:** Most Sundays. Mandatory Baptism Preparation Class first Thursday of every month. Deadline to register is two weeks prior to the class. Please contact the Parish Center for further information.

**Marriages:** Congratulations! Please contact the Parish Center to meet with a priest or deacon at least six months prior to the intended date of marriage.

**Priesthood & Religious Life:** Young men and women interested in becoming a priest or a religious sister, or deacon, please call Father Rill

**Anointing of the Sick: First Saturday of the month,** after the 8:15am Mass. If you or someone you know needs a visit because they have become seriously ill, call the Parish Center at any time.

**Sacraments of Adult Initiation:** If you are an adult interested in joining the Catholic Church or completing your sacraments, call the RCIA (Rite of Christian Initiation of Adults) Please contact Tania Romo, at (626)525-1767 or go to our website at www.sacredheart.cc.

**Sacrament of Reconciliation:** Confession are every Friday from 7:15pm to the last person, in the Parish Church.