

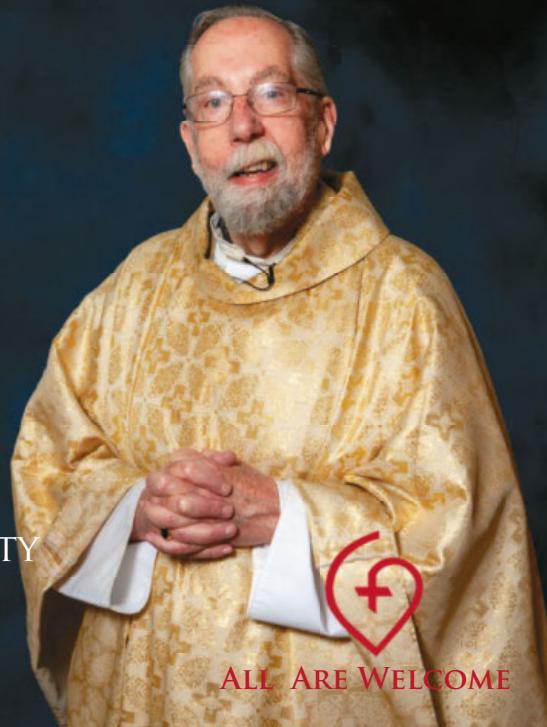
# Sacred Heart Catholic Church

A ROMAN CATHOLIC CHRISTIAN COMMUNITY OF FAITH, WORSHIP, AND SERVICE

HAPPY 40<sup>TH</sup> ANNIVERSARY OF  
ORDINATION TO THE PRIESTHOOD

REV. JAMES J. KELLY  
“FATHER JIM”

THE FEAST OF THE MOST HOLY TRINITY  
JUNE 4, 2023



**344 W. Workman St., Covina 91723 + (626) 332-3570 + [www.sacredheart.cc](http://www.sacredheart.cc)**  
**[facebook.com/sacredheart.cc](https://www.facebook.com/sacredheart.cc) + [twitter.com/sacredheartcc](https://twitter.com/sacredheartcc)**

#### **PARISH CENTER OFFICE HOURS**

MON - THURS 9:00am to 9:00pm  
SAT 9:00am to 5:00pm + SUN 8:00am to 4:00pm  
(Office closed 12:30pm to 1:30pm everyday for Lunch)

CLOSED ALL DAY FRIDAY

**Emergency Sick Calls Anytime**

#### **Pastor**

Rev. William T. Easterling, V.F.

#### **Priest Associates**

Rev. James Kelly  
Rev. Albert Avenido

#### **Deacons**

Dn. Ron Butler  
Dn. Jim Allgaier

**Read the bulletin online at**  
[www.sacredheart.cc/bulletin](http://www.sacredheart.cc/bulletin)

**Ministerios en Español:**  
Padre Bill y Padre Albert

#### **MASS SCHEDULE**

##### **Sunday Liturgy in English:**

- 5:30pm - Saturday evening
- 6:30am + 9:30am\*
- 11:00am + 12:30pm
- 5:30pm LIFE TEEN MASS

##### **Liturgia Dominical en ESPAÑOL:**

- 8:00am\*

##### **Weekday Masses Monday – Friday in English:**

- 8:15am + 5:30pm

##### **Saturday morning Mass:** 8:15am

##### **\*Mass for the Sick and Homebound**

SUNDAY at 9:30am in English and 8:00am in Spanish  
Masses are provided on our YouTube & Facebook  
channels and webpage: [www.sacredheart.cc](http://www.sacredheart.cc)

**\*Mass for the Sick and Homebound** is provided on  
Sundays only for those who are very seriously ill or  
homebound for major health issues.

#### **CONFSSION SCHEDULE**

Every Friday 7:15pm to last person in the Parish Church





## Please pray...

for those who are sick, and their families,  
that they will feel God's presence and  
know his love, especially:

**Antonio Lua  
Bill Consolo  
Frank Parra  
Alicia Rivera  
Elba Rios  
Porfirio Gonzalez**

**Elena Campos-  
Romero  
Delia Neacato  
Onanda Neacato  
Silvia Caballero**



### Please Pray for the Soul of: **CARMEN CAZARES, JORGE HERNANDEZ**

Her funeral Mass was held  
at Sacred Heart Church.  
May she rests in the peace of the Lord.

Please pray for those who have **special needs**,  
and their families, that they will feel God's  
presence and know his love. **Specially,**

**Gonzalez Fam., Urrea Fam., Ruby  
Rojo & Fam., Donald Woodward, Jr.,  
Ethana Abigail Gil, Andres Silva,  
Yendy Duarte Beltran**

### **Bulletin Announcement Deadline**

All announcements for the bulletin **must** be submitted  
no later than **noon on Tuesday**. Announcements may  
be dropped off to the Parish Center or emailed to [bulletin@sacredheart.cc](mailto:bulletin@sacredheart.cc). All announcements are subject to  
approval and space permitting for publishing.

### **ON THE COVER**

Sacred Heart children received their First  
Communion on May 20, 2023 at 10:00 am.

## **STEWARDSHIP**

*"Bring the Tithes into the treasure...put me to the proof, says the Lord of Hosts, and see if I do not open windows in the sky and pour a blessing on you as long as there is a need."*

**Returning to Communion in Both Forms**

**Host, the Body of Christ  
Cup, the Blood of Christ**

*Feast of the Body and Blood of Christ  
CORPUS CHRISTI FEAST*

JUNE 11, 2023

**Receiving communion from the cup  
will always be optional.**

On this beautiful feast our parish will return to the custom of offering the cup to all those at Mass. It is optional, but will be provided for those who choose. Our hope is to be able to offer the Blood of Christ at every regularly scheduled Mass, Sundays and weekdays beginning with Sunday, June 11<sup>th</sup> (thus Sat. June 10<sup>th</sup> 5:30pm).

We will re-start this magnificent option with 4 cup stations at Sunday Masses. We return to our pre-Covid communion routes with the hosts stations as follows: 2 in center aisle plus 1 at each short side aisle as we have done for over 20 years. As you return to your seat using the long side aisles, the cup stations will be located at the bend of the communion rail, 2 on each side as we have done for over 20 years.

Pre-Covid we had 6 cup stations, but we are going to re-start slow offering 4 to begin with. As in the past the cup will be wiped with a purificator by the communion minister after each person. The host is **ALWAYS** received first.

The reverent procedure remains the same in receiving the cup. The minister says "The Blood of Christ" and you respond "Amen" – then you take the cup securely in both hands and take a very small sip after which you return the cup in a safe and dignified manner to the lay minister.

We are excited to return to this beautiful and spiritually powerful custom of offering the faithful the Blood of Christ. God bless you!

Father Bill, Pastor

## PARISH ANNOUNCEMENT

### Starting May 28: Communion Changes After Covid

On May 11<sup>th</sup> the US government lifted the public health emergency regarding Covid. The World Health Organization (WHO) had done so the week before. Therefore there will be some changes in the administration of Holy Communion starting Sunday, May 28<sup>th</sup> (starting at the 5:30pm Mass on Sat., May 27<sup>th</sup>).

Expectations are that from now on the effect of Covid on the US population annually will be 70,000 Covid cases a year and 11,000 Covid deaths a year; equal to an exceptionally bad flu attack.

The reason we are delaying the changes till the May 28<sup>th</sup> weekend, is to give you this information a week ahead of the changes so that you will be better informed of the changes and of the personal decisions you wish to make.

#### GENERAL CHANGES

1. The hand sanitizer stands at all the doors will continue to be available, use is optional and encouraged.
2. There is no longer any need to wear masks, but you are free to do so if you wish.

#### COMMUNION CHANGES

3. All communion stations will continue to have sanitizer gel available in case the communion minister (priest, deacon or lay) feels a need to use it. Currently all communion ministers are required to use the gel every time a person receives by mouth. Starting May 28<sup>th</sup> the minister will no longer be so required, but is free to use the gel if they think it is needed after any individual communicant may have invaded their personal space.
4. Communion ministers are currently required to wear a face mask. Starting May 28<sup>th</sup> this will no longer be required, it will be optional only.

#### NO CHANGE

5. All communion ministers including our clergy are now and will continue to be required to use sanitizer gel when they come up to the altar just before communion. For years now we have kept a gel dispenser on each credence table for communion minister to use when they come up and that will continue. Gel is also available at the altar for the clergy. It is a onetime use before we administer communion to the faithful. This practice will continue.

We pray these changes will benefit us all moving forward. We thank you for your kind and loving cooperation through the Covid years and for your understanding of these changes.

Father Bill, Pastor

### A partir del 28 de mayo: Cambios en la Comunión Después de Covid

El 11 de mayo el gobierno de los Estados Unidos levantó la emergencia de salud pública por el Covid. La Organización Mundial de la Salud (OMS) lo había hecho la semana anterior. Por lo tanto, habrá algunos cambios en la administración de la Sagrada Comunión a partir del domingo 28 de mayo (comenzando con la Misa de las 5:30 pm del sábado 27 de mayo).

La expectativa es que a partir hoy el efecto de Covid en la población de USA será anualmente de 70,000 casos de Covid al año y 11,000 muertes de Covid al año; igual al de un ataque de gripe excepcionalmente grave.

La razón por la que retrasamos los cambios hasta el fin de semana del 28 de mayo es para brindarles esta información una semana antes de los cambios para que estén mejor informados de los cambios y pare que tomen decisiones personales que deseen tomar.

#### CAMBIOS GENERALES

1. Los desinfectantes de manos en todas las puertas seguirán estando disponibles, su uso es opcional pero recomendado.
2. Ya no es necesario usar máscaras, pero pueden hacerlo si lo desean.

#### CAMBIOS DE COMUNIÓN

3. Todos los lugares en donde se da la comunión seguirán teniendo gel desinfectante disponible en caso de que el ministro de la comunión (sacerdote, diácono o laico) sienta la necesidad de usarlo. Actualmente, todos los ministros de comunión son requeridos en usar el gel cada vez que una persona la reciba por vía oral. A partir del 28 de mayo, al ministro no se le require, pero puede usar el gel si cree que es necesario después de que cualquier comulgante haya invadido su espacio personal.
4. Actualmente, los ministros de la Eucaristía deben usar una máscara facial. A partir del 28 de mayo ésto ya no será obligatorio, será solo opcional.

#### NINGÚN CAMBIO

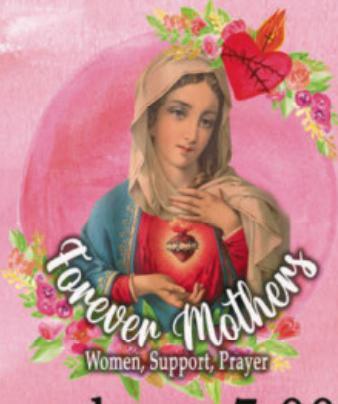
5. Todos los ministros de la Eucaristía, incluyendo a nuestro clero, deben y seguirán usando el gel desinfectante cuando se acercan al altar justo antes de la comunión. Durante años hemos mantenido un dispensador de gel en cada mesita para que el ministro de comunión lo use cuando se presenten y eso continuará. Gel también está disponible en el altar para el clero. Es un uso único antes de administrar la comunión a los fieles. Esta práctica continuará.

Oramos para que estos cambios nos beneficien a todos en el futuro. Le agradecemos su amable y amorosa cooperación durante los años de Covid y su comprensión de estos cambios.

Padre Bill, Pastor

## PARISH ANNOUNCEMENT

Ladies, we care about you and your family.  
Life is tough, you're not alone.  
We all need support, prayer, and Jesus.  
We invite you to gather with us!



Tuesdays 7:00PM

In the Parish Center (Sister Chapel)  
This gathering is free, open to all women  
No need to sign up. Bring a friend.

For info email [anitra@sacredheart.cc](mailto:anitra@sacredheart.cc)



### SOCIETY OF ST. VINCENT DE PAUL BUNDLE SUNDAY

St. Vincent de Paul Bundle Sunday truck is here today in the parish parking lot from 8:00am to 2:00pm. We need your support! Remember to bring any useable items that will help the needy. For larger items including furniture, appliances, and vehicles, please phone (323) 224-6280 or (800) 974-3571 for home pickups.  
We thank you for your generosity.

# Festival of Ministries

All Parish Ministries and our Parish School will host information tables.  
Come and see what our parish has to offer you.

- Saturday June 10th  
(after the 5:30pm mass)
- Sunday June 11th  
(after every mass  
6:30am, 8:00am, 9:30am,  
11am, 12:30pm, & 5:30pm)  
Open to all.

Join us in Cavanagh Hall for

- Music
- Hot dogs & Sodas
- Family Photo Booth
- "Fun Tables"

hosted by our  
Parish Ministries  
and our Parish School.

For more information email: [anitra@sacredheart.cc](mailto:anitra@sacredheart.cc)

**Regresando a la Comunión en Ambas Formas  
Hostia, el Cuerpo de Cristo  
Copa, la Sangre de Cristo**

*Fiesta del Cuerpo y Sangre de Cristo  
FIESTA DEL CORPUS CRISTI  
11 DE JUNIO DE 2023*

**Recibir la comunión de la copa  
siempre será opcional.**

En esta hermosa fiesta, nuestra parroquia volverá a la costumbre de ofrecer la copa a todos los que estén en Misa. Es opcional, pero se proporcionará a quienes lo deseen. Esperamos poder ofrecer la Sangre de Cristo en cada misa programada regularmente, los domingos y entre semana a partir del domingo 11 de junio (así también, el sábado 10 de junio a las 5:30 p.m.).

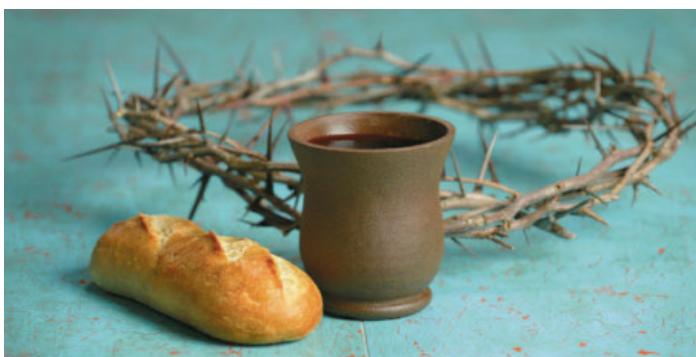
Reanudaremos esta magnífica opción con 4 estaciones en las Misas Dominicales. Regresamos a nuestras rutas de comunión pre-Covid con las estaciones de la siguiente manera: 2 en el pasillo central más 1 en cada pasillo lateral corto como lo hemos hecho durante más de 20 años. Cuando regresen a su asiento por los pasillos laterales, las estaciones con las copas estarán ubicadas en la curva del riel de comunión, 2 en cada lado como lo hemos hecho durante más de 20 años.

Antes de Covid teníamos 6 estaciones de tazas, pero vamos a reiniciar lentamente ofreciendo 4 para empezar. Como en el pasado, el ministro de la comunión limpiará la copa con un purificador después de cada persona. El hostia SIEMPRE se recibe primero.

El procedimiento reverente sigue siendo el mismo al recibir la copa. El ministro dice “La Sangre de Cristo” y usted responde “Amén” – luego toma la copa firmemente con ambas manos y toma un sorbo muy pequeño después de lo cual devuelve la copa de manera segura y digna al ministro laico.

Estamos contentos en regresar a esta hermosa y espiritualmente poderosa costumbre de ofrecer la Sangre de Cristo a todos los fieles. ¡Que Dios los bendiga!

Padre Bill, Pastor



**Did you know? May 27-28  
Review swimming safety rules**

If your children will be cooling off at local pools or the beach this summer, it is time to review some basic water safety rules. Make sure your children have been taught the basics of swimming and water survival skills and review those skills before you send them off. When you go to pools or the beach, consider appointing a rotating water watcher — an adult in charge of watching the water to make sure all the children are safe at all times. For more tips, visit <https://www.safekids.org/tip/swimming-safety-tips>.

**Sabía Usted? 27-28 de mayo  
Revisar las reglas de seguridad para nadar**

Si sus hijos se van a refrescar en las piscinas locales o en la playa este verano, es hora de revisar algunas reglas básicas de seguridad en el agua. Asegúrese de que a sus hijos se les hayan enseñado los conceptos básicos de natación y de supervivencia en el agua y repase esas habilidades antes de enviarlos. Cuando vaya a las piscinas o a la playa, considere designar a un vigilante de agua rotativo —un adulto a cargo de vigilar el lugar de natación para asegurarse de que todos los niños estén seguros en todo momento. Para obtener más consejos, visite <https://www.safekids.org/tip/swimming-safety-tips>.



### Informe Sobre la Salud del Padre Bill

Mi salud en general es excelente. Mi corazón, pulmones y análisis de sangre son excelentes. Sin embargo, he tenido varios problemas ortopédicos graves que me han dejado incapacitado temporalmente y con mucho dolor debido a nervios pinzados; incapaz de caminar sin la ayuda de un andador y a veces, con una silla de ruedas.

El 3 de marzo de 2022 me operaron de la columna la cual fue muy exitosa. Tuve estenosis espinal y la recuperación fue buena, excepto que surgió un problema ortopédico nuevo y completamente diferente en julio de 2022.

Después de extensos estudios, los médicos han determinado que mi defecto congénito me persigue ya por muchos años después. La buena noticia es que hay una solución: el reemplazo de la cadera derecha el 3 de julio de este año. Se espera que pase de 1 a 2 noches en el hospital y camine sobre ella el mismo día después de una cirugía de 2 horas realizada por 2 médicos.

El problema actual de los nervios pellizcados es doloroso incluso cuando estoy sentado, pero mucho peor al caminar o estar de pie. Me quita una gran cantidad de energía todos los días, lo que hace que no esté muy disponible. Espero con ansias la curación que proporcionará la cirugía.

Al nacer, les dijeron a mis padres que nunca caminaría. A la edad de 6 meses comencé a usar aparatos ortopédicos en mis piernas y di mi primer paso justo antes de cumplir 5 años. Desde entonces, he tenido que usar algún tipo de calzado o dispositivo correctivo, pero puedo caminar. Y sobre todo doy gracias a Dios!

Desafortunadamente, este defecto de nacimiento también significará que en los años venideros posiblemente necesite reemplazar mi cadera izquierda y ambas rodillas. ¡Afortunadamente, la medicina moderna está lista para mí!

Después de la cirugía del 3 de julio tendré que tener cuidado especial las primeras 8 semanas, después tendré fisioterapia. Afortunadamente, la Arquidiócesis nos brinda un excelente seguro. No estaré disponible durante todo julio y posiblemente más.

Naturalmente, estoy emocionada pero asustado, feliz pero nervioso. Sobre todo confío en el Señor Jesucristo y creo en el poder de la oración.

Gracias por sus oraciones por mi recuperación el año pasado y de antemano les agradezco sus oraciones por mi próxima cirugía. Usted y todas nuestras familias parroquiales están en mis oraciones.

Padre Bill Easterling, Párroco

### Father Bill Health Issues

My overall health is great. Heart, lungs, blood work are all outstanding. However I have had several serious orthopedic issues that have left me temporarily disabled and in a great deal of pain because of pinched nerves; unable to walk without assistance of a walker and at times a wheelchair.

On March 3, 2022 I had spine surgery that was very successful. I have spinal stenosis and the recovery went very well, like clockwork, except that a new and entirely different orthopedic issue arose in July 2022.

After extensive studies the doctors have determined that my birth defect is haunting me these many years later. The good news is that there is a solution: I will have right hip replacement surgery on July 3<sup>rd</sup> of this year. It is expected that I will spend 1 to 2 nights in the hospital and be walking on it the same day following a 2 hour surgery performed by 2 doctors.

The current issue of pinched nerves is painful even when sitting but much worse when walking or standing. It takes a great deal of energy out of me daily resulting in my not being very available to others. I look forward to the healing the surgery will provide.

At birth my parents were told I would never walk. Beginning at the age of 6 months I wore braces on my legs and took my first step just before my 5<sup>th</sup> birthday. Ever since I have had to wear some form of corrective shoes or devices, but I walk. And most of all I thank God!

Unfortunately, however, this birth defect will also mean that in the years to come I will possibly need to also replace my left hip and both knees. Thankfully modern medicine is ready for me!

Following the July 3<sup>rd</sup> surgery I will have to be especially careful the first 8 weeks. During that time and after I will have physical therapy. Thankfully the Archdiocese provides us with excellent insurance. I will be unavailable for all of July and possibly longer.

Naturally I am excited yet afraid, happy yet nervous. Most of all I trust in the Lord Jesus Christ and believe in the power of prayer.

Thank you for your prayers for my recovery the past year and in advance I thank you for your prayers for my next surgery. You and all our parish families are in my prayers.

Father Bill Easterling, Pastor

## SPECIAL ANNOUNCEMENT



*Sacred Heart Church*  
A Roman Catholic Christian Community of Faith, Worship and Service

344 W. Workman St.  
Covina, CA 91723

E-mail: admin@sacredheart.cc  
Web Site: sacredheart.cc

Tel: (626) 332-3570  
Fax: (626) 967-4884

*Our Parish Family Joyfully Invites you Join Us In A  
Celebration of Our Associate Pastor's 40<sup>th</sup> Anniversary of  
Ordination to the Priesthood*

*Rev. James J. Kelly  
FATHER JIM*

*Will Celebrate a Mass of Thanksgiving  
Sunday + June 4, 2023  
12:30pm*

*Sacred Heart Catholic Church  
Covina*

*Reception following in  
Cavanagh Hall*



*Actual date of ordination: June 18, 1983  
Celebrating the Ruby (40<sup>th</sup>) Anniversary on  
June 4, 2023 + The Feast of the Most Holy Trinity*

*Attending Clergy Please Wear White Stoles*

## LECTURAS PARA ESTE DOMINGO

### Primera Lectura:

“El Señor, Señor, Dios compasivo y clemente, paciente, misericordioso y fiel .”  
(Éx 34:6)

### Salmo:

¡Gloria y alabanza por siempre! (Dn 3:52b)

### Segunda Lectura:

La gracia del Señor Jesucristo, el amor de Dios y la comunión del Espíritu Santo sean con todos vosotros. (2 Corintios 13:13)

### Evangelio:

Porque Dios no envió a su Hijo al mundo para condenar al mundo, sino para que se salve el mundo gracias a él. (Juan 3:17)

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### LAS LECTURAS DE LA SEMANA

**Domingo:** Ex 34, 4-6. 8-9/Dn 3, 52. 53. 54. 55. 56  
(52)/2 Co 13, 11-13/Jn 3, 16-18

**Lunes:** Tob 1, 3; 2, 1-8/Sal 111, 1-2. 3-4. 5-6/  
Mc 12, 1-12

**Martes:** Tob 2, 9-14/Sal 111, 1-2. 7-8. 9/  
Mc 12, 13-17

**Miércoles:** Tob 3, 1-11. 16-17/Sal 24, 2-3. 4-5. 6 y 7.  
8-9/Mc 12, 18-27

**Jueves:** Tob 6, 10-11; 7, 1. 9-17; 8, 4-9/  
Sal 127, 1-2. 3. 4-5/Mc 12, 28-34

**Viernes:** Tob 11, 5-17/Sal 145, 1-2. 6-7. 8-9. 9-10/  
Mc 12, 35-37

**Sábado:** Tob 12, 1. 5-15. 20/Tob 13, 2. 6. 7. 8/  
Mc 12, 38-44

### LAS CONMEMORACIONES DE LA SEMANA

**Domingo:** La Santísima Trinidad

**Lunes:** San Bonifacio, obispo y mártir

**Martes:** San Norberto, obispo

**Viernes:** San Efrén, diácono y doctor de la Iglesia

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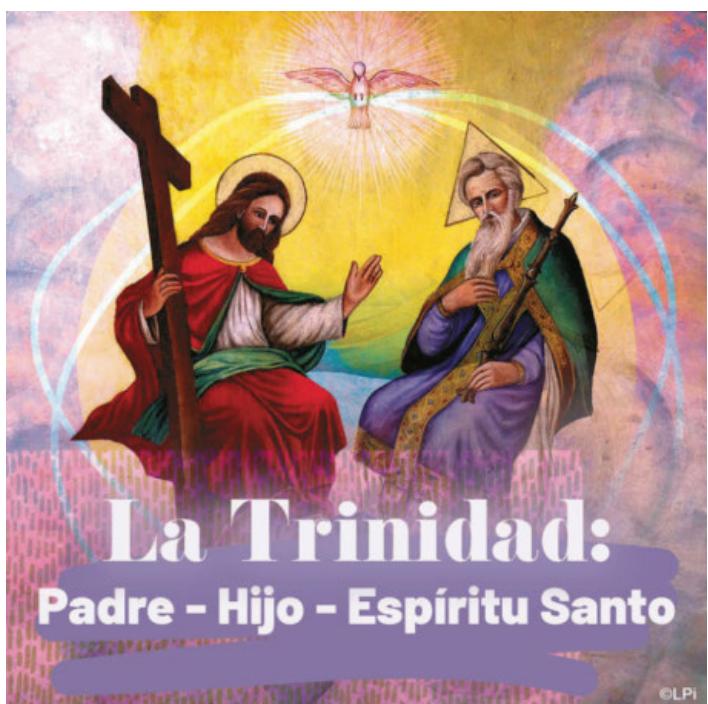
### VIVIR LA LITURGIA

En esta Solemnidad de la Santísima Trinidad, se nos recuerda animarnos unos a otros, mostrarnos afecto y apoyo. ¿Podemos hacerlo? ¿Podemos hacerlo en nuestras interacciones diarias, en nuestras familias? ¿Podemos incluso hacerlo en las redes sociales?

### La Santísima Trinidad

Gloria al Padre, al Hijo y al Espíritu Santo. Como era en el principio, ahora y siempre, por los siglos de los siglos. Amén. Esta oración la hemos aprendido desde niños. La rezamos al finalizar las oraciones. Es una alabanza a la divinidad, especialmente a la Trinidad. Tres personas distintas y un solo Dios verdadero. Diversidad y unidad al mismo tiempo. Creemos todo esto porque Jesús mismo nos lo reveló, y en diferentes pasajes de la Sagrada Escritura, se ha manifestado la Trinidad. Dios rebasa nuestra inteligencia y supera la capacidad de entendimiento. Dios Trino es amor, compasión y perdón. En su vida de predicación, ministerio y milagros, Jesús revela la misericordia del Padre y la gracia del Espíritu Santo.

Somos incapaces de entender el misterio de Dios. Solo nos queda hacer lo que Moisés, cuando Dios pasó delante de él en una nube: adorarlo, bendecirlo y alabarla por siempre. “*Al momento Moisés cayó al suelo de rodillas, adorando a Dios*” (Éxodo 34,8). Hoy, también, en el texto de Daniel, en lugar del salmo responsorial, la liturgia nos invita a alabar al Señor: “*Bendito seas, Señor, Dios de nuestros padres, que tu Nombre sea alabado y glorificado eternamente. Porque eres justo en todo lo que has hecho, todas tus obras son verdaderas, rectos todos tus caminos, y verdaderos todos tus juicios*” (Daniel 3,26-27). Solo nos resta en todas las actividades y trabajo invocar a la Trinidad. ¡Que Dios uno y Trino viva en los corazones de toda la humanidad y llene de paz y armonía al mundo!



**La Trinidad:  
Padre - Hijo - Espíritu Santo**

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## READINGS FOR THIS SUNDAY

### First Reading:

"The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity."  
(Ex 34:6)

### Psalm:

Glory and praise for ever! (Dn 3:52b)

### Second Reading:

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you. (2 Cor 13:13)

### Gospel:

For God did not send his Son into the world to condemn the world, but that the world might be saved through him. (Jn 3:17)

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## READINGS FOR THE WEEK

**Sunday:** Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56  
(52b)/2 Cor 13:11-13/Jn 3:16-18

**Monday:** Tb 1:3; 2:1b-8/Ps 112:1b-2, 3b-4, 5-6/  
Mk 12:1-12

**Tuesday:** Tb 2:9-14/Ps 112:1-2, 7-8, 9/  
Mk 12:13-17

**Wednesday:** Tb 3:1-11a, 16-17a/Ps 25:2-3, 4-5ab,  
6 and 7bc, 8-9/Mk 12:18-27

**Thursday:** Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a/  
Ps 128:1-2, 3, 4-5/Mk 12:28-34

**Friday:** Tb 11:5-17/Ps 146:1b-2, 6c-7, 8-9a,  
9bc-10/Mk 12:35-37

**Saturday:** Tb 12:1, 5-15, 20/Tb 13:2, 6efgh, 7, 8/  
Mk 12:38-44

## OBSERVANCES FOR THE WEEK

**Sunday:** The Most Holy Trinity

**Monday:** St. Boniface, Bishop and Martyr

**Tuesday:** St. Norbert, Bishop

**Friday** St. Ephrem, Deacon and Doctor of the Church

## LIVE THE LITURGY

On this Solemnity of the Most Holy Trinity, we are reminded to encourage one another, to show affection and support. Can we do it? Can we do it in our daily interactions, in our families? Can we even do it on social media?



## THE MOST HOLY TRINITY

In my experience, one of the peculiarities of being a man is the somewhat unlikely ability to look into the mirror, no matter how out of shape he may be, and declare with full confidence: "Looking good, buddy!" Ask a man. He'll probably confirm it.

Therein lies a mystery. You might think I refer to man's ability to deceive himself or his propensity toward vainglory. But in this case, I refer to the mystery of a healthy and proper sense of self-love. We human beings (both men and women) have the utterly weird ability to look at ourselves as if we were another. Then we tend to love this "other." Then, somehow, that love becomes a bond between the two. We are three and yet one.

This Sunday is Trinity Sunday. We ponder anew that God in His unity is a play of multiplicity: Lover, Beloved, and shared Love. Or, as we also proclaim, Father, Son, and Holy Spirit. If we allow it, this mystery heals our temptation toward self-hatred and destruction. We all know how awful it is to look into the mirror and not know the person we see, or, equally bad, to know and hate who we see. Jesus, the Son of God, draws us into the dynamics of authentic self-knowledge and self-love. Perhaps we could ask the Holy Trinity this Sunday to teach us to truly look at ourselves and to properly love who we see looking back.

— Father John Muir

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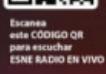
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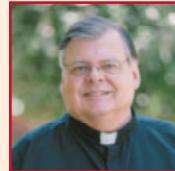
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 Pastoral Council **Cindy Boulais** (626) 332-3570  
 Finance Committee **Fernando Torres** 332-3570  
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 Bulletin articles, send to: **bulletin@sacredheart.cc**

### Parish School

**Claudia Tice**, Principal **www.shs.cc** 332-7222

### Parish Departments & Ministry of:

Director of Elementary & Junior High Formation	<b>Christy Murcia-Chavez</b>	331-7914
	Christy@sacredheart.cc	
Director of Youth & Young Adult Formation	<b>Melinda Evangelista</b>	331-7914
	melinda-E@sacredheart.cc	
Worship Coordinator	<b>Father Bill</b>	332-3570
Adult Formation Coordinator	<b>Tania Romo</b>	(626) 525-1767
Director of Evangelization and Formation	<b>Anitra Gil</b>	(213) 585-9272
Baptisms	<b>Livier Medrano</b>	332-3570
Business Admin	<b>Fernando Torres</b>	332-3570



**Rev. William T. Easterling, V.F.**  
 FrBill@sacredheart.cc  
 (626) 913-1681  
**Pastor**



**Rev. James Kelly**  
**Associate Pastor**



**Rev. Albert Avenido**  
 FrAlbert@sacredheart.cc  
**Associate Pastor**

### Liturgical Ministries

Altar Care	<b>Marie Puga</b>	(626) 221-4396
Altar Servers		
Music Director		374-2410
Music Leader	<b>Maria Siegrist</b>	485-0773
Lectors	<b>Ron Arcieniega</b>	332-3570
Liturgical Environment	<b>Ed &amp; Carmen Aniceto</b>	(818) 640-2960
Ministers of the Altar	<b>Helene Maietta</b>	332-3570
Ministers to the Sick	<b>Leo &amp; Merly Inguito</b>	332-3570

### Outreach Ministries

Bereavement	<b>Karen McCurdy &amp; Ken Nelson</b>	332-3570
ESGV Homeless Shelter	<b>Gus Corona</b>	641-9714
Get On The Bus	<b>Robert Martinez</b>	374-0794
Our Daily Bread	<b>Susan Cole</b>	(626) 375-3895
St. Vincent de Paul	<b>Priscilla Dimitruk</b>	339-7580
Safeguard the Children	<b>Frank Reynoso</b>	332-3570
Spanish Ministries	<b>Marisela Gutierrez</b>	255-6046
Thanksgiving Dinners	<b>Ruth Queija</b>	(626) 893-1072

### Parish Organizations

FATHERHOODQUEST	<b>Nelson Murcia-Chavez</b>	(626) 470-7579
Cursillo	<b>Fernando Torres</b>	332-3570
Knights of Columbus	<b>John Petersen</b>	814-9915
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## SACRAMENTS/DEVOTIONS

**Baptisms:** Most Sundays. Mandatory Baptism Preparation Class first Thursday of every month. Deadline to register is two weeks prior to the class. Please contact the Parish Center for further information.

**Marriages:** Congratulations! Please contact the Parish Center to meet with a priest or deacon at least six months prior to the intended date of marriage.

**Priesthood & Religious Life:** Young men and women interested in becoming a priest or a religious sister, or deacon, please call Father Bill.

**Anointing of the Sick:** First Saturday of the month, after the 8:15am Mass. If you or someone you know needs a visit because they have become seriously ill, call the Parish Center at any time.

**Sacraments of Adult Initiation:** If you are an adult interested in joining the Catholic Church or completing your sacraments, call the RCIA (Rite of Christian Initiation of Adults) Please contact Tania Romo, at (626)525-1767 or go to our website at [www.sacredheart.cc](http://www.sacredheart.cc).

**Sacrament of Reconciliation:** Confession are every Friday from 7:15pm to the last person, in the Parish Church.