

# Sacred Heart Catholic Church

A ROMAN CATHOLIC CHRISTIAN COMMUNITY OF FAITH, WORSHIP, AND SERVICE



All Are  
Welcome

## Advent

*The Season of Hope and Expectation*



FIRST SUNDAY IN ADVENT  
DECEMBER 3, 2023

344 W. Workman St., Covina 91723 + (626) 332-3570 + [www.sacredheart.cc](http://www.sacredheart.cc)  
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### PARISH CENTER OFFICE HOURS

MON – THURS 9:00am to 9:00pm  
SAT & SUN 8:00am to 4:00pm  
(Office closed for lunch from 12:30PM – 1:30PM)

**CLOSED ALL DAY FRIDAY**

**Emergency Sick Calls Anytime**

### Pastor

Rev. William T. Easterling, V.F.

### Priest Associates

Rev. Albert Avenido

Rev. William Gil

### Deacons

Dn. Ron Butler

Dn. Jim Allgaier

Read the bulletin online at  
[www.sacredheart.cc/bulletin](http://www.sacredheart.cc/bulletin)

### Ministerios en Español:

Padre Bill y Padre Albert

### MASS SCHEDULE

#### Sunday Liturgy in English:

- 5:30pm - Saturday evening
- 6:30am + 9:30am\*
- 11:00am + 12:30pm
- 5:30pm LIFE TEEN MAS

#### Liturgia Domical en ESPAÑOL:

8:00am\*

#### Weekday Masses Monday – Friday in English:

8:15am + 5:30pm

#### 1<sup>st</sup> Saturday of the Month:

8:15am Mass with Anointing of the Sick

#### \*Mass for the Sick and Homebound

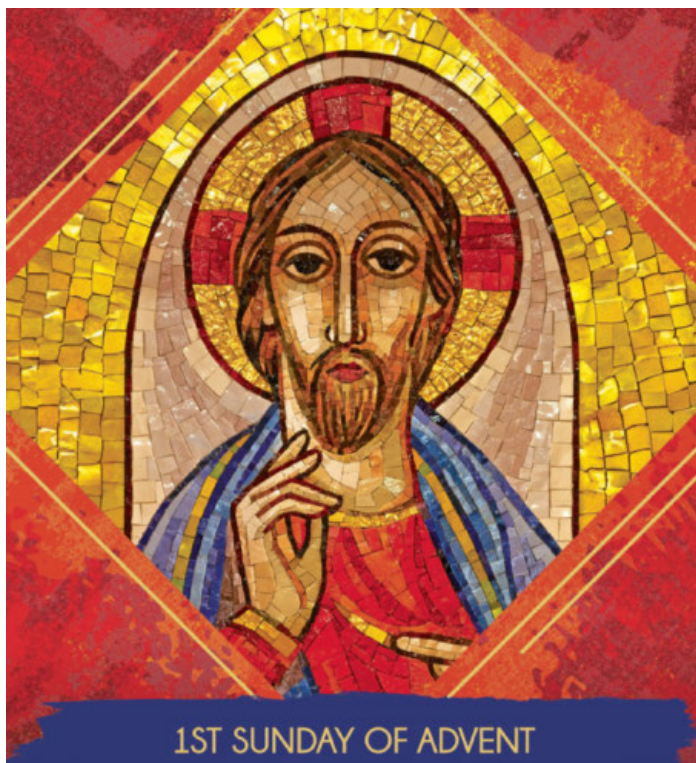
SUNDAY at 9:30am in English and 8:00am in Spanish  
Masses are provided on our YouTube & Facebook  
Channels and webpage: [www.sacredheart.cc](http://www.sacredheart.cc)

\*Mass for the Sick and Homebound is provided on  
Sundays only for those who are very seriously ill or  
homebound for major health issues.

### CONFESSION SCHEDULE

Every Friday 7:15pm to last person in the Parish Church





## Please pray...

For those who are sick, and their families, that they will feel God's presence and know his love, especially:



**Mary Helen Flores**  
**Sonia Tagum**

**Elvia Gallo**

**Please pray** for those who have **special needs**, and their families, that they will feel God's presence and know his love. **Specially,**

**Mark Joseph Cunanan, Ivette Higgins,**  
**Nona Batma, Dysa Cunanan**

### ON THE COVER

The First Sunday in Advent marks the beginning of the liturgical year in our Christian tradition. It is a time of anticipation and preparation for the birth of Jesus Christ, symbolizing hope and renewal. As the first of four Sundays leading up to Christmas, it serves as a reminder to Christians to reflect on the significance of Christ's coming and to eagerly await his return. It is a time to light the first candle on the Advent wreath, representing the hope that Christ brings into the world. This day invites believers to center their hearts and minds on the promises and blessings of the season, while also encouraging them to embrace the spirit of giving and spreading joy to others.

## ALL FAITHFUL CATHOLICS TO ATTEND MASS FOR

**Sunday Dec. 24th & Monday Dec. 25th**

**Dec. 24th The Fourth Sunday of Advent**  
**Dec. 25th The Nativity of the Lord (Christmas)**

We will have the unique opportunity this year to celebrate the Fourth Sunday of Advent on Dec. 24th and then immediately after that, Christmas falls on Monday, Dec. 25th. All faithful Catholics are expected to attend Mass twice that weekend. We are to attend Mass once for the Fourth Sunday of Advent and once for Christmas.

Attending Mass for the Sunday obligation may be fulfilled at the Saturday evening Mass (5:30pm) as well as at any Mass on Sunday including the evening Masses.

The Christmas Eve Masses on Dec. 24th at 4:00pm & 6:00pm & 8:00pm may serve for either Sunday or our Christmas obligation, but not both. The 4pm & 6pm Mass prayers, Scripture and music will celebrate Christmas.

Yes you may attend Mass twice on Dec. 24th. Participating in one of the regular morning or early afternoon Masses, we may also participate in any of the Christmas Eve Masses and receive communion again. In this way you have attended Mass twice that weekend, once for the Fourth Sunday of Advent and once for Christmas.

## SOCIETY OF ST. VINCENT DE PAUL BUNDLE SUNDAY IS TODAY

The Saint Vincent De Paul Bundle Sunday truck is here today in the parish parking lot from 8:00am to 2:00pm. We need your support! Remember to bring any useable items that will help the needy. For larger items including furniture, appliances, and vehicles, please phone (323)224-6280 or (800)974-3571 for home pickups.





## THE FEAST OF THE IMMACULATE CONCEPTION

### HOLY DAY OF OBLIGATION

FRIDAY, DEC., 8, 2023

Friday, Dec. 8th is a Holy Day of Obligation. Our Blessed Mother under her beautiful title as “Our Lady of the Immaculate Conception” is the patroness of the United States of America, and thus we keep this feast day as a Holy Day of Obligation. All Catholics have the joyful obligation of participating in Mass for this great feast.

#### Mass Schedule

**Thur., Dec. 7th** 5:30pm  
**Fri., Dec. 8th** 6:30am, 8:15am (School present), 12:10pm, 5:30pm, 7:00pm English Church & 7:00pm SPANISH Hall

This title honors Mary and celebrates that when she was conceived by her parents Anna & Joachim, she was conceived without original sin on her soul. God the Father, in His infinite wisdom, knowing that she would never choose to sin in her life (even though she had the freedom to sin), He did for her the one thing she could not do for herself and kept from her the blemish of original sin. Thus her body, heart, mind and soul became the perfect vessel to bring forth the Christ child.

This wonderful Feast also reminds us of the sanctity of human life from conception to forever. I never say “to a natural end” as I cherish the lives of my parents & grandparents & all others even after their deaths. I still cherish their lives and believe that they now live in eternal life; thus my respect for each life is eternal.

The gift that Mary received from God the Father also reminds us of our original sin, but the life she would lead and did lead is so important because it reminds us of our original innocence. Mary gives us hope!

Father Bill Easterling, Pastor

## LA FIESTA DEL INMACULADA CONCEPCIÓN

### DÍA SANTO DE OBLIGACIÓN

VIERNES 8 DE DICIEMBRE DE 2023

El viernes 8 de diciembre es un día santo de precepto. Nuestra Santísima Madre, bajo su hermoso título de “Nuestra Señora de la Inmaculada Concepción”, es la patrona de los Estados Unidos de América y, por lo tanto, guardamos esta fiesta como un Día Santo de Obligación. Todos los católicos tenemos la gozosa obligación de participar en la Misa de esta gran fiesta.

#### Horario de misas

**7 de diciembre** 5:30 p.m.  
**8 de diciembre** 6:30 am, 8:15 am (escuela presente), 12:10 pm, 5:30 pm, 7:00 pm Iglesia en inglés y 7:00 pm Salón de ESPAÑOL

Este título honra a María y celebra que cuando fue concebida por sus padres Anna y Joaquín, fue concebida sin pecado original en su alma. Dios Padre, en Su infinita sabiduría, sabiendo que ella nunca elegiría pecar en su vida (aunque tenía la libertad de pecar), hizo por ella lo único que ella no podía hacer por sí misma y le guardó la mancha. del pecado original. Así, su cuerpo, corazón, mente y alma se convirtieron en el recipiente perfecto para dar a luz al niño Cristo.

Esta maravillosa Fiesta también nos recuerda la santidad de la vida humana desde la concepción hasta la eternidad. Nunca digo “hasta un final natural”, ya que aprecio las vidas de mis padres, mis abuelos y todos los demás, incluso después de su muerte. Todavía aprecio sus vidas y creo que ahora viven en vida eterna; por eso mi respeto por cada vida es eterno.

El regalo que María recibió de Dios Padre también nos recuerda nuestro pecado original, pero la vida que ella llevó y llevó es muy importante porque nos recuerda nuestra inocencia original. ¡María nos da esperanza!

Padre Bill Easterling, Pastor

## **HAND MADE RELIGIOUS ITEMS FROM THE HOLY LAND**

### **Olive wood carvings from Bethlehem & Jerusalem:**

Please stop by the tables on our Welcome Plaza for beautiful HOLY LAND handicrafts (nativity sets, rosaries, statues, crucifixes) after all Masses the week-end of December 16 & 17.

The products offered through the Holy Land Handicrafts Cooperative (HLHC) represent Catholic families from Bethlehem, Jerusalem and throughout the Holy Land. These families have been dependent upon sales of their hand carved religious articles to tourists to the Holy Land. Due to the conflict in the Middle East tourism has been greatly reduced.

In order to survive, they have turned to Catholic communities in the United States to purchase their artwork: carved from wood of sacred olive trees; this work has been traditional for Christian families in the Holy Land for more than 400 years. All funds made here today will go directly to these families.

We pray to accomplish more for our Catholic community in the Holy Land. Amazingly enough, the Catholic community dropped from 22% to less than 2% in the last 20 years. We hope with this mission we can make a difference. We thank you in advance for all your support. God bless !

## **For Immigrants and Their Families Feast of Our Lady of Guadalupe December 12**

Archbishop Jose Gomez has called for a day of prayer for Immigrants and Their families on December 12th, the Feast of Our Lady of Guadalupe.

### **Reflections by Father Bill**

In this confusing time we have many reasons to pray, many people are in need of our prayers. On the Feast of Our Lady of Guadalupe we celebrate that Pope St. John Paul II declared her to be "Mother of the Americas" and it is most appropriate that we pray for all her children. As every mother's heart aches most for her children on the margin, we then honor "Our Mother" more profoundly when we pray for her children who are immigrants and others in great need.

I am personally always aware that we are today Catholic-Christians because of immigrants --- immigrants without papers, without documentation; those who some call illegal immigrants.

I am reminded that after the birth of Jesus: Joseph and Mary fled with him to Egypt, without papers. They were illegals. After our Lord's passion, death, resurrection and ascension the Apostles went from country to country, all without documents; they were mocked, hated, jailed and killed.

Since the first century missionaries have gone into many different nations without permission. Some were martyred for teaching our Catholic-Christian faith.....it has happened in every century since the first, it is happening today. And the response of the Church has been to declare them SAINTS !!!

Our own nation has a sad history of persecuting Catholics, a fact that began in the English Colonies and continues till today! In colonial days Catholics were required to pay a tax to support the Church of England. In the 18th & early 19th centuries children in public schools were taught Protestant religion with strong anti-Catholic concepts; businesses refused to hire Catholics.

Without the love, devotion and courage of these un-documented immigrants you and I would not be Catholic-Christians today. We owe a huge debt of gratitude to the centuries of undocumented immigrants who have given us the gift of our faith.

**Forever Mother's Ministry for all  
women is happy to announce that we will  
be adding a morning meetings  
Thursdays at 9:15am  
at Parish Center in the Sister's Chapel.**



**We will continue to meet for prayer and  
support each  
Tuesday at 7:00pm  
in the Parish Center. Please join us for  
the time that works for you, or for both.**



## Feast of Our Lady of Guadalupe December 12th

On Dec. 12th the Church celebrates the Feast of “Our Lady of Guadalupe”, that is we celebrate the apparitions of Mary at the hill of Tepeyac from Dec. 9 to Dec. 12, 1531; when she appeared to Juan Diego, a convert.

Pope Pius XII declared Our Lady of Guadalupe the “Patroness of the Americas.”

Pope St. John XXIII addressed her as “Mother and Teacher of the Faith to the peoples of the Americas”.

Pope St. John Paul II visited the Basilica of Our Lady of Guadalupe in Mexico City in 1979 and in his homily referred to her as the “Mother of the Americas” also the “Star of Evangelization.”

Pope St. John Paul II visiting the Basilica again in 1999 named Our Lady of Guadalupe the “Protectress of the Unborn” and “placed under her motherly care the innocent lives of children, especially those in danger of not being born.” At the same mass Pope St. John Paul II also declared Our Lady of Guadalupe the “Mother and Evangelizer of America” (that is North America, Central America & South America).

His Holiness St. John Paul II visited her Sanctuary four times: in 1979, plus in 1990, 1999 & 2002.

### SCHEDULE 2023

Our Parish Pastoral Council & Spanish Ministry Committee invites everyone to join in our celebration of OUR LADY OF GUADALUPE on Tuesday, December 12th.

- 5:30am Rosary, Bilingual in Church
- 6:00am Las Mañanitas
- 6:30am MASS, Bilingual, Church, all are welcome !!! Reception after Mass in Cavanagh Hall, all are invited !!!
- 8:15am Mass, English, Church (School present)
- 5:30pm Mass, English, Church

Live Stream Mass for the Sick and Homebound at 6:30am. Available on our parish You Tube channel and our website: [www.sacredheart.cc](http://www.sacredheart.cc)

## Fiesta de Nuestra Señora de Guadalupe - 12 de diciembre

El 12 de diciembre la Iglesia celebra la Fiesta de “Nuestra Señora de Guadalupe”, celebramos las apariciones de María en el cerro del Tepeyac del 9 al 12 de diciembre de 1531; cuando se le apareció a Juan Diego, un converso.

El Papa Pío XII declaró a Nuestra Señora de Guadalupe “Patrona de las Américas”.

El Papa San Juan XXIII se dirigió a ella como “Madre y Maestra de la fe para los pueblos de América”.

El Papa San Juan Pablo II visitó la Basílica de Nuestra Señora de Guadalupe en la Ciudad de México en 1979 y en su homilía se refirió a ella como la “Madre de las Américas” y también la “Estrella de la Evangelización”.

El Papa San Juan Pablo II, que visitó nuevamente la Basílica en 1999, nombró a Nuestra Señora de Guadalupe “Protectora de los no nacidos” y “puso bajo su cuidado maternal las vidas inocentes de los niños, especialmente aquellos en peligro de no nacer”. En la misma misa, el Papa San Juan Pablo II también declaró a Nuestra Señora de Guadalupe “Madre y Evangelizadora de América” (es decir, América del Norte, América Central y América del Sur).

Su Santidad San Juan Pablo II visitó su Santuario en cuatro ocasiones: en 1979, además de en 1990, 1999 y 2002.

### CALENDARIO 2023

Nuestro Consejo Pastoral Parroquial y Comité de Ministerio en Español invitan a todos a unirse a nuestra celebración de NUESTRA SEÑORA DE GUADALUPE el martes 12 de diciembre.

- 5:30am Rosario, Bilingüe en la Iglesia
- 6:00am Las Mañanitas
- 6:30am MISA, Bilingüe, Iglesia, todos son bienvenidos!!! Recepción después de la Misa en Cavanagh Hall, ¡¡¡todos están invitados!!!
- 8:15 am Misa, en Inglés, iglesia (escuela presente)
- 5:30pm Misa, en Inglés, Iglesia

Misa transmitida en vivo para los enfermos y confinados en sus hogares a las 6:30 am. Disponible en nuestro canal parroquial de You Tube y en nuestro sitio web: [www.sacredheart.cc](http://www.sacredheart.cc)

**Confessions:**

**Sacrament of Reconciliation  
Nov. & Dec. 2023**

- Nov. 24 -- Friday after Thanksgiving. Regular confessions at Sacred Heart at 7:15pm  
Dec. 1 -- Regular confessions at Sacred Heart at 7:15pm  
**Dec. 8 -- NO confessions because of evening Masses for the Feast of the Immaculate Conception**  
Dec. 15 -- Regular confessions at Sacred Heart at 7:15pm  
**Dec. 22 -- NO confessions, please participate in a local Penance Service below**  
Dec. 29 -- Regular confessions at Sacred Heart at 7:15pm

**ADVENT Penance Services 2023 – Confessions**

We urge you to participate in one of the following Communal Penance Services. A large number of priests will be available at each to serve you spiritually:

- St. Dorothy, Glendora + Wed., Dec. 13 at 7:00pm  
St. Christopher, West Covina + Thur., Dec. 14 at 7:00pm  
St. Frances of Rome, Azusa + Mon., Dec. 18 at 7:00pm  
**SACRED HEART, COVINA + Tues., Dec. 19 at 7:00pm**  
St. Louise de Marillac, Covina + Wed., Dec. 20 at 7:00pm

**No Confessions on Friday, Dec. 22nd  
No Confessions on Christmas Eve & No Confessions on Christmas Day**

**Before Christmas NO CONFESSIONS after: Wednesday, Dec. 20th**

**ADDITIONAL CONFESSIONS FOR:**

**Sick, Shut-ins and Elderly**

To better assist our brothers and sisters who have difficulty driving at night, those that are elderly, home-bound and/or sick – including their care givers - we offer two periods of afternoon confessions:

**Wednesday, Dec. 13: 3:00pm to 4:00pm**

**Friday, Dec. 15: 3:00pm to 4:00pm**

It would be a great blessing and show tremendous respect for our Sick, Shut-ins and Elderly to reserve these times for their spiritual needs. Thank you very much.

# December Christmas 2023

**4th Sunday of ADVENT MASSES:** Saturday, Dec. 23 at 5:30pm &  
Sunday, Dec. 24 at: 6:30am + 9:30am + 11:00am + 12:30pm + (8:00am SPANISH)

Joyfully we fully participate in two (2) Masses this weekend. Saturday evening or any Mass on Dec. 24th (including 4pm or 6pm or 10pm) for the Fourth Sunday of Advent PLUS any Mass Christmas Eve or Day for Christmas. You may receive communion at both Masses you choose.

## CHRISTMAS MASS SCHEDULE + DECEMBER 2023

Come join us for the celebration of The Nativity, the birth of Our Lord Jesus Christ. We will rejoice that God is with us at our Christmas Masses as follows:

**Dec. 24th + Christmas Eve:** 4:00pm Mass – English \*  
**Sunday** 6:00pm Mass – English  
10:00pm Mass – English *Mass in the Middle of the Night*

**Dec. 25th + Christmas Day:** 8:00am Mass – Spanish \* **No 6:30am Mass**  
**Monday** 9:30am Mass – English \*  
11:00am Mass – English  
12:30pm Mass – English **No 5:30 evening Mass**

\*Live Stream *Mass for the Sick and Homebound* Dec. 24 at 4:00pm & Dec. 25 at 8:00am + 9:30am. Available on our parish You Tube channel or Facebook or website: [www.sacredheart.cc](http://www.sacredheart.cc)

### PARISH OFFICES - Closed:

Dec. 24th: Will close at 12:00noon  
Dec. 25th & Dec. 26th: Will be closed all day

## 2024 + NEW YEAR'S MASS SCHEDULE

The **CHRISTMAS Feast of the Holy Family** will be celebrated Saturday, Dec. 30 at 5:30pm + PLUS + on Sunday, Dec. 31 at: 6:30am + 9:30am + 11:00am + 12:30pm + (8:00am SPANISH). All Catholics joyfully participate in this Feast at any of the above Masses; you may also fulfill your Sunday obligation attending the Sunday 5:30pm Mass in honor of Mary the Mother of God.

*Welcome in the New Year 2024* and celebrate the beautiful feast of Mary the Mother of God. We will have two special Masses to thank God for a new year and ask God our Father and Mary our Mother to bless and protect our new year. [This Feast is not a Holy Day of Obligation – but we hope to see you!]

Dec. 31st + Sun. + **New Year's Eve:** 5:30pm  
Jan. 1st + Mon. + **New Year's Day:** 9:30am

### PARISH OFFICES - Closed:

Dec. 31st: Will close at 12:00noon  
Jan. 1st: Will be closed all day



### **Achieving Peace in the Middle East**

Peace is rooted in respect for all peoples, all nations, ideas, religious beliefs, races, languages and customs. For the followers Jesus Christ living his teaching of love for everyone without conditions, we realize that antisemitism and islamophobia are acts of violence, acts of terrorism against others.

### **We Must Condemn All**

#### **Antisemitism and Islamophobia**

As Jesus himself criticized the Roman government (but not the Roman people – who he forgave and loved), we are welcomed to be critical of governments, including our own and of that of Israel and Palestine. At the same time loving all the citizens and offering our support where needed.

Our Lord never attacked people for their faith. He respected the Roman soldiers who asked for his help, he cared for the Samaritan woman at the well. There is no place in the Christian life for hating or condemning others based on their religion.

### **Terrorism Is a Terrible Sin**

#### **Hamas is Not a Government - Hamas is Terrorism**

It is our duty to oppose terrorism. The people of the Gaza Strip have suffered greatly since Hamas took control in the last election held in 2007. Since that election they have killed opposition political leaders; they are a terrorist military organization. Hamas hides behind the innocent like cowards and uses them as human shields. Their October 7th attack on Israel was brutal, horrific beyond imagination and betrays all human decency.

### **FUTURE**

Personally I support a two state solution, as has the Holy See (Vatican) for decades. I support Israel as well Palestine. I support a homeland for both peoples. Immediately I support more humanitarian aid to the Gaza Strip. My soul rejoices in the release of hostages. I am equally thrilled at humanitarian aid reaching the people in Gaza. I daily pray for peace.

There are aspects of the Israeli government that I am very critical of, but I love and respect the people of Israel, those Jewish, Muslim and Christian. I have serious questions about the government of Palestine (West Bank and Gaza) but love and respect the people, no matter their faith. Being critical of Israel is not being anti-Jewish

and questioning the government of Palestine is not anti-Islamic.

### **Advent Calls Us To: Hope, Peace, Joy, Love**

Advent prepares us for Christmas by calling us to live in a spirit of hope, a presence of peace, an attitude of Joy with a heart and soul of love. The message of the first Sunday of Advent is HOPE and the second Sunday that of PEACE followed by JOY on the third Sunday and of course LOVE on the fourth.

For peace in the world, we must live the life of the Prince of Peace whose birth we celebrate at Christmas. Thus we prepare in Advent to be men and women of: HOPE + PEACE + JOY + LOVE.

Rev. William T. Easterling (Father Bill), Pastor

### **MEDITACIÓN EVANGÉLICO**

El Adviento es la espera alegre y activa de la preparación a la Navidad; donde celebramos el nacimiento del Salvador. Nos preparamos para recibir al Señor en gozo y acción. El Señor que viene nos invita a salir a abrir la puerta para ver más allá de nuestra propia realidad. “Cada cristiano y cada comunidad discernirá cuál es el camino que Dios le pide, pero todos somos invitados a aceptar este llamado: salir de la propia comodidad y atreverse a llegar a todas las periferias que necesitan la luz del Evangelio. La alegría del Evangelio que llena la vida de la comunidad de discípulos es la alegría misionera” (Papa Francisco). Estas palabras del Papa Francisco no están pasadas de moda, son activas para todos nosotros especialmente en este primer Domingo de Adviento.

En medio de todo lo que vivimos en la sociedad en este tiempo, la invitación continua a seguir acogiendo y consolando, en lo que se puede, al inmigrante y al que sufre toda clase de violencia. Crear nuevas posibilidades para despertar alegría en los corazones dormidos. El Evangelio nos advierte: “Estén preparados y vigilando, porque no saben cuándo llegará ese momento...estén despiertos” (Marcos 13,33-37). Hay que abrir bien los ojos para descubrir dónde está el Señor, porque no es fácil verlo. ¿Cuáles actitudes debemos poner en práctica en este Adviento? La confianza, la vigilancia, la hospitalidad y la esperanza. ¿Y tú, cuál otra actitud agregarías?



**FIRST READING:**

Oh, that you would rend the heavens and come down,  
with the mountains quaking before you. (Is 63:19)

**PSALM:**

Lord, make us turn to you; let us see your face and we  
shall be saved. (Ps 80)

**SECOND READING:**

The testimony to Christ was confirmed among you,  
so that you are not lacking in any spiritual gift  
as you wait for the revelation of our Lord Jesus  
Christ. (1 Cor 1:6-7)

**GOSPEL:**

“Watch, therefore;  
you do not know when the lord of the house is coming.” (Mk 13:35)

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**READINGS FOR THE WEEK**

- Monday:** Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/  
Mt 8:5-11
- Tuesday:** Is 11:1-10/Ps 72:1-2, 7-8, 12-13, 17/  
Lk 10:21-24
- Wednesday:** Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/  
Mt 15:29-37
- Thursday:** Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a/  
Mt 7:21, 24-27
- Friday:** Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4/  
Eph 1:3-6, 11-12/Lk 1:26-38
- Saturday:** Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/  
Mt 9:35—10:1, 5a, 6-8

**OBSERVANCES FOR THE WEEK**

- Monday:** St. John Damascene, Priest and  
Doctor of the Church
- Wednesday:** St. Nicholas, Bishop
- Thursday:** St. Ambrose, Bishop and Doctor of the  
Church
- Friday:** The Immaculate Conception of  
the Blessed Virgin Mary
- Saturday:** St. Juan Diego Cuauhtlatoatzin

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**GOSPEL MEDITATION**

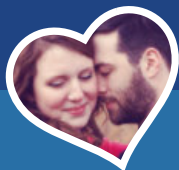
Lately I’ve been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I’m trying to get more, and better, slumber, and it’s helping me feel energized. So, why in the world should we follow Christ’s advice this week? “Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep.” Isn’t sleep, especially at midnight and cockcrow, a good thing?

Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it’s not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.

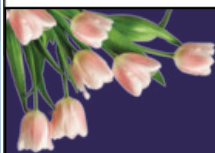
May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we’ll be amazed at the spiritual wakefulness that results, too.

— Father John Muir

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## MISSION STATEMENT:



Becoming Disciples of Jesus Christ by  
Loving People + Discovering Hope + Following Jesus + Living Eucharist

### PARISH DIRECTORY

#### Parish Center & Parish Offices

[www.sacredheart.cc](http://www.sacredheart.cc) (626) 332-3570 Fax (626)967-4884

|                             |  |          |
|-----------------------------|--|----------|
| Business Manager            | <b>Fernando Torres</b>   | 332-3570 |
| Pastoral Council            |  | 332-3570 |
| Finance Committee           | <b>Fernando Torres</b>   | 332-3570 |
| Bulletin Editor             | <b>José de la Rosa</b>   | 332-3570 |
| Bulletin articles, send to: | <a href="mailto:bulletin@sacredheart.cc">bulletin@sacredheart.cc</a> |          |

#### Parish School

**Claudia Tice**, Principal [principal@sacredheartcovina.com](mailto:principal@sacredheartcovina.com) 332-7222

#### Parish Departments & Ministry of:

|  |  |                |
|--|--|----------------|
| Director of Elementary & Junior High Formation | <b>Christy Murcia-Chavez</b>   | 331-7914       |
|  | <a href="mailto:Christy@sacredheart.cc">Christy@sacredheart.cc</a>     |                |
| Director of Youth & Young Adult Formation      | <b>Melinda Evangelista</b>   | 331-7914       |
|  | <a href="mailto:melinda-E@sacredheart.cc">melinda-E@sacredheart.cc</a> |                |
| Worship Coordinator                            | <b>Father Bill</b>   | 332-3570       |
| Adult Formation Coordinator                    | <b>Tania Romo</b>  | (626) 525-1767 |
| Director of Evangelization and Formation       |  |                |
| Baptisms                                       | <b>Livier Medrano</b>  | 332-3570       |
| Business Admin                                 | <b>Fernando Torres</b>   | 332-3570       |

#### Liturgical Ministries

|                        |                                |                |
|------------------------|--------------------------------|----------------|
| Altar Care             | <b>Marie Puga</b>              | (626) 221-4396 |
| Altar Servers          |                                |                |
| Music Director         |                                | 374-2410       |
| Music Leader           | <b>Maria Siegrist</b>          | 485-0773       |
| Lectors                | <b>Alicia Torres-Sharp</b>     | (626) 993-5277 |
| Liturgical Environment | <b>Ed &amp; Carmen Aniceto</b> | (818) 640-2960 |
| Ministers of the Altar | <b>Helene Maietta</b>          | 332-3570       |
| Ministers to the Sick  | <b>Leo &amp; Merly Inguito</b> | 332-3570       |

#### Outreach Ministries

|                        |                                       |                |
|------------------------|---------------------------------------|----------------|
| Bereavement            | <b>Karen McCurdy &amp; Ken Nelson</b> | 332-3570       |
| ESGV Homeless Shelter  | <b>Gus Corona</b>                     | 641-9714       |
| Get On The Bus         | <b>Robert Martinez</b>                | 374-0794       |
| Our Daily Bread        | <b>Susan Cole</b>                     | (626) 375-3895 |
| St. Vincent de Paul    | <b>Priscilla Dimitruk</b>             | 339-7580       |
| Safeguard the Children | <b>Frank Reynoso</b>                  | 332-3570       |
| Spanish Ministries     | <b>Luz Bañuelos</b>                   | (626) 786-2051 |

#### Parish Organizations

|  |                             |                |
|--|-----------------------------|----------------|
| FATHERHOODQUEST  | <b>Nelson Murcia-Chavez</b> | (626) 470-7579 |
| Cursillo   | <b>Fernando Torres</b>      | 332-3570       |
| Knights of Columbus                                      | <b>John Petersen</b>        | 814-9915       |
| Encounters of Mercy                                      | <b>Frank Dominguez</b>      | (626) 393-9957 |
| Scouting, Boys & Girls, all levels: Scouting Coordinator |                             |                |



### Serving You in Faith, Hope and Charity

#### Parish Priests

**Rev. William T. Easterling**, V.F (Father Bill)

PASTOR

[FrBill@sacredheart.cc](mailto:FrBill@sacredheart.cc)

Phone: (626) 913 – 1681

**Rev. Albert Avenido** (Father Albert)

Associate Pastor

[FrAlbert@sacredheart.cc](mailto:FrAlbert@sacredheart.cc)

Phone: (626) 332 – 3570 ext. 277

**Rev. William Gil** (Father William)

Associate Pastor

[FrWilliam@sacredheart.cc](mailto:FrWilliam@sacredheart.cc)

Phone: (818) 967 – 3989

#### Parish Deacons

**Deacon Ronald Butler** (Deacon Ron)

[DnRon@sacredheart.cc](mailto:DnRon@sacredheart.cc)

Phone: (626) 332 – 3570 ext. 223

**Deacon James Allgaier** (Deacon Jim)

[DnJim@sacredheart.cc](mailto:DnJim@sacredheart.cc)

Phone: (626) 332 – 3570 ext. 227

### SACRAMENTS/DEVOTIONS

**Baptisms:** Most Sundays. Mandatory Baptism Preparation Class first Thursday of every month. Deadline to register is two weeks prior to the class. Please contact the Parish Center for further information.

**Marriages:** Congratulations! Please contact the Parish Center to meet with a priest or deacon at least six months prior to the intended date of marriage.

**Priesthood & Religious Life:** Young men and women interested in becoming a priest or a religious sister, or deacon, please call Father Bill.

**Anointing of the Sick:** First Saturday of the month, after the 8:15am Mass. If you or someone you know needs a visit because they have become seriously ill, call the Parish Center at any time.

**Sacraments of Adult Initiation:** If you are an adult interested in joining the Catholic Church or completing your sacraments, call the RCIA (Rite of Christian Initiation of Adults) Please contact Tania Romo, at (626)525-1767 or go to our website at [www.sacredheart.cc](http://www.sacredheart.cc).

**Sacrament of Reconciliation:** Confession are every Friday from 7:15pm to the last person, in the Parish Church.