

Sacred Heart Catholic Church

A ROMAN CATHOLIC CHRISTIAN COMMUNITY OF FAITH, WORSHIP, AND SERVICE



All Are
Welcome

Third Sunday of Lent

MARCH 3, 2024

344 W. Workman St., Covina 91723 + (626) 332-3570 + www.sacredheart.cc
facebook.com/sacredheart.cc

PARISH CENTER OFFICE HOURS

MON – THURS 9:00am to 9:00pm
SAT & SUN 8:00am to 4:00pm
(Office closed for lunch from 12:30PM – 1:30PM)

CLOSED ALL DAY FRIDAY

Emergency Sick Calls Anytime

Pastor

Rev. William T. Easterling, V.F.

Priest Associates

Rev. Albert Avenido

Rev. William Gil

Deacons

Dn. Ron Butler

Dn. Jim Allgaier

Read the bulletin online at

www.sacredheart.cc/bulletin

Ministerios en Español:

Padre Bill y Padre Albert

MASS SCHEDULE

Sunday Liturgy in English:

- 5:30pm - Saturday evening
- 6:30am + 9:30am*
- 11:00am + 12:30pm
- 5:30pm LIFE TEEN MAS

Liturgia Domical en ESPAÑOL:

8:00am*

Weekday Masses Monday – Friday in English:

8:15am + 5:30pm

1st Saturday of the Month:

8:15am Mass with Anointing of the Sick

*Mass for the Sick and Homebound

SUNDAY at 9:30am in English and 8:00am in Spanish
Masses are provided on our YouTube & Facebook
Channels and webpage: www.sacredheart.cc

***Mass for the Sick and Homebound** is provided on
Sundays only for those who are very seriously ill or
homebound for major health issues.

CONFESSION SCHEDULE

Every Friday 7:15pm to last person in the Parish Church





Please pray...

For those who are sick, and their families, that they will feel God's presence and know his love, especially:



Szalonek Family
Patricia Lovering
Fernando Rosales
Jaydyn M. Castillo

Elena de la Rosa
Dominc W. Martin

Please pray for those who have special needs, and their families, that they will feel God's presence and know his love. Specially,

Victor L. Martin III, Gjurashaj Family
Juan Salcedo III, Dysa Cunanan

Please Pray for the Soul of:

Magaly Garbarino
 Her funeral Mass was held
 at Sacred Heart Church.
 May she rest in the peace of the Lord.

Prayer for the Nation

By: Thomas Jefferson

Almighty God, you have given us this good land for our heritage. We humbly ask you that we may always prove ourselves a people mindful of your favor.

Endow with Spirit of wisdom those to whom in your name we entrust the authority of government.

In time of prosperity fill our hearts with thankfulness, in the days of trouble do not allow our trust in you to fall.

PLEASE DONATE



ONLINE



PAYPAL

WAYS TO DONATE TO OUR CHURCH

We would like to inform you about the ways you can make donations to support our church and its important ministries. Your generous contributions play a vital role in ensuring we can continue to serve our community faithfully. Here are the different methods available for you to contribute, for easier transmission, please use the QR codes provided:

IN-PERSON OFFERINGS: Simply place your offering in the provided collection baskets, located at the front of the church by the communion rail during mass.

ONLINE DONATIONS: We accept Online donations via our website. You can securely make a contribution, ensuring a quick and hassle-free process. Visit our website for more information on the Online donation procedure or use the QR code provided above.

PAYPAL: To simplify your giving and ensure regular support, consider using the PayPal application or scanning the QR code.

SACRED HEART



Send money with Zelle®

In this digital age, we understand the importance of offering flexible solutions. We now accept donations through mobile payment using **Zelle®**. Please use the QR scan option from your mobile bank application. Please consult your bank for instructions.

Your generosity sustains our church's mission, enables us to provide pastoral care, community outreach, and maintain our sacred space. Thank you for being part of our journey.

TRIDUUM + THE THREE DAYS
Holy Thursday + Good Friday + Holy Saturday
Mass of the Lord's Supper + Passion
The Great Easter Vigil

YOU ARE INVITED

Each of these three days, known as the TRIDUUM, is one celebration of Passion, Death & Resurrection. In the life of the Church there are no other days more important, no other time as special as the TRIDUUM. It is one celebration, one liturgy, one act of worship that is three days long celebrating the most special and most holy days of our Christian faith.

On Holy Thursday we celebrate the Mass of the Lord's Supper with the Washing of the Feet and then procession of the Eucharist to an Altar of Repose (in Hall) where we are invited to remain in adoration till midnight. All this recalls Our Lord's Last Supper, giving us the Eucharist, washing the feet of the Disciples, and His agony in the garden. When the Blessed Sacrament is removed at midnight we are reminded of His arrest.

On Good Friday, the Passion reaches its climax in the death of Jesus on the Cross. We mourn, we ache, we enter into the pain, sadness and fear of Mary the Mother of God and that of the Disciples.

On Holy Saturday, at first we wait, still accompanying Mary and the Disciples in their pain and confusion. Then in the darkness of Holy Saturday night we celebrate the Resurrection of the Light of the World who dispels all darkness. In the light, we Baptize, we Confirm and we celebrate First Eucharist with new members of our Catholic-Christian faith.

Of these three days no one day is more important. Each day is an important part of one celebration of hope, peace and eternal life. The Eucharist of Holy Thursday gives us hope. His death on Good Friday gives Him peace and us the promise of His peace. The Resurrection of Holy Saturday night, brought to climax in the early morning darkness of Sunday, gives us eternal life. Without any one of these, there cannot be any of the others.

Good Friday is a very popular day as the sufferings of Christ have touched lives of so many people. The highpoint of Good Friday spiritually is the celebration of the Solemn Liturgical Service and within that service the Passion Gospel of John, the Veneration of the Cross and Holy Communion. Please remember

that Good Friday is more complete, more meaningful when we celebrate Holy Thursday and the Great Easter Vigil of Holy Saturday.

We invite you to celebrate with us the whole TRIDUUM. Come join us for one worship, one prayer, in the one Lord and one Church. Please accompany our parish family throughout our celebration of Holy Thursday & Good Friday & Holy Saturday.

Father Bill, Pastor

Sacrament of Reconciliation Confessions
PENANCE SERVICES 2024

A large number of priests will be available to hear confessions at these local Penance Services. We invite you to prepare for the celebration of Easter at one of these prayer services with individual confession.

CONFESSIONS
COMMUNIAL PENANCE SERVICES
WILL BE HELD IN CHURCH AT

St. Frances of Rome, Azusa
 Monday, March 18 at 7:00pm

St. Dorothy, Glendora
 Monday, March 19 at 7:00pm

St. Christopher
 Wednesday, March 21 at 7:00pm

SACRED HEART, COVINA
 Tuesday, March 26 at 7:00pm

St. Louise of Marillac, Covina
 Wednesday, March 27 at 7:00pm

Additional Confessions at SACRED HEART for
Sick, Shut-ins and Elderly

To better assist our brothers and sisters who have difficulty driving at night, those that are elderly, homebound and/or sick – including their caregivers - we offer two periods of afternoon confessions:

Tuesday, March 19, from 3:00pm to 4:00pm
Thursday, March 21, from 3:00pm to 4:00pm

It would be a great blessing and show tremendous respect for our Sick, Shut-ins and Elderly to reserve these times for their spiritual needs. Thank you very much.

No Confessions at Sacred Heart Parish after March 26
No Confessions at any local parish after March 27
No Confessions on Good Friday, March 29
No Confessions on Holy Saturday, March 30

SCHEDULE OF SERVICES FOR: HOLY WEEK 2024

Join us for the most beautiful week of the year, the most spiritually powerful week: HOLY WEEK

PALM SUNDAY (March 24):

Vigil Mass: Saturday (April 1) 5:30pm
Sunday Masses: 6:30, 9:30, 11:00am & 12:30pm,
plus 5:30pm Youth Mass
8:00am SPANISH Mass

There will be a simple blessing of Palms before all Masses.

MONDAY, TUESDAY AND WEDNESDAY OF HOLY WEEK: Masses at 8:15am and 5:30pm

HOLY THURSDAY (March 28):

No morning Mass; the only Mass of the day at 7:30pm: Concelebrated Mass of the Lord's Supper, followed by Eucharistic Adoration until Midnight

GOOD FRIDAY (March 29):

12 Noon – English Stations of the Cross
1:30pm – Spanish Stations of the Cross

3:00pm – English Solemn Liturgical Service*
6:15pm – Spanish Solemn Liturgical Service*
8:00pm – English Solemn Liturgical Service*

*The Solemn Liturgical Service includes the Lord's Passion, Veneration of the Cross and Holy Communion

HOLY SATURDAY (March 30):

9:30am.....Blessing of bread/food
8:00pm Solemn Celebration of the Great Easter Vigil The First Celebration of Easter

This Mass is the only Mass today; the most spiritually powerful Mass of the year, it is about 3 hours.

Please see the **EASTER SCHEDULE** for Easter Sunday – thank you!

HORARIO DE SERVICIOS PARA: SEMANA SANTA 2024

Acompáñenos a la semana más hermosa del año, la semana más poderosa espiritualmente: LA SEMANA SANTA

DOMINGO DE RAMOS (24 de marzo):

Vigilia (Misa): Sábado (1º de abril) 5:30pm
Misas Dominicales: 6:30, 9:30, 11:00am y 12:30pm, además, Misa para jóvenes a las 5:30pm
Misa en ESPAÑOL a las 8:00am

Habrà una simple bendición de Palmas antes de todas las Misas.

LUNES, MARTES Y MIÉRCOLES DE SEMANA SANTA: Misa a las 8:15am y 5:30pm

JUEVES SANTO (28 de marzo):

No habrá misa por la mañana; la única Misa del día será a las 7:30pm: Misa concelebrada de la **Cena del Señor**, seguida de **Adoración Eucarística** hasta la medianoche

VIERNES SANTO (29 de marzo):

12 del mediodía – Viacrucis en inglés
1:30pm – Viacrucis Español
3:00pm – Servicio Litúrgico Solemne en Inglés*
6:15pm – Servicio Litúrgico Solemne en Español*
8:00pm – Servicio Litúrgico Solemne en Inglés*

*El Servicio Litúrgico Solemne incluye la Pasión del Señor, la Veneración de la Cruz y la Sagrada Comunión.

SÁBADO SANTO (30 de marzo):

9:30am Bendición del pan/alimentos
8:00pm Celebración Solemne de la Gran Vigilia Pascual + Primera Celebración de la Pascua

Esta Misa es la única Misa del día; Es la Misa espiritualmente más poderosa del año, dura aproximadamente 3 horas.

Por favor consulte el **HORARIO DE LA PASCUA** para el Domingo de Pascua – ¡Gracias!



EASTER MASS SCHEDULE

We welcome you and your family and friends and neighbors to join us for Easter Sunday Mass. Our schedule for Easter this year, includes a total of 11 Masses.

HOLY SATURDAY EASTER VIGIL**March 30, 2024 + 8:00pm**

One of the most ancient traditions of the Church is the celebration of the Easter Vigil on Holy Saturday night. There is no Mass that morning, only this magnificent liturgy late in the evening, near to or just after nightfall (darkness). This ancient and unique Mass lasts about 3 hours and includes blessings done only once a year and only at this Mass. It is considered the most important and most holy Mass of the Church year. Come and join us for the "First Celebration of Easter, The Great Easter Vigil". And yes it counts for Sunday!

EASTER SUNDAY**March 31, 2024**

On Easter Sunday we will have 7 Masses in the parish church (5 in English & 1 in Spanish) plus 4 additional Masses in Cavanagh Hall (3 in English & 1 in Spanish). Masses in the Hall are most beautiful and spiritually uplifting with spectacular decorations and music, equal to any in the church, but a smaller congregation and plenty of extra seating. Our Easter Sunday schedule is:

ENGLISH MASSES

<u>Church:</u>	<u>Hall:</u>
6:30am	8:00am
9:30am	9:35am
11:00am	11:05am
12:30pm	
5:30pm	

SPANISH MASSES

<u>Church:</u>	<u>Hall:</u>
8:00am	12:30pm

You, your family and friends and neighbors are welcome at any and all our Easter Masses.

HORARIO DE MISA DE SEMANA SANTA

Le damos la bienvenida a usted, a su familia, amigos y vecinos a que se unan a nosotros en la Misa del Domingo de Pascua. Nuestro horario para la Pascua de este año incluye un total de 11 Misas.

VIGILIA PASCUAL DEL SÁBADO DE GLORIA**30 de marzo de 2024 + 8:00pm**

Una de las tradiciones más antiguas de la Iglesia es la celebración de la Vigilia Pascual la noche del Sábado de Gloria. Esa mañana no hay Misa, sólo esta magnífica liturgia al final de la tarde, cerca o justo después del anochecer (oscuridad). Esta Misa antigua y única dura aproximadamente 3 horas e incluye bendiciones que se realizan solo una vez al año y solo en esta Misa. Se considera la Misa más importante y santa del año de la Iglesia. Vengan y únanse a nosotros para la "Primera Celebración de la Pascua, La Gran Vigilia Pascual". ¡Y sí, cuenta para el domingo!

DOMINGO DE PASCUA**31 de marzo de 2024**

El Domingo de Pascua tendremos 7 Misas en la iglesia parroquial (5 en inglés y 1 en español) más 4 Misas adicionales en Salón Cavanagh (3 en inglés y 1 en español). Las misas en el Salón son muy hermosas y espiritualmente inspiradoras, con decoraciones y música espectacular, igual a cualquier otra misa en la iglesia, pero con una congregación más pequeña y muchos asientos adicionales. Nuestro horario del Domingo de Pascua es:

MISAS EN INGLÉS

<u>En la Iglesia:</u>	<u>En el Salón:</u>
6:30am	8:00am
9:30am	9:35am
11:00am	11:05am
12:30pm	
5:30pm	

MISAS EN ESPAÑOL

<u>En la Iglesia:</u>	<u>En el Salón:</u>
8:00am	12:30pm

Usted, su familia, amigos y vecinos están cordialmente invitados a venir a todas y cada una de nuestras Misas de Pascua.

TRIDUO + LOS TRES DÍAS**Jueves Santo + Viernes Santo+ Sábado Santo****Misa de la Cena del Señor + Pasión****La Gran Vigilia Pascual****ESTAS INVITADO**

Cada uno de estos tres días, conocidos como TRIDUO, es una celebración de Pasión, Muerte y Resurrección. En la vida de la Iglesia no hay otros días más importantes, ningún otro momento tan especial como el TRIDUO. Es una celebración, una liturgia, un acto de adoración que dura tres días y celebra los días más especiales y santos de nuestra fe cristiana.

El Jueves Santo celebramos la Misa de la Cena del Señor con el Lavado de los Pies y luego la procesión de la Eucaristía hasta un Altar de Reposo (en el Salón) donde estamos invitados a permanecer en adoración hasta la medianoche. Todo esto recuerda la Última Cena de Nuestro Señor, dándonos la Eucaristía, lavando los pies a los Discípulos y Su agonía en el huerto. Cuando se retira el Santísimo Sacramento a medianoche, recordamos Su arresto.

El Viernes Santo, la Pasión alcanza su clímax con la muerte de Jesús en la Cruz. Estamos de luto, nos duele, entramos en el dolor, la tristeza y el temor de María Madre de Dios y el de los Discípulos.

El Sábado de Gloria, al principio esperamos, todavía acompañamos a María y a los Discípulos en su dolor y confusión. Luego en la oscuridad de la noche del Sábado Santo celebramos la Resurrección de la Luz del Mundo que disipa toda oscuridad. En la luz, Bautizamos, Confirmamos y celebramos la Primera Eucaristía con los nuevos miembros de nuestra fe católico-cristiana.

De estos tres días ninguno es más importante. Cada día es una parte importante de una celebración de esperanza, paz y vida eterna. La Eucaristía del Jueves Santo nos da esperanza. Su muerte el Viernes Santo le da paz a Él y a nosotros la promesa de Su paz. La Resurrección de la noche del Sábado de Gloria, llevada a su clímax en la oscuridad de la madrugada del domingo, nos da vida eterna. Sin ninguno de estos días no puede existir ninguno de los demás.

El Viernes Santo es un día muy popular ya que los sufrimientos de Cristo han tocado la vida de muchas personas. El punto culminante espiritual del Viernes Santo es la celebración del Servicio Litúrgico Solemne y dentro de ese servicio el Evangelio de la Pasión de Juan, la Veneración de la Cruz y la Sagrada Comunión. Recuerden que el Viernes Santo es más completo, más significativo cuando celebramos el Jueves Santo y la Gran Vigilia

Pascual del Sábado de Gloria.

Les invitamos a celebrar con nosotros todo el TRIDUO. Únanse a nosotros para una adoración, una oración, en el único Señor y una sola Iglesia. Por favor acompañe a nuestra familia parroquial durante nuestra celebración del Jueves Santo, Viernes Santo y Sábado de Gloria.

Padre Bill, Párroco

Sacramento de Reconciliación Confesiones SERVICIOS DE PENITENCIA 2024

Un gran número de sacerdotes estarán disponibles para oír confesiones en la estos Servicios de Penitencia. Les invitamos a prepararse para la celebración de la Pascua en uno de estos servicios de oración y confesión

Servicios de Penitencia Comunal y confesiones se llevarán a cabo es las siguientes Iglesias

St. Frances of Rome en Azusa

Lunes 18 de marzo a las 7:00pm

St. Dorothy en Glendora

Lunes 19 de marzo a las 7:00pm

St. Christopher en West Covina

Miércoles 21 de marzo a las 7:00pm

SAGRADO CORAZÓN en COVINA

Martes 26 de marzo a las 7:00pm

St. Louise de Marillac, Covina

Miércoles 27 de marzo a las 7:00pm

Confesiones adicionales en el Sagrado Corazón para personas de mayor edad y confinados en casa.

Para ayudar mejor a nuestros hermanos y hermanas que tienen dificultades para conducir de noche, aquellos que son ancianos, confinados en sus hogares y/o enfermos – incluyendo a sus cuidadores – ofrecemos dos períodos de confesiones por la tarde:

Martes, 19 de marzo de 3:00pm a 4:00pm

Jueves, 21 de marzo de 3:00pm a 4:00pm

Sería una gran bendición y mostraría un tremendo respeto por nuestros enfermos, confinados y ancianos reservar este tiempos para sus necesidades espirituales. Muchas gracias.

**No habrán confesiones en el
Sagrado Corazón después del 26 de marzo**

**Tampoco habrán confesiones en ninguna de estas
parroquia después del 27 al 30 de marzo**



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Jesus and the EUCHARIST

A SMALL GROUP SERIES FOR

EUCHARISTIC REVIVAL 2024

Location: Sacred Heart Church/
Cavanagh Hall




Wednesdays (7PM): Small Group Series
02/21, 3/20, 04/17, 05/15

Saturdays (6:30PM): Encounter Night/Adoration
03/02, 04/06, 05/4, 06/01

For more information: (626) 470-7579

Parish Community Get on the Bus

Interested in being part of this Outreach Ministry? Please contact Robert Martinez at (626) 374-0794



Fellowship Hospitality
Needs your help. Contact Robert Martinez at 626.374.0794



Ladies, we care about you and your family.
Life is tough, your not alone.
We all need support, prayer, and Jesus.
We invite you to gather with us!



Forever Mothers

Women, Support, Prayer

Tuesdays 7:00PM

In the Parish Center (Sister Chapel)
This gathering is free, open to all women
No need to sign up. Bring a friend.

For info email anitra@sacredheart.cc

PARISH CENTER SPECIAL HOURS

Holy Thursday + Good Friday + Holy Saturday + Easter Sunday

The most holy days of the Church year is a three day period called the Triduum, and consist of: Holy Thursday + Good Friday + Holy Saturday and then by extension Easter Sunday, this period is also called the Easter Triduum. It is important that all Christians spend these days in prayer, reflection and study of the Scriptures.

To better provide for that and to better set an example to all the faithful we are going to close our parish offices early those three days (Holy Thursday + Good Friday & Holy Saturday) to allow our staff and volunteer leadership the proper time for prayer.

PARISH CENTER SPECIAL HOURS
Holy Thursday, March 28 closes at 12:00noon
Good Friday, March 29 closes at 12:00noon
Holy Saturday, March 30 closes at 12:00noon
Easter Sunday, March 31 CLOSED ALL DAY

On Easter Sunday we will close all day, to allow our staff to spend this beautiful day with their families. We all deserve this day of Resurrection as a family day, to love and support our families. We will reopen for regular hours on Easter Monday (the day after Easter).

WHEELCHAIRS TO GO!

The Knights of Columbus partnering with
The American Wheelchair Mission



DO YOU HAVE A FAMILY MEMBER OR
FRIEND WHO IS DISABLED?—SOMEONE
WHO COULD USE A GIFT OF MOBILITY?

The Knights of Columbus has a deal for you! The Knights of Columbus is partnering—once again—with The American Wheelchair Mission—to bring needed wheelchairs to our community. Do you know someone who needs a wheelchair? At no cost? Please contact the Parish Office to get the process started.

**WHILE SUPPLIES
LAST AND WITH CERTAIN LIMITATIONS**

For more information contact: John Petersen @ (626) 814-9915
or Gene Hays at genehays@kofc.sgvchapter.org

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

The Merciful Anger of Jesus

Watch your fellow churchgoers today as the priest or deacon reads the story of Jesus raising hell (or perhaps he's raising heaven?) in the temple square. Dollars to donuts, they'll be squirming.

As Catholics, we have become very uncomfortable with Angry Jesus. He makes us cringe in the same way that the Old Testament God does when He calls Himself "jealous" and talks about punishment. That level of intensity makes us recoil. If it were present in a human relationship, it would be toxic and abusive, because in humanity, fierceness and love rarely coexist in a healthy way.

But what a tragedy it would be for us to mistake our relationship with God for our relationship with our spouse, our best friend, or even our human father. Because we cannot see clearly, we would mistake His zeal for anger and His law for diktat.

The strong and sure movement of a wave against a rocky cliff will, over time, erode its surface, just as an overabundance of raindrops will flood a city. We do not call the water callous and cruel. We still luxuriate in its coolness and refreshment. Its destructive powers don't negate the life-giving properties of water. We do not demand that water apologize to us for being strong.

Fierce, uncompromising — but also, soft and merciful. How can God — and God's law — be both, at the same time? How can Christ cast a whip at someone's foot, overturn a table and scatter coins? How can the law of God be perfect, as the Psalm says, and refresh the soul — while demanding so much of it?

All I can say is, thank God for Angry Jesus. We need his fierceness and thank God it does not wane because it confuses us. Thank God his mercy does not decrease because we doubt it.

"For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength." — 1 Corinthians 1:25

FIRST READING:

In those days, God delivered all these commandments: "I, the LORD am your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me." (Ex 20:1-3)

PSALM:

Lord, you have the words of everlasting life. (Ps 19)

SECOND READING:

We proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God. (1 Cor 1:23-24)

GOSPEL:

Jesus answered and said to them, "Destroy this temple and in three days I will raise it up." (Jn 2:19)

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READINGS FOR THE WEEK

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3,4/
Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc,
8-9/Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/
Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/
Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab,
14 and 17/Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/
Lk 18:9-14

OBSERVANCES FOR THE WEEK

Monday: St. Casimir

Thursday: Sts. Perpetua and Felicity, Martyrs

Friday: St. John of God, Religious

Saturday: St. Frances of Rome, Religious;
St. Catherine of Bologna

GOSPEL MEDITATION

I am the Lord your God ... You shall not have other gods beside me. —Ex 20:2-3

One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip



the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to "have no other gods besides me." This is our "grip." Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say "yes" to this fundamental question of our spiritual "grip," then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshiping God alone, the better we navigate the complexity of life with panache, effectiveness, and love.

Lenten challenge: This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this "idol" to better hold on to God alone in faithful worship. Remember: the best love the basics.

— *Father John Muir*

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PARISH DIRECTORY

Parish Center & Parish Offices

www.sacredheart.cc (626) 332-3570 Fax (626)967-4884

Business Manager	Fernando Torres	332-3570
Pastoral Council		332-3570
Finance Committee	Fernando Torres	332-3570
Bulletin Editor	José de la Rosa	332-3570
Bulletin articles, send to:	bulletin@sacredheart.cc	

Parish School

Claudia Tice, Principal principal@sacredheartcovina.com 332-7222

Parish Departments & Ministry of:

Director of Elementary & Junior High Formation	Christy Murcia-Chavez	332-3570
	Christy@sacredheart.cc	
Director of Youth & Young Adult Formation	Melinda Evangelista	332-3570
	melinda-E@sacredheart.cc	
Worship Coordinator	Father Bill	332-3570
Adult Formation Coordinator	Tania Romo	(626) 525-1767
Business Admin	Fernando Torres	332-3570

Liturgical Ministries

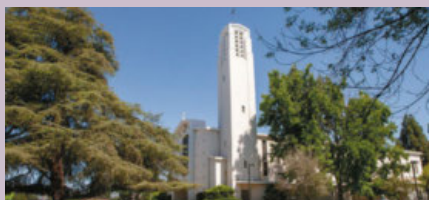
Altar Care	Marie Puga	(626) 221-4396
Altar Servers		
Music Leader	Maria Siegrist	485-0773
Lectors	Alicia Torres-Sharp	(626) 993-5277
Liturgical Environment	Ed & Carmen Aniceto	(818) 640-2960
Ministers of the Altar	Helene Maietta	332-3570
Ministers to the Sick	Leo & Merly Inguito	332-3570
Fellowship Hospitality	Robert Martinez	(626) 374-0794

Outreach Ministries

Bereavement	Karen McCurdy & Ken Nelson	332-3570
ESGV Homeless Shelter	Gus Corona	641-9714
Get On The Bus	Robert Martinez	374-0794
Our Daily Bread	Susan Cole	(626) 375-3895
St. Vincent de Paul	Priscilla Dimitruk	339-7580
Safeguard the Children	Frank Reynoso	332-3570
Spanish Ministries		

Parish Organizations

FatherHoodQuest	Nelson Murcia-Chavez	470-7579
Cursillo	Fernando Torres	(626)332.3570
Forever Mothers	Muna Hattar-Mendoza	(626)332-3570
Knights of Columbus	John Petersen	814-9915
Encounters of Mercy	Frank Dominguez	(626) 393-9957
Scouting, Boys & Girls,	Nelson Murcia-Chavez	470-7579
All levels: Scouting Coordinator		



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Parish Priests

Rev. William T. Easterling, V.F (Father Bill)
PASTOR
FrBill@sacredheart.cc
Phone: (626) 913 – 1681

Rev. Albert Avenido (Father Albert)
Associate Pastor
FrAlbert@sacredheart.cc
Phone: (626) 332 – 3570 ext. 277

Rev. William Gil (Father William)
Associate Pastor
FrWilliam@sacredheart.cc
Phone: (818) 967 – 3989

Parish Deacons

Deacon Ronald Butler (Deacon Ron)
DnRon@sacredheart.cc
Phone: (626) 332 – 3570 ext. 223

Deacon James Allgaier (Deacon Jim)
DnJim@sacredheart.cc
Phone: (626) 332 – 3570 ext. 227

SACRAMENTS/DEVOTIONS

Baptisms: Most Sundays. Mandatory Baptism Preparation Class first Thursday of every month. Deadline to register is two weeks prior to the class. Please contact the Parish Center for further information.

Marriages: Congratulations! Please contact the Parish Center to meet with a priest or deacon at least six months prior to the intended date of marriage.

Priesthood & Religious Life: Young men and women interested in becoming a priest or a religious sister, or deacon, please call Father Bill.

Anointing of the Sick: First Saturday of the month, after the 8:15am Mass. If you or someone you know needs a visit because they have become seriously ill, call the Parish Center at any time.

Sacraments of Adult Initiation: If you are an adult interested in joining the Catholic Church or completing your sacraments, call the RCIA (Rite of Christian Initiation of Adults) Please contact Tania Romo, at (626)525-1767 or go to our website at www.sacredheart.cc.

Sacrament of Reconciliation: Confession are every Friday from 7:15pm to the last person, in the Parish Church.