

# OUR FAMILY NEWS

AUGUST 11 | 2025



## THE GOAL

To renew our parishes so they become places where individuals and families encounter Jesus and grow as missionary disciples

## THE PLAN

To respond in faith to the challenges we face and to take the necessary steps to better equip our parish communities for mission.

## OUR RESOLVE

To advance with unshakable conviction of the truth of the Gospel and a love that compels us to share the good news with those around us

## Nativity of Our Lord Parish in Detroit reports its Gleaners bill has nearly tripled as demand increases

**Daniel Meloy • August 5, 2025**

DETROIT — Cuts in federal funding to food banks have produced a knock-on effect for parish pantries, which have seen increases in their food bank bills at a time when everybody is dealing with higher food prices.

The United States Department of Agriculture canceled \$4.3 million worth of food shipments to Michigan food banks earlier this year, prompting budget shortfalls.

The cuts mean less USDA-subsidized food is on book bank shelves, prompting parish food pantries to select non-subsidized food items at a higher cost.

Anne Crowe, parish secretary and outreach coordinator at Nativity of Our Lord Parish on Detroit's east side, wrote in the July parish bulletin that the parish bill from Gleaners Community Food Bank has increased from \$1,000 a month to \$3,000 a month.

"Gleaners has USDA food and non-USDA food on the shelves that you can select, and the USDA food is priced much lower than what Gleaners calls 'shared maintenance,'" Crowe told Detroit Catholic. "Gleaners' prices are still below grocery store prices, even if they're not USDA, and Gleaners is a fantastic food bank. But they have an operation to run; there is only so much they can do. So, when their costs go up, our costs go up."

Nativity Parish operates its food pantry every Thursday from 1 p.m. to 4 p.m. Just before 1 p.m., people start lining up in front of the church located on the corner of McClellan and Gratiot to receive their allotted food, depending on family size. Since the USDA announced in March the cancellation of the Emergency Food Assistance Program, which supplied USDA-subsidized shipments to food banks, including items such as chicken, eggs and cheese, Crowe said the costs of such items quadrupled.

**Continued on Page 20**

## MEET OUR FAMILY OF PARISHES ALL ARE WELCOME

**Holy Family**  
24505 Meadowbrook Rd.  
Novi, MI 48375  
(248) 349-8847  
[www.holyfamilynovi.org](http://www.holyfamilynovi.org)

**St. Joseph**  
830 S Lafayette St.  
South Lyon, MI 48178  
(248) 446-8700  
[www.stjcc.org](http://www.stjcc.org)

**St. James**  
46325 Ten Mile Rd.  
Novi, MI 48374  
(248) 347-7778  
[www.stjamesnovi.org](http://www.stjamesnovi.org)

**St. William**  
531 Common St.  
Walled Lake, MI 48390  
(248) 624-1421  
[www.stwilliam.com](http://www.stwilliam.com)



## WHAT IS A FAMILY OF PARISHES?

A Family of Parishes is a group of three or more parishes that collaborate in deeper and more intentional ways than parishes have ever done before. Each parish in a Family will retain its own unique identity, similar to how each sibling has his or her own unique roll in the family.

[CLICK HERE](#)  
To Read the Archbishop's Letter



# Parish pantries face higher costs amidst cuts in federal subsidies to food banks



Nativity of Our Lord Parish on Detroit's east side has seen a significant increase in its Gleaners Community Food Bank bill due to a decrease in USDA-subsidized food on the food bank's shelves. The increased prices have forced Nativity Parish, as well as Gleaners to make adjustments. (Photos by Valaurian Waller | Detroit Catholic)

## OUR FAMILY OF PARISHES DAILY MASS SCHEDULE

**Holy Family**  
24505 Meadowbrook Rd.  
Novi, MI 48375  
(248) 349-8847  
[www.holyfamilynovi.org](http://www.holyfamilynovi.org)

Monday	12:00 pm
Tuesday	9:00 am
Wednesday	12:00 pm
Thursday	9:00 am
Friday	9:00 am

**St. James**  
46325 Ten Mile Rd.  
Novi, MI 48374  
248-347-7778  
[www.stjamesnovi.org](http://www.stjamesnovi.org)

Monday	9:00 am
Tuesday	9:00 am
Wednesday	7:00 pm
Thursday	None
Friday	None

**St. Joseph**  
830 S Lafayette St.  
South Lyon, MI 48178  
(248) 446-8700  
[www.stjcc.org](http://www.stjcc.org)

Monday	None
Tuesday	7:00 pm
Wednesday	9:00 am
Thursday	None
Friday	9:00 am

**St. William**  
531 Common St.  
Walled Lake, MI 48390  
(248) 624-1421  
[www.stwilliam.com](http://www.stwilliam.com)

Monday	None
Tuesday	8:00 am
Wednesday	8:00 am
Thursday	8:00 am
Friday	None

## OUR FAMILY OF PARISHES RECONCILIATION SCHEDULE

Saturday 9:00 am  
or by appointment

Wednesday 6:00 pm  
Saturday 2:30 pm

Tuesday 6:00 pm  
*First Tuesday  
of the Month Only*  
Saturday 3:30 pm

Announced Weekly



**Holy Family**  
 24505 Meadowbrook  
 Novi, MI 48375  
 (248) 349-8847  
[www.holyfamilynovi.org](http://www.holyfamilynovi.org)  
**August 11, 2025**

## Weekend Mass Times

**Saturdays**  
**4:30 pm**  
**6:30 pm** Spanish

**Sundays**  
**8:30 am**  
**10:30 am**  
**12:30 pm**

**Fr. Bob LaCroix**  
[frbob@hfnovi.com](mailto:frbob@hfnovi.com)

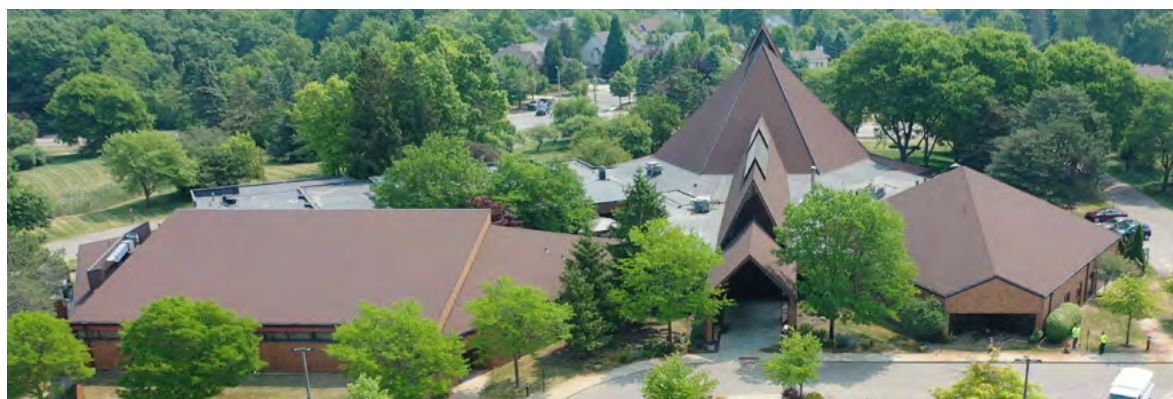
**Janet Díaz**  
 Pastoral Formation Dir.  
[jdiaz@hfnovi.com](mailto:jdiaz@hfnovi.com)

**Gabriela Vázquez**  
 Hispanic Ministry Dir.  
[gvazquez@hfnovi.com](mailto:gvazquez@hfnovi.com)

**Katie Luther**  
 Evangelization Coord.  
[kluther@hfnovi.com](mailto:kluther@hfnovi.com)

**Dan Czarniecki**  
 Faith Formation Dir.  
[dczarniecki@hfnovi.com](mailto:dczarniecki@hfnovi.com)

**Fr. Bob LaCroix**








## OUR RELIGIOUS FORMATION PROGRAM BEGINS ON THE WEEK OF SEPTEMBER 8, 5:30 PM - 6:45 PM

Registration is now open at:

[holyfamilynovi.org/registration](http://holyfamilynovi.org/registration)

or Scan the QRCode:



Contact Dan Czarniecki, [dczarniecki@hfnovi.com](mailto:dczarniecki@hfnovi.com) for more details.

### SATURDAY, AUGUST 16, 10:00 - 12:00 PM

Young Adults, join us as we head outdoors!

Local Deacon Chris Booms, will lead us in a meditation using scripture as we hike through the nature trails in Kensington Park.

Check the complete season calendar online at:

[holyfamilynovi.org/young-adults](http://holyfamilynovi.org/young-adults)

### MONDAY, AUGUST 18, 6:30 PM - 8:00 PM

Do you have questions about the catholic faith?

Are you baptized but never received other Sacraments?

Are you interested in becoming catholic?

Join us for an informative session about our Fall program.

For more information contact Dan Czarniecki at [dczarniecki@hfnovi.com](mailto:dczarniecki@hfnovi.com) or 248-349-8847 EX 251

### THURSDAY, AUGUST 28, 6:00 PM - 7:00 PM

Gather your loved ones and join us in a beautiful tradition of faith. Let's come together as families to pray the rosary, seeking solace, guidance, and blessings in our shared journey of faith.

Questions? Contact Rafael Garcia, [aicragleafar@gmail.com](mailto:aicragleafar@gmail.com), 248-854-3250

### SUNDAY, AUGUST 30, AFTER 10:30 AM MASS

You are invited to join the Knights of Columbus in praying the Rosary on Sunday. Let us come together in faith and fellowship to seek the intercession of our Blessed Mother and strengthen our bonds as a community.



Holy Family

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[www.holyfamilynovi.org](http://www.holyfamilynovi.org)  
August 11, 2025

Fr. Bob LaCroix



Daily  
Mass Times

Monday	12:00 pm
Tuesday	9:00 am
Wednesday	12:00 pm
Thursday	9:00 am
Friday	9:00 am

EVERYONE IS WELCOME TO OUR

HF PARISH

Picnic

Grab your sunglasses, and your best picnic  
vibes—let's enjoy the sunshine together!

SUNDAY, SEPTEMBER 7

After 12:30 pm Mass

There'll be games, music,  
laughter, and plenty of food.  
Friends and family are  
welcome!

24505 Meadowbrook Rd,  
Novi, MI 48375





**St. James**  
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**August 11, 2025**

## Weekend Mass Times

**Saturdays**  
**4:00 pm**

**Sundays**  
**8:00 am**  
**9:30 am**  
**11:30 pm**

**Fr. Ed Zaorski**



## MISSION APPEAL

**Mission Appeal:** We will welcome **Rev. Fr. Simonpeter Kitute Mwanzia**, a priest of the **Catholic Diocese of Kitui** in Kenya the weekend of August 16th and 17th. His diocese, located in a vast, semi-arid region, faces serious challenges due to climate change, poverty, and limited access to clean water and education.

Fr. Simonpeter's mission appeal invites us to support six key areas of need:

- **Education support** for 60 seminarians and other needy students
- **Faith formation** for youth and missionary outreach
- **Humanitarian aid** for vulnerable families
- **Clean water, health, and agricultural projects**
- **Rehabilitation services** through the St. John Eudes Centre

Your generosity will bring lasting transformation to the people of Kitui.

Thank you for welcoming Fr. Simonpeter and supporting this important mission.



## Order of Christian Initiation of Adults

The Order of Christian Initiation of Adults (OCIA) is the process designed by the Church for adults who are interested in becoming Catholic or desire to receive the Sacraments of Initiation: Baptism, Confirmation, and Holy Eucharist and for those who want to know more about the Catholic faith. Our parish OCIA registration is now open.

To register, please contact the Parish Office or Sr Clare Emeruom, HVM at 248-347-7778 ext. 17 or [daluclare@sjnovi.net](mailto:daluclare@sjnovi.net).





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**August 11, 2025**

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Monday	9:00 am
Tuesday	9:00 am
Wednesday	7:00 pm
Thursday	None
Friday	None

Fr. Ed Zaorski





### 3 Part Series

## The Story of our Souls: Spiritual Autobiography

Presented by:  
**Meredith Skowronski**

Discover our connectedness and oneness in God through the sharing of our stories!

An interactive and reflective way to develop a deeper awareness of how God has worked and is working in our lives at all times!

No experience needed - simply come with a desire to learn and to share! All are welcome!

### God Speaks to us in our Stories:

"Maybe nothing is more important than that we keep track, you and I, of these stories of who we are and where we have come from and the people we have met along the way because it is precisely through these stories in all their particularity...that God makes [God's] self known to each of us most powerfully and personally." *Frederick Buechner*

### When we meet:

Join us on Thursday evenings  
•Sept. 11 •Sept. 18 •Sept. 25  
6:30p.m. to 8:30p.m. - Parish Hall  
Please register using the link below

**ST. James**  
CATHOLIC CHURCH  
46325 W. Ten Mile Road • Novi • MI • 48374 • 248-347-7778 • [www.stjamesnovi.org](http://www.stjamesnovi.org)

Registration Link







**St. Joseph**  
830 S Lafayette St.  
South Lyon, MI 48178  
(248) 446-8700  
[www.stjcc.org](http://www.stjcc.org)

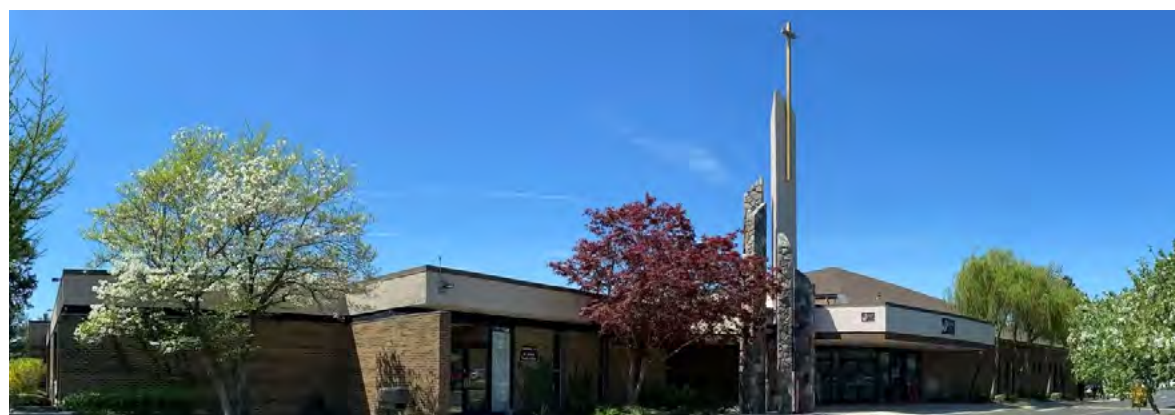
**August 11, 2025**

## Weekend Mass Times

**Saturdays**  
**5:00 pm**

**Sundays**  
**8:00 am**  
**10:00 am**  
**12:00 pm**

Fr. Stan Tokarski



**5th Annual WcM Firepit Summer Social**

featuring Lenny Earls on guitar  
& Prayer Ministry Team's annual prayer burning



ALL WOMEN INVITED (AGES 18+)

**WED AUG 20TH**  
6:30-8:30/9 PM  
Rain Plan: held inside



**St. Joseph Parish**  
**2025 Men's Weekend Retreat**  
**September 19<sup>th</sup> - 21<sup>st</sup>**

All men of St. Joseph Parish are invited to attend our Annual Men's Retreat at St. Paul of the Cross Retreat Center for a weekend of prayer and reflection.

Register online at [stpaulretreat.org](http://stpaulretreat.org) or call the retreat center at (313) 286-2801 to reserve your spot.



**St. Vincent de Paul**  
**Top Hat Collection**

**After All Masses**  
**August 16<sup>th</sup> & 17<sup>th</sup> 2025**




Vincentians will be at the doors of the church collecting for the needy in our parish and community.

## Support the Polish Festival: Donate a Gift Basket!

If you would like to provide a basket to be raffled please follow the instructions below:

- Please RSVP and register your basket ahead of time with Carla Black at (248) 752-2691
- Baskets must be wrapped in clear cellophane with a list of contents attached
- Must contain new items only
- Drop off in the front office of St. Joseph Parish on Thurs. 9/4

*Thank you!!*





St. Joseph

St. Joseph

830 S Lafayette St.

South Lyon, MI 48178

(248) 446-8700

[www.stjcc.org](http://www.stjcc.org)

August 11, 2025

Fr. Stan Tokarski



Daily Mass Times

Monday	None
Tuesday	7:00 pm
Wednesday	9:00 am
Thursday	None
Friday	9:00 am

4TH ANNUAL

ST. JOSEPH PARISH

POLISH HERITAGE

FESTIVAL

Save THE Date

SAT | SEPT 6

1-9 PM

SUN | SEPT 7

1-7 PM

Sponsored by Knights of Columbus Council #7586

Two Full Days of Fun for the Whole Family!!

Polka Mass

Traditional Polish Dancers

Polka Bands

Car Show

Beer Tent

Vendors

Authentic Polish Cuisine

Desserts

Eating Contest

Activities for Kids

Gift Basket Raffle

Major Raffle - Big Cash Prizes!

ST. JOSEPH PARISH | 830 S. LAFAYETTE | SOUTH LYON, MI 48178

AUGUST 11, 2025 9



May 2025

## St. William

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531 Common St.  
Walled Lake, MI 48390  
(248) 624-1421  
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August 11, 2025

### Weekend Mass Times

**Saturdays**  
4:30 pm

**Sundays**  
10:00 am  
12:30 pm

Fr. Michael Savickas



### NOW ENROLLING!

Call the School Office or  
visit us on our website

[www.stwilliam-school.com](http://www.stwilliam-school.com) | (248) 669-4440



A Community of Faith, Family, & Learning

**Join Us!** Experience the  
**CRUSADER** difference.

3 YR PRESCHOOL - 8TH GRADE



#### A Great Retiree Opportunity That Comes With Eternal Rewards

A good friend and wonderful addition to our St. Vincent de Paul Conference is Mr. Fred Postma. Although he is a member of Orchard Grove Community Church (our neighbor across the street), he is an invaluable member of our St. Vincent group. Oftentimes a St. Vincent Home Visit reveals a staggering lack of even the bare essentials of a home. No dining room table, no living room couch, no bed frames and sometimes even no bed is a common occurrence. In many cases this was due to a prior eviction where our neighbor in need has literally lost everything. Under these circumstances, we turn to Fred. He operates a non-profit furniture and appliance ministry that does amazing work!

Our limited funds prevent us from purchasing new items, but Fred always finds a way to take care of a need with his inventory of used items. If you ever wondered what is happening with our former convent, Fred is utilizing it as one of his warehouses. However, after many years of assisting countless neighbors, age and physical limitations are requiring that he find a replacement to carry on the torch.

This would be a wonderful opportunity for a person wanting to give back to the community for all the many blessings that he or she has received from our Lord! The amount of work involved in this ministry should not be understated but when you take into account that our Lord has promised us that even a cup of water to one of his little ones will not go unrewarded, just try to imagine the eternal benefits. Fred probably spends an average of 20 hours per week in this ministry so there is a lot of opportunity for the receipt of many graces! He charges just enough to get by with the upkeep of his SUV and trailer which contributes greatly to the benefit of our St. Vincent neighbors as we can assist many of them with very little funds from our treasury.

If this piques any interest from one or more of our Parishioners, please take it to the Lord in prayer as our St. Vincent group would lose a critical component in our mission to serve the under-privileged if this ministry is not perpetuated! Please contact the rectory with any **"no obligation"** questions and someone will get back to you. God Bless!V

### Family Eucharistic Adoration First & Third Sundays of the month 2-4 p.m.



**2-2:30 p.m.:** Small, restless & fidgety  
children welcome!

The first 1/2 hour is designed for  
parents with small children.

Borrow a "busy hands" coloring and  
activity bag to help little ones focus.

**2:30-4 p.m.:** Adult adoration.

Silent adoration time and group  
prayers. Worship aids available.





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**August 11, 2025**

Fr. Michael Savickas



# Daily Mass Times

Monday	None
Tuesday	8:00 am
Wednesday	8:00 am
Thursday	8:00 am
Friday	None




## Sisters in Christ

Welcome to our new ministry! Walking together, sharing joy and supporting each other along the journey as the Bride of Christ. We will grow in faith through spiritual books and other activities. Our goal is to grow in faith, improve our prayer life and form lifelong relationships with people that truly care and are walking the same path. It is difficult finding yourself as the only person of faith in Christ.

We are creating small faith-sharing groups of around eight women which will meet either in the home setting, coffee shop, restaurant, or online. The frequency, place, day and time will be for the group to decide.

To join, please go to the St. William website and under the Evangelization dropdown, select Sisters in Christ and you will find a link to the Flocknotes sign-up. Another option is to email: [mtelners@saintwilliam.net](mailto:mtelners@saintwilliam.net) or call/text 248-277-8714. Please help spread the word ...



Keep up on all the Sisters In Christ news!

Scan the QR code to sign up for Flocknote notifications!

## 2025 Jubilee Year of Hope Update

St. William has completed the first pilgrimage to the Shrine of St. John Paul II, Orchard Lake and it was past expectations; everyone was moved and looking forward to the next pilgrimage. We also had others not associated with our church join in and ask if they could join our next pilgrimage.

One response: Today was truly a blessing to visit, pray, and get a tour of the site with the group from St. William. I am very grateful for the

opportunity. Thank you so much it was amazing!!!

The next pilgrimages planned are as follows:

### July 19<sup>th</sup> pilgrimage is to The Shrine of the Immaculate Heart of Mary

The shrine is located at 400 South Blvd. West, Pontiac, MI. 48341. You have the option of meeting the group at the Shrine or meet in the parking lot of St. William to carpool. We will be leaving St. William at 9:30AM.

The Shrine is asking for a headcount to prepare so either reserve through Flocknotes or 248-277-8714.

The following activities will be available:

- 10:30AM Arrival and Tour
- Exposition of the Blessed Sacrament at opening
- 11:00AM Confession
- 12:00PM Mass
- 1:00PM Rosary

Operated by volunteers, donations accepted for upkeep

### August 23<sup>rd</sup> pilgrimage to The Shrine of Jesus the Divine Mercy

The shrine is located at 33826 Beaconsfield Clinton Twp., MI 48035 (we are currently investigation transportation options)

This is a Discernment of Spirits retreat. The schedule is as follows:

- 9:45AM - Arrival
- 10:00AM - Retreat begins
- 10:15AM - Discernment of Spirits Retreat talk
- 11:00AM - Lunch
- 11:45AM - Retreat talk continued
- 12:30PM - Eucharistic Adoration, Jubilee Year prayers & Prayer Ministry for healing
- 1:30PM - Reposition of the Blessed Sacrament and retreat concludes

The retreat cost is \$20 per person and includes admission, a welcome bag, and a delicious soup lunch.

The Shrine needs a headcount to prepare, please email: [mtelners@saintwilliam.net](mailto:mtelners@saintwilliam.net), call/text 248-277-8714 or through Flocknotes.



St. William

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August 11, 2025

Fr. Michael Savickas



Daily  
Mass Times

Monday	None
Tuesday	8:00 am
Wednesday	8:00 am
Thursday	8:00 am
Friday	None



**ST. WILLIAM**

Catholic Parish & School

**BIBLE STUDIES 2025-2026**

The following Bible Studies are available starting in September

**The Bible Timeline: The Story of Salvation**  
Study leaders: Juli Simpson (AM) and Ted Monfette (PM)  
Beginning: September 11<sup>th</sup>  
Monday mornings from 9:30am to 12:00pm in the Disciples room  
Tuesday evenings from 6:30pm to 8:30pm in the Disciples room

**CREDO Foundations of Faith**  
Beginning: September 7<sup>th</sup> - Sunday afternoons from 2:00pm to 3:30pm, Disciples room  
This series is divided into the following four parts; you may join any of the parts, it's not mandatory to attend all:  
Part I Faith & Doctrine – Five sessions beginning September 7<sup>th</sup>  
Part II Sacramental Life & Practice – Four sessions beginning October 12<sup>th</sup>  
Part III Christian Moral Life – Eight sessions beginning November 9<sup>th</sup>  
Part IV Mystagogy - Pillars of Catholic Living – Four Sessions beginning January 11<sup>th</sup>

**Symbolon through Formed (Small Faith Group)**  
Study leaders: Greg and Leslie Carnacchi  
Beginning: September 11<sup>th</sup> on the 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays, 6:00PM to 9:00PM virtually

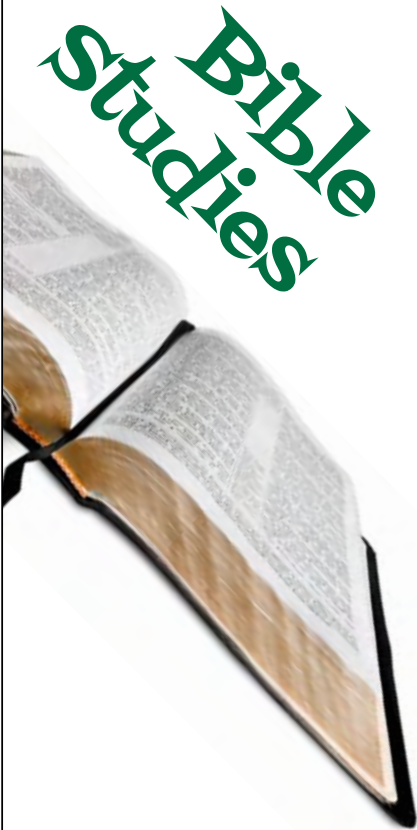
**THE CHOSEN: Season Five**  
Study leaders: Greg and Leslie Carnacchi  
Beginning: September 11<sup>th</sup> - Thursday mornings 9:30am to 12:00pm, Disciples room

**LUKE: The STORY OF SALVATION FULFILLED**  
Study leaders: Greg and Leslie Carnacchi  
Beginning: October 16<sup>th</sup> - Thursday mornings from 9:30am to 12:00pm, Disciples room

**Foundations of Faith: A Journey Through the Catechism of the Catholic Church**  
Study leaders: Greg and Leslie Carnacchi  
Beginning: December 18<sup>th</sup> - Thursday mornings 9:30am to 12:00pm, Disciples room

**Revelation: The Kingdom Yet to Come**  
Study leaders: Joanne and Dan Jones  
Beginning: September 17<sup>th</sup> - Wednesday evenings 6:30pm to 8:30pm, Disciples room

**THE CHOSEN: Season Five**  
Study leader: Sue Kozora  
Beginning: September 25<sup>th</sup> - Thursday evenings from 7:00pm to 9:00pm, Disciples room



**Getting' ready....for the PICNIC!!!**

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We hope to offer BINGO at the Parish Picnic on August 10<sup>th</sup>. If you have access to BINGO game equipment and would be willing to loan it to us please give me a call. Juli Simpson 248-766-4501.



More  
News

August 11, 2025

Tell Me  
More



## What is Ovarian Cancer?

Ovarian cancer is a type of cancer that starts in the ovaries or fallopian tubes.

What do the ovaries do?

Ovaries are small, oval-shaped glands that are located on either side of a uterus. The ovaries are where eggs and hormones, which control menstrual cycles and pregnancy, are produced. Ovaries continue to release an egg each menstrual cycle, until menopause is reached. The fallopian tubes are the passageway between the ovary and the uterus and are where eggs can be fertilized by sperm.

~20,000 women in the U.S. will be diagnosed with ovarian cancer annually.

### Ovarian Cancer Signs & Symptoms

There are a few signs and symptoms that can point to ovarian cancer. As the cancer develops and spreads, these symptoms may become more noticeable. Recognizing the potential signs and symptoms of ovarian cancer may lead to an earlier diagnosis, when it may be more easily treated. This can sometimes be difficult because some of these symptoms are similar to other more common health conditions. Therefore, it is very important to listen to your body and note anything unusual.

Symptoms are more likely to be linked to ovarian cancer if they are:

New and began less than 1 year ago

Occur frequently and are experienced more than 12 days per month

### Most Common Symptoms:

- Bloating
- Pelvic/abdominal pain or pressure
- Trouble eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

### Other Symptoms:

- Fatigue
- Upset stomach or heartburn
- Back pain
- Constipation
- Pain during vaginal sex
- Menstrual changes



These are not all the possible signs/symptoms of ovarian cancer, so it is important to talk to your healthcare professional if you notice anything unusual.

### Ovarian Cancer Risk Factors

There are several factors that can increase or decrease the likelihood of ovarian cancer.

### Factors That May Increase Risk of Ovarian Cancer

Genetics:

- History of ovarian, breast, or colorectal cancer in immediate family
- Personal history of breast cancer
- BRCA1 or BRCA2 gene mutation

Drugs:

- Hormone replacement therapy (treatments that may help relieve the symptoms of perimenopause or menopause)
- Fertility drugs

Others:

- Advanced age (starting at perimenopause)
- Obesity (BMI  $\geq 30$ )
- Endometriosis
- Childbirth later in life or never having a full-term pregnancy

### Factors That May Reduce Risk of Ovarian Cancer

Fertility-Related:

- Childbirth
- Tubal ligation (a type of permanent birth control)
- Breastfeeding

Drugs:

Oral contraceptives (i.e., birth control pills). Studies have shown the longer you take oral contraceptives, the longer the protection lasts

### Ovarian Cancer Diagnosis

Ovarian cancer is most often diagnosed after a person visits their healthcare provider because they are experiencing symptoms. However, the symptoms of ovarian cancer may be subtle.

There is currently no standard or routine screening test for diagnosing ovarian cancer early in patients who are at average risk and have no symptoms. Because of this, it's important to pay attention to any changes in your body that do not feel normal and talk to a healthcare professional if you notice anything unusual.

Being persistent and proactive in keeping your doctor informed of your symptoms can help foster earlier diagnosis.

Your healthcare professional can perform a variety of tests to diagnose ovarian cancer, including imaging biopsy and blood tests.

### Examples of Tests:

- Pelvic/abdominal ultrasound
- CT scan
- MRI scan
- PET-CT scan
- Chest X-ray
- Laparoscopy
- Colonoscopy
- Pelvic/abdominal ultrasound
- CA-125 blood test

*Note: CA-125 is not an indicator of all cancers.*

### Determining Your Ovarian Cancer Treatment Plan

What are My Treatment Options?

Treatment plans for ovarian cancer can vary between patients for several reasons, including the stage of diagnosis. After diagnosis, there are several steps that you and your healthcare professional can take to develop a treatment plan, which may include surgery, chemotherapy, and/or maintenance therapy.

### Surgery

Surgery is the first step in treating most stages of ovarian cancer. After surgery, patients usually receive chemotherapy, especially if the cancer is not in an early stage. It's the most common treatment for ovarian cancer, when possible, and may include:

- Total or simple hysterectomy (removing the uterus and cervix)
- Radical hysterectomy (removing the uterus, tissues next to the uterus, and part of the vagina)
- Bilateral salpingo-oophorectomy (removing both ovaries and fallopian tubes)
- Lymph node dissection (removing the lymph nodes from the pelvis and around the aorta and checking a sample of tissue for signs of cancer)

There are 2 main goals of surgery:

- To determine the stage of ovarian cancer
- Removing as much of the tumor as possible, known as debulking

<https://ourwayforward.com/ovarian-cancer/diagnosis/>



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August 24

# from GENESIS to REVELATION



GET THE **REAL** STORY

FROM **REAL** TEACHERS

WITH **REAL** PEOPLE



**When?** Wednesday 7-9pm  
at Our Lady of Sorrows (Farmington)



**Is there a cost?** All are welcome,  
regardless of ability to pay. We  
suggest \$600/yr, some give  
more and some give less.



**What next?** Class starts Sept  
17th. Register by Sept 4th.

**Expert faculty** with graduate degrees  
in Catholic theology, available in-  
class or via email to answer your  
questions and guide you on the path  
of discipleship.

The **entire Bible** spread across four  
Sept-to-May "years," a pace that  
works for both beginners and  
experienced Bible-readers.

Cast **your**  
net into the  
deep



**cbsmich.org**  
info@cbsmich.org  
call/text: 586-438-3085

**Learn More at an Open House Info Night**  
Sun, Aug 24, 8-9pm (online- [cbsmich.org/infonights](https://cbsmich.org/infonights))  
Thu, Aug 28, 7-8pm, Our Lady of Sorrows (Farmington)  
Tues, Sep 2, 8-9pm (online- [cbsmich.org/infonights](https://cbsmich.org/infonights))

**CATHOLIC BIBLICAL SCHOOL OF MICHIGAN**



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August 29

## LINKS FOR LIFE 2025

Friday, August 29

Represent your family, church,  
business, or organization with  
Sponsorship opportunities  
starting at \$100!!!



For more info, follow this link:



## LIFESPAN'S 5th Annual Charity Golf Outing

**Right to Life— LIFESPAN** invites you to

**Save the Date: Friday, August 29, 2025**

**9:30am Shotgun Start @ Fellows Creek Golf Club (Canton)**

**Best Ball Golf with Hot Dog Lunch, Steak Dinner, Contests, Raffles & More!**

**Registration is OPEN!!! Registration Form is on the back**

**\$130 per golfer, \$500 per foursome, or \$50 for dinner only**

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# September 4

## THE VOICE OF *Beauty* & THE HAND OF *Grace*



You are cordially invited to an evening of unforgettable music by members of the Sistine Chapel Choir, *Sistine Cantores*, and inspiring history as presented by world renowned art historian, *Dr. Elizabeth Lee*.



### THURSDAY, SEPTEMBER 4, 2025

Saint John's Resort  
44045 Five Mile Road  
Plymouth, MI 48170



Tickets starting at \$50 - for more information and to purchase tickets visit our website



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October 25



## Call to Holiness Conference Saturday, October 25, 2025

10:00 a.m. - 3:00 p.m. at

Laurel Manor 39000 Schoolcraft Road, Livonia



### Gerhard Ludwig Cardinal Müller

Prefect Emeritus of the Congregation for the Doctrine of the Faith  
The son of an automobile-industry worker, Cardinal Gerhard Müller was born in Mainz, Germany, and brought up in a devout Catholic family. He began his studies in Mainz and continued studies in philosophy and theology in Munich and Freiburg im Breisgau. Intelligent and honest, he is a decisive and down-to-earth leader who will act courageously when necessary. Respected as a theologian, he has not always been as conservative as he might seem, and he himself dislikes the label, preferring to consider himself as simply "Catholic."



### Fr. Chad Ripperger

Fr. Chad Ripperger, Ph.D. is a theologian, psychologist, Thomistic philosopher, and author of a number of traditional Catholic books. Father Ripperger was ordained in 1997. He is the founder of the Doloran Fathers, also known as the Society of the Most Sorrowful Mother, which is located in the archdiocese of Denver. He has a Ph.D. in philosophy and a master's degree in theology from Holy Apostles Seminary in Cromwell, Connecticut.



The Vatican Eucharistic Miracles Photographic Exhibition faithfully recounts many well-documented miraculous occurrences for us. Knowledge of these miracles strengthens our faith in Christ and His Church. They are visible proof of Jesus Christ's Real Presence in the Holy Eucharist.

### Conference Timeline

9:00 a.m.

Registration, Vendors and Eucharistic Miracles Exhibit developed by Blessed Carlo Acutis. Continental Breakfast.

10:00 a.m.

Featured Speakers

12:30 p.m.

Plated lunch with time to visit vendors and view the Eucharistic Miracles Exhibit

2:00 p.m.

Q & A until 3:00 p.m.

Call to Holiness • P.O. Box 212 • Eastpointe, MI 48021-0212

Phone: 313-451-4659 Email: [calltoholinessdetroit@gmail.com](mailto:calltoholinessdetroit@gmail.com) Web: [calltoholiness.com](http://calltoholiness.com)



Registration includes continental breakfast and plated lunch with speakers. Register online or print and mail your registration with a check. The early bird discount expires September 8 or when we are sold out. Seating is limited to 1200. No charge for priests, seminarians and religious.

Name: _____	Individual Ticket	Early Bird \$110	Regular Price \$120
Email: _____	Pair of Tickets	\$200	\$220
Phone: _____	Table of 10	\$975	\$1100
Parish: _____	Table of 12	\$1150	\$1300
I would like to: <input type="checkbox"/> Volunteer with Publicity <input type="checkbox"/> Volunteer at Event	Total Ticket Registrations	= \$ _____	
Registrations are non-refundable. No tickets will be mailed. Confirmation will be emailed or to receive by mail please send a self-addressed, stamped envelope.	Table of 10 Registration	= \$ _____	
<b>Make checks payable to Call to Holiness.</b>	Table of 12 Registration	= \$ _____	
	Donations to Call to Holiness	= \$ _____	
	<b>Total Enclosed</b>	= \$ _____	
	Vegetarian Option? <input type="checkbox"/> Food Allergies? _____		

**Or Register Online at [calltoholiness2025.eventbrite.com](http://calltoholiness2025.eventbrite.com)**

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SUMMER 2025

## Catholic Biblical School Mission

## Answering Jesus' Call to Go and Make Disciples

Newsletter



**Are Years A, B, C, & D  
the same as  
Covenant, Encounter,  
Prophets, & Wisdom?**

**Answer: Yes!**  
We give each Sept-to-May "year" a name to remind us of a central theme in God's plan of salvation. And, it's a reminder that it's okay to join "late," take years off, or finish the Bible in any order because...life happens!

**"Four years reading the Bible...  
what would I say?"**

**Excerpts from Bernard Noveloso's  
Testimony at the 2025 Annual Banquet**

I was fretting a little bit as what to say at the banquet...and I thought, *well, what would Scripture say?* I chose a favorite verse from each year to share.

### **Covenant Year: 1 Samuel 3:10**

How many of you ever wake up in the middle of the night and you wonder what to do? Before the Catholic Biblical School, I would wake up and start worrying about my upcoming day, what's going on at work, or repaying things from the day before...Now, when I wake up, I think "*Speak, Lord, your servant is listening.*" It's so much more inspirational.

### **Encounter Year: Romans 8:38-39**

God can find his way to us, no matter what our past, what our struggles. *Nothing* will be able to separate us from the love of God. We just need to look for Him.

### **Prophet Year: Esther 4:14**

We are not an accident. We're all here at this time and this place for a reason. *We're made for a time such as this.* God has plan for each of us.

### **Wisdom Year: John 17:15-19**

We've had these four years to read the Bible together. Now he's *sending us into the world.* Continue to support each other. Build each other up. Encourage each other. We are sent to spread the word and to be disciples of Jesus Christ.

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## Fall 2025

### Join a Class this Fall

Whether you are new, returning, repeating, an alumni, or inviting a friend, *all classes are open to everyone.*

#### Mondays

7-9p St. John the Evangelist, Jackson  
7-9p St. John Neumann, Canton  
7-8:45p Most Holy Trinity, Fowler  
7-9p St. Thomas Aquinas, E. Lansing  
6:45-8:40p Our Lady of Victory, Northville

#### Tuesdays

7:15-9p St. Joseph, Howell  
7-9p St. Cyprian, Riverview  
7-9p St. Joseph, Ypsilanti

#### Wednesdays

6:30-8:30p Our Lady of the Lakes, Waterford  
7-9p Our Lady of Sorrows, Farmington  
7-9p St. Patrick, Brighton  
9:30-11:30a OLGC, Plymouth  
7-9p Our Lady of Consolation, Rockford

#### Thursdays

6-7:30p St. Mary Cause...Joy, Westland  
6:30-8:30p St. Mary, Monroe  
7-9p St. Monica, Kalamazoo  
7-9p St. Joseph, Lake Orion  
7-9p St. Therese, Shelby

plus "anytime"  
online classes

Register



**Classes start in mid-Sept.  
Remember to sign up at  
[cbsmich.org/register](https://cbsmich.org/register)**

Dear Friends of  
the Catholic Biblical  
School Ministry,



It's the time of year when our message is simple and humble: please **pray with us** that:

- those considering using the online Biblical School to start small groups would have all barriers removed
- the Holy Spirit would lead 250 new people to our classes
- all who are nervous about joining due to money would know that due to the generosity of donors, *all are welcome*, with no set tuition required.

In Christ,

*Colleen Vermeulen*

Colleen Vermeulen  
Director of Mission & Teacher

p.s. **Do you have a story or favorite verse from a year** to share like Bernard did (see front)? **Share it with others** by emailing a note, voice memo, or video to [beth@cbsmich.org](mailto:beth@cbsmich.org)

### Contact Us

- ☎ 586-438-3085 (text/call)
- ✉ [info@cbsmich.org](mailto:info@cbsmich.org)
- 📍 14200 E. Ten Mile Rd, Warren, MI 48089
- 🌐 [cbsmich.org](https://cbsmich.org)

p.s. We'll also send this to your email. If you don't receive it, just let us know.

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"For example, frozen chicken is often one of the three meats we pack for our families," Crowe said. "On average, we need 160 pounds a week. When I can purchase under USDA, a 40-pound case of chicken is \$7.20. A total cost of \$28.80 for the week. When it's not USDA, it is \$30.82 per case, a total cost of \$123.82. Four cases of USDA chicken are less than one case of regular Gleaner's price, which is still better than grocery store prices."



Anne Crowe, parish secretary and outreach coordinator, converses with a guest of the Nativity of Our Lord Parish food bank. Families can come to the food bank once a month to pick up essential food items.

Kristen Sokul, senior director of advancement communications, marketing and media public relations for Gleaners Community Food Bank, said they were informed earlier in the year that there would be cuts.

"Our team knew that there would be some reductions in food available to us through the USDA programs, even as we were figuring out our fiscal year budget," Sokul said. "Our fiscal year runs from Oct. 1 to Sept. 30, and we built some of these reductions into our budget. We then learned earlier this calendar year that more food wasn't going to be available. So, some of these reductions have been predicted, some of it unpredicted."

Gleaners distributed 53 million pounds of food to pantries and soup kitchens across the area last year. USDA food makes up 27% of that total, and the reduction in USDA-subsidized food through cutting the Emergency Food Assistance Program amounts to 5 million pounds of food over the fiscal year.

The reduction in USDA-purchased food created an \$850,000 gap in Gleaners'

yearly budget, which the organization had to make up through more fundraising opportunities, reaching out to partners such as grocery store chains to replace the USDA-subsidized food and reducing operational expenses.

Gleaners also worked with its partners to purchase particular items throughout the calendar year and make them available at a reduced price, helping pantries stay on budget, said Julie Beamer, chief operating officer at Gleaners Community Food Bank.

"One of the things we did at the parish level was reinstituting a program we had done several years ago called the Holiday Special Program," Beamer said. "In this program, we purchased a range of nutritious food staples and made them available for our partner network at a cost far below what it cost to purchase the food. This helps pantries stretch their budget, given that we weren't seeing as much donated food available."

Gleaners has distributed 700,000 pounds of food purchased at low cost or for free to its network. The program runs through September as Gleaners has dipped into its reserves to fund the effort.

All of these cuts and readjustments to budgets at community food banks and food pantries are happening at a time when more people are in need, Crowe said.



Since the USDA announced in March the cancellation of the Emergency Food Assistance Program, which supplied USDA-subsidized shipments to food banks, including items such as chicken, eggs and cheese, Crowe said the costs of such items quadrupled.

"On the ground, we are seeing more and more families coming for assistance," Crowe said. "We service the 48213 ZIP Code, but if somebody is out of our ZIP Code, I will take care of them that day and refer them to someplace in their own area for the next time. But we're also open to members of the Detroit Lower Eastside Family of Parishes; so St. Elizabeth, Sacred Heart, St. Charles Borromeo, St. Augustine and St. Monica, those families are also welcome at our pantry as well."

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Nativity's food pantry serves an average of 200 to 300 families a month, with a rule that a family may only visit the pantry once a month. Since January, the pantry has served 1,332 families, amounting to 2,689 individuals.



"Our families work hard and do the best they can, and they just need a little bit of help," Crowe said. "They're not clients, they're my family. Their kids bring me report cards to show me how they are doing in school. We ask them about their jobs and how they are doing."

When a family drives up to the pantry (the pantry implemented a drive-thru system during the peak of the COVID pandemic and kept it), they are given a set amount of food based on the size of a family. A family of four receives four cans of vegetables, two boxes of macaroni and cheese, four cans of soup, two cans of tuna, two cans of fruit, four cans of beans, a package of spaghetti noodles along with a jar of sauce, bread, peanut butter, and Crowe adds when "we're really lucky," jelly.

"Our pantry is designed to provide a three-, maybe four-day supply of food with the hope it will get the family through the month to when their Bridge card reactivates or whenever their next paycheck is," Crowe said.

To help cover the parish's rising Gleaners bill, Crowe has asked parishioners and supporters of the food pantry to consider donating directly to the pantry to cover some of the shortfalls or to make out checks to Gleaners with "Nativity of Our Lord Parish, 5900 McClellan, Detroit, Michigan 48213," in the memo line.

"When Gleaners receives that check, it will go directly in our account to help keep costs down on our monthly bill," Crowe said. "Any donation is greatly appreciated."

Crowe adds that the families who come to Nativity Parish for food distribution are more than clients; they have become family.

"Our families work hard and do the best they can, and they just need a little bit of help," Crowe said. "They're not clients, they're my family. Their kids bring me report cards to show me how they are doing in school. We ask them about their

jobs and how they are doing. And all of this is volunteer-run; if it weren't for volunteers, this program wouldn't be happening."

Meanwhile, Gleaners said it is incumbent on them and food banks across the country to find new ways to create savings to make the food on their shelves as accessible as possible, as pantries across the country navigate the cuts.

"It's incumbent on us to focus on our fundraising and focus on getting more effective, more effective in right-sizing all of the distributions we are sending out to the parish in terms of the right amount of product, the right amount of milk and items," Beamer said.

Sokul adds Gleaners will remain committed to its partners – including making available 860,000 gallons of fresh milk free of charge along with one-third of the 53 million pounds of food it distributed last year being fresh produce – and they will stand by their partners through the ups and downs in federal funding.



As parish food banks deal with higher food prices, Crowe said people can support the pantry by paying its Gleaners bill with "Nativity of Our Lord Parish, 5900 McClellan, Detroit, Michigan 48213," in the memo line.

"It's important to understand the context of this that USDA-provided food has had waxes and wanes for years," Sokul said. "Food banks are used to being nimble to act and respond responsibly with the resources entrusted to us. So even as resources may go up and down, we are always looking at ways to continue to serve our community with what's available to us in effective and efficient ways."



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