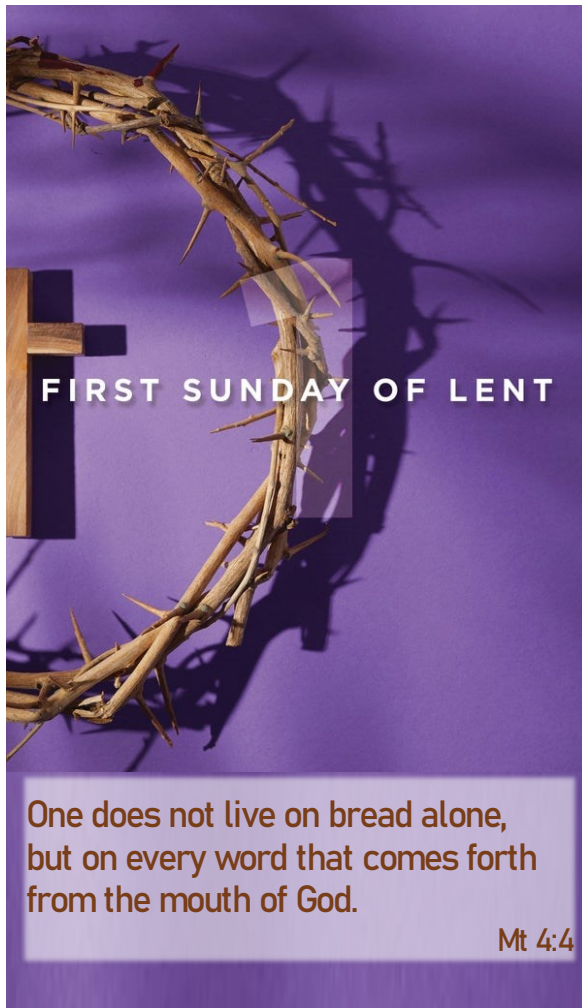




# ST. CATHERINE OF SIENA

CATHOLIC CHURCH

VIII SUNDAY OF ORDINARY TIME  
FEBRUARY 26, 2023



## CONTACT US

814 NE 85th Street, Seattle, WA 98115



206.524.8800



reception@stcatherineparish.net

**OFFICE HOURS** Mon-Fri, 8:30AM to 12:30PM

## MASS SCHEDULE ST. CATHERINE

SATURDAY	5PM
SUNDAY	*9:30AM
WEDNESDAY	9AM
FRIDAY	9AM

CONFESSION	SAT 3:30-4:30PM
ADORATION AT ST. BENEDICT	1ST FRI 6-7PM
ANOINTING OF THE SICK	1ST FRI 9AM

\*Livestream Available



## ROSARIES

WEDNESDAY	9:30AM
FRIDAY	9:30AM



## OPEN FOR PRAYER

FRIDAY	10AM — 12PM
SATURDAY	3:30 — 4:30PM

## ST. CATHERINE STAFF

**Fr. Dean Mbuzi**  
*Priest Administrator*  
frdean@st-c.org

**Fr. Marc Powell**  
*Parochial Vicar*  
frmarc@stbens.net

**MJ Price**  
*PA for Music & Liturgy*  
m.price@stbens.net

**Glenn McMahon**  
*Facilities Manager*  
gmcMahon@stcatherineschool.net

**Tita Ruiz**  
*Faithformation—Children/Youth*  
faithformation@st-c.org

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**Olaf Valderrábano-Aguilar**  
*PA for Operations*  
PAO@st-c.org

**Kathy Cox**  
*School Principal*  
kcox@stcatherineschool.net

**Eric Buldan**  
*Bookkeeper*  
bookkeeper@st-c.org



**REFLECT AND RENEW** this Lent. Go to [archseattle.org/lent](http://archseattle.org/lent) for weekly reflections, inspiration, resources, prayer suggestions, encouragement and more.

## Fasting During Lent

“As Jesus fasted in the desert for forty days, we, too, are called to forgo something for the same period when observing Lent. It is during this time we can deepen our awareness of his sacrifice on the Cross, as well as Jesus’ daily forgiveness of our sins and unconditional love for us.

It should be noted, however, this personal sacrifice should be difficult but healthy, while respecting responsibilities.

For instance, giving up coffee for Lent takes little to no effort if one rarely or never drinks it. Along the same lines, going without something you enjoy regularly—like Netflix, if you watch it often—may seem like an impossible task, but is a small price to pay for a step closer to eternal salvation. A student electing not to do any homework for the Lenten weeks ignores his or her academic obligations and can suffer harmful ramifications. The decision not to use any illicit drugs only during Lent, and then resume the practice afterwards, contradicts our moral duty to obey civil laws and not participate in criminal activities.

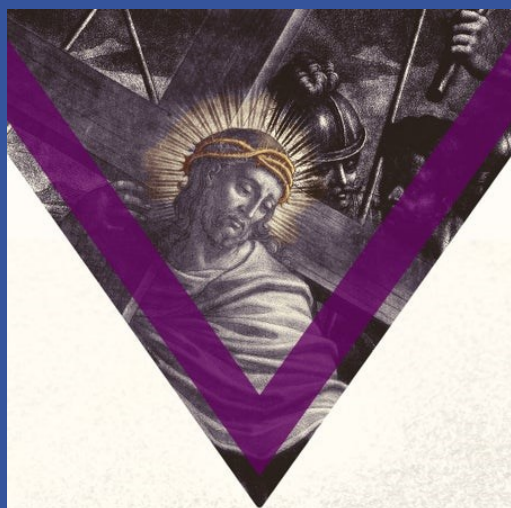
Despite the challenge of fasting, we can take solace in knowing Jesus protects us during our struggle, as St. John Henry Newman reminds us:

“Even in our penitential exercises, Christ has gone before us to sanctify them to us. He has blessed fasting as a means of grace, in that He fasted.” *Tears of Christ*

During Lent, Catholics and other Christian participants are given a reprieve on Sundays as a “mini-Easter,” allowing us to break our temptation. Again, though, this is not designed to allow or condone taking part in any inappropriate behavior, such as beating up a sibling or driving a vehicle while under the influence. “

*For more see:*

[>Lent 101: What Every Catholic Should Know](#)  
[BY MATT CHARBONNEAU](#)



## JOIN US FOR THE STATIONS OF THE CROSS

EVERY FRIDAY

12:05pm at St. Benedict

5:00pm at St. Catherine

THE GREAT

“ —

VIRTUE IS  
NOTHING  
WITHOUT  
THE TRIAL OF  
TEMPTATION,  
FOR THERE IS  
NO CONFLICT  
WITHOUT AN  
ENEMY, NO VICTORY  
WITHOUT STRIFE.

”

— ST. LEO THE GREAT

# SACRAMENTS

## YOUTH CONFIRMATION PROGRAM



"We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son"

Youth Confirmation is for youth between 7th and 12 grade. This program helps youth and their families discover a deeper relationship with Christ and the power of the Holy Spirit. Visit our parish website (select "Sacraments" then "Confirmation"). Class dates will be shared with families once you register.



## FIRST COMMUNION AND FIRST RECONCILIATION FOR CHILDREN

Our Sacramental Preparation classes for First Reconciliation and First Eucharist have started.



For any questions please contact:  
Tita Ruiz: [Faihfformation@stbens.net](mailto:Faihfformation@stbens.net)

## PRAYERS FOR THE SICK



June Simon, Joe Simon, Carrol Desharnais, Andy Desharnais, Patrick Bartlow, Michael Eugene James Charles, Mildred Faust

*\*Please contact the parish office if you have a name to add. For*



## BAPTISM

**Prior to the baptism, parents need to:**

\*Fill out the baptismal registration form  
(You can download forms online or contact

the parish office for a copy)

\*Provide a copy of the child's state-issued birth certificate

\*Have each godparent complete a godparent form

\*Attend a baptism preparation class and ask the godparents to do the same. If individuals have attended the class previously (within the last three years) this requirement is met.

**NEXT BAPTISM CLASS MARCH 18TH, 2023!**

*If you desire to have your children baptized or have been asked to be a godparent, please sign up for upcoming classes on our parish website*

## THE NEXT STEP IN YOUR FAITH JOURNEY

Do you have a child that you'd like to baptize? Are you interested in joining the Church, getting confirmed, or taking steps towards baptism? Are you looking to prepare for marriage? Please con-

**Sacramental Emergency: For Sacramental Emergencies please call the Office**

**If it is past 12:30pm Mon– Fri please call St. Benedict Parish Office; 206-632-0843**

# STEWARDSHIP

Let's Give from our  
Hearts

*Your gift contributes to proclaim the  
Good News of Jesus Christ.*



Scan this QR Code to go to  
[osvhub.com/stcatherineparish](https://osvhub.com/stcatherineparish)  
to make a financial  
contribution online.

## HOW DOES ONLINE GIVING BENEFIT ME AND MY PARISH?

### STEWARD BENEFITS

- **Convenient** anytime, anywhere access through the internet.
- **Current.** A tool for people who prefer to use electronic services.
- **Secure and Confidential.** Adheres to banking security standards.
- **Flexible.** Start, stop and change your contributions at any time.
- **Simple.** No need to contact your bank or the parish office.

### CHURCH BENEFITS

- **Stabilize Contributions.** Regularly scheduled gifts occur automatically. Allows the parish to effectively manage monthly expenses.
- **Direct Donations.** A simple way to contribute to individual events, holidays needs, classes, special donations, and more.
- **Secure and Confidential.** No need to store member account information.
- **Efficient.** Participation saves time and expenses in bookkeeping.



# ST. CATHERINE NEWS

## LENTEN AND EASTER BIBLE STUDY

Join us for a six week Bible Study, "The Passion and Resurrection Narratives of Jesus Christ." Perfect for Lent and Easter seasons! Begins on March 12th and is Sundays from 11:15-12:30 on Zoom. Each week before Easter, we will read and study one Passion narrative each week. The two weeks after Easter focus on the Resurrection Narratives.

No pre-work needed, just join with **Zoom ID 894 2152 7935 and passcode 641157.**

Questions? Contact Shannon Wilson at [sswaniga@gmail.com](mailto:sswaniga@gmail.com).

## LENTEN FAITH SHARING SERIES



Join members of your St. Catherine community in a five week Lenten faith sharing series. Our focus will be on reflection and renewal through encounter with Christ. As we prepare to work together in new ways through the Partners in the Gospel process, this shared experience of prayer and reflection will be valuable. Our prayer sessions will occur on Wednesday evenings at 7pm in the upstairs of the Benincasa parish center. Please contact the parish office if you have questions.

## ESPERANZA INTERNATIONAL NEWS



Join us for Coffee Hour at St Catherine on Sunday February 26th!

There will be churros in addition to donuts... and tamales for sale! Get all your questions regarding our trek to Tijuana with Esperanza International answered. The dates are July 30th -August 5th! All current sophomores and Juniors are encouraged to participate. Registration is due March 1st. Please contact Katie Fleming with any questions or to pre-order tamales [kjfleming1239@gmail.com](mailto:kjfleming1239@gmail.com)



## SAVE THE DATE :

Please join us for **Camp St.C 38th Annual 2023 School Auction.**

SATURDAY, MAY 13TH, 2023.

Please help by donating or being a sponsor. We are very grateful for the support of the Parish community and your ongoing commitment to Catholic education. Together we are better! Please visit our auction website to donate. We can't wait to see you at camp!

<https://stcatherineschool.ejoinme.org/2023Auction>



## ALL THE NEWS YOU NEED

Stay up-to-date with church emails, bible study content, Zoom links, and messages from volunteer & ministry groups that you're interested in. It's all on Flocknote! Go to [www.stcatherineofsienaparis1.flocknote.com](http://www.stcatherineofsienaparis1.flocknote.com) to join!



# ST. BENEDICT NEWS



## FOOD FOR LIFE

Join us for the next Food Lifeline sorting and packing event: **Wed Mar 1 6-8pm**. We are looking for 8 volunteers, and welcome parishioners from St Benedict and St Catherine to join us.

Meet at St Benedict at 5:15pm to carpool or meet us at the South Park warehouse (815 S 96th St) at 6pm. Invite a friend; sorting and packing loves company. Children as young as 10 years old can volunteer (with parent). No open-toe shoes, please, and bring a light jacket. Everyone has to register for this event, and please do so as soon as possible so the Food Lifeline folks can plan. Registration closes 3 days before the event, and here is the registration link:

<http://stbens.foodlifeline.volunteerhub.com/>

Let's do our part to care for the hungry and less fortunate. If questions, contact Len Kannapell 206.909-2735 cell, kannapell@yahoo.com. And a big thank you for volunteering.

## ST. BENEDICT'S BOOK GROUP'S NEXT BOOK DISCUSSION

IS ON THURSDAY, MARCH 2, 2023, AT 7 PM via Zoom using this login information:

<https://us06web.zoom.us/j/81460028601?pwd=L3ZTZi9FRWhEVExPSk13Y01QUWt3QT09>

Meeting ID: 814 6002 8601

Passcode: 546030

We will be discussing *Kitchen* by Banana Yoshimoto. The group will be reading *Tulalip, From the Heart: An Autobiographical Account of a Reservation Community* by Harriette Shelton Dover, who is a local author and a member of the local Tulalip Reservation. For more information contact Brenda Stratton at [bjandmes.bjs@gmail.com](mailto:bjandmes.bjs@gmail.com) or phone at 206-527-8593.



## ALL THE NEWS YOU NEED

Stay up-to-date with church emails, bible study content, Zoom links, and messages from volunteer & ministry groups that you're interested in. It's all on Flocknote! Go to [www.stbenedict10.flocknote.com](http://www.stbenedict10.flocknote.com) to join!



## ST. BENEDICT'S/ST. CATHERINE DIAPER DRIVE



DIAPER • DRIVE

St. Benedict's Human Concerns and Social Justice Commission is holding a Diaper Drive to benefit Family Works in Wallingford. We will place collection boxes at both churches. If you can, pick up a package of diapers to help families in need through our connection with Family Works. We will collect throughout February and deliver weekly. Thank you for your donations. Contact Brenda J Stratton at 206-527-8593, or Becky in the St. Ben's parish office with questions or concerns.