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## Parish Staff

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**Fr. Marc Powell**  
*Priest Administrator*  
[frmarc@stbens.net](mailto:frmarc@stbens.net)

**Sarah Lentz**  
*PAA Business Manager*  
[paa@st-c.org](mailto:paa@st-c.org)

**Anakaren Medina-Ayala**  
*Administrative Assistant*  
[reception@stcatherineparish.net](mailto:reception@stcatherineparish.net)

**Glenn McMahon**  
*Facilities*  
[gmcMahon@stcatherineschool.net](mailto:gmcMahon@stcatherineschool.net)

**Raymond J. Poole**  
*Bookkeeper*  
[bookkeeper@st-c.org](mailto:bookkeeper@st-c.org)

**MJ Price**  
*Music & Liturgy*  
[m.price@st-c.org](mailto:m.price@st-c.org)

**Kim Burkhardt**  
*RCIA (Rite of Christian Initiation-Adults)*  
[rcia@st-c.org](mailto:rcia@st-c.org)

**Olaf Valderrábano**  
*Evangelization and Faith Formation*  
[faithformation@st-c.org](mailto:faithformation@st-c.org)

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**Office Hours Monday-Friday**  
**9:00AM to 4:00PM**  
**206-524-8800**

If your family or friends are in a sacramental emergency (someone who is in imminent danger of dying and wishes to receive the sacraments) please call **206-524-8800**

If there is no answer, please call St. Benedict Parish Office:  
**206-632-0843**

If it is past 4pm, or a weekend please use the emergency line:  
**(206) 276 8085**



# Worship & Meditation

## Readings for the week of January 21, 2024

### Sunday:

Jon 3:1-5, 10/Ps 25:4-5, 6-7, 8-9 (4a)/  
1 Cor 7:29-31/Mk 1:14-20

### Monday:

2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26/  
Mk 3:22-30

### Tuesday:

2 Sm 6:12b-15, 17-19/Ps 24:7, 8, 9, 10/  
Mk 3:31-35

### Wednesday:

2 Sm 7:4-17/Ps 89:4-5, 27-28, 29-30/  
Mk 4:1-20

### Thursday:

Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc,  
2/Mk 16:15-18

### Friday:

2 Tm 1:1-8 or Ti 1:1-5/Ps 96:1-2a, 2b-3,  
7-8a, 10/Mk 4:26-34

### Saturday:

2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17/  
Mk 4:35-41

### Next Sunday:

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/  
1 Cor 7:32-35/Mk 1:21-28



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The English translation of Psalm Responses from Lectionary for  
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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

We start telling lies around the age of three, the experts tell us. It's understandable. Lying is a god-like power. Whatever I want, I need only say it, and the world rearranges itself accordingly. It's amazing at first. But soon reality snaps back and I'm faced with a dilemma. If I remain committed to my lie I start to fracture into pieces. My words and reality drift apart, and I find myself lost in a lonely world of further falsehoods and fear of being found out.

How marvelous, then, that Jesus begins his ministry by proclaiming: **"Repent!"** We tend to think it means "stop doing bad things" but it doesn't. It literally means "go beyond the mind you have." Think in a new way. It's painful to admit, but some portion of my mind is addicted to lie-telling, usually to protect my ego or make life easier. To repent means to admit this tendency, to say, "I'm done lying," and to move beyond my split mind into a complete commitment to the truth. Perhaps that's why at Mass we together proclaim, "I have sinned in my *thoughts*, and in my *words*..." Repentance and truth-telling work together.

Those who know the twelve-step process of addiction recovery know this process well. The fourth step requires radical truth-telling: listing our moral defects. This isn't being scrupulous. Rather it is freedom from falsehood, and entrance into the real world. This week, I invite you to join me in this practice. Get your phone or piece of paper. Answer the question: what are your true moral defects? Write them down. Remember, the Lord knows them already and loves you. We have a sacrament where this truth-telling is celebrated: Confession. Perhaps it is finally time to go beyond our childish lies.

— Father John Muir

## Evangelization and Faith Formation

For information contact Olaf at [faithformation@st-c.org](mailto:faithformation@st-c.org)

### Infant Baptism

(for children younger than 6 years of age) Dates available for baptism at Saint Catherine of Siena are held on Sundays at 9:30 am Mass:

April 21, May 19, June 16, 2024

Dates available for baptism at Saint Benedict are held on Sundays at 8:00 am Mass:  
February 4, April 7, May 5, 2024

Next preparation classes will be at: St. Catherine –in the Church at 4:00 pm  
March 16, 2024

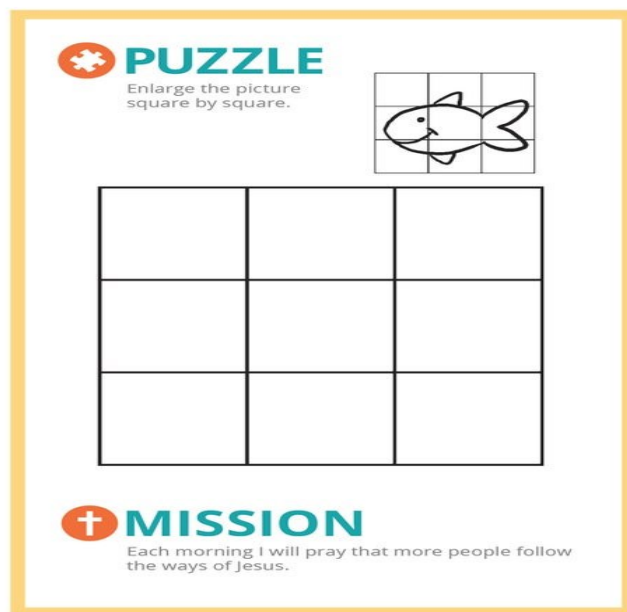
### RCIA (RITE OF CHRISTIAN INITIATION FOR ADULTS)

For information contact Kim at [rcia@st-c.org](mailto:rcia@st-c.org)

Weekly RCIA meetings for St. Catherine's and St. Ben's are every  
Thursday at St. Ben's at 7:00 pm.

Kim Burkhardt, our RCIA staffer, is typically available in the parish office on Friday mornings.

St. Catherine's RCIA group is attending the RCIA Rite of Election at  
St. James Cathedral on February 15, 2024





## St. Catherine Events/News



It's time to RSVP for our Parish Breakfast!

All are welcome.

Friday February 9th after 9:00AM daily mass.

Let's gather and celebrate our wonderful community.

Please let Anakaren know if you can attend.

Parish Office 206-524-8800 or [reception@stcatherineparish.net](mailto:reception@stcatherineparish.net)

If you have dietary restrictions contact Katie Fleming [kjfleming1239@gmail.com](mailto:kjfleming1239@gmail.com)

# ST. CATHERINE SCHOOL DADS & DAUGHTERS *Dance*



**\$40 DAD+DAUGHTER | \$12 ADDITIONAL CHILD**  
LIVE DJ • PHOTOBOOTH • DANCING • REFRESHMENTS • SNACKS • DESSERTS  
PUT ON YOUR BEST SNEAKERS & SEQUINS  
**GET READY TO DANCE!**  
**FEBRUARY 3: 6PM-9PM**  
VICTORIA HALL

GET  
YOUR  
TIX



Have hope and  
firm faith in  
God, for he will  
help you in  
everything.

-ST. ANGELA MERICI

# MASS SCHEDULE

St. Catherine of Siena

SATURDAY	5PM
SUNDAY	*9:30AM
WEDNESDAY	9AM
FRIDAY	9AM

CONFESSION	SAT 3:30-4:30PM
ANOINTING OF THE SICK	1ST FRI 9AM

\*Livestream  
Available



WEDNESDAY	ROSARIES	
FRIDAY		9:30AM

OPEN FOR PRAYER



FRIDAY	10AM — 12PM
SATURDAY	3:30 — 4:30PM

## Parish Administration & Finance

As part of on-boarding, our PAA will be completing several Archdiocese training and retreat days between now and March.

We look forward to strengthening our knowledge base and building our support to the parish through these great opportunities.

**Thank you for your stewardship of time and treasure and we keep you in your prayers.**

# RIP

*Rest in peace*

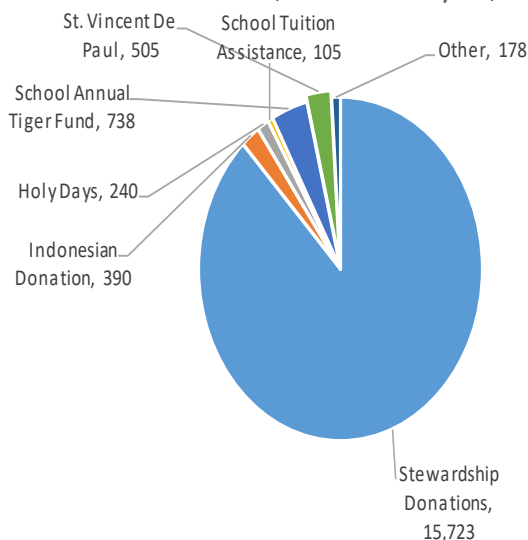


# STEWARDSHIP

## TOTAL WEEKLY GIVING

\$17,878

December 31, 2023-January 06, 2024



Anne Adley passed away  
Saturday, January 13, 2024

“As the family goes,  
so goes the nation,  
and so goes the  
whole world  
in which  
we live.”  
ST. JOHN PAUL II

Day of Prayer  
for the Legal  
Protection of  
Unborn Children