

Spiritual Direction Ministry of Saint Thomas More and Newman Catholic  
Parish *is sponsoring*

## *Learning to Listen to God's Call*

A 12-week Group Spiritual Direction Program via Zoom

*offered by*

**The West Virginia Institute of Spirituality**



What is God calling me to? How might I recognize the voice of God? Elizabeth Liebert's immensely practical book, *The Way of Discernment: Spiritual Practices for Decision Making*, offers a variety of ways to fine tune our ability to hear God's invitations. Using a prayerful process of study and sharing, participants will learn about *and practice* the approaches to listening that Liebert outlines.

Each person may bring a personal decision or question to be "discerned," but that is not necessary. Everyone will learn new ways to recognize God in their daily life. The heart of this program might, in fact, more rightly be called a retreat – a dedicated time of meeting God through a variety of spiritual practices and shared listening.

Over the course of 12 weeks, we will learn about and, more importantly, experience together the many ways that God calls to each one of us through memory, reason, emotions, bodily sensation, imagination, and community. Each hour-long session will focus on our response to a chapter of the book. Seven spiritual directors from WVIS have joined together to lead the weekly sharing.

**When:** Tuesdays February 21 through May 9, 2023, from 12:00 – 1:00 PM (EST)

**Offering:** The donation for this program is \$50 (plus the cost of the book which you must purchase on your own).

**Registration:** You can register for this program by emailing [wvisreg@gmail.com](mailto:wvisreg@gmail.com). Please indicate the title of this program in your email to ensure you are registered for the correct program. You will receive an email confirming your registration along with information on making your offering by either credit card or check.

**Questions:** For more information about the program or with questions, please email **Cindy Neely** at [neelycynthia@gmail.com](mailto:neelycynthia@gmail.com).

**REGISTRATION DEADLINE:** Please register and purchase your book by February 14 so you will be ready for the first session.

This program will be held via Zoom – a link will be provided after you register.



*WVIS is a non-profit 501c3 organization.*