



7 Habits of Highly Effective Teens

Habit	Summarize important traits of the habit and at least three benefits to this habit	Summarize the defective habit: Counter/opposite of the effective habit. Explain why it is “defective.” Ex. Proactive--Procrastination	At least TWO <u>recent</u> examples of you practicing the effective habit in your life and what was the outcome?	TWO examples (people) in the world who exemplify/exemplified the habit in their lives <u>and explain</u> .
Be proactive				
Begin with the end in mind				
Put first things first				
Think win-win				
Seek first to understand, then to be understood				
Synergize				
Sharpen the saw				