



## Saint Information Form for Confirmation

Due March 24<sup>th</sup>, 2023

Basic Saint Information	
_____	_____/_____ Feast Day
_____	_____
Means of Death	Place of Death
_____	
Confirmation of Candidate's Name	

Please respond to the following questions below. Responses can be typed in an essay format, written down, or on a separate sheet of paper.

1. Where were they born? If unsure, what century did they live in?
2. Describe this saint's family and home life. (Any siblings? Are parents present? Poor? Wealthy? Sicknesses in the family?)
3. Explain the social situation and condition in which the saint lived.
4. What else was going on in the world during this saint's lifetime?
5. What was their vocation? (Priest, Monk, Brother, Sister, Husband, Wife, Single)

6. Did this saint undergo a conversion or significant life event? Explain.
  
7. When and how did they die? Was their death by natural causes or not?
  
8. When is their Feast Day? What significance does this date have to the saint?
  
9. What are they the patron saints of? Why?
  
10. What are some miracles connected to this saint? Where did they occur? Who was involved? What happened?
  
11. What attracted you to this saint, or how do you relate to this saint? Where did you feel a connection or friendship with them if you had lived in the same period?
  
12. What characteristics of this person will help you grow in holiness while preparing for the Sacrament of Confirmation?
  
13. How can you be like this saint in today's world?

# Tips on Picking a Confirmation Saint

## Good Initial Questions

Here are some excellent questions to ask yourself when you begin researching and discern which saint you would like to have as your confirmation namesake.

- Do you prefer if the saint is a male or female?
- Do you prefer when the saint lived (i.e., early Church, recently, etc.)?
- What are some values that I firmly hold onto?
- What interests or hobbies do you believe you will have throughout life?
- Do you have any special devotions or aspects of your spiritual life that you would like to share with your saint?
- What do you hope will be an essential part of your future?

## Do the Initial Search

Browse around different websites (see below, especially the first ones) and jot down any that stand out to you or you feel connected to. Don't overthink it or dive too deep into the research yet but get a feel of the different types of saints. Not sure to start, try looking up saints for the following:

- Saints that have patronage that connects to your life and future.
- Saints on days that are important to you (birthday, etc.)

## Create a Short List and Pray

Make a list of potential saints that you wish to be your patron. This could be just a couple or a few more but try to have it be no more than ten. Then do the following with each saint:

- Do intermediate research on the saint, learning about their basics, such as what they are known for, their patronage (who commonly asks the saint for help), interests, or quirks.
- Spend some time praying and asking the saint for their intercession for you as you discern.
- Be aware of your feelings or internal promptings as to which saints you sense a connection.

## How to Know 'The One'

There is no one way to know if you found the 'perfect' confirmation saint. Instead, look at it as finding one that is a good fit for you (i.e., you feel comfortable with them), yet they model and challenge you to grow in your faith well into the future. As they say, though, you don't pick your saint, but your saint picks you, so pay attention to where the spirit is leading you and maybe seek guidance from your small group leader, priest, sponsor, or even our Youth Minister for Sacred Heart, Casey.

## Getting to Know Your Confirmation Saint

- Look up different artistic depictions of your saint.
- Do an intense search by looking at multiple websites and books that explain your saint.
- Include them in your prayer life by asking for their guidance and help.

## 'Traps' to Watch Out For

Some things that you should avoid when choosing a saint to include:

- Patronage that only applies for a short part of your life
- Choosing a saint because you like their name

## Websites to Check Out

- <http://saints.sqpn.com/> is Probably the most exhaustive list of saints available online (over 15,000 saints, etc.). You can search by topics, locations, vocations, and patronages. Note: While many saints are in the Catholic tradition, very little is known about some of them. Try to find a saint whose life is known more about.
- [www.catholic.org/saints/](http://www.catholic.org/saints/) Another standard saint website with many saints.
- <https://www.catholicdoors.com/misc/patron.htm> Shows various patronages.
- <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/> Gives a list of common confirmation saints with links to their biographies.