



# REFUEL FAMILY PRAYER CHALLENGE

*January*

CREATE A FAMILY GRATITUDE  
AND PETITION LIST

AS A FAMILY, MAKE TWO LISTS THIS MONTH:

## 1. GRATITUDE LIST

EXAMPLES: EXPERIENCES YOU HAVE AS A FAMILY, CHALLENGES YOU OVERCOME, WAYS YOU HAVE SEEN GOD WITH YOU AND YOUR FAMILY

## 2. FAMILY PETITIONS

EXAMPLES: WHAT PRAYERS DO YOU AND YOUR FAMILY NEED? WHAT PEOPLE IN YOUR LIFE NEED PRAYERS?

POST THESE LISTS WHERE YOU CAN REGULARLY SEE THEM AND UPDATE THEM. USE THESE LISTS TO PRAY A PRAYER OF THANKSGIVING AND A PRAYER OF PETITION AS A FAMILY AT THE END OF THE MONTH.

TO BE ENTERED TO WIN A PRIZE, POST PHOTOS OF YOUR LISTS AT:

[HTTPS://PADLET.COM/SAINTVMIDDLESCHOOLMINISTRY/  
REFUELPRAYERCHALLENGE7TH](https://padlet.com/saintvmiddleschoolministry/refuelprayerchallenge7th)