

Sunday Alive!

Helping our families prepare for Mass!

Sunday, February 18, 2024 - EXPLORE THE SUNDAY GOSPEL
The First Sunday of Lent

Click [HERE](#) to read this Sunday's readings before you attend Mass!

MEET OUR SAINT OF THE WEEK!

St. Lucy Yi Zhenmei (Feast Day February 19)
December 9, 1815 – February 19, 1862



Lucy Yi was born in 1815 in China. Lucy was the youngest child in her family and was very dedicated in her prayer life. At the age of 12, she decided to consecrate her life to God. She loved reading and learning. When she was 20 years old and pursuing her college education, she fell ill. After her recovery, Lucy took her spiritual life still more seriously. She knew she could not leave her family to become a nun because they needed her financial help. Instead, she prayed daily and worked to support them.

After her father died, she lived with her brother and mother, using part of her time to teach the faith to children nearby. Lucy Yi later became a missionary, and while on a mission trip in 1862, she entered a region that was hostile to Christians. The local governor imprisoned and sentenced to death the priest and several missionaries in their group. She was among those who were sentenced to death because she refused to renounce her faith. The following day she was executed. St. John Paul II canonized St. Lucy Yi and her companions on October 1, 2000.

TAKE TIME TO CHAT WITH YOUR FAMILY ABOUT THE GOSPEL!

- 1) What emotions do you think Jesus felt while he was in the desert? What do you think he thought or prayed about when he was there?
- 2) Today's Gospel says that angels ministered to Jesus. Have you ever felt the presence of angels in your life?
- 3) Jesus said, "This is the time of fulfillment." What does he mean by this?
- 4) St. Lucy Yi spent her time teaching the faith to children, much like a catechist would today. Who has helped you grow in your faith by their teaching and example?

FAMILY FUN – Movie Night!

Have a Family Movie Night! Check out the free family movies on watch.formed.org/movie-night Formed. Sign up for a free account here: formed.org/signup. Search for our parish by Zip Code: **78746**

FAMILY PRAYER

The Our Father and Guardian Angel Prayer

We hear today of Jesus being tempted and the angels ministering to Him. Today, ask for God's protection by praying the Our Father and calling on your Guardian Angel.

Our Father

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. **Amen!**

Guardian Angels Prayer

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard to rule and guide.

Amen!



LITURGY LINK

Purple is the liturgical color of Lent. Where do you see purple at Mass today?

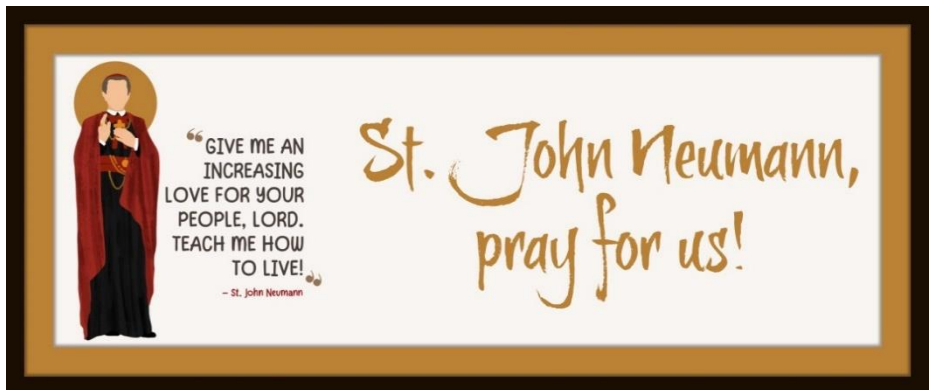
FAMILY CHALLENGE

Sometimes we are tempted into bad behaviors. As a family, identify one behavior that you would like to see improved in your household.

Make a commitment to change that behavior for one week.

FUN FACTS

February 22nd is known as **Be Humble Day!**



St. John Neumann, our Patron Saint, as bishop of Philadelphia, organized the parochial school system into a diocesan one, increasing the number of pupils almost twentyfold within a short time. Gifted with outstanding organizing ability, he drew into the city many teaching communities of sisters and the Christian Well-known for his holiness and learning, spiritual writing, and preaching, on October 13, 1963, John Neumann became the first American bishop to be beatified. Canonized in 1977, he is buried in St. Peter the Apostle Church in Philadelphia.