

WORD OF LIFE: FEBRUARY 2026

Recommended dates are provided, but you are welcome to use these materials at any time!

FEATURED THIS MONTH...

February 7–14, 2026: National Marriage Week

Sunday, February 8, 2026: World Marriage Day

The upcoming observances of National Marriage Week (February 7-14, 2026) and World Marriage Day (Sunday, February 8, 2026) are opportunities to focus on building a culture of life and love by supporting and promoting marriage and the family.



The USCCB Secretariat of Laity, Marriage, Family Life and Youth offers many resources.

Resources include:

- Poster: [English](#) | [Spanish](#)
- Lectio Divina ([Coming soon!](#))
- Preaching Resource ([Coming soon!](#))
- [Graphics for Social Media](#)
- At-Home Couples Retreat ([Coming soon!](#))
- [Prayer for Married Couples](#)
- And [more!](#)

Related Respect Life Resources

Healing within Marriage from an Abortion



Seven Considerations while Navigating Infertility



Married Love and the Gift of Life



Get more Respect Life resources at www.respectlife.org.

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Intercessions for Life

February 1st

For the sick, especially those nearing life's end:
May they be cared for with tenderness and compassion
as they prepare to enter eternal life,
let us pray to the Lord:

Fourth Sunday in Ordinary Time

February 8th

For all married couples:
May their openness to new life
bear witness to the generous love of God,
let us pray to the Lord:

Fifth Sunday in Ordinary Time

February 15th

For married couples struggling with infertility:
May the Lord help them trust in His love
and sustain them with His peace,
let us pray to the Lord:

Sixth Sunday in Ordinary Time

February 22nd

May every human person,
from conception to natural death,
be recognized as precious and beloved
in the eyes of the Lord,
let us pray to the Lord:

First Sunday in Lent

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Bulletin Quotes

February 1st

“A society is all the more human to the degree that it cares effectively for its most frail and suffering members, in a spirit of fraternal love. Let us strive to achieve this goal, so that no one will feel alone, excluded or abandoned.”

Pope Francis, Message for the 29th World Day of the Sick 2021

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[Read Online](#)

February 8th

“Married love differs from any other love in the world. By its nature, the love of husband and wife is so complete, so ordered to a lifetime of communion with God and each other, that it is open to creating a new human being they will love and care for together.”

USCCB, *Married Love and the Gift of Life*



[Order](#) | [Read Online](#)

February 15th

“We often assume parenthood happens easily after ‘I do,’ but for many married couples, it does not. For some, the joy of conception never happens. Others suffer repeated miscarriages. Still others experience secondary infertility... If you experience difficulty bringing a child into your family, know that you are not alone. God is with you, and his Church desires to walk with you... God has a beautiful plan for your life as a married couple.”

USCCB Secretariat of Pro-Life Activities

“Seven Considerations While Navigating Infertility”

[respectlife.org/navigating-infertility](#)



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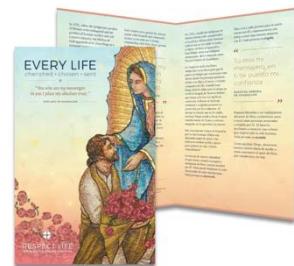
February 22nd

“The essence of our identity is that we are created in God's image and likeness and loved by Him. Nothing can diminish the priceless worth of any human life. Every person is **cherished**.”

USCCB Secretariat of Pro-Life Activities

Respect Life Reflection: Cherished, Chosen, Sent

[usccb.org/cherished-chosen-sent-reflection](#)



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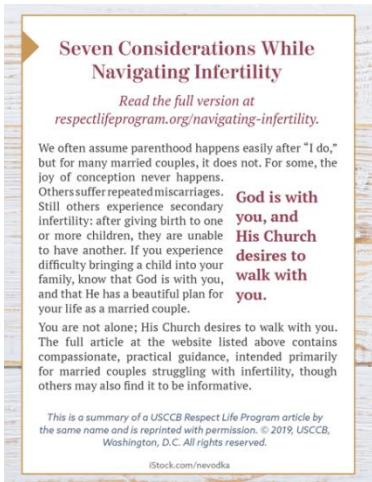
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Bulletin Art

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Sunday, February 15, 2026



Full Article: [English](#) | [Spanish](#)

Bulletin Box: [English](#) | [Spanish](#)

Sunday, February 22, 2026

Reflection: [English](#) | [Spanish](#)

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