



## **2025 Freedom Irish Invitational**



Date: Friday May 9th, 2025

Location: Freedom High School-4021 Cty Rd E, Freedom WI 54130

Meet Director: James Finster, AD, [jfinster@freedomschools.k12.wi.us](mailto:jfinster@freedomschools.k12.wi.us)

Field Start: 4:00 PM

Track Start: 4:30 PM

Teams: Bonduel, Brillion, Coleman, Freedom, Green Bay Preble, Howards Grove, Lourdes Academy, Mishicot, Notre Dame (GB), Reedsville, St. Marys Springs, Wild Rose, Winneconne, Xavier

- Meet Entries: will be done through athletic.net. Please provide seed times/distances/heights.

**Deadline for entries is 6:00PM on Thursday May 8th.** The meet program will be sent out late on the evening of May 8th. Scratches only after the deadline.

WIAA limits on entries (28 individual entries, 1 relay team per event, etc.). There will be a maximum of 3 individuals per event.

**We also will allow up to 2 additional entries for freshman or sophomore athletes only (for a possibility of 30 individual entries).** [Example: If you already have three 1600M runners entered, you could use these extra TWO entries in the 1600M giving you five individuals in this event. This is acceptable]. Please use these additional entries as a way of encouraging those athletes who may not otherwise 'qualify' for this type of meet to continue to participate in track and field.

• Scoring and Awards: 1st-8th place will be scored as 10-8-6-5-4-3-2-1 for all events. **Medals awarded to 1st, 2nd and 3rd place finishers AND event champion t-shirt for event winners. Event Champions should go to the Press Box to pick up their t-shirts (sizes will be first come, first serve).** Coaches, pick up your team envelope containing individual medals in the press box at the conclusion of the meet.

• Team Camps: Team camps will be located outside the fence on the east end (left as you face the track from the parking lot) in the grassy area by the fence. Team areas are NOT to be set up in the infield or by the sheds. Please keep your camp area as clean as it was when you arrived.

• Timing: Fully Automatic

• Clerk of Course: Located at the start of the 100M, with the exception of the 300M Hurdles, those athletes should check in with the clerk at the starting area of the 300M hurdles. Athletes and full relay teams should check-in at the 2nd call of their event.

• Jury of Appeals: Asst. Starters, Jeff Schlender (Brillion), Kraig Western (Winneconne), Meet Manager, James Finster

• Admission: Free admission.

• Concessions: Will be available.

## **2024 Freedom Irish Invitational**

### **Timeline**

3:45 Coaches Meeting at the Finish Line/Timing tent (scratches)

### **4:00 Field Events**

High Jump- Starting heights to be determined. Girls first (Girls- ' ", Boys- ' ")

Pole Vault -Starting heights to be determined. Boys first (Boys- ' ", Girls- ' ")

Long Jump - Girls first (open pit: 3 jumps, 9 to finals - 3 jumps)

**Girls- OPEN PIT 4:00-4:45pm, FINALS 5:00pm**

**Boys- Warmup 5:30-5:45, OPEN PIT 5:45-6:30pm, FINALS 6:45pm**

Triple Jump - Boys first (open pit: 3 jumps, 9 to finals - 3 jumps)

**Boys- OPEN PIT 4:00-4:45pm, FINALS 5:00pm**

**Girls-Warmup 5:30-5:45, OPEN PIT 5:45-6:30pm, FINALS 6:45pm**

Shot Put Flights - Girls first (3 throws, 9 to finals - 3 throws)

Discus - Boys first (3 throws, 9 to finals - 3 throws)

**4:30 Running events** – (Girls first, boys second-except HH trials-see order below)

1. 4x800M Relay

2. 100M Trials

3. 110HH Trials (BOYS FIRST)/ 100HH Trials (GIRLS SECOND)

-----15 Minute Break-----

4. 100HH Finals (GIRLS FIRST)/ 110HH Finals (BOYS SECOND)

5. 100M Finals

6. 1600M Run

7. 800M Relay (1<sup>st</sup>/3<sup>rd</sup> exchange- Brillion, Howards Grove, GB Preble, 2<sup>nd</sup> ex.- Winneconne, Reedsville, Starters)

8. 400M Dash

9. 400M Relay (1<sup>st</sup> exchange- Bonduel, Lourdes, Xavier, 2<sup>nd</sup> ex.-Coleman, Mishicot, Notre Dame, 3<sup>rd</sup> ex.- St. Marys Springs, Wild Rose)

10. 300M Hurdles

11. 800M Run

12. 200M Dash

13. 3200M Run

14. 1600M Relay