

April 23, 2025 Track and Field Meet

Lourdes, New Hope, St. Ignatius, St. John, St. Mary Catholic, Valley Christian at Xavier

Official: Robert Kilgas

Meet Mgr: Gage Kamp, Xavier AD, gkamp@xaviercatholicschools.org (920) 450-7581

Entries: All entries need to be entered to athletic.net by April 22nd at 9:00 AM.

Schedule:

3:35pm Volunteers for Field Events Arrive

3:50pm Coaches Meeting (at the finish line)

4:00pm National Anthem/Pledge and Prayer

4:10pm 6th Grade Boys Shot Put 6#

4:15pm Field Events Begin

4:45pm Running Events Begin

Results: Final results will be available online at athletic.net.

Heat Sheets: Heat sheets will be emailed to coaches prior to meet.

Facility: 3:15 open for competing teams. 3:45 open for spectators. No admission charge.

Restricted Areas: We ask that all athletes and coaches **stay off the infield**. Other than for competing high jump athletes; do not cut across the infield. Spectators are not allowed on the track or the infield. Coaches are not allowed on the track once running events begin, unless called by meet workers. Warm up areas are available outside the track.

Hip Numbers: Available near the concessions area (brick building near the finish line)

Restrooms: Available in the concessions area (brick building near the finish line)

Camps: Athletes may not gather on the infield. Teams must pick up their areas. Please see map for areas to set up team tents.

Bullpen: Located at the north end of straightaway, opposite the scoreboard. Athletes should report at the 2nd call of their event.

Exchange zones: 4 x 200: zones 1 and 3, 4 x 100: zone 1, zone 2, zone 3

Order of Events:

High Jump - Girls 1st followed by Boys (Starting heights: Girls 3'4", Boys 3'10")
Discus - Boys 1st followed by Girls (1K for both Boys & Girls) - 3 throws
Shot Put - 6th Boys 1st (6#), followed by Girls (6#), followed by 7&8th Boys (8#) - 3 throws
Long Jump - Open Pit, 3 jumps
Triple Jump - Open Pit, 3 jumps

Order of Running Events:

100m low hurdles
100m dash
1600m run
4x200m relay
400m dash
4x100m relay
800m run
200m dash
4x400m relay

Field Events Assignment by school:

Long Jump - St. Mary Catholic
Triple Jump - Lourdes Academy
Discus - New Hope / Fox Valley Christian Academy - Valley Christian
Shot Put - St. John
High Jump - St. Ignatius
Relay Exchange Zone - Xavier