

Year	Girls	Time/Distance	Event	Time/Distance	Boys	Year
2021	Sabur Marchiros	17.24	100M Hurdles	15.54	Kyle Ralofsky	2019
2006	Haley Rasmussen	12.7	100M Dash	12.34	Kyle Ralofsky	2019
2006	Haley Rasmussen	27.05	200M Dash	25.84	Isaak Rucinski	2022
2013	Emily Foley	1:05.84	400M Dash	57.51	Cam Kapral	2023
2011	Angela Moore	2:28.80	800M Run	2:21.10	Nick Bauer	2011
2021	Erin Moore	5:32.73	1600M Run	5:06.08	Jackson Moore	2014
2024	Zella Tidemanson	4' 9"	High Jump	5' 4"	Robbie Patek Cam Kapral	2002 2023
2024	Allie Winchester	14' 9"	Long Jump	17' 2"	Isaak Rucinski	2022
2021	Natasha Konop	28' 4"	Triple Jump	34' 2"	Jackson Buttke	2023
			Shot Put 12#	40' 3"	Tanner Baird	2012
2016	Raechel Russo	30' 5.25"	Shot Put 8#	44' 7"	Jacob Thelen	2025
2025	Naomi Liabwill	32' 1"	Shot Put 6#	33' 5"	Evan Potratz	2025
2019	Kate Johnsen	80' 5"	Discus 1KG	143' 6"	Sam Rehm	2023
2025	Allie Feuerhelm Leah Ridenour Avi Wihlm Nayonce Lyons	53.6	4x100M Relay	50.04	Quin Ruark Brady Ridenour Mat Yaggie Isaak Rucinski	2022
2025	Allie Feuerhelm Leah Ridenour Avi Wihlm Nayonce Lyons	1:52.94	4x200M Relay	1:46.90	Quin Ruark Brady Ridenour Mat Yaggie Isaak Rucinski	2022
2021	Annie Moore Allison Huizenga Dasha Averkamp Erin Moore	4:44.00	4x400M Relay	4:13.61	Henry Spanbauer Zach Foster Henry Achterberg Cameron Kapral	2023
2023	Evelyn Heinzen Finley Coats Annie Moore Allison Stromske	12:17.00	4x800M Relay	10:41.07	Jackson Buttke Henry Spanbauer Mason Piechowski Cameron Kapral	2023
2010	Abigail Moore Maeve McDonald Angela Moore Michaela Welsh	2:12.06	Sprint Medley Relay 100, 100, 200, 400	1:56.14	Zach Foster Sam Rehm Henry Achterberg Cameron Kapral	2023
2023	Abigail Ridenour Grace Dillenberg Finley Coats Evelyn Heinzen	5:41.86	Distance Medley Relay 200, 200, 400, 800	5:15.00	Jacob Bogardus David Mueller Henry Geck Henry Spanbauer	2022
2023	Annie Moore Rachael Kowalske	4:43.93	Mixed 4x400M Relay	4:43.93	Jackson Buttke Henry Spanbauer	2023