## **Amherst Cross Country**

# Standing Rocks Cross Country Invitational

Thursday, August 28th, 2025

**Teams:** Amherst (HS/MS), Clintonville (HS/MS), Iola-Scandinavia (HS/MS), Lourdes (HS), Manawa (HS/MS), Marion (HS/MS), Mosinee (HS/MS), Ozaukee (HS), Pacelli (MS), Shiocton (HS/MS), St. Mary Catholic (HS/MS), Suring (HS/MS), Tri-County (HS/MS), Waupaca (MS), Weyauwega (MS)

Where: Standing Rocks County Park & Winter Recreation Area, 7695 Standing Rocks Rd, Stevens Point, WI 54481

Buses and spectators MUST park in a parking lot. Parking to the west of the course has been expanded. Busses should still park to the North along Standing Rocks Road, but spectators should park in the new Event Parking lot, it is much safer for spectators, not having to cross the road. Please do not park buses in the dog park parking lot.

### **Entry Fees:**

\$150 for HS Boys and Girls teams \$100 for MS Boys and Girls teams

Meet Manager: Adam Miller

School Phone: 715-824-5521 x1221

Cell Phone: 715-281-3734

Email: amiller@amherst.k12.wi.us

Officials: Thomas Flood and Kevin Yeske

Registration and Timing: Registration will be on MileSplit at wi.milesplit.com - and timing will be

provided by AccuRace Timing Services.

Entry will be due by Tuesday, August 26th at 12 noon.

#### Schedule:

Course Open 3:00 pm

Middle School Boys Start: 4:00 pm Middle School Girls Start: 4:30 pm High School Boys Start: 5:05 pm High School Girls Start: 5:40 pm

#### Awards:

Top 10 place finishers for HS (Girls and Boys)
Top 5 place finishers for MS (Girls and Boys)
Championship Plagues for HS Boys team, HS Girls team, MS Boys team and MS Girls team

**Course Description:** The course contains all different terrain, flats, hills, woods and prairies. It is mostly grass with some trails. Spikes may be used. A course map has been attached.

**Concessions, T-shirts, and Restrooms:** We will have concessions this year, run by our parents of the students-athlete. We will also be selling meet T-shirts as well. There will be restrooms available across the street. Note: restrooms will not be disinfected after each use, so use will be at your own risk.

**Team Areas:** Teams may set up tents or "camps" where they deem appropriate, just keep team camps spaced out from other participating schools.

Starting Area: Only runners, coaches, and officials will be in the starting area.

**Finish Line Area:** We will have workers at the finish line to help direct runners after they have finished the race.

Water will not be provided at the finish line area.

Medical personnel will be stationed near the finish line area.

## Lane Assignments:

## Middle School:

- 1 Clintonville
- 2 Iola-Scandinavia
- 3 Marion
- 4 Tri-County
- 5 Waupaca
- 6 St. Mary Catholic
- 7 Pacelli
- 8 Manawa
- 9 Shiocton
- 10 Amherst
- 11 Weyauwega
- 12 Mosinee
- 13 Suring

## High School:

- 1 Clintonville
- 2 Iola-Scandinavia
- 3 Marion
- 4 Tri-County
- 5 Lourdes
- 6 St. Mary Catholic
- 7 Ozaukee
- 8 Manawa
- 9 Shiocton
- 10 Amherst
- 11
- 12 Mosinee
- 13 Suring