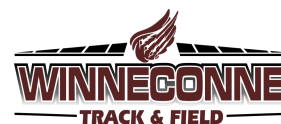




2026 Winneconne MS Track Tri May 4, 2026



Place: Winneconne High School

Entries: We have Mark and Linda from OnYourMarks Timing for our meet. All entries should be submitted on athletic.net by May 3rd (Sunday) at 4pm.

Teams Entered (5):

Omro, St. Peters (Weyauwega), Lourdes, Valley Christian and Winneconne

TIME SCHEDULE

3:45: Coaches Meeting By the Finish Line. Substitutions and Scratches only. This is when the first call for all field events will be called.

4:00: Field events begin (3 attempts, no finals) times may change depending on when the previous event closes out all entries. High Jump will start at 3' 8" for girls and raise 2" each time. It will start at 4' for the boys and raise 2" each time until 5', then it will raise by 1".

4:00 - 5:00 pm	5:00 - 6:00 pm
Girls Discus	Boys Discus
Boys Shot Put	Girls Shot Put
Girls Triple Jump	Boys Triple Jump
Boys Long Jump	Girls Long Jump
Girls High Jump	Boys High Jump

Running Events 4:30 Girls followed by Boys
100 Hurdles
100 M Dash
1600 M Run (Combined Boys and Girls)
4 X 200 M Relay
400 M Dash
4 X 100 M Relay (7th)
4 X 100 M Relay (Open)
800 M Run
200 M Dash
4 X 400 M Relay

Stagger Lines	Exchange Markings
1 Turn Stagger- Green	400 Meter Relay- Yellow Triangles
2 Turn Stagger- White	800 Meter Relay- Zones 1-2 Black Triangles, Zone 3 Yellow
3 Turn Stagger- Blue	1600 Meter Relay- Zone 1 Staggered Blue, Zone 2-3 Straight Blue

Hurdle locations and heights:

100 meter.....Yellow Hash Marks

Race Day Items:

1. Please use chalk in place of tape on the track.
2. Bathrooms are located by the concession area.
3. We will have a clerk of course for athletes to check in at the north end of the track
4. Please limit spikes to 1/8" or less
5. Only coaches and athletes going to and from their events are allowed in the infield

Any Questions Please Contact:

Ashley Schulke: Head MS Track Coach

Cell: 920-538-3870

Email: schulkea@w-csd.org

Tyler Lee: Athletic Director

School Phone: 920-582-0914

Email: leet@w-csd.org