

*Solemnity  
Of The  
Most  
Holy  
Trinity*



*Solemnidad  
Del La  
Mayoría  
Santo  
Trinidad*

June 12, 2022

**Holy Spirit Catholic Church**  
310 3rd Ave S  
Kent, WA 98032

**Pastor/ Párroco: Fr. Carlos Orozco**

**Administration: Brenda Fincher: ext. 214**

**Ministerio Hispano/Bautizos/Bodas/Quinceañeras/  
Funerales: Guadalupe Madrid, ext. 229**

**Liturgy/Music /RCIA/Infant Baptism Preparation:  
Holly Renz: ext. 215**

**Children's Sacramental Prep/Youth Ministry:  
Lisa Pozzi: ext. 212**

**Weddings/Funerals/Anointing of the Sick:  
Brenda Fincher: ext. 214**

**Accountant: Kristi Vasquez: ext. 221**

**Homebound Ministry: Martha Ryland 206-498-3266**

**SVDP Society Helpline: 206-767-6449**

**Mass Times / Horario de Misas**

**Weekdays** 9:00 am Mon, Wed, Thur, Fri  
7:00 pm Wed Spanish  
7:00 pm Miercoles Español

**Saturday** 5:00 pm English  
6:30 pm Español

**Sunday** 8:30 am English  
10:30 am English  
12:30 pm Español  
2:30 pm Swahili

**Confessions:** 3:00 pm—4:30 pm Saturday  
6:00 pm—6:45 pm Wednesday

**Telephone: 253-859-0444**

**Office Hours**  
M-F 10:00 am - 2:00 pm

**Horario de la Oficina del Ministerio Hispano**  
Miércoles - Viernes 10 am - 2:00 pm

**Parish Website:** [www.holyspiritkent.org](http://www.holyspiritkent.org)

**Parish Facebook Page:** Holy Spirit Parish

# WEEKLY PRAYER

## READINGS FOR THE WEEK OF JUNE 12, 2022

**Sunday:** Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 [2a]/Rom 5:1-5/Jn 16:12-15

**Monday:** 1 Kgs 21:1-16/Ps 5:2-3ab, 4b-6a, 6b-7/Mt 5:38-42

**Tuesday:** 1 Kgs 21:17-29/Ps 51:3-4, 5-6ab, 11 and 16/Mt 5:43-48

**Wednesday:** 2 Kgs 2:1, 6-14/Ps 31:20, 21, 24/Mt 6:1-6, 16-18

**Thursday:** Sir 48:1-14/Ps 97:1-2, 3-4, 5-6, 7/Mt 6:7-15

**Friday:** 2 Kgs 11:1-4, 9-18, 20/Ps 132:11, 12, 13-14, 17-18/Mt 6:19-23

**Saturday:** 2 Chr 24:17-25/Ps 89:4-5, 29-30, 31-32, 33-34/Mt 6:24-34

**Next Sunday:** Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/1 Cor 11:23-26/Lk 9:11b-17

## OBSERVANCES FOR THE WEEK OF JUNE 12, 2022

**Sunday:** The Most Holy Trinity

**Tuesday:** Flag Day

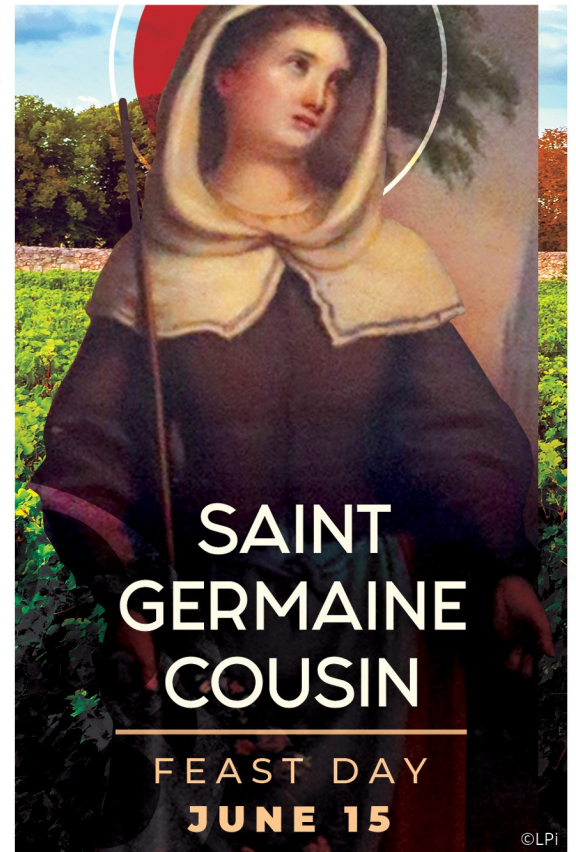
**Next Sunday:** The Most Holy Body and Blood of Christ; St. Romuald, Abbot; Father's Day

## LIVE THE LITURGY

### Inspiration for the week

Life can leave us feeling very distracted and detached. Perhaps this is why many people seek things that make them “feel good,” wrongly believing those things actually provide a sense of meaning and purpose. In truth, they are simply more distractions. When we discover real silence,

we can realize that the stirrings and impulses in our hearts desiring connection, meaning, and purpose are really God desperately trying to pull us toward His Divine Heart. Once we submit to God's pull, we are led to the beauty of God's presence. This holy presence carries us to the heights of mountains, the vastness of ocean depths, the beginning of things and their end, and the majesty of universal wonder. We meet the Father. Then, gently carried to the tenderness of compassion, love, mercy, and forgiveness we touch the innocence and vulnerability of life. We see the poor and those who are broken. We meet the Son. Finally, we are directed toward the seasons that change, the ebb and flow of life, the inspirations that surprise, and the wonder, awe, and joy of life. We embrace the Holy Spirit.



## SAINT OF THE WEEK

Saint Germaine was born in Pibrac, France in 1579 to poor parents. Her story is a heart wrenching one. She was born with a deformed right arm and hand, and her mother died when she was an infant. Her father remarried, but her stepmother brutally abused and neglected her.

As a child Germaine suffered from scrofula, a disfiguring form of tuberculosis which causes swelling and lesions on the side of the neck. Already sick, abused, and starving, she was forced to sleep in barn with sheep she tended.

Despite everything, Germaine lived each day tending her flock with joy and in prayer. Mary and Jesus became her friends. She shared what little she had and taught the children of the village about God's love. A rosary made of string knots was her constant companion. She attended Mass every day, leaving her sheep in care of guardian angels. Her flock was never attacked by wolves and never wandered. Some claimed to see the waters of the flooded river part so she could get to Mass.

She is often portrayed with an apron full of flowers because one winter day her stepmother accused her of stealing bread from the house and hiding it her apron. But when she was seized and forced to open the apron an abundance of spring flowers tumbled forth. It was this incident that compelled the villagers and even her parents to recognize her holiness.

Germaine died at 22, her poor body was found by her father, in the barn where she slept. She was buried in the village church. More than forty years later, her body was accidentally exhumed and found to be incorrupt. She was canonized by Pope Pius IX in 1867 and inscribed into the canon of virgins.



# HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

## ***We Ask You to Pray for All Who Are Ill Especially***

Betty Brown, Lourdes Campos, Geney Cowgill,  
Vic Conyers, Se'Vera Dowe, Darrell Ehlers, Dutch  
Gallinger, Ken Gannaw, John Glenn, Elisa Hilson, Kaden  
Hollis, Laura Kapule, Faustina Kariuki, Ann Ogonowski,  
Debbie & Jorita Proietti, Marina Serena, Jim & Joan  
Sheffield, Chris Sims, Clyde Schendzielos, Bob Schilz,  
Joseph Thomas, Myk Ugarte, Shonda & JC Wynn

*Please pray for everyone in the military both at home and  
abroad, men and women who put themselves in harm's  
way to protect us. And, let us pray for their families.*

*If you would like a name added or removed from the  
prayer list, please contact the parish office at  
[bfincher@holyspiritkent.org](mailto:bfincher@holyspiritkent.org) or 253-859-0444.*

## **LOCAL CATHOLIC SERVICES**

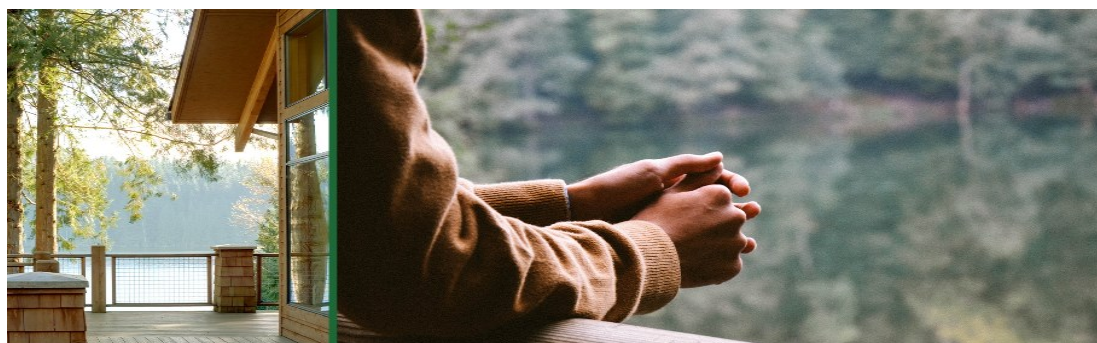
*St. Vincent de Paul Society: 206-767-6449  
Catholic Community Services: 253-854-0077  
King County Resource Line: 2-1-1*

## **SERVICIOS DE LOCALES CATÓLICOS**

*Sociedad de San Vicente de Paul: 206-767-6449  
Servicios Católicos de la Comunidad:  
253-854-0077  
Recursos del Condado de King Linea: 2-1-1*



ARCHDIOCESE  
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## **QUO VADIS DAYS** June 27-29, 2022 **CAMP HAMILTON**

**This amazing 3-day camp for high school men grades 9-12 with priests and seminarians from the Archdiocese of Seattle will provide participants the opportunity to learn more about the priesthood, to deepen their faith, and to better discern God's call in their lives.**

**Space is limited to 60 participants.**

***Please note: participant age has changed to high-school-age only.***

***Also, the nominal \$50 fee can be waived in cases of need.***

**Email the Office of Vocations with questions at [vocations@seattlearch.org](mailto:vocations@seattlearch.org)**

**REGISTER NOW AT  
[archseattle.org/event/quo-vadis-days](https://archseattle.org/event/quo-vadis-days)**

# HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO



## Do not be afraid to vent to God, have faith in his justice, pope says

By Carol Glatz Date: May 18, 2022

*Pope Francis greets a child during his general audience in St. Peter's Square at the Vatican May 18, 2022. (CNS photo/Paul Haring)*

VATICAN CITY – Pope Francis praised the way people have faced the trials and losses in their lives with a firmness of faith in God's promises and love.

"We have all known people like this. We have been impressed by their cry, but we have also stood in admiration at the firmness of their faith and love," the pope said during his general audience in St. Peter's Square May 18.

Admirable examples include parents of children with serious disabilities, those who live with a permanent illness or those who are assisting a member of their family — all situations that are made worse when coupled with economic difficulties, he said.

Sometimes these burdens accumulate, seeming to pile on all at once, which is what has "happened in these years with the COVID-19 pandemic, and is happening now with the war in Ukraine," the pope said.

Continuing his series of talks dedicated to the meaning and value of "old age," the pope reflected on an event in the life of Job, who suffered a devastating series of catastrophes and losses. Job's friends tell Job that his plight must be punishment for personal wrongdoing and a call from God to repent.

However, the pope said, God praises Job "because he understood the mystery of God's tenderness hidden behind his silence." Job is a witness of a faith who "does not accept a 'caricature' of God, but protests loudly in the face of evil until God responds and reveals his face," which is tender and respectful.

"God rebukes Job's friends who presumed they knew everything, knew about God and about suffering, and, having come to comfort Job, ended up judging him with their preconceived paradigms," he said.

The Book of Job represents what happens when it seems an excessive and unjust amount of suffering befalls an individual, a family or a people, he said, reflecting that saying, "When it rains it pours."

People cannot justify or blame this excessive evil on nature, history or the sins of the victims, as if they deserve it, he said.

However, God is not afraid of confrontation, and Job's protest is a way to pray, like children may protest against their parents to capture their attention and signal their need for care, he said.

It is OK to object "even to God. God will listen to you. God is a father. God is not afraid of our prayer of protest," so people can be free and spontaneous in expressing themselves in prayer, the pope said.

"Perhaps we need to learn this respect and tenderness from God. And God does not like that encyclopedia — let's call it this — of explanations, of reflections that Job's friends make," the pope said. Job's friends display a kind of "religiosity that explains everything but remains cold at heart. God does not like this. He likes Job's protest and silence more."

(Continued on next page)



# HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

(Continued from previous page - Do not be afraid to vent to God, have faith in his justice, pope says)

“The turning point in the conversation of faith comes right at the height of Job’s venting, where he says, ‘I know that my redeemer lives,’” and he knows that he shall see God, the pope said.

This is “the simple faith in the resurrection of God, the simple faith in Jesus Christ, the simple faith that the Lord is always waiting for us and will come,” he said, and it is a faith that can be seen in many older people who have experienced great difficulties.

So many people get to know God better after reaching out to him after experiencing things that are “a bit ugly, a bit dark,” he said.

These people “have also seen the inconsistency of human promises. Lawyers, scientists, even men of religion, who confuse the persecutor with the victim, insinuating that they are fully responsible for their own suffering. They are mistaken!” the pope said.

The pope praised those elderly who can turn resentment “into a tenacity for awaiting God’s promises” because they are an example to the rest of the faith community about facing “the excesses of evil.”

“Let us look at old people ... with love. Let us see their personal experiences. They have suffered so much in life, they have learned so much in life, they have gone through so much, but in the end, they have this peace, a peace, I would say, that is almost mystical, that is, the peace from an encounter with God,” he said. encounter with God,” he said.

<https://catholicnews.com/do-not-be-afraid-to-vent-to-god-have-faith-in-his-justice-pope-says/>

## Holy Hour for Vocations

**Friday, Jun 24, 2022 7:00pm at St. James Cathedral**



Join the bishops, Fr. Justin Ryan, and Deacons John DePalma, Chad Hill, and Josh Nehnevaj for a Holy Hour for Vocations Friday, June 24, 2022 at 7:00 pm at St. James Cathedral.

Let's all pray together as the ordinands prepare to be ordained to the priesthood the following day!

# HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

## TOGETHER WE CAN BE CHRIST TO OTHERS!

If you received Fr. Carlos' letter last week, please prayerfully consider your gift to the Annual Catholic Appeal. In addition to the many ministries that support those in need, your gift also supports the staff of Holy Spirit Parish and Fr. Carlos, on a regular basis with a range of services from Parish Financial Services, Human Resources, liturgy guidance and property and construction matters. Thank you to the many of you who have chosen to make your best gift by pledging over several months. To date, we have heard from 224 families, about 12% of our parish. Make your pledge using the QR code, or the pew envelope which may be mailed or included in the collection.

## ¡JUNTOS PODEMOS SER CRISTO PARA OTROS!

Si recibió la carta del Padre Carlos la semana pasada, por favor considere en oración hacer un donativo a la Petición Católica Anual. Además de los ministerios que asisten a los necesitados, esta campaña de ACA también apoya directamente al personal de la parroquia Parroquia Del Espíritu Santo y al párroco Padre Carlos diariamente en una variedad de servicios desde construcción de propiedad hasta finanzas, desde recursos humanos hasta corresponsabilidad parroquial. Hasta la fecha, hemos recibido respuesta de 224 familias, cerca del 12% de nuestros feligreses. Gracias a todos los que eligieron hacer su mejor donativo comprometiéndose durante varios meses, ayudándonos así a alcanzar la meta en un corto tiempo. Haga su compromiso utilizando el Código QR, o el sobre que encontrará en los bancos de la iglesia y que podrá enviar por correo o incluir en la canasta de la colecta.



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## Safe Environment

## Protecting Our Most Vulnerable

If you are part of a parish ministry/group working with children/youth or vulnerable adults please make sure you have taken your Safe Environment courses, starting with Protecting God's

Children. **These classes are required.** The first class is longer and in-person and the refresher classes are shorter and taken every 3 years on-line. Please **register** for our upcoming class here at Holy Spirit at [VIRTUS® Online \(virtusonline.org\)](https://virtusonline.org) if you have not taken your class.

**English: Thursday, June 16 6-9 pm Hall**

**Español: Junio de 18, Sabado 9am.-12 pm Salon**

Si usted es parte de un ministerio/grupo parroquial que trabaja con niños/jóvenes o adultos vulnerables, asegúrese de haber tomado sus cursos de Ambiente Seguro, comenzando con Protegiendo a los Niños de Dios. **Estas clases son obligatorias.** La primera clase es más larga y presencial y las clases de actualización son más cortas y se toman cada 3 años en línea. **Regístrese** para nuestra próxima clase aquí en Holy Spirit en [VIRTUS® Online \(virtusonline.org\)](https://virtusonline.org) si no ha tomado su clase.

**¡Nuestra Fiesta Parroquial ha sido reprogramada! La nueva fecha es el domingo 31 de julio. ¡Ponlo en tu calendario y ven a divertirte!**

**31 DE JULIO JULY 31<sup>ST</sup>**

**Our Parish Festival has been rescheduled! The new date is Sunday, July 31st. Put it on your calendar and come out for the fun!**

# HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO



## Benediction For Our Graduates

*As your classes and grading are now complete, may you strive toward excellence in all you do.*

*As the speeches conclude, may your voices rise up to pronounce justice and peace in the world.*

*As the fanfares cease, may you sing of joy, even in the dark and lonely places.*

*As the applause quiets, may you celebrate and lift up those around you.*

*As you graduate today, may your achievements grow and cause growth in your communities.*

*And may we all know of the overwhelming blessings of the One who created all things.*

*By The Rev. Jay Moyers*

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/graduation-and-graduates#:~:text=Gracious%20and%20caring%20God%2C%20our,excellence%20in%20all%20they%20do.>

## Where You Listening?

*We now have a seminarian who will be here with us for a little while. Seminarian Max and Father Carlos have both told us a few interesting facts about him. Let's see how much you remember hearing about Seminarian Max.*

1. He is originally from which country?
2. How many siblings does he have?
3. What is his role at our daily masses?
4. What was his job before entering Seminary?



1. Chile
2. Three (3) - He is the middle of three children
3. Organist
4. High school teacher

SUNDAY, JUNE 5, 2022

**"Brothers and sisters, let us think today of the gift of the Spirit we have received from Jesus to be witnesses of the Gospel.**

**Let us ask ourselves if we really are; and also, if we are capable of loving others, leaving them free and making room for them. And then: do we know how to make ourselves intercessors for others, that is, do we know how to pray for them and bless their lives? Or do we serve others for our own interests? Let us learn this: intercessory prayer, interceding for the hopes and sufferings of the world, interceding for peace. And let us bless with our eyes and our words those we meet every day!"**

*Pope Francis Regina Caeli ~ May 29, 2022*



## NEIGHBORHOOD YARD SALE

Kent First Korean Church  
300 W. Saar St. Kent  
Friday, 6/17 3pm—6pm & Saturday, 6/18 9am—2pm



# The Spirituality of Camping: 3 Faith Lessons From Time Spent Outdoors

By [Veronica Szczygiel](#) June 8, 2022



Photo Courtesy of Veronica Szczygiel

While I am an avid hiker, I had never been camping before, and last year seemed like a good time to start. COVID restrictions made me wary of traveling, and I wanted to get my mind off the state of the world. When planning the trip, I happily envisioned eating s'mores with my husband, telling spooky stories, and wrapping ourselves in cozy blankets. What I didn't expect was how deeply spiritual the experience would be and how much I would learn about living a life of faith.

**Slowing down.** Out in the wilderness, there were no trains to catch and no meetings to rush to. If I wanted to lay curled up in my sleeping bag all morning, take a long walk with my dog at the lake, or just listen to the birds sing, I could. I relished doing things that I would normally tell myself to enjoy later, whenever I had the elusive "more time" to spare.

It's precisely these slow-motion moments that captured the real meaning of life for me. I learned that when we slow down, we are able to more clearly perceive God's grace working in our lives.

## [RELATED: 4 Ways to Pray Outdoors](#)

I felt this sense of leisurely grace most during mealtimes by the campfire. My husband Arthur and I took our sweet time cooking over the fire. As he chopped and stacked firewood, I prepared all the necessary ingredients. The fire crackled as meat sizzled on cast iron pans. We poured wine and stared at the stars. We savored mealtimes as moments full of love for each other. For me, this was a testament to God's grace.

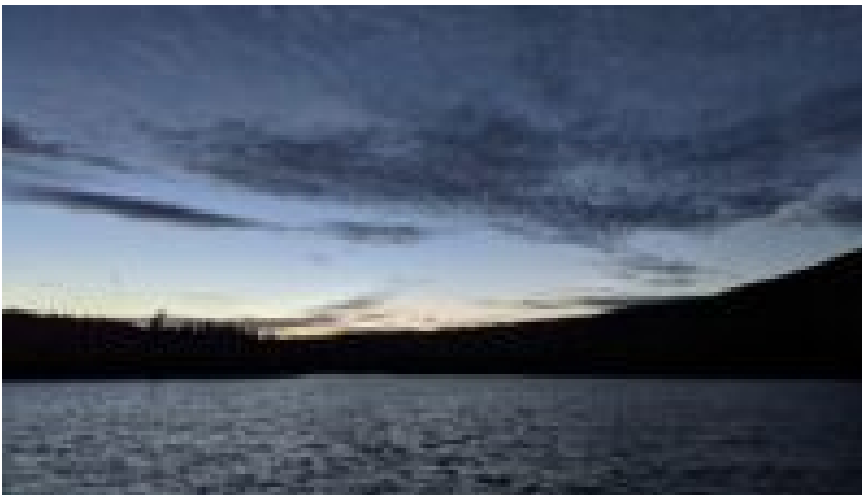


Photo Courtesy of Veronica Szczygiel

**Facing fears.** I witnessed this grace not just in slow moments but in scary ones, too. My biggest challenge happened when Arthur coaxed me into taking a night hike with him. He used to go night hiking with pals at his military base, and now he wanted to experience it with me. While the invitation was romantic, it provoked great anxiety in me. What if we get attacked by a bear? A bobcat? A mass murderer? While some of my fears were wilder than others, the stress I felt was real. When I dove into the deep woods, I thought I was entering certain

doom.



Everything was shadowy, sinewy, and dark. I thought the bugs were big at base camp, but the ones catapulting themselves towards my headlamp were even bigger. Leaves rustled, and tree limbs creaked eerily. Something flopped in the water. Something snapped a stick nearby.

My heart raced and my breathing became haggard. But by the time we were done with the trail, I couldn't help but admit that I actually enjoyed myself.

#### RELATED: 5 Tips for a Spiritual Summer

I noticed things I wouldn't be able to see in the daytime. The moon reflected brightly on the lake's surface. The mountains softened into a rolling silhouette. A spider effortlessly engineered its massive web (I secretly thanked it for its bug-catching service). In the crisp night air, owl hoots, cricket strums, bat squeaks, and frog croaks magnified.

Soaking in everything around me, I learned that when we face our fears head-on, we are reminded of how God is with us at every moment of our lives – both good and bad. While I was scared at first, the more I let myself abandon my need for control, the easier the path became. That's a metaphor for many of the uncertain, frightening, difficult situations we have in life – we need to trust that we'll get out of the woods, with God's help.

It also taught me that sometimes, it's not so crazy to listen to your husband.

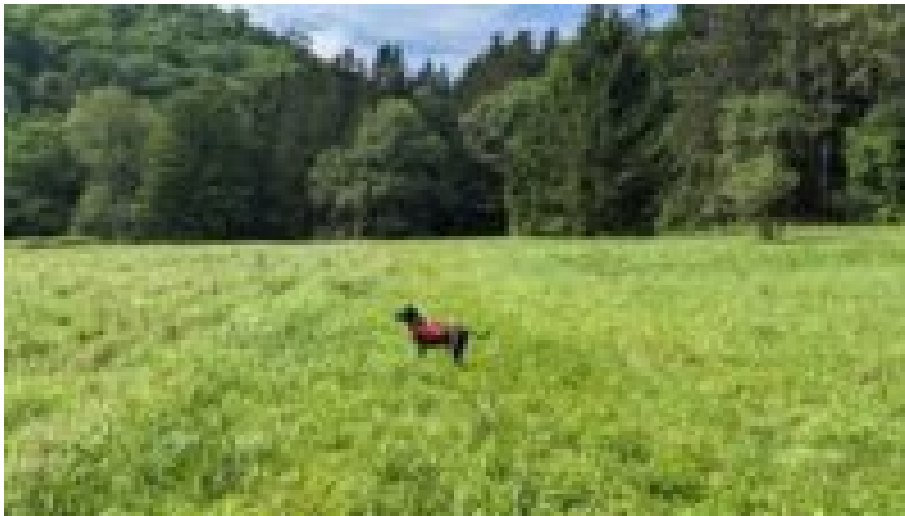


Photo Courtesy of Veronica Szczygiel

#### **Recognizing 'How Great Thou Art.'**

All of my various adventures led me to a single conclusion: God is truly great. He paints the autumn leaves in radiance; he clothes the night owl in striking white feathers to reflect the luminescent moon. From the bright yellow goldfinch zipping through trees to white, powdery Queen Anne's Lace dotting the lakeshore, everything around me was imbued with the spirit of our God. The more we immerse ourselves in the beauty of nature, the more we can appreciate the glory and

grandeur of God's divine imagination. I felt I was able to focus on truly perceiving God's creative grace because I was disconnected from all else – meaning my phone and the internet. Without devices to distract me, I felt the divinity in both the vastness of nature and its minute, intricate details. At a Capuchin retreat house in Garrison, NY, I once found a sign hanging in a retreat house that read, "There is no Wi-Fi here, but I promise you will find a better connection." I can't think of a more perfect way to describe my camping experience.

Ultimately, what camping taught me most was that God was calling my name in those woods. And I will keep returning to meet him there.



## Veronica Szczygiel

Veronica Szczygiel, Ph.D., is the Assistant Director of Online Learning at Fordham University's Graduate School of Education. Her essays on faith and spiritual growth have appeared in many Catholic multimedia platforms and can be read on [her website](#).

- [@veronicaszczyniel](#)

# Catholic

## CEMETERIES

A Lasting Legacy of Faith

### WHAT HAPPENS IF YOU DO NOTHING?

Here's the reality! If you don't make your plans now, someone else in your family will eventually have to. We can help ease this burden on your family. Your Catholic Church provides a free educational service explaining all of your pre-planning options, and how they fit in with the Church's teachings. Don't put it off any longer. Plan now for your family's peace of mind.

#### Plan Now ...while you are healthy

The best time to plan your burial arrangements is when you can participate fully. You want to be of sound body and mind and supported by your loved ones while making these important choices.

#### Plan Now... while you are living

Once you have died, who will make your burial decisions? Will they make the same choices that you would have made? Do you really want them to make those tough decisions alone? Pre-Need planning is an act of love from the living to the living.

#### Plan now... while you can get zero percent financing

In addition to making decisions about what and where, Pre-Need planning gives you the opportunity to decide how. We offer zero interest payment plans to ensure that everyone who chooses burial in our Catholic cemeteries can make it happen. Discover the possibilities today!

### 3 Easy Ways to Request More Information

**Mail:** Attached Post Card

**Call:** 253-235-4073

**Email:** accbis@mycatholiccemetery.org



### YES, I'd like to know what my options are!

- ☐ I'd like a FREE Catholic Funeral Planning Guide
- ☐ I'd like a FREE "Considering Cremation? Catholics and Cremation" brochure
- ☐ Please tell me how to **save 15% Pre-Need** (expires June 30, 2022)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*I may receive informational emails from Associated Catholic Cemeteries*

Parish: \_\_\_\_\_

#### I Wish to Learn About:

- ☐ Cremation Placement
- ☐ Traditional Burial
- ☐ Mausoleum Entombment

#### Location(s) I'm Interested In:

- ☐ Calvary - Seattle, WA
- ☐ Gethsemane - Federal Way, WA
- ☐ Holyrood - Shoreline, WA
- ☐ St. Patrick - Kent, WA

*If this has reached you at a time of need, we apologize. We had no way of knowing.*



# GIVE A GIFT OF LOVE TO YOUR FAMILY

## PRE-PLAN WITH YOUR CATHOLIC CEMETERY

Choosing sacred burial in your Catholic cemetery is a lasting legacy of your belief in the Resurrection as promised by Jesus. Why leave this decision to someone else? As a service to all members of our Catholic Community in the Archdiocese of Seattle, the Catholic cemeteries has prepared a comprehensive Pre-Need Planning Guide. This free booklet will help you learn about the ministry of Catholic cemeteries in the Archdiocese and offers you an excellent place to record important information for your family.

- Pre-need planning is a statement of faith and a gift to your family
- Pre-need planning is a practical decision, free of grief and emotion
- Pre-need planning eliminates price increases and offers easy monthly payments
- Pre-need planning assures burial in sacred ground
- Pre-need planning is simple and easy



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UNITED STATES

