



Holy Spirit Catholic Church
310 3rd Ave S
Kent, WA 98032

Pastor/ Párroco: Fr. Carlos Orozco

Administration: Brenda Fincher: ext. 214

**Ministerio Hispano/Bautizos/Bodas/Quinceañeras/
Funerales: Guadalupe Madrid, ext. 229**

**Liturgy/Music /RCIA/Infant Baptism Preparation:
Holly Renz: ext. 215**

**Children's Sacramental Prep/Youth Ministry:
Lisa Pozzi: ext. 212**

**Weddings/Funerals/Anointing of the Sick:
Brenda Fincher: ext. 214**

**Pastoral Assistant for Administration II :
Kristi Vasquez: ext. 221**

**Homebound Ministry: Martha Ryland 206-498-
3266**

SVDP Society Helpline: 206-767-6449

Mass Times / Horario de Misas

Weekdays 9:00 am Mon, Wed, Thur, Fri
7:00 pm Wed Spanish
7:00 pm Miercoles Español

Saturday 5:00 pm English
6:30 pm Español

Sunday 8:30 am English
10:30 am English
12:30 pm Español
2:30 pm Swahili
6:00 pm Chuukese on 1st Sundays

Confessions: 3:00 pm—4:30 pm Saturday
6:00 pm—6:45 pm Wednesday

Telephone: 253-859-0444

Office Hours

M-F 10:00 am - 2:00 pm

Horario de la Oficina del Ministerio Hispano

Miércoles - Viernes 10 am - 2:00 pm

Parish Website: www.holyspiritkent.org

Parish Facebook Page: Holy Spirit Parish



PRAY WITH LIGHT IN DARKNESS

©LPi

GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

When I was a young seminarian, I asked a wise old priest how to pray better. He said simply, “Don’t lie when you pray.” He helped me to see how much energy I waste in trying to appear acceptable to God when I pray. For me, prayer was showing off for God and hiding what was ugly.

It’s stunning that the Gospel of Matthew tells us of Jesus, **“He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulon and Naphtali...”** This isn’t just the Lord’s relocation up north. It’s his moving into places of shame and defeat. This region was where the enemy invasion of Israel began centuries before. Jesus left the comfortable confines of Nazareth and sought out

a place of darkness, not to bring shame, but to announce the dawning of his light.

When we pray, we usually prefer Jesus to stay put in our little Nazareths — where we feel comfortable, successful, and in control. But he moves. He re-locates into the Zebulons and Naphtalis of our shame, embarrassment, fear, and sense of being defeated. The question for us is: will we allow him to take up residence in those places in our prayer time? Will we talk to him honestly about our places of darkness? If we do, we’re no longer lying when we pray.

— *Father John Muir*

On those dwelling in a land overshadowed by death light has arisen.

From that time on, Jesus began to preach and say, “Repent, for the kingdom of heaven is at hand.”

- Mt 4:16b-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Local businesses and sponsors that advertise on bulletins need you now more than ever before. Please encourage and remind others to show their support during this time.

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 22, 2023

- Sunday:** Is 8:23—9:3/Ps 27:1,4, 13-14 (1a)/1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17
- Monday:** Heb 9:15, 24-28/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mk 3:22-30
- Tuesday:** Heb 10:1-10/Ps 40:2 and 4ab, 708a, 10, 11/Mk 3:31-35
- Wednesday:** Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/Mk 16:15-18
- Thursday:** 2 Tm 1:1-8 or Tit 1:1-5/12/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25
- Friday:** Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40/Mk 4:26-34
- Saturday:** Heb 11:1-2, 8-19/Lk 1:69-70, 71-72, 73-75/Mk 4:35-41
- Next Sunday:** Zep 2:3; 3:12-13/Ps 146:6-7, 8-9, 9-10 (Matthew 5:3)/1 Cor 1:26-31/Mt 5:1-12a

OBSERVANCES FOR THE WEEK OF JANUARY 22, 2023

- Sunday:** 3rd Sunday in Ordinary Time
- Monday:** St. Vincent, Deacon and Martyr; St. Marianne Cope, Virgin, Day of Prayer for the Legal Protection of Unborn Children
- Tuesday:** St. Francis de Sales, Bishop and Doctor of the Church
- Wednesday:** The Conversion of St. Paul the Apostle
- Thursday:** Sts. Timothy and Titus, Bishops
- Friday:** St. Angela Merici, Virgin
- Saturday:** St. Thomas Aquinas, Priest and Doctor of the Church
- Next Sunday:** 4th Sunday in Ordinary Time, Celebrate Catholic Schools Week

LIVE THE LITURGY

Inspiration for the week

When Jesus called Simon and Andrew, they left “at once” to follow him; when he called James and John, they did likewise. St. Peter, St. Andrew, St. James and St. John, pray for us, that God will grant us similar courage and clarity when called by Christ.



SAINT OF THE WEEK

St. Marianne Cope immigrated to the USA from Germany when she was a child. A gifted leader, she oversaw schools, hospitals, and missions during her long life. Most notably, she volunteered to provide care to those outcast with leprosy in Hawaii.

PRAYER

Prayer for St. Marianne Cope's intercession

Lord Jesus, you who gave us your commandment of love of God and neighbor, and identified yourself in a special way with the most needy of your people, hear our prayer. Faithful to your teaching, St. Marianne Cope loved and served her neighbor, especially the most desolate outcast, giving herself generously and heroically for those afflicted by leprosy. She alleviated their physical and spiritual sufferings, thus helping them to accept their afflictions with patience.

Her care and concern for others manifested the great love you have for us. Through her merits and intercession, grant us the favor which we confidently ask of you so that the people of God, following the inspiration of her life and apostolate, may practice charity towards all according to your word and example.

Amen.

(Prayer Source: <https://www.saintmarianne.org/prayer---novena2.html>)

HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

POVERTY AWARENESS MONTH FAQs

What causes poverty?

Poverty has several causes, including a lack of access to basic essentials such as water, food, shelter, education, and healthcare. Poverty is also caused by inequities such as gender or ethnic discrimination, bad governance, conflict, exploitation, and domestic violence.

Why is it important to raise awareness about poverty?

Awareness — of any cause and not just poverty — helps people connect with the issue at hand. They are more inclined to participate in efforts to end such issues, and while their efforts alone might not be enough for complete eradication, awareness is an important first step

What is called poverty?

Poverty, according to the World Bank, is not having a job and fearing for the future, and living one day at a time. It has also been called the inability to meet the basic needs of food, clothing, and shelter.

HOW TO OBSERVE POVERTY AWARENESS MONTH

1. Brush up on your knowledge of poverty

Poverty is not only about financial limitations but also includes a host of other factors. Learn why this is a global problem and how various countries measure poverty among their population.

2. See how you can help

Learn how organizations, local governments, and even non-profits are trying to reduce poverty in your community. Lend a helping hand in any way you can — whether it is by donations or volunteer work.

3. Put your knowledge to good use

How do you raise awareness about poverty? Use your newfound insight into poverty to talk to people and be active in your local community. Simply sharing your resources (and thoughts) can spread information about poverty to a lot of people.

[POVERTY AWARENESS MONTH -January 2023 - National Today](#)



HUNGRY?

Are you or someone you know short on food? Do you run out of food before the next check? We can help. Our parish Food Panty is now open! You don't even have to be a parishioner to get food! Please call our parish office for information and open hours — 253-859-0444.

¿HAMBRIENTO?

¿Usted o alguien que conoce tiene poca comida? ¿Te quedas sin comida antes del próximo control? Podemos ayudar. ¡Nuestro Food Panty parroquial ya está abierto! ¡Ni siquiera tiene que ser un eligrés para obtener comida! Llame a nuestra oficina parroquial para obtener información y el horario de atención: 253-859-0444.

HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

“There is nothing new about poverty. What is new, however, is that we now have the resources to get rid of it.”

REV. DR. MARTIN LUTHER KING JR.
1929-1968
CIVIL RIGHTS LEADER



CONFESSIONS
ARE SATURDAYS
3:00PM – 4:30PM
AND WEDNESDAYS
6:00PM - 6:45PM



Inclusion Ministry presents:

**“YOU ARE MY FRIENDS” (Jn 15:14)
an Archdiocesan-wide
Virtual Social Gathering
and Dance**

**Virtual Event via Zoom
6:30 – 7:30 PM**

Wednesday, January 25th, 2023

Join the Inclusion Ministry community in welcoming the winter months during an hour of fun, fellowship, games and – of course – dancing! We are actively celebrating people of all abilities in the Catholic Church!

The Archdiocese of Seattle Inclusion Ministry serves and works collaboratively with our parishes and schools to promote the inclusion and meaningful participation of people with disabilities in the life of our Catholic faith community.

To RSVP – <https://archseattle.org/ministries/outreach-ministries/inclusion-ministry/inclusion-ministry-event-rsvp-form/>

Questions? Please contact Joe Cotton at joe.cotton@seattlearch.org

<https://archseattle.org/events/you-are-my-friends-jn-1514-an-archdiocesan-wide-virtual-social-gathering-and-dance/>

(PRACTICING) CATHOLIC

The Art of Retreat

Social media has made it far too easy for me to share my opinion.

These virtual spaces tend to strip our words of all empathy. Someone will post something that I think is nonsense, and I just have to tell them why — and quickly! Hurry! Before they delete it!

Nine times out of ten, when the dust is settled, I find that I've said too much and listened too little.

As I've gotten older, the motto I try (not always successfully) to live by is this: You do not have to be on the attack all of the time, even if it's for what you think is the truth.

I can't help but notice that the first thing Jesus does when he hears of the arrest of John the Baptist is to retreat. He doesn't punch a hole in a wall or take to the streets in protest. He withdraws.

And what does he do after withdrawing? A lot of praying, I would imagine. A lot of thinking, a lot of reflecting. A lot of listening to the voice of his Father.

Sometimes we mistake stillness with vulnerability. But Christ shows us that to withdraw, to contemplate, can actually be a tremendous show of strength. Even the fiercest dogs wait for the command of their master before they act.

For Christ did not send me to baptize but to preach the gospel, and not with the wisdom of human eloquence. — 1 Corinthians 1:17

Colleen Jurkiewicz Dorman

What is the difference between a chastisement and a punishment?

The distinction between chastisement and punishment is, in many ways, a subtle one, but which is still relevant in our Catholic tradition.

First, chastisement is a concept that is grounded in Sacred Scripture. Here, we see chastisement as a response by God to people's actions that is intended to teach a lesson. As St. John Paul II observed, "chastisement appears to be ... a kind of divine pedagogy, in which the last word is reserved to mercy: He scourges and then shows mercy, casts down to the depths of the nether world, and he brings up from the great abyss" (Tobit 13:2). The idea here is that in order to capture our attention or to highlight how we have not lived out our covenant-relationship with God as we should, there are times when God uses events in life to draw us back to the quality of relationship or faith that we should have.

The concept of punishment, however, has a different sense. The Catechism of the Church observes that punishment is the consequence of a damaging action that "has the primary aim of redressing the disorder" and to protect the community and the common good from further damage or harm (see no. 2266). Although we always hope that someone who is being punished for a crime or some other harmful action will learn from their actions, punishment isn't necessarily intended to teach a lesson in the same way that a chastisement is.

Ultimately, how we make the distinction between chastisement and punishment is a matter of discernment. As with almost everything in life, our experiences can be an opportunity for grace — or for something less — depending on how open we are to recognizing the movement of God's Spirit within them.

HOLY SPIRIT PARISH / PARROQUIA DEL ESPÍRITU SANTO

LOCAL CATHOLIC SERVICES

St. Vincent de Paul Society: 206-767-6449

Catholic Community Services: 253-854-0077

King County Resource Line: 2-1-1

SERVICIOS DE LOCALES CATÓLICOS

Sociedad de San Vicente de Paul: 206-767-6449

Servicios Católicos de la Comunidad: 253-854-0077

Recursos del Condado de King Linea: 2-1-1

We Ask You to Pray for All Who Are Ill Especially

Lupita Alonzo, Bill Arnold, Betty Brown, Lourdes Campos, JoAnn Chisarik, Vic Conyers, Geney Cowgill, Carl Cundari, Se'Vera Dowe, Malcolm Efta, Darrell Ehlers, Patrick F., Dutch Gallinger, Ken Gannaw, Jane Gakwa, Elisa Hilson, Kaden Hollis, Faustina Kariuki, Christian Kumar, Barbara Landan, Scott Lloyd, Fame Mack, Trina Major, Ann Ogonowski, Debbie & Jorita Proietti, Jim Samoya, Marina Serena, Jim & Joan Sheffield, Chris Sims, Bob Schilz, Joseph Thomas, Nick Tollett, Myk Ugarte, Adam Wiseman, Shonda & JC Wynn

Please pray for everyone in the military both at home and abroad, men and women who put themselves in harm's way to protect us. And, let us pray for their families.

If you would like a name added or removed from the prayer list, please contact the parish office at bfincher@holyspiritkent.org or 253-859-0444.



◆ **START THE NEW YEAR RIGHT!**

◆ Give the gift of time to each other this year!

◆ On the Worldwide Marriage Encounter weekend, learn to prioritize the important things.

◆ The 2023 Worldwide Marriage Encounter Experiences are on: Feb 7-19 at LaQuinta Inn and Suites, Tacoma, WA, Mar 10-12, Spokane, WA, May 19-21, Seattle, WA

◆ Early registration is highly recommended. For questions, or to find out more about a Virtual Encounter Weekend, feel free to contact: Jeff and Sandy Corneil 360-930-2321. For more information visit our website at: www.wwme.org.

JOBS: Holyrood Catholic Cemetery is looking for caring, compassionate, hardworking Christians and Catholics to join our team. We help people at one of the most difficult times of their lives and we are looking for people who understand and care about the needs of those who are dealing with a recent loss.

If you might be interested in working for the Catholic Church and have an interest in sales, grounds keeping, and or office work, please know we are hiring for a variety of positions across multiple departments.

As a team member at Holyrood, you'll enjoy:

- A rewarding career
- Good compensation
- Comprehensive benefits package, including medical, vision and dental insurance, a retirement account, as well as a pension
- 10 paid vacation days

Holyrood Catholic Cemetery is located in Shoreline just west of I-5 and across from Lake Balinger.

If you are interested in joining our team, please apply by sending your resume to Holyrood's Superintendent, **Ashley Lobie** at ashleyl@mycatholiccemetery.org

We look forward to hearing from you soon!