

Presentation of the Blessed Virgin Mary - Sacred Heart Church
Rev. Fr. Arthur F. Rojas, Administrator

LENT 2024

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

"Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal Mystery (Easter Triduum). Lent is the primary penitential season in the Church's liturgical year, reflecting the forty days Jesus spent in the desert in fasting and prayer" (Catechism of the Catholic Church).

 = a day of fasting and abstinence from meat

 = a day of abstinence from meat

18 Scroll through your phone contacts and offer your Communion for whichever person you land on.	19 Keep custody of the thoughts: give up complaining, rash judgement, and negative self-talk. See holiness -- and productivity! -- increase.	20 Pick a saint to accompany you during Lent. Learn more about them and ask them to pray for you.	14 Ash Wednesday Attend Mass and receive ashes. Prayerfully choose Lenten offerings of prayer, fasting, and almsgiving.	15 Set aside an empty jar for loose change. When it's full, donate it to the poor box at church.	16 Offer up every time you're tempted to have meat for those who can't afford to have meat regularly.	17 Adopt a seminarian or consecrated religious to pray for this Lent. Check your diocesan website to see who is in discernment.
25 Stay after Mass and pray for the intentions of the Pope.	26 Ask God to remind you of His love for you today -- it's a prayer He loves to answer. Thank Him tonight before bed.	27 Make a small sacrifice today for souls, e.g. no cream in your coffee, no snacks before dinner.	28 Give up worry. Write down what worries you and leave it before an image of Jesus, surrendering it to His care.	29 Stop by the parish office and ask what upcoming events you can volunteer with (e.g. setting up St. Joseph's table).	1 March Attend Daily Mass and/or spend some time before the Blessed Sacrament in honor of Jesus' Sacred Heart.	2 Our Lady urged praying the Rosary to bring peace. Pray a Rosary in honor of Mary's Immaculate Heart.
3 Meditate on today's Gospel (John 2:13-25). Where can you "clean the temple" of your heart to make more room for God?	4 Learn something new about your Faith: skim the glossary of the Catechism for an unfamiliar term and learn more about it.	5 Check out Catholic Relief Services at www.crs.org to see how you can help support any of their projects.	6 Meditate on Scripture on-the-go. Copy down a favorite Bible verse and carry it with you all day. Pray with it whenever you have to wait.	7 Catch up with a friend you haven't heard from in a while.	8 Attend a Stations of the Cross service or pray them on your own. Find them here: www.usccb.org.	9 Give others the gift of your presence: ask about their work, interests, or family, and listen attentively while they speak.
10 Lacture Sunday Rejoice! Have some holy fun after Mass today.	11 This whole week, give up recreational screen time after 9PM and give that time to God.	12 Renew your commitment to your Lenten promises.	13 Do a thorough Examination of Conscience, then go to Confession to be freed of your sins and experience God's mercy.	14 Today, choose kindness. Resolve to smile at everyone you meet.	15 Make an additional, small sacrifice of your choosing and pray for the unborn children and their mothers.	16 Volunteer at a retirement community. Call ahead and ask how you can serve (e.g., reading to the residents, donating needed items).
17 Consider offering your Communion at Mass for missionaries, teachers, and catechists -- anyone who passes on the Faith.	18 Until the end of Lent, only buy essentials, like food, medicine, etc.	19 St. Joseph's Day Happy Solemnity! Enjoy pastries today to celebrate. Prayerfully entrust husbands and fathers to St. Joseph's protection.	20 Drop off the box of clothes at its destination.	21 Find time today to visit the Blessed Sacrament, even if briefly. Pray that everyone has a safe and spiritually fruitful Holy Week.	22 The King is coming! Clean the house in preparation for Palm Sunday.	23 Praying for the dead is a work of mercy. Visit a cemetery and pray for the souls there.
24 Palm Sunday During the Gospel readings at Mass, imagine you're in the scene. How would you respond?	25 Offer extra prayers today for those coming into the Church at Easter.	26 Evaluate your Lent. Where did you see spiritual growth? What would you do differently next year?	27 Today recalls Judas' betrayal of Christ. Ask forgiveness from those you have hurt. Forgive those who have hurt you.	28 Holy Thursday Today, Christ instituted the Holy Eucharist and the Priesthood. Send a priest a thank-you card for all the ways he's served you.	29 Good Friday Read Mark 15 and reflect on Jesus' love for you. Name one way you'll return His love.	30 Holy Saturday Light a candle and renew your baptismal vows to remain faithful to God this coming year.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. ~ 2 Chronicles 7:14

2024 Respect Life Signature Ad

Sponsored by the
Ulster Deanery Respect Life Committee



- A full page ad with the names of those in Ulster County who stand for the dignity of all human life, especially the unborn, the handicapped and the elderly will run in the Kingston *Sunday Freeman* on April 14, 2024.
- Join in solidarity with your neighbors and fellow Catholics across Ulster County
- Names will be collected after all Masses on the weekends of March 2-3 and March 9-10.
- A \$2 donation per signature is requested.
- Our Lady of Guadalupe, pray for us!



Presentation-Sacred Heart Parish, Port Ewen-Esopus, N.Y.

Pastor: Rev. Fr. Arthur F. Rojas Deacon: Dcn. Timothy L. Dean
Sunday Associate/Retired: Rev. Fr. Marc K. Oliver Website: www.presentationsacredheart.org
E-mail: presentationsacredheart@presentationsacredheart.org
Telephone numbers: (845) 331-0053 Presentation, (845) 384-6828 Sacred Heart.
ONLY for Anointing of the Sick and other Last Rites: (845) 514-3703

***VI Week of Ordinary Time/
Beginning of Lent***

Intentions of Holy Mass

Let P = Presentation, S = Sacred Heart

Sun., Feb. 11th (VI Sunday in Ord. Time or
Quinquagesima Sunday in Extraordinary Form)

P 9 a.m. Edward Martin †
S 11:30 a.m. Brian Bishop †

Monday, Feb. 12th (Parish offices are
CLOSED. No public Mass).

Tuesday, Feb. 13th (S: Office open 10-4)
S 8 a.m. Rev. Fr. Joseph Zi Mancha †

Wed., Feb. 14th (S: Office open 10-4)
S 8 a.m. Pro populo
S 11:30 a.m. Deceased priests in Purgatory †
P 6:30 p.m. Thomas Kelly †

Thurs., Feb. 15th (P – Office only by appt.)
P 8 a.m. Michael Todd Minetta †

Friday, Feb. 16th (P – Office only by appt.)
P 8 a.m. Marie Adolphe †

Saturday, Feb. 17th
P 8 a.m. William Lipman †
S 5 p.m. Deceased of the O'Meara and
Werlan families † †

Sun., Feb. 18th (I Sunday of Lent in both forms)
P 9 a.m. Mary and Bridget Gormley (Living)
S 11:30 a.m. Sanctification of the priests of the
Archdiocese of New York

***The Tabernacle Lamp
burns for:***

Let P = Presentation, S = Sacred Heart

S: Eugene Loughlin †
P: In atonement for sins against the
Blessed Sacrament.

Tabernacle lamps at one or both
churches may be reserved ahead of time for
intentions for **one week at a time** (Sunday
to Saturday). An offering is requested of
\$25 per lamp per week. Please contact
Fr. Arthur Rojas or Ms. Zina Matera to make
reservations.

***Who won recently at the 20
Week Club?***

ALEXANDRA CAPECCI (Week #15)

Weekly \$upport of Our Parish

1st Collection: \$3,055.00
We Share: \$2,075.00
Candles: \$125.00

Cardinal's Appeal Drive 2024

Goal: \$28,400
Pledged: \$5,125
Paid: \$3,895
Number of Participants to date: 10

They are back. The forces of **death** have returned to Albany, seeking to legalize **euthanasia**,
oops "**assisted suicide**" to further corrupt our medicine and morality via the proposed "**Medical Act in Dying**"
Act (A.995A/S.2445A). **And it is time for us**, the followers of the Gospel of Life, **to resist** with prayer,
advocacy, and charity. **Let's urge our state legislators**, Hon. Sarahana Shrestha (Assemblywoman) at
845/338-9610 and Hon. Michelle Hinchey (State Senator) at **845/331-3810**, to vote **NO** on this bill.

**LOOKING FOR YOUR HELP TO PLAN THE CELEBRATION OF
OUR 150TH ANNIVERSARY (JOINT PARISH) IN 2025**

After consulting with our Parish Council, Fr. Rojas is inviting **parishioners** to cooperate with the
planning and implementation of a **special milestone** being reached for our **combined** parish: 150 years of
Catholic presence on the Ulster side of the mid-Hudson River (Presentation, 1874, Sacred Heart, 1875).
We are aiming for **one joint Mass of Thanksgiving** on a Saturday afternoon **next June** at the **National
Shrine of Our Lady of the Hudson** to be followed by a celebratory dinner and memorialized in a journal.
As for the dinner, please approach **Mrs. Marilou Abramshe**, Chairman of the Dinner Team (tel. 914/582-
2864), if you are interested in that aspect. Fr. Rojas would like to establish **a team for the journal and
public relations** while he would like to focus mainly on the liturgical aspects of our celebration.

MORE about March 5th, Lenten Evening of Recollection

Due to the **great success** with our Byzantine theme last Lent, we aim to bring **more** Byzantine
spirituality and prayer on **Tuesday, March 5th at 7 p.m. at Sacred Heart Church**. Let's welcome **Rev. Fr.
Ihor Vorontsov** from St. Nicholas of Myra Byzantine Catholic Church (White Plains) to speak about "**A
Byzantine View of Lent through the Parable of the Prodigal Son**," followed by your questions, then by **a
taste of Byzantine prayer and chant**, and then by **confessions** downstairs available from Fr. Vorontsov.
Although there is **no charge** for admission, free will offerings would be most appreciated.

A FRIDAY IN LENT IS THE DAY FOR STATIONS OF THE CROSS

On **Fri., Feb. 16th** and proceeding through the Fridays of Lent until Holy Week, families as well as
persons of good will are invited **to walk across time and space with Our Lord** in the **Stations of the
Cross** devotions at Presentation Church **after** the 8 a.m. Mass and at Sacred Heart Church at **6:30 p.m.**

Getting our Priorities & Plans Straight for Feb. 14th

This year, Lent is starting on February 14th (**Ash Wednesday**). Regarding Saint Valentine's Day,
which falls on February 14th, the love of neighbor, even if one's spouse or boyfriend/girlfriend, **should
either spring from a higher love of God or lead to a greater love of God**. Let's treat our spouse or, *if
single*, our significant other of the *opposite* sex on **the day or night (Feb. 13th) before** Ash Wednesday,
which is feted as **Carnival or Fat Tuesday ("Mardi Gras"** in French) in New Orleans and many countries.

Mass schedule: 8 a.m. (Ordinary Form) and 11:30 a.m. (Extraordinary Form, with confessions
10:45-11:15) at **Sacred Heart**. 6:30 p.m. (Ordinary Form) at **Presentation**. Ash Wednesday is a **fast day**
(*i.e.*, one full meal and two smaller collations with nothing solid in between except for medicine) for all
Catholics **ages 18 to 59 inclusive**, although our elders and children are urged to make the sacrifice. **For
all Catholics age 14 and up**, this day too is a **day of abstinence** from **all meats** (e.g., beef, poultry, lamb,
veal, pork, venison, etc.) **and** all broths, soups, and sauces made from or with meat.

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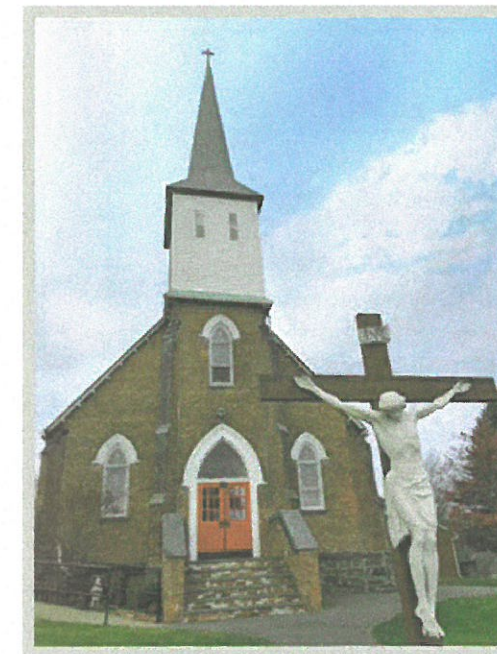
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Presentation of the Blessed Virgin Mary + Sacred Heart Parish



**PRESENTATION OF THE
BLESSED VIRGIN MARY**
P.O. Box 904, 209 Hoyt Street
Port Ewen, New York 12466
845-331-0053

Rev. Fr. Arthur F. Rojas
Pastor

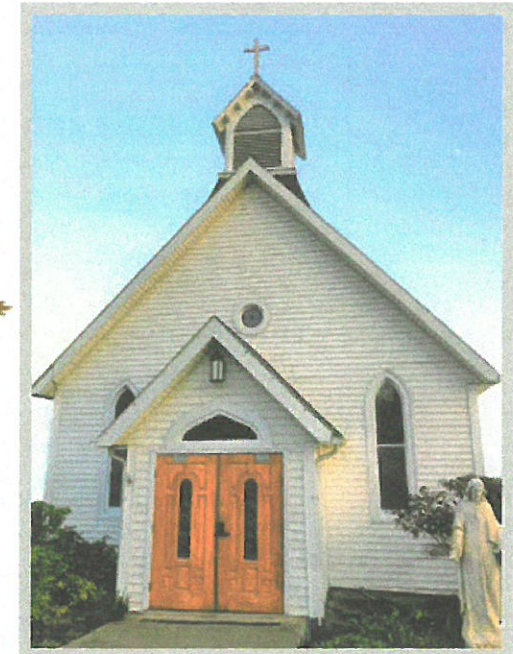
Rev. Fr. Marc K. Oliver
Retired/Sunday Associate

Deacon Timothy Dean

Mailing Address: P.O. Box 904,
Port Ewen, New York 12466

E-Mail: presentationsacredheart@presentationsacredheart.org

Website: presentationsacredheart.org



SACRED HEART
P.O. Box 200, 1055 Broadway
Esopus, New York 12429
845-384-6828

N.B. Parish Offices are
CLOSED on Mondays

Presentation: By prior appointment only
Sacred Heart: T/W 9 am - 4 pm

Sunday Masses

Presentation B.V.M.
Sunday: 9:00 AM

Sacred Heart
Saturday: 5:00 PM
Vigil Mass
Sunday: 11:30 AM
Extraordinary Form

Daily Mass

Sacred Heart
Tuesday, Wednesday: 8:00 AM

Presentation
Thursday, Friday &
Saturday: 8:00 AM

Holy Day Masses

See bulletin or Website.

Novena

Our Lady of Perpetual
Help during 8:00 AM
Mass on Wednesday.

Confessions

By Appointment or

At Sacred Heart

Saturday:
4:15 to 4:45 PM
Sunday:
10:45 to 11:15 PM

At Presentation

Sunday:
8:15 to 8:45 AM

Secretary

Ms. Zina Matera/ 845-384-6828
adminasstesopus@presentationsacredheart.org

Baptism

By appointment

Wedding

By appointment six months or more in advance.

R.C.I.A. (Rite of Christian Initiation for Adults)

By appointment with Deacon Timothy Dean

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Mission Statement: We profess the Apostle & Nicene Creeds as a community of Faith of the Roman Catholic Church.
All are welcome to worship and pray with us.