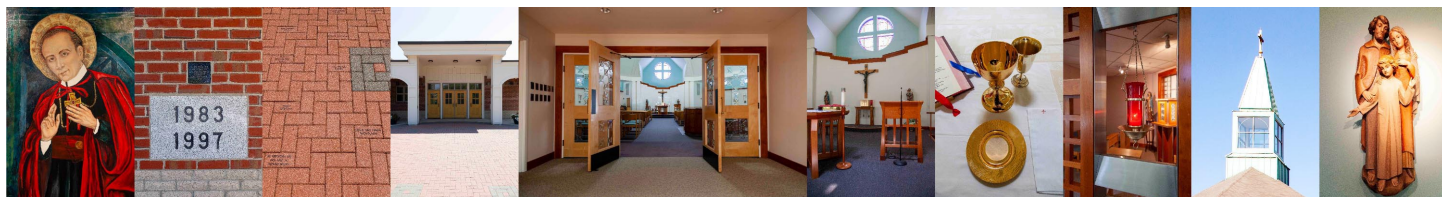


SAINT JOHN NEUMANN PARISH
708 Milford Rd (Rte 101A), Merrimack, NH 03054 — SJNNH.ORG



June 16, 2024
11th SUNDAY OF ORDINARY TIME
Fifth Sunday after Pentecost

Very Rev. Robert Glasgow, V.F.
Chaplain (LTC) USA (Ret.)
(603) 880-4689 x113, pastor@sjnnh.org

Deacon Brian Lester
deacon@sjnnh.org

Teri Schmitt
Office Manager
(603) 880-4689 x110, office@sjnnh.org

MASS SCHEDULE

Saturday (Anticipatory) 5:30 PM
Sunday 8:00 AM
Sunday 10:00 AM
Sunday 6:00 PM
Daily (Mon, Wed-Fri) 12:15 PM

CONFESSION

Saturday 4:00 PM - 5:00 PM
And before/after daily Mass, or by appointment.

BAPTISM

Parents must attend a Parent Baptism Class before the baptism of their child. The class is offered the first Sunday of each month following the 10:00 AM Mass.

MARRIAGE

Please contact the office at least six months prior to the wedding date. The diocese requires Marriage Prep.

**VISITS TO THE HOMEBOUND AND SICK,
ANointing OF THE SICK**

Please call the office to request home or hospital visitation.

RITE OF CHRISTIAN INITIATION

RCIA is the process of formation offered to those who seek to become Catholic. For information, please call the office.

FOURTEEN RULES

Strive to enter through the narrow gate. —Luke 13:24

The excerpt below is from St Ignatius of Loyola's (d. 1556) Spiritual Exercises. The first "14 Rules" (313–327) offer practical spiritual advice about dealing with desolation (that is, those times when we feel far from God and our spiritual vigor wanes). They assist in identifying the spiritual forces involved, whether from the Holy Spirit or from "the enemy of our human nature" (i.e., the world, the flesh, the devil). The "Eight Rules" which follow (328–336) are meant to help those firmly established in a spiritual life.

FIRST RULE. In the persons who go from mortal sin to mortal sin, the enemy is commonly used to propose to them apparent pleasures, making them imagine sensual delights and hold them more and make them grow in their vices and sins. In these persons the good spirit uses the opposite method, pricking them and biting their consciences through the process of reason.

SECOND RULE. In the persons who are going on intensely cleansing their sins and rising from good to better in the service of God our Lord, it is the method contrary to that in the first Rule, for then it is the way of the evil spirit to bite, sadden and put obstacles, disquieting with false reasons, that one may not go on; and it is proper to the good to give courage and strength, consolations, tears, inspirations and quiet, easing, and putting away all obstacles, that one may go on in well doing.

THIRD RULE. Of Spiritual Consolation. I call it consolation when some interior movement in the soul is caused, through which the soul comes to be inflamed with love of its Creator and Lord; and when it can in consequence love no created thing on the face of the earth in itself, but in the Creator of them all. Likewise, when it sheds tears that move to love of its Lord, whether out of sorrow for one's sins, or for the Passion of Christ our Lord, or because of other things directly connected with His service and praise. Finally, I call consolation every increase of hope, faith and charity, and all interior joy which calls and attracts to heavenly things and to the salvation of one's soul, quieting it and giving it peace in its Creator and Lord.

FOURTH RULE. Of Spiritual Desolation. I call desolation all the contrary of the third



rule, such as darkness of soul, disturbance in it, movement to things low and earthly, the unquiet of different agitations and temptations, moving to want of confidence, without hope, without love, when one finds oneself all lazy, tepid, sad, and as if separated from his Creator and Lord. Because, as consolation is contrary to desolation, in the same way the thoughts which come from consolation are contrary to the thoughts which come from desolation.

FIFTH RULE. In time of desolation never to make a change; but to be firm and constant in the resolutions and determination in which one was the day preceding such desolation, or in the determination in which he was in the preceding consolation. Because, as in consolation it is rather the good spirit who guides and counsels us, so in desolation it is the bad, with whose counsels we cannot take a course to decide rightly.

SIXTH RULE. Although in desolation we ought not to change our first resolutions, it is very helpful intensely to change ourselves against the same desolation, as by insisting more on prayer, meditation, on much examination, and by giving ourselves more scope in some suitable way of doing penance.

SEVENTH RULE. Let him who is in desolation consider how the Lord has left him in trial in his natural powers, in order to resist the different agitations and temptations of the enemy; since he can with the Divine help, which always remains to him, though he does not clearly perceive it: because the Lord has taken from him his great fervor, great love and intense grace, leaving him, however, grace enough for eternal salvation.

EIGHTH RULE. Let him who is in desolation labor to be in patience, which is contrary to the vexations which come to him: and let him think that he will soon be consoled, employing against the desolation the devices, as is said in the sixth Rule.

NINTH RULE. There are three principal reasons why we find ourselves desolate. The first is, because of our being tepid, lazy or negligent in our spiritual exercises; and so through our faults, spiritual consolation withdraws from us. The second, to try us and see how much we are and how much we let ourselves out in His service and praise without such great pay of consolation and great graces. The third, to give us true acquaintance and knowledge, that we may interiorly feel that it is not ours to get or keep great devotion, intense love, tears, or any other spiritual consolation, but that all is the gift and grace of God our Lord, and that we may not build a nest in a thing not ours, raising our intellect into some pride or vainglory, attributing to us devotion or the other things of the spiritual consolation.

TENTH RULE. Let him who is in consolation think how he will be in the desolation which will come after, taking new strength for then.

ELEVENTH RULE. Let him who is consoled see to humbling himself and lowering himself as much as he can, thinking how little he is able for in the time of desolation

without such grace or consolation. On the contrary, let him who is in desolation think that he can do much with the grace sufficient to resist all his enemies, taking strength in his Creator and Lord.

TWELFTH RULE. The enemy acts like a woman, in being weak against vigor and strong of will. Because, as it is the way of the woman when she is quarreling with some man to lose heart, taking flight when the man shows her much courage: and on the contrary, if the man, losing heart, begins to fly, the wrath, revenge, and ferocity of the woman is very great, and so without bounds; in the same manner, it is the way of the enemy to weaken and lose heart, his temptations taking flight, when the person who is exercising himself in spiritual things opposes a bold front against the temptations of the enemy, doing diametrically the opposite. And on the contrary, if the person who is exercising himself commences to have fear and lose heart in suffering the temptations, there is no beast so wild on the face of the earth as the enemy of human nature in following out his damnable intention with so great malice.

THIRTEENTH RULE. Likewise, he acts as a licentious lover in wanting to be secret and not revealed. For, as the licentious man who, speaking for an evil purpose, solicits a daughter of a good father or a wife of a good husband, wants his words and persuasions to be secret, and the contrary displeases him much, when the daughter reveals to her father or the wife to her husband his licentious words and depraved intention, because he easily gathers that he will not be able to succeed with the undertaking begun: in the same way, when the enemy of human nature brings his wiles and persuasions to the just soul, he wants and desires that they be received and kept in secret; but when one reveals them to his good Confessor or to another spiritual person that knows his deceits and evil ends, it is very grievous to him, because he gathers, from his manifest deceits being discovered, that he will not be able to succeed with his wickedness begun.

FOURTEENTH RULE. Likewise, he behaves as a chief bent on conquering and robbing what he desires: for, as a captain and chief of the army, pitching his camp, and looking at the forces or defenses of a stronghold, attacks it on the weakest side, in like manner the enemy of human nature, roaming about, looks in turn at all our virtues, theological, cardinal and moral; and where he finds us weakest and most in need for our eternal salvation, there he attacks us and aims at taking us.

WEEKLY CALENDAR

Jun 16, SUNDAY — 11th Week of Ordinary Time

8:00 AM | Sunday Mass

10:00 AM | Sunday Mass

6:00 PM | Sunday Mass

7:00 PM | Eucharistic Adoration

Jun 17, MONDAY

12:15 AM | Daily Mass

6:15 PM | Monday Women's Group

Jun 18, TUESDAY

7:00 PM | Scouts Meeting

Jun 19, WEDNESDAY — Juneteenth Holiday

9:30 AM | Knitting Group (meets every other Wednesday)

10:30 AM | "EPIC: The Early Church" Study

12:15 PM | *No Daily Mass

6:00 PM | "EPIC: The Early Church" Study

Jun 20, THURSDAY

9:00 AM | Day Away

10:00 AM | Thursday Women's Group

12:15 PM | Daily Mass

Jun 21, FRIDAY — St Aloysius Gonzaga

10:00 AM | Food Pantry

12:15 PM | Daily Mass

Jun 22, SATURDAY

8:30 AM | Men's Group

9:30 AM | Widow's Group (2nd Sat of month)

4:00 PM | Confession (until 5:00 PM)

5:30 PM | Anticipatory Sunday Mass

OFFERING

9 Jun '24 (10th Sunday Ordinary Time): \$12,152

THANK YOU for your generosity!

MASS INTENTIONS

Jun 15 (Sat), 5:30 PM	James Gallagher (req. by Tom & Cynthia Sullivan)
Jun 16 (Sun), 8:00 AM	Paul Goodridge (req. by Maureen Mooney)
Jun 16, 10:00 AM	Paul Super (req. by Denis & Claudette Odesse)
Jun 16, 6:00 PM	Gary Silva - LIVING INTENTION (req. by Adviges Silva)
Jun 17 (Mon), 12:15 PM	Carolyn Frarias (req. by Denis & Claudette Odesse)
Jun 19 (Wed), 12:15 PM	Holy Souls
Jun 20 (Thu), 12:15 PM	Anne-Marie Forest - LIVING INTENTION (req. by Judy Hardy)
Jun 21 (Fri), 12:15 PM	Joi and Elsie Pereira (req. by Emily Medeiros)
Jun 22 (Sat), 5:30 PM	Seth Porter (req. by Luke Family)
Jun 23 (Sun), 8:00 AM	Viola Snyder (req. by Maureen Mooney)
Jun 23, 10:00 AM	Maureen A. Barter (req. by Dr. Nancy Ota)
Jun 23, 6:00 PM	Gary Silva - LIVING INTENTION (req. by Adviges Silva)

The Code of Canon Law confirms the practice of offering Mass(es) for particular intentions is ancient: "The Christian faithful who give an offering to apply the Mass for their intention contribute to the good of the Church and by that offering share its concern to support

its ministers and works" (945 §2).

ANNOUNCEMENTS

TOTUS TUUS

For those entering
GRADES 1-6
July 8-12 (Mon-Fri)
9:00 AM to 3:00 PM

For those entering
GRADES 7-12
July 7-11 (Sun-Thu)
6:30-8:30 PM

Cost \$20

This Summer, the parish will host TOTUS TUUS, a Summer Catechetical Program, conducted by a team of four college-age teachers (2 men, 2 women) for youth entering Grades 1-6 and 7-12. The team will conduct a 5-day Catechetical Program similar to Vacation Bible School. The week will be filled with faith, fun, and friendship. There are messy games and crazy skits. Team members will provide an authentic Christian witness to the youth.

The mission of TOTUS TUUS is to inspire a true longing for holiness, the love of God. Translated from the Latin, TOTUS TUUS means "Totally Yours". It was Pope St John Paul's papal motto, and it signified his desire to give himself entirely to Jesus through Mary, the supreme model of faith and the love of God.

For more information or TO REGISTER, go to:

<https://sjnnh.org/totus-tuus-registration>

KNIGHTS OF COLUMBUS COUNCIL #10896



The two winners of the Fathers Day Raffle (\$50.00 Flying Butcher Gift Cards) are Stuart Bernard and Karen Harris. Congratulations! All funds raised go to support the Youth Activities, Scholarships, and the Food Pantry.

AN INVITATION FOR HIGH SCHOOL GIRLS

Join us to read and discuss the ENDOW STUDY: "CREATED FOR COMMUNITY", where we'll talk about who God calls us to be as women and what that looks like in our day to day lives. This is a great opportunity to grow in relationship with God and friends. **We will meet Sundays (June 30th-August 11th) from 11:00 AM-12:30 PM.** The group will be led by Elizabeth Bryson (a sophomore at Franciscan University) and Katie

Oslin. Cost is \$20. To sign up, email
cbryson@sjnnh.org

ANNUAL MISSION APPEAL

June 22-23, 2024

From the very beginning, the AUGUSTINIANS OF THE ASSUMPTION (ASSUMPTIONISTS) have been engaged in a wide variety of apostolic works.

All that advances the coming of the Reign of God has always been deemed worthy of our apostolic energy. It's a preference for poor, in response to the Gospel and to the Church calling us today to be on their side. For us too it's a consequence of our own vow to live as poor men.

Some will dedicate themselves full-time to this work: with marginalized people of every kind, in hospitals and in prisons, "worker priests" or volunteers in different organizations ... But all of us try to live in union with the poor, because "the poor will always be with us," because the poor are too often neglected even within the Church. This is a bias that the Assumption encourages. Our Province of North America and the Philippines is specifically responsible for the missions in East Africa (Kenya and Tanzania), Mexico and the Philippines. We provide personnel and financial assistance that is indispensable in order to maintain our charitable works (schools and nurseries) and formation programs for both laity and clergy in these countries. Many of our apostolates in these countries specifically work to better the living conditions of the impoverished brothers and sisters we live with and minister to. In the Philippines, we sponsor education and aid programs for underprivileged villages both in the Manila area and in other mission centers. Our newly founded parish in Orizaba, Veracruz Mexico ministers to an under-served indigenous community.

PARISH PRAYER LINE. To add someone, please contact Teri at the parish office: (603) 880-4689, tschmitt@sjnnh.org. PLEASE PRAY FOR:

Margaret. Noah. Soraia. Mark. Thanksgiving for Riley.
Margaret. Russ. Nate. Ginny. Jim & his mother. Dave. Joe.
Jen & Joe. Sue. Diane. Paul. Sue. Kathleen's
granddaughter. Jay. Sue. Joe. Tara. Russ. John. Doug.
Caitlin. Karen. Fran. Derrick. Jen. Lisa. Bob. Sue. Peg.
Paul. Mike & family. Larry. Steve. Jessica. Theresa. Nancy.
Mary. Joe. Maria. Ryan. Maria. All our priests. Eucharistic
Procession heading to Indianapolis. Holy Souls in
Purgatory. Those that have stepped away from the faith.
For vocations. All of our parishioners and their needs.

NEW HAMPSHIRE CATHOLIC APPEAL 2024

This past month we kicked off the annual **NEW HAMPSHIRE CATHOLIC APPEAL (NHCA)** an

initiative begun last year to help the Diocese expand essential services and ministries across New Hampshire. The Diocese has set our PARISH GOAL at \$47,000, essentially a tithe (10%) of our yearly revenue.



TO MAKE A GIFT:

Return the GIFT ENVELOPE distributed at Mass, or the one you may receive in the mail. Or, DONATE ONLINE at the [NHCA](https://www.catholicnh.org/nhca) website:

<https://www.catholicnh.org/nhca>

ONLINE *giving*

St John Neumann Parish offers ONLINE GIVING for families to easily give one-time as well as recurring donations. You can make a secure donation via Electronic Check or Debit/Credit Card by visiting the parish website <SJNNH.ORG> and scrolling to the bottom of the homepage and clicking on <ONLINE-DONATION>.

<https://sjnnh.org/online-donation>

PARISH *online*

WEBSITE: SJNNH.ORG

INSTAGRAM: [sjnmerrimack](#)

FACEBOOK: [St John Neumann-Merrimack](#)

SJN Staff

CLAIRE BRYSON – Children (K-5) and Family Ministry
cbryson@sjnnh.org | (603) 880-4689 x114

CHERI ANDERSEN – Adult Ministry
candersen@sjnnh.org | (603) 880-4689 x111

ARTIE CAREW – Music Ministry
music@sjnnh.org

CAROL HOPFENSPIRGER & EVELYN VERBECK
Outreach & Food Pantry
outreach@sjnnh.org | (603) 880-4689 x116

KATHY HOPKINS – Day Away (Thursday)
dayaway@sjnnh.org | (603) 880-4689

PARISH COUNCIL – Keith Faucher (President)
parishcouncil@sjnnh.org

FINANCE COMMITTEE – Bob Fregault (Chairman)

KNIGHTS OF COLUMBUS
kofc@sjnnh.org
Arvid Skogsholm (Grand Knight)