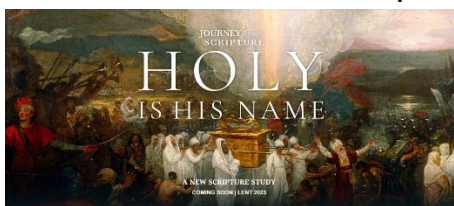


In addition to our in-person Lenten study (*see reverse page*), below are some other free options to consider for your Lenten journey this year...



### *Understand your relationship with holiness*

In [1 Peter 1:16](#), we're reminded of our call to holiness. *You shall be holy, for I am holy.* But what is holiness?

Join us in this new Bible study as Scott Hahn traces the meaning of holiness from its origins in Scripture to its appearance in our own lives today. Together, let's experience the transformative power of God's holiness.

Watch for free beginning Ash Wednesday, Feb 22

Sign Up Now: [stpaulcenter.com/](http://stpaulcenter.com/)



This series that can totally revolutionize the way you see and experience the world...and that's no exaggeration! Yes, abandonment is a topic that may challenge you on occasion (or even make you a bit nervous like me:).

But truly understanding what it means leads to a profound peace you can't find anywhere else. It changes everything.

**So click the button and sign up!**

**It's totally free!**

Sign up FREE at [ScienceOfSainthood.com](http://ScienceOfSainthood.com)

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## Or Daily Reflections (emailed to you)

**BEST LENT EVER®**

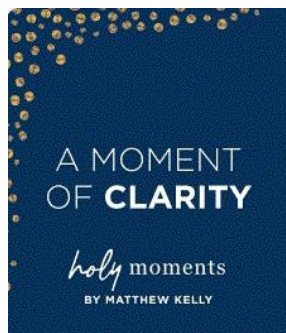
[by Dynamic Catholic](#)

### Two inspiring videos every day!

It only takes a handful of Holy Moments to flood your soul with joy and show you a new and exciting vision for the rest of your life. This Lent, you'll receive two free videos to help you unleash your power to collaborate with God.

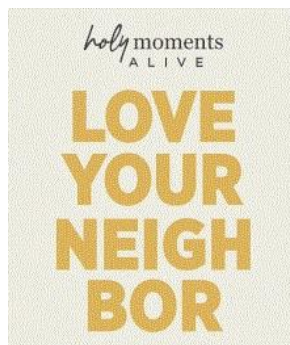
Every time you collaborate with God to create a Holy Moment...*the real you* emerges. Most people live and die without even scratching the surface of their potential. Don't let that be your story! Let Holy Moments reveal what the real you can do

Sign up today at [www.dynamiccatholic.com/lent](http://www.dynamiccatholic.com/lent)



### A Moment of Clarity

The key to the Best Lents Ever? Holy Moments. Watch Matthew Kelly daily as he shares a bit of Holy Moments wisdom to elevate our Lent... and your life



### Love Your Neighbor

Watch daily as Jack & Victoria create a Holy Moment with God using 40 pre-determined prompts. You'll be inspired to join in on the fun.

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You can also visit our SJN website, <https://sjnnh.org/lent>, to see Bishop Barron's weekly reflections