
TEACHING GUIDE

GETTING STARTED

To cover the basic information, follow along and craft the talk based off of the bullet points. If your youth are ready to take it deeper, start incorporating a few of the Going Deeper call out boxes, picking the ones your youth would relate to the most.



GOING DEEPER

Check inside these boxes for tips and ideas on how to take your youth a little deeper with the Proclaim.

THE HOLY SPIRIT IN THE PAST

- The Holy Spirit has been at work with the Father and the Son since the beginning of time, continues to work with them, and will work with them until the end of time. (CCC 702-704)
- The Holy Spirit is the fulfillment of the promise God made to Abraham that “through his descendents, all the nations will be blessed.” God promised all of the nations would be blessed with the Holy Spirit. As baptized Christians, we have received the same gift of the Holy Spirit. (CCC 705-706)
- The Holy Spirit was present in the Old Testament every time the people of God had an encounter with God or when any individual person came to see God in a new way. The Holy Spirit has the power to “enlighten our mind” and help us understand God better. (CCC 705-714)
- *Project an image of the Holy Spirit present with either John the Baptist or Mary.*
- Just before the coming of Christ, the Holy Spirit propelled John the Baptist to prepare people for Jesus’ coming as the Messiah. The Holy Spirit also prepared Mary to receive Jesus in her womb. (CCC 717-726)
- Jesus alluded to the Holy Spirit throughout His life and ministry — He even foretold the coming of the Holy Spirit at times — and everything He did was in union with the Holy Spirit and the whole Trinity. (CCC 727-728)
- Just before Christ died on the cross, He promised that the Holy Spirit would come to us to be with us forever to teach us, to remind us of what Christ said, and to help us bear witness to Him in the world. (CCC 729-730)

THE HOLY SPIRIT IN THE PRESENT DAY CHURCH

- *Project an image of Pentecost.*
- On Pentecost, the Holy Spirit filled the upper room where the apostles were with Mary, the Mother of God. The Holy Spirit came into the room like a rushing wind and rested like a flame over each of the heads of the apostles and Mary.

- They entered the room afraid but left filled with the power and confidence to share the Gospel. In fact, because of the apostles' preaching, many people became Christian that day. (Acts 2:1-5)
- In the 40 days after the Resurrection, Christ breathed on the disciples and gave them a mission telling them, "As the Father has sent me, even so I send you" (John 20:21).
- From that moment, the Church has been given the mission to live the Good News of Christ, to share the Gospel with the whole world, and to baptize in the name of the Father and of the Son and of the Holy Spirit. (Matthew 28:19-20)



GOING DEEPER

Point out Mary's special relationship with the Holy Spirit. The Holy Spirit was with her at the Annunciation, and she was present at Pentecost. Mary is called the "spouse of the Holy Spirit." Discuss with the youth how they can turn to Mary and ask for her help in growing in their relationship with the Holy Spirit.

- Ever since Pentecost, the Holy Spirit has been faithful to the Church, giving Christians the power to believe in Christ, witness to their faith, and evangelize. (CCC 735-737)
- The Holy Spirit gives us strength for this mission by bringing us into a deeper communion with God through the sacraments and the community of the Church. (CCC 733-736)

THE HOLY SPIRIT IN MY LIFE

- We do not have to wait until we are older, more mature, or stronger in our faith to experience the power of the Holy Spirit.
- If you are baptized, then the Holy Spirit is dwelling in you. That presence will be confirmed and strengthened through Confirmation, if you have not already been confirmed.
- *Bring up the winner from the rocket launch Gather game and ask him or her to launch the rocket again from the front of the room.*
- Just like our breath launched the rockets into the air, the Holy Spirit, the breath of God, wants to launch us into the mission of the Church now! In fact, the Church tells us, "time is in the Father's hands; it is in the present that we encounter God, not yesterday nor tomorrow, but today" (CCC 2659). (CCC 2659-2660)
- The Holy Spirit launches us into mission by first helping us pray. The Holy Spirit teaches us to pray and is a part of every movement of prayer. Because He is God, He is able to unite our prayer to the prayer of the Church and with the Father and the Son.
- We can simply pray, "come, Holy Spirit." The Church invites us to pray to the Spirit before and after every important action or event in our lives. (CCC 2670-2672)
- We are called to share our faith in the normal circumstances of our lives: at school, at home with our family, and with our friends.



- *Give the youth a few practical examples of how to do this, such as praying before tests at school, inviting friends to Mass and Edge, or talking with family members about what you are learning at Edge.*
- With the power of the Holy Spirit we can be united more closely to God, learn how to pray, and find strength to live out our mission to tell the whole world about Jesus.
- All we have to do is turn to the Holy Spirit, ask for His grace and power, and see Him move to help us to be a powerful witness of Christ.
- *End with a testimony from a Core Member about how the Holy Spirit has worked in his or her life.*

COME HOLY SPIRIT, FILL THE HEARTS OF YOUR FAITHFUL
AND KINDLE IN THEM THE FIRE OF YOUR LOVE.
SEND FORTH YOUR SPIRIT AND THEY SHALL BE CREATED.
AND YOU SHALL RENEW THE FACE OF THE EARTH.



COME HOLY SPIRIT PROJECTION

Project this image during the Gather for the youth to follow along with and pray. This projection can be found on the *August 2018 Edge USB* and online at lifeteen.com under Edge Support: *August 2018*.

MY RESPONSE TO THE HOLY SPIRIT

Begin with a short prayer asking the Holy Spirit to reveal to you the mission He has for your life. Then fill in the following with some ideas of what you can do in your daily life to follow the Holy Spirit.

How can I be more aware of the Holy Spirit or respond better to Him at home?

- _____

- _____

- _____

How can I be more aware of the Holy Spirit or respond better to Him at school?

- _____

- _____

- _____

How can I be more aware of the Holy Spirit or respond better to Him with my friends?

- _____

- _____

- _____

MY RESPONSE TO THE HOLY SPIRIT HANDOUT

Use this handout during the Break to help the youth see where the Holy Spirit is working in their lives. This handout can be found on the *August 2018 Edge USB* and online at lifeteen.com under Edge Support: *August 2018*.