

Advent Overnight Adoration 12:45 pm Dec 4th - 7 am Dec 5th

Want to give our Lord a gift this advent? Then give Him the gift of your time & love by intentionally making the time to spend an hour adoring Him exposed in the Blessed Sacrament. As Advent is the time we are called to "prepare the way for the coming of the Lord", we wanted to provide this opportunity to escape from the "hustle & bustle" of the worldly activities to stop, catch a breath and rest in His presence as we give Him the honor and praise He deserves during this season. And in this giving, we ourselves receive the peace & joy He desires to impart on us as we prepare to celebrate His nativity.

We need at least 2 people (preferably 3) for each hour so that Jesus exposed in the Blessed Sacrament on the altar is never left alone. Please make the choice to intentionally set aside a specific hour to spend with Him this advent and sign up in the narthex (under TV), online or email Cheri' at adult@sjnnh.org

First Thursday devotion to the Body & Blood of Christ in the Eucharist

Promise made to Blessed Alexandrina on 25th February of 1949

Requirements – for six consecutive first Thursdays

- Receive Holy Communion with sincerity and humility, fervor and love
- Pass one hour of worship, uniting their soul with Christ before the tabernacle
- Unite the pains of my Blessed Mother to the holy Wounds, and in their name ask for graces

Promises from Christ:

- 1. I promise to grant all requests if they are not a danger to their souls
- 2. At the moment of the death I will come to defend them, and bring my Blessed Mother with Me.

First Friday devotion to the Sacred Heart of Jesus

At the end of the 17th century Our Lord appeared to St. Margaret Mary Alocoque (1647-1690) and asked her to spread devotion to His Most Sacred Heart.

Requirements – on each first Friday for nine consecutive months:

- Attend Holy Mass
- Receive Communion
- Go to Confession
- Have the intention, at least implicitly, of making reparation to the Sacred Heart of Jesus for all the sinfulness and ingratitude of men.

Promises:

- 1. I will give them all of the graces necessary for their state of life.
- 2. I will establish peace in their homes.
- 3. I will comfort them in all their afflictions.
- 4. I will be their strength during life and above all during death.
- 5. I will bestow a large blessing upon all their undertakings.
- 6. Sinners shall find in My Heart the source and the infinite ocean of mercy.
- 7. Tepid souls shall grow fervent.
- 8. Fervent souls shall quickly mount to high perfection.
- 9. I will bless every place where a picture of my heart shall be set up and honored.
- 10. I will give to priests the gift of touching the most hardened hearts.
- 11. Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out.
- 12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant all to those who communicate on the First Friday in nine consecutive months the grace of final penitence; they shall not die in My disgrace nor without receiving their sacraments; My Divine Heart shall be their safe refuge in this last moment.