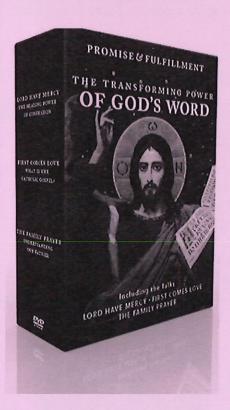


Will show the short 12-16 minute videos after 8 & 10am Masses each week

- November 23rd: videos 1 (13) & 2 (12 min)
- November 30th: video 3 (12 min) The Jesse Tree
- Off December 7th for St Nick Breakfast
- December 14th: video 4 (16 min) There's more to your Nativity Scene

Advent sometimes just feels like that time that is sandwiched between Thanksgiving and Christmas – life is hectic with Christmas shopping, parties, the school year ending, and so much more. But as Catholics – we really ought to enter into this season of joyful anticipation with purpose and intention! In How to Advent, we will discover the rich traditions that mark this season and how they aid us in preparing our hearts for the birth of the child Jesus at Christmas. Guided by priests, religious, professors, and a charismatic host, you will gain practical tips and spiritual reflection on the practices of the Advent calendar, Advent wreath, Jesse tree, and nativity scene.

As we prepare for the coming of our Lord, let us make ready our hearts and minds...



Join us after Saturday vigil or 12:15 Monday Masses as we look to Sacred Scripture with Dr. Scott Hahn to understand the big picture which sheds light on the most fundamental Catholic practices.

Lord Have Mercy
November 29/December 1 & December 6/8

First Comes Love
December 13/15 & 20/22

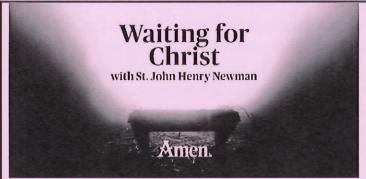
The Family Prayer
December 27/29 & January 3/5

Note: each talk is split in half & discussion follows – NO homework (& no cost)

For more information visit stpaulcenter.com/product/promise-fulfillment-the-transforming-power-of-gods-word/

Sign up in the narthex (sheet under tv) or contact Cheri' at adult@sjnnh.org to sign up





As Advent approaches, our days can easily fill with noise and hurry. Yet **the Church invites us to quiet ourselves**—to wait, to watch, and to find peace of heart.

Through Waiting for Christ, St. John Henry
Newman helps us rediscover the Prince of Peace.
His timeless sermons offer space to slow down,
reflect, and welcome the Lord with renewed hope and
joy.

Get notified each day when these Advent reflections release on Amen.



Advent begins November 30th.

Let *Amen* help you stay centered this season by sending short daily reminders to guide your contemplation with this special series

Daily Reflections (emailed to you)



by Dynamic Catholic

Your Invitation to Slow Down

It's supposed to be the most wonderful time of the year...so why do the days leading up to Christmas always feel stressful and chaotic? This Advent, choose to SLOW DOWN and rediscover true peace. Join Matthew Kelly and Catholics across America for BEST ADVENT EVER. Together we'll journey through *Slowing Down to the Speed of Joy* and learn how to slow down, reconnect with God, and take your Advent back from the tyrant we call busy.

Sign up today for free





Advent is a sacred time—a quiet invitation to slow down, listen, and prepare our hearts for Christ's coming.

This year, Bread invites you to join the 2025 Advent Challenge. This daily journey through Scripture, reflection, and prayer will help you rediscover the beauty of waiting with hope.

Each day you'll receive:

- Daily reflections rooted in Scripture
- Simple Advent practices to bring faith into your day
- A focus on Hope, Peace, Joy, and Love
- A deeper encounter with Christ in Word & Sacrament This Advent, don't just count down the days—make them count. Join us as we walk together through this sacred season and prepare room for Jesus in our hearts and homes.

Go here to take Bread's 2025 Advent Challenge: https://breadtobody.com/advent-signup-2025/

A 25-Day Journey to Prepare Your Heart for Christmas Embark on a powerful journey through *Rooted: Rediscover the Jesse Tree* with Dr. Scott Hefelfinger.

In just 7 minutes a day, explore Scripture, uncover the stories of Christ's ancestors, and experience meaningful Advent reflections that connect faith to your daily life.





