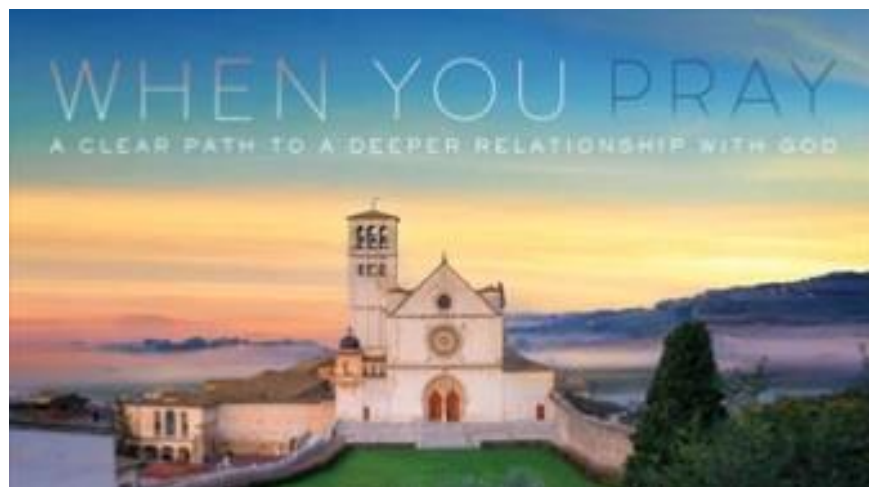


Cultivate a Rich and Lasting Prayer Life



Join us Wednesdays at 10:30am or 6pm
January 7th – February 25th

You know prayer is important but still find it challenging. Perhaps it's hard to find time, or you're unsure what to do when you pray. Or maybe you feel discouraged by your weaknesses and your inability to overcome them.

If you have any of these feelings, you are not alone. Many of the saints struggled in prayer. They were like us. But each time they fell, they got up again and learned to rely more on God's grace.

What God did in the lives of countless saints, he wants to do in the lives of ordinary people like us. And that's what this study is about: the journey of prayer God wants to take us on.

Authored and presented by Dr. Edward Sri, *When You Pray* also features Fr. Jacques Philippe, Fr. Josh Johnson, Fr. Gregory Pine, Sister Josephine Garrett, Fr. Donald Haggerty, and Sister Maris Stella.

Session 1 I Thirst

Session 5 The Living Flame of Love

Session 2 The Battle for Prayer

Session 6 In the World, Not of the World

Session 3 Trust & Surrender

Session 7 Radiating Christ

Session 4 Meeting God in the Valley

Parish cost is \$27 (+shipping); suggest \$20 donation to defray cost of printed study set
You can purchase one year online access to videos & eWorkbook for \$5.95 at [Ascensionpress.com](https://ascensionpress.com)

Register in narthex or online @ <https://sjnnh.org/afs-signup>

If you want study set on first night, ensure you sign up by December 15th

For more information go to SJN Adult Faith Formation website or
visit Ascension Press for preview of the video series

<https://ascensionpress.com/collections/when-you-pray-a-clear-path-to-a-deeper-relationship-with-god>

