



Leonardo Da Vinci, 1495: The Last Supper (Restored)

Adoration for First Thursdays Devotion

First Thursdays of each month are dedicated to Honor the Body and Blood of our Lord Jesus Christ. In support of this devotion, we will be having Exposition (Blessed Sacrament exposed in the monstrance on the altar) from 1 - 8 pm for Adoration each first Thursday starting in September (4th). To do this we need **at least 2** (preferably 3) people signed up for each hour. Please sign up in the narthex (under TV), email Cheri (adult@sjnnh.org) or [sign up online](#). Even if you aren't able to fulfill the full devotion as identified below, we hope you will still sign up to spend one hour each month adoring Christ in the Blessed Sacrament. Just as Christ asked His disciples after praying & agonizing in Gethsemane on Holy Thursday, ***"So, could you not watch with me one hour?" (Mt 26:40)***, He asks each of us also to join Him in prayer. If you cannot commit to every month but there is an hour you can sometimes attend, you can sign up as a **substitute** for that hour in case someone signed up needs to find someone to cover for them on occasion. This time of adoration will be in sacred silence with the exception of part of the final hour when Deacon Brian will lead liturgy of the hours along with benediction and reposition.

"Eucharistic adoration during a "Holy hour" on Thursdays was part of the revelations reported by Margaret Mary Alacoque. Pope Pius VI granted a plenary indulgence for those who would visit the Blessed Sacrament on the first Thursday of the month. Picpus Father Mateo Crawley-Boevey (1875-1960) promoted an at-home Holy Hour for those who couldn't make it to an oratory or chapel."

(Wikipedia)

"There was already at this time a long-standing first Thursdays devotion that involved praying the Respice, Domine ("Look down, O Lord"), a prayer attributed to Saint Cajetan. The prayer was to be said while kneeling before the Blessed Sacrament. A plenary indulgence was granted for the first Thursday in each month to all who would say it after confession and communion and pray for the needs of the Church. Partial indulgences were granted for saying the prayer at other times. Cajetan's prayer echoes Psalm 120, and was popular as a plea for help and protection in times of trouble." (Wikipedia)

Promise made to Blessed Alexandrina on 25th February of 1949:

"My daughter, my dear spouse, tell souls that I be loved and consoled, and that I desire reparation to be made to me in the Eucharist.

*In my name tell **all those who receive Holy Communion with sincerity and humility, fervor and love, for six consecutive first Thursdays, and pass one hour of worship, uniting their soul with Me before the tabernacle, that I promise Heaven. This is to honor my holy Wounds through the Eucharist, primarily that of my sacred shoulder so little remembered.***

Those who do this, who unite the pains of my Blessed Mother to the holy Wounds, and in their name ask for graces, be they spiritual or corporal, I promise to grant all requests if they are not a danger to their souls.

At the moment of the death I will come to defend them, and bring my Blessed Mother with Me."

(http://alexandrinabalasar.free.fr/first_thursdays.htm)

"So, could you not watch with me one hour?" (Mt 26:40)



Giuseppe Cesari: Agony in the garden (public domain work of art)