

Confirmation Service Journal

“Christ has no body on earth but yours,
No hands but yours, No feet but yours,
Yours are the feet with which He goes about doing good,
And yours are the hands with which He is to bless us now.” “St. Theresa of Avila”

Service projects Continue

Two Years of Preparation

Commitment for Journey

Service projects

Service projects

Christian Autobiography

Service projects

Choosing a Name for Confirmation

Choosing a Confirmation Sponsor

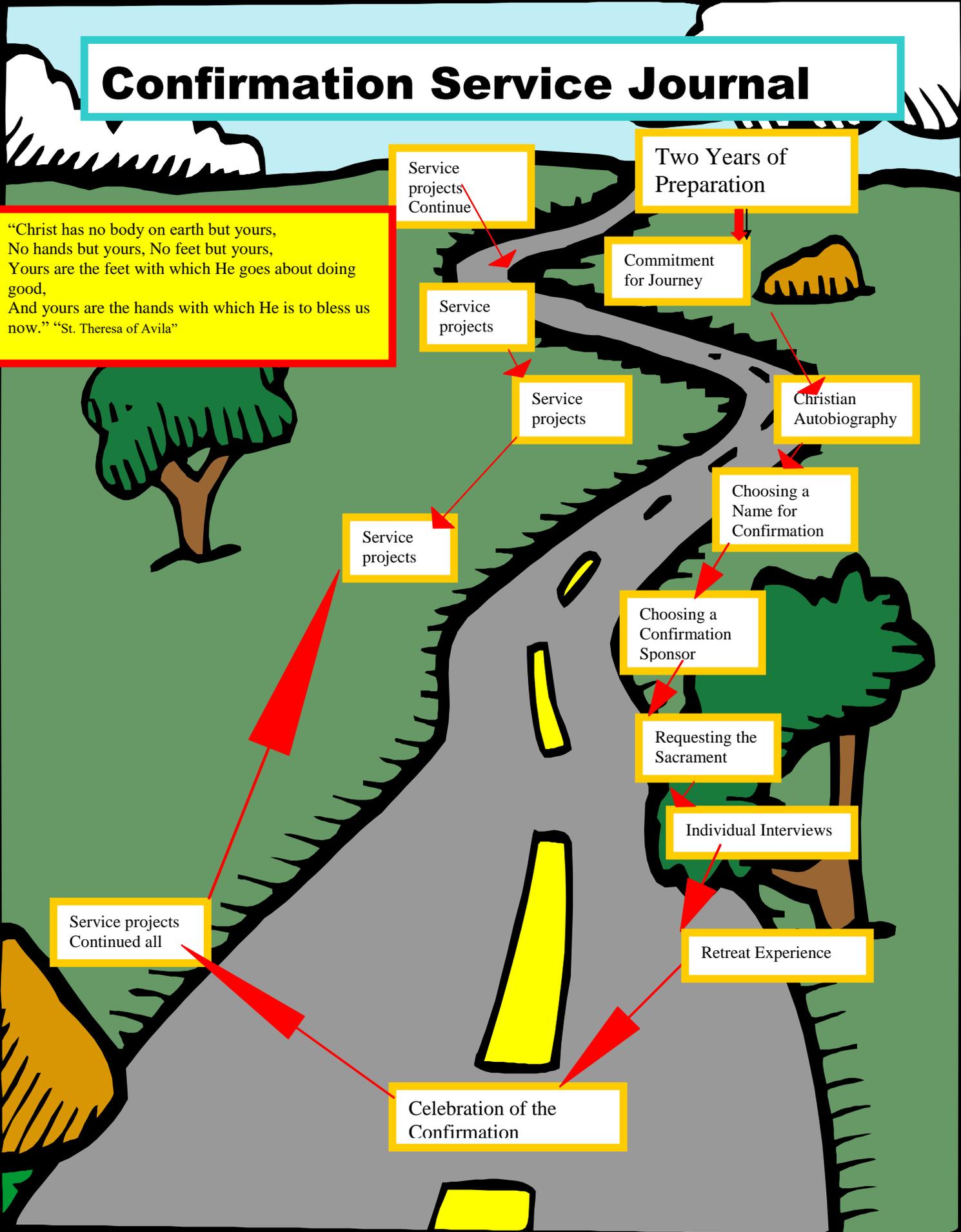
Requesting the Sacrament

Individual Interviews

Service projects Continued all

Retreat Experience

Celebration of the Confirmation



*Our Lady of Sorrows - St. Anthony
Office of Religious Education*

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Dear Confirmation Parents & Candidates,

The celebration of the Sacrament of Confirmation will soon be upon us! Preparation for this sacrament involves studying our beliefs as Catholics but accepting the responsibility to serve others in the name of Christ. Carrying out works of charity and service is a characteristic of a serious and mature disciple. We should see confirmation "service projects" as an introduction to a way of life rather than activities to "get over and done."

Our parish program invites you to give a **minimum of ten (10) hours of service** that are based on the spiritual and corporal works of mercy. It is our hope that every candidate for confirmation will look beyond the minimum requirement and seek to excel in good works.

We hope you will find this guide helpful. It contains suggestions for works of charity and service and a log for the works chosen. Once a service project is completed, we ask that each candidate **write a reflection** on his or her experience using the forms provided.

All projects should be completed by

June 2022

Sincerely,

Msgr. Thomas Gerwasia
Pastor

Mrs. Mariyam Francis
Director, Religious Education Program

Commitment to Service of God and Neighbor

Our charity to others is based upon the Word of God

Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father. Mt 5: 16

Whatever you did for the least brothers of mine, you did for me. Mt. 25: 40

I am here among you as one who serves. Lk: 22:27

This is my commandment, that you love one another as I have loved you. Jn 13: 34

In this is my Father glorified, that you bear much fruit and become my disciples. Jn 15: 8

“If I have...not charity, I am nothing.” 1 Cor 13;13

“As each one has received a gift, use it to serve one another. 1 Pt 4: 10

Our charity is exemplified by the lives of the saints

Whoever loves God loves his neighbor. St. Basil the Great

Let him show his love by his deeds. St. Francis of Assisi

At the end of our life we shall be judged by love. St. John of the Cross.

The noblest aspirations are worthless without good works. St. Therese of Lisieux

The Corporal Works of Mercy

To feed the hungry
To give drink to the thirsty
To clothe the naked
To shelter the homeless
To visit the sick
To visit the imprisoned
To bury the dead

The Spiritual Works of Mercy

To counsel the doubtful
To instruct the ignorant
To correct sinners
To comfort the afflicted
To forgive offenses
To bear wrongs patiently
To pray for the living and the dead

Confirmation Candidates are asked to select service projects which are geared to their own special talents and abilities. Candidates are expected to carry out a minimum of **ten (10) hours** of service. The service should be performed freely and willingly.

A few suggestions for Projects

- ❖ Visitation of the Sick and/or homebound
- ❖ Offering assistance to the Religious Education Program
- ❖ Assisting the elderly with household tasks
- ❖ Helping parish programs: e.g. Loaves & Fishes, Adopt a Family, the September Parish Picnic, parish office work
- ❖ Assisting your peers in special school projects / after hours
- ❖ Involvement in Special Olympics
- ❖ Assisting at Mount Carmel Guild or Catholic Charities

Before choosing a work of charity and service

- ❖ Pray to the Holy Spirit for guidance (see suggested prayers in guide)
- ❖ Reflect on the Scripture Readings (see suggestions in guide)
- ❖ Consider your talents and gifts
- ❖ Find out the needs of the people of your community
- ❖ Discuss your service project with your parents and sponsor

Works of charity and service are NOT

- ❖ Carried out with a negative attitude
- ❖ Participation at Mass on Sundays and Holy Days of Obligation
- ❖ It is one of the expected household chores
- ❖ One's regular school assignments
- ❖ Services for which one receives payment or compensation

Service Project Reflection Paper

Upon completion of the ten hours of required service, candidates are to write a reflection paper. It should describe with some detail, the experience of service. The statements on the sheet provided may be helpful.

Suggested Prayers to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful, and enkindle in us the fire of your love. Send forth your Spirit and we shall be created; and you will renew the face of the earth. O God, who did instruct the hearts of your faithful by the light of the Holy Spirit, grants us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen



Breathe into me, Holy Spirit, that my thoughts may all be holy. Move in me, Holy Spirit, that my work, too, may be holy. Attract my heart, Holy Spirit, that I may love only what is holy. Strengthen me, Holy Spirit, that I may defend all that is holy. Protect me, Holy Spirit, that I may always be holy. Amen.

Suggested Readings from Sacred Scripture

Luke 11:9-13

John 7:37-39

John 14:16-17

John 20: 22-23

Acts 1:8

Romans 5:5

Romans 8:9-11

Romans 8:14-16

Romans 8:26-28

Romans 15:13

1 Corinthians 2:10-16

1 Corinthians 3:16-17

1 Corinthians 6:19-20

1 Corinthians 12:12-26

2 Corinthians 3:17-18

Galatians 1:6-7

Ephesians 2:19-22

Ephesians 3:14-19

Ephesians 4:1-4

Ephesians 4:30-32

1 Thessalonians 5:16-19

2 Timothy 1:6-8

2 Timothy 1:13-14



Going the extra mile...Consider a Personal Evaluation

You may be surprised to discover your spiritual growth through the confirmation preparation process. Your study of the faith, increased prayer and works of charity and service can be transformative! Take some time to complete in writing the following statements at the beginning of your seventh grade year and then return to these statements at the end of the year. Notice any changes?

- ❖ Some of the ways that I pray are....
- ❖ Some of the reasons I pray are..
- ❖ When I say, "I believe in God" I mean...
- ❖ Some of the ways I experience the love of Jesus are...
- ❖ When I say, "I believe in the Holy Spirit", I mean...
- ❖ One thing that has happened in my life that convinces me that God is watching over me is...

- ❖ Three concrete ways that I will live my life for Christ are...
- ❖ I will serve others by...
- ❖ I will support my parish community by....
- ❖ I want my friends to know I am a practicing Catholic so I





A Reflection on My Work of Charity & Service

Name _____ Date _____

Project _____ No. of Hours _____

What was your attitude about doing this project before you participated?

Briefly describe the project and how you served

What did you learn from this experience? What did you like or not like about it?

Signature (Parent/Guardian or Sponsor)

Signature (catechists/Teacher/ supervisor)



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