

# Elementary School Breakfast Menu

## September 2025

"Eating good food helps you think and do your best." - Emma C, 1<sup>st</sup> Grade @ Roxborough Christian School

Menu is subject to change and a variety of low fat OR skim milk is offered daily. condiments offered daily. fruit & vegetable juices are 100% juice. grains are whole grain. All items are pork free.

| Monday                                                                                                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><br><b>HAPPY LABOR DAY</b>                                                                                                                                                                                                                           | <b>2</b><br><b>359</b> Honey Scooters<br>OR<br><b>133</b> Strawberry-Banana Yogurt & <b>922</b> Cinnamon Granola<br><br><b>670</b> Fresh Fruit<br><b>659</b> Watermelon Craisins<br>Pre-K: <b>341</b> Honey Bunches of Oats Crunch<br><b>387</b> Froot Loops BK Kit | <b>3</b><br><b>317</b> Confetti Mini Pancakes<br>OR<br><b>319</b> Orange Cranberry Muffin<br><br><b>670</b> Fresh Fruit<br><b>750</b> Apple Juice<br>Pre-K: <b>367</b> Cinnamon Raisin Bagel<br><b>387</b> Froot Loops BK Kit                           | <b>4</b><br><b>366</b> Blueberry Bagel<br>OR<br><b>329</b> Honey Cheerios Cup<br><br><b>670</b> Fresh Fruit<br><b>684</b> Strawberry Banana Applesauce<br>Pre-K: <b>339</b> Orange Cranberry Muffin<br><b>387</b> Froot Loops BK Kit                                                                                     | <b>5</b><br><b>328</b> Chocolate Chip Muffin<br>OR<br><b>364</b> Mini Cinni Pull-A-Part<br><br><b>670</b> Fresh Fruit<br><b>752</b> Fruit Punch Juice<br>Pre-K: <b>369</b> Trix Mini French Toast<br><b>387</b> Froot Loops BK Kit |
| <b>8</b><br><b>318</b> Cinnamon Mini Waffles<br>OR<br><b>324</b> Cocoa Puffs Cup<br><br><b>670</b> Fresh Fruit<br><b>752</b> Fruit Punch Juice<br>Pre-K: <b>331</b> Corn Muffin<br><b>385</b> Trix BK Kit                                                                                                                                         | <b>9</b><br><b>322</b> Blueberry Muffin<br>OR<br><b>307</b> Cherry Frudel<br><br><b>749</b> Apple Cherry Juice<br><b>654</b> Raspberry Lemonade Craisins<br>Pre-K: <b>366</b> Blueberry Bagel<br><b>385</b> Trix BK Kit                                             | <b>10</b><br><b>368</b> Wheat Bagel<br>OR<br><b>370</b> Cinnamon Toast Mini French Toast<br><br><b>670</b> Fresh Fruit<br><b>748</b> Grape Juice<br>Pre-K: <b>327</b> Maple Mini Waffles<br><b>385</b> Trix BK Kit                                      | <b>11</b><br><b>321</b> Banana Muffin<br>OR<br><b>333</b> Blueberry Chex Cup<br><br><b>750</b> Apple Juice<br><b>657</b> Strawberry Craisins<br>Pre-K: <b>332</b> Apple Cinnamon Muffin<br><b>385</b> Trix BK Kit<br>               | <b>12</b><br><b>351</b> Cinnamon Toast Crunch Bar<br>OR<br><b>365</b> Mini Cinni Caramel Pull-a-part<br><br><b>670</b> Fresh Fruit<br><b>748</b> Grape Juice<br>Pre-K: <b>345</b> Honey Scooters<br><b>385</b> Trix BK Kit                                                                                            |
| <b>15</b><br><b>311</b> Apple Jacks Pouch<br>OR<br><b>336</b> Apple Churro<br><br><b>750</b> Apple Juice<br><b>654</b> Raspberry Lemonade Craisins<br>Pre-K: <b>346</b> Cinnamon Toast Crunch<br><b>390</b> Chocolate Chip Muffin Kit                          | <b>16</b><br><b>316</b> Maple Mini Pancakes<br>OR<br><b>366</b> Blueberry Bagel<br><br><b>670</b> Fresh Fruit<br><b>752</b> Fruit Punch Juice<br>Pre-K: <b>369</b> Trix Mini French Toast<br><b>390</b> Chocolate Chip Muffin Kit                                   | <b>17</b><br><b>320</b> Corn Muffin<br>OR<br><b>334</b> Cinnamon Toast Crunch Cup<br><br><b>749</b> Apple Cherry Juice<br><b>697</b> Bagged Sliced Apples<br>Pre-K: <b>339</b> Orange Cranberry Muffin<br><b>390</b> Chocolate Chip Muffin Kit          | <b>18</b><br><b>327</b> Maple Mini Pancakes<br>OR<br><b>369</b> Trix Mini French Toast<br><br><b>748</b> Grape Juice<br><b>657</b> Strawberry Craisins<br>Pre-K: <b>341</b> Honey Bunches of Oats Crunch<br><b>390</b> Chocolate Chip Muffin Kit                                                                         | <b>19</b><br><b>367</b> Cinnamon Raisin Bagel<br>OR<br><b>323</b> Apple Cinnamon Muffin<br><br><b>670</b> Fresh Fruit<br><b>750</b> Apple Juice<br>Pre-K: <b>331</b> Corn Muffin<br><b>390</b> Chocolate Chip Muffin Kit                                                                                              |
| <b>22</b><br><b>370</b> Cinnamon Toast Mini French Toast<br>OR<br><b>364</b> Mini Cinni Pull-A-Part<br><br><b>752</b> Fruit Punch Juice<br><b>658</b> Cherry Craisins<br>Pre-K: <b>330</b> Blueberry Muffin<br><b>384</b> Cinnamon Toast Crunch Bar BK Kit<br> | <b>23</b><br><b>328</b> Chocolate Chip Muffin<br>OR<br><b>325</b> Cinnamon Chex Cup<br><br><b>749</b> Apple Cherry Juice<br><b>670</b> Fresh Fruit<br>Pre-K: <b>345</b> Honey Scooters<br><b>384</b> Cinnamon Toast Crunch Bar BK Kit                               | <b>24</b><br><b>368</b> Wheat Bagel<br>OR<br><b>262</b> Turkey Sausage Breakfast Pizza Bagel<br><br><b>748</b> Grape Juice<br><b>684</b> Strawberry Banana Applesauce<br>Pre-K: <b>347</b> Cinnamon Chex<br><b>384</b> Cinnamon Toast Crunch Bar BK Kit | <b>25</b><br><b>312</b> Fruit Loops Pouch<br>OR<br><b>329</b> Honey Cheerios Cup<br><br><b>670</b> Fresh Fruit<br><b>750</b> Apple Juice<br>Pre-K: <b>327</b> Maple Mini Waffles<br><b>384</b> Cinnamon Toast Crunch Bar BK Kit<br> | <b>26</b><br><b>367</b> Cinnamon Raisin Bagel<br>OR<br><b>321</b> Banana Muffin<br><br><b>752</b> Fruit Punch Juice<br><b>659</b> Watermelon Craisins<br>Pre-K: <b>332</b> Apple Cinnamon Muffin<br><b>384</b> Cinnamon Toast Crunch Bar BK Kit                                                                       |

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business.

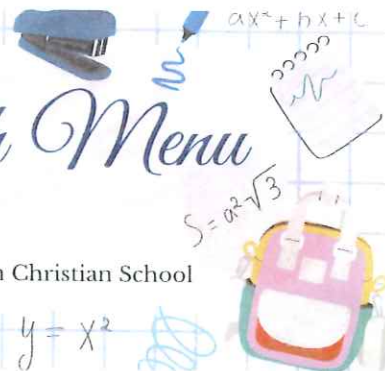




# Elementary School Hot Lunch Menu

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| Monday                                                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                              | Wednesday                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><br><b>HAPPY LABOR DAY</b>                                                                                                                                                                 | <b>2</b><br><b>255 Pizzaboli V</b><br>OR<br><b>215 Beef &amp; Cheese Taco Stick</b><br><br>620 Salsa<br>631 Cherry Star Veggie Juice<br>752 Fruit Punch Juice<br>941 Tostitos Scoops | <b>3</b><br><b>257 Mozzarella Sticks V</b><br>OR<br><b>256 Cheese Stuffed Breadsticks V</b><br><br>622 Marinara Sauce<br>630 Dragon Punch Veggie Juice<br>654 Raspberry Lemonade Craisins | <b>4</b><br><b>200 Hamburger</b><br>OR<br><b>220 Hot Dog</b><br>& 906 Hot Dog Bun<br><br>611 Bagged Baby Carrots<br>541 Chocolate Hummus<br>750 Apple Juice                                                                                                      | <b>5</b><br><b>268 French Bread Cheese Pizza V</b><br>OR<br><b>263 5" Round Cheese Pizza V</b><br><br>708 Spinach Salad w. Chickpeas<br><b>670 Fresh Fruit</b><br> |
| <b>8</b><br><b>284 Chicken Alfredo, Penne and Broccoli</b><br>OR<br><b>286 Penne w/Meat Sauce &amp; Italian Vegetables</b><br><br>630 Dragon Punch Veggie Juice<br>608 Tropical Fruit Cup                                                                                               | <b>9</b><br><b>208 Mini Corn Dogs</b><br>OR<br><b>212 Taco Triangles</b><br><br>611 Bagged Baby Carrots<br>543 Red Pepper Hummus<br>752 Fruit Punch Juice                            | <b>10</b><br><b>226 Philly Cheesesteak Pinwheel</b><br>OR<br><b>205 Popcorn Chicken</b><br><br>623 Tater Tots<br>631 Cherry Star Veggie Juice<br>670 Fresh Fruit                          | <b>11</b><br><b>264 4x6 Cheese Pizza V</b><br>OR<br><b>221 Two Cheese, Chicken Quesadilla</b><br><br>706 Spinach Salad w. Tomatoes<br>670 Fresh Fruit OR<br>682 Bananas<br> | <b>12</b><br><b>203 Mini Pepperoni Calzone &amp; 632 Wango Mango Veggie Juice</b><br>OR<br><b>283 Chicken Tenders &amp; Corn</b><br><br>546 Cheesy Pizza Hummus<br>685 Rosati "School S'cool" Water Ice<br>928 Pretzel Goldfish                       |
| <b>15</b><br><b>209 Taco Meat &amp; 941 Tostitos Scoops</b><br>OR<br><b>222 Sloppy Joe &amp; 915 Hamburger Buns</b><br><br>611 Bagged Baby Carrots<br>546 Cheesy Pizza Hummus<br>750 Apple Juice<br> | <b>16</b><br><b>269 Cheese Pizza V</b><br>OR<br><b>219 Turkey Pepperoni Pinwheel</b><br><br>702 Potato Smiles<br>670 Fresh Fruit                                                     | <b>17</b><br><b>207 Cheese Ravioli V</b><br>& 630 Dragon Punch Veggie Juice<br>OR<br><b>216 Spicy Taco Stick</b><br><br>621 Celery Sticks<br>670 Fresh Fruit                              | <b>18</b><br><b>204 Chicken Nuggets</b><br>OR<br><b>201 Cheeseburger</b><br><br>708 Spinach Salad w. Chickpeas<br>670 Fresh Fruit OR<br>682 Bananas                                                                                                              | <b>19</b><br><b>256 Cheese Stuffed Breadsticks V</b><br>OR<br><b>268 French Bread Cheese Pizza V</b><br><br>622 Marinara Sauce<br>631 Cherry Star Veggie Juice<br>659 Watermelon Craisins                                                             |
| <b>22</b><br><b>251 Grilled Cheese V</b><br>OR<br><b>208 Mini Corn Dogs</b><br><br>630 Dragon Punch Veggie Juice<br>543 Red Pepper Hummus<br>670 Fresh Fruit<br>937 Apple Cinnamon Bear Grahams<br>  | <b>23</b><br><b>270 Pepperoni Calzone</b><br>OR<br><b>200 Hamburger</b><br><br>611 Bagged Baby Carrots<br>541 Chocolate Hummus<br>750 Apple Juice                                    | <b>24</b><br><b>220 Hot Dog &amp; 906 Hot Dog Bun</b><br>OR<br><b>206 Fresh Toast w. Sausage</b><br><br>702 Potato Smiles<br>697 Bagged Sliced Apples                                     | <b>25</b><br><b>263 5" Round Cheese Pizza V</b><br>OR<br><b>255 Pizzaboli V</b><br><br>706 Spinach Salad w. Tomatoes<br>670 Fresh Fruit OR<br>682 Bananas<br>               | <b>26</b><br><b>225 Ciabatta Cheese Melt Sandwich V</b><br>OR<br><b>257 Mozzarella Sticks V</b><br><br>622 Marinara Cup<br>632 Wango Mango Veggie Juice<br>670 Fresh Fruit                                                                            |

V= Vegetarian Options

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