



Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
29 284 Chicken Alfredo, Penne and Broccoli OR 273 Swedish Meatballs, Noodles and Broccoli & 118 String Cheese 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice 909 Dinner Rolls	30 280 Beef Burger w/ Green Beans & 915 Hamburger Buns OR 286 Penne w/ Meat Sauce & Italian Veggies & 909 Dinner Rolls 631 Cherry Star Veggie Juice 670 Fresh Fruit	1 205 Popcorn Chicken OR 207 Cheese Ravioli ✓ 611 Bagged Baby Carrots 543 Red Pepper Hummus 659 Watermelon Craisins 928 Pretzel Goldfish	2 269 Cheese Pizza Calzone & 622 Marinara Cup OR 264 4x6 Cheese Pizza ✓ 708 Spinach Salad w. Chickpeas 648 Strawberry Gel Cup 	3 204 Chicken Nuggets & 932 Cinnamon Scooby Snacks OR 222 Sloppy Joes & 915 Wheat Hamburger Buns 623 Tater Tots 630 Dragon Punch Veggie Juice 670 Fresh Fruit
6 212 Taco Triangles OR 256 Cheese Stuffed Breadsticks ✓ 622 Marinara Sauce 630 Dragon Punch Veggie Juice 684 Strawberry Banana Applesauce	7 208 Mini Corn Dogs OR 203 Mini Pepperoni Calzone 611 Bagged Baby Carrots 541 Chocolate Hummus 749 Apple Cherry Juice	8 215 Beef & Cheese Taco Stick OR 221 Two Cheese, Chicken Quesadilla 620 Salsa 631 Cherry Star Veggie Juice 670 Fresh Fruit	9 226 Philly Steak & Cheese Pinwheel OR 268 French Bread Cheese Pizza ✓ 706 Spinach Salad w. Tomatoes 657 Strawberry Craisins	10 225 Ciabatta Cheese Melt Sandwich ✓ OR 220 Hot Dog & 906 Hot Dog Buns 623 Tater Tots 546 Cheesy Pizza Hummus 752 Fruit Punch Juice 928 Pretzel Goldfish
13 204 Chicken Nuggets & 928 Pretzel Goldfish OR 206 French Toast w/ Turkey Sausage 623 Tater Tots 634 Ruby Rusher Veggie Juice 752 Fruit Punch Juice 	14 225 Ciabatta Cheese Melt Sandwich ✓ OR 215 Beef & Cheese Taco Stick 620 Salsa 631 Cherry Star Veggie Juice 658 Cherry Craisins 941 Tostitos Scoops	15 256 Cheese Stuffed Breadsticks ✓ OR 257 Mozzarella Sticks ✓ 622 Marinara Sauce 630 Dragon Punch Veggie Juice 654 Raspberry Lemonade Craisins	16 220 Hot Dog & 906 Hot Dog Buns OR 200 Hamburger 611 Bagged Baby Carrots 541 Chocolate Hummus 670 Fresh Fruit OR 682 Bananas 	17 263 5" Round Cheese Pizza ✓ OR 268 French Bread Cheese Pizza ✓ 708 Spinach Salad w. Chickpeas 670 Fresh Fruit
20 284 Chicken Alfredo, Penne and Broccoli OR 286 Penne w/ Meat Sauce & Italian Veggies 630 Dragon Punch Veggie Juice 608 Tropical Fruit Cup	21 208 Mini Corn Dogs OR 212 Taco Triangles 611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice	22 226 Philly Steak & Cheese Pinwheel OR 205 Popcorn Chicken 623 Tater Tots 631 Cherry Star Veggie Juice 670 Fresh Fruit	23 264 4x6 Cheese Pizza ✓ OR 221 Two Cheese Chicken Quesadilla 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	24 203 Mini Pepperoni Calzone & 632 Wango Mango Veggie Juice OR 283 Chicken Tenders & Corn 546 Cheesy Pizza Hummus 685 Rosati "School S'cool" Ice 928 Pretzel Goldfish
27 209 Taco Meat & 941 Tostitos Scoops OR 222 Sloppy Joes & 915 Hamburger Buns 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 750 Apple Juice	28 269 Cheese Pizza Calzone ✓ OR 219 Turkey Pepperoni Pinwheel 702 Potato Smiles 670 Fresh Fruit	29 216 Spicy Taco Stick OR 207 Cheese Ravioli ✓ & 630 Dragon Punch Veggie Juice & 909 Dinner Rolls 621 Celery Sticks 670 Fresh Fruit	30 204 Chicken Nuggets OR 201 Cheeseburger 708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas 447 Mott's Apple White Grape	31 256 Cheese Stuffed Breadsticks ✓ OR 268 French Bread Cheese Pizza ✓ 631 Cherry Star Veggie Juice 622 Marinara Sauce 686 Rosati "Hero" Ice 993 Holiday Cookie 

✓ = Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St. Philadelphia, PA 19103
215-895-3470, option 1



Elementary School Breakfast Menu

October 2025

"Arrgh, Matey!" A healthy plate is a treasure."- Emily G. 2nd Grade @ St. Laurentius

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Monday	Tuesday	Wednesday	Thursday	Friday
29 312 Fruit Loops Pouch OR 315 Apple Cinnamon Texas Toast 748 Grape Juice 670 Fresh Fruit Pre-K: 346 Cinnamon Toast Crunch 382 Cinnamon Toast Crunch Bar BK Kit	30 367 Cinnamon Raisin Bagel OR 328 Chocolate Chip Muffin 749 Apple Cherry Juice 648 Strawberry Gel Cup Pre-K: 335 Banana Muffin 382 Cinnamon Toast Crunch Bar BK Kit	1 307 Cherry Frudel OR 364 Mini Cinni Pull-A-Part 750 Apple Juice 688 Orange Mango Applesauce 327 Maple Mini Waffles 382 Cinnamon Toast Crunch Bar BK Kit	2 317 Confetti Mini Pancakes OR 138 Blueberry Yogurt & 922 Cinnamon Granola 753 Orange Juice 659 Watermelon Craisins Pre-K: 341 Honey Bunches of Oats Crunch 382 Cinnamon Toast Crunch Bar BK Kit	3 320 Corn Muffin OR 364 Mini Cinni Pull-A-Part 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 367 Cinnamon Raisin Bagel 382 Cinnamon Toast Crunch Bar BK Kit
6 367 Cinnamon Raisin Bagel OR 334 Cinnamon Toast Crunch Cup 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 332 Apple Cinnamon Muffin 383 Cheerios Cereal Bar Kit	7 320 Corn Muffin OR 316 Maple Mini Pancakes 657 Strawberry Craisins 670 Fresh Fruit Pre-K: 369 Trix Mini French Toast 383 Cheerios Cereal Bar BK Kit	8 327 Maple Mini Waffles OR 325 Cinnamon Chex Cup 670 Fresh Fruit 748 Grape Juice Pre-K: 331 Corn Muffin 383 Cheerios Cereal Bar BK Kit	9 323 Apple Cinnamon Muffin OR 311 Apple Jacks Pouch 670 Fresh Fruit 684 Strawberry Banana Applesauce Pre-K: 344 Blueberry Chex 383 Cheerios Cereal Bar BK Kit	10 306 Apple Baked Frudle OR 369 Trix Mini French Toast 750 Apple Juice 649 Orange Gel Cup Pre-K: 345 Honey Scooters 383 Cheerios Cereal Bar BK Kit
13 359 Honey Scooters OR 133 Strawberry-Banana Yogurt & 922 Cinnamon Granola 670 Fresh Fruit 659 Watermelon Craisins Pre-K: 368 Wheat Bagel 387 Froot Loops BK Kit	14 317 Confetti Mini Pancakes OR 319 Orange Cranberry Muffin 670 Fresh Fruit 750 Apple Juice Pre-K: 330 Blueberry Muffin 387 Froot Loops BK Kit	15 366 Blueberry Bagel OR 329 Honey Cheerios Cup 670 Fresh Fruit 684 Strawberry Banana Applesauce Pre-K: 327 Maple Mini Waffles 387 Froot Loops BK Kit	16 328 Chocolate Chip Muffin OR 364 Mini Cinni Pull-A-Part 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 346 Cinnamon Toast Crunch 387 Froot Loops BK Kit	17 368 Wheat Bagel OR 370 Cinnamon Toast Mini French Toast 670 Fresh Fruit 656 Craisins Pre-K: 335 Banana Muffin 387 Froot Loops BK Kit
20 318 Cinnamon Mini Waffles OR 324 Cocoa Puffs Cup 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 369 Trix Mini French Toast 385 Trix BK Kit	21 322 Blueberry Muffin OR 307 Cherry Frudel 749 Apple Cherry Juice 654 Raspberry Lemonade Craisins Pre-K: 345 Honey Scooters 385 Trix BK Kit	22 368 Wheat Bagel OR 370 Cinnamon Toast Mini French Toast 670 Fresh Fruit 748 Grape Juice Pre-K: 331 Corn Muffin 385 Trix BK Kit	23 321 Banana Muffin OR 333 Blueberry Chex Cup 750 Apple Juice 608 Tropical Fruit Cup Pre-K: 347 Cinnamon Chex 385 Trix BK Kit	24 351 Cinnamon Toast Crunch Bar OR 365 Mini Cinni Caramel Pull-a-part 670 Fresh Fruit 748 Grape Juice Pre-K: 366 Blueberry Bagel 385 Trix BK Kit
27 311 Apple Jacks Pouch OR 336 Apple Churro 750 Apple Juice 654 Raspberry Lemonade Craisins Pre-K: 346 Cinnamon Toast Crunch 381 Chocolate Cherry Granola Kit	28 316 Maple Mini Pancakes OR 366 Blueberry Bagel 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 332 Apple Cinnamon Muffin 381 Chocolate Cherry Granola Kit	29 320 Corn Muffin OR 334 Cinnamon Toast Crunch Cup 749 Apple Cherry Juice 697 Bagged Sliced Apples Pre-K: 343 Rice Chex 381 Chocolate Cherry Granola Kit	30 327 Maple Mini Pancakes OR 369 Trix Mini French Toast 748 Grape Juice 657 Strawberry Craisins Pre-K: 330 Blueberry Muffin 381 Chocolate Cherry Granola Kit	31 367 Cinnamon Raisin Bagel OR 323 Apple Cinnamon Muffin 670 Fresh Fruit 750 Apple Juice Pre-K: 327 Maple Mini Waffles 381 Chocolate Cherry Granola Kit

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