



Holy Spirit Parish  
227 Third St.  
Two Harbors, MN

St. Mary's Parish  
57 Horn Blvd.  
Silver Bay, MN



WELCOME TO THE PARISHES OF  
**HOLY SPIRIT & ST MARY'S**

First Sunday of Lent | March 1, 2020



**1<sup>ST</sup> SUNDAY OF LENT**

Then the devil took Jesus up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." - Mt 4:8-9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**SACRAMENTS OF MARRIAGE, BAPTISM, ANOINTING OF THE SICK:**  
Please contact your parish office.

**BULLETIN SUBMISSION DEADLINE:**

Bulletin Announcements must be submitted to your parish office  
before 4:30 pm on Mondays.

**HOLY SPIRIT PARISH**

**Mass Schedule**

Saturday: 4:30 pm  
Sunday: 11:00 am

**Confession Schedule**

Friday: 7:30 - 8:00 am  
Saturday: 3:30 - 4:15 pm  
Or by appointment.

**Eucharistic Adoration:** Fridays 9:00 am - 12:00 pm

**Holy Spirit Office Hours:**

**1:00 pm - 5:00 pm Monday - Thursday**  
**7:00 am - 11:00 am Friday**  
Office is located in parish basement.

Office ..... (218) 834-4659  
Office E-mail..... hspirit@outlook.com  
Rectory ..... (218) 834-4313  
Parish Website..... www.holyspiritwoharbors.org  
Liturgy & Parish Life Coordinator ..... (218) 834-4659  
cassi.beamer@duluthcatholic.org  
Director of Religious Education..... (218) 226-3100  
Deacon Tim Egan..... (218) 349-9175  
Deacon Scott Peters..... (218) 834-2543  
Prayer Intentions ..... (218) 834-4659  
Birthright..... (800) 550-4900

**ST. MARY'S PARISH**

**Mass Schedule**

Saturday: 7:15 pm  
Sunday: 8:30 am

**Confession Schedule**

Saturday: 6:30 - 7:00 pm  
Sunday: 7:50 - 8:15 am  
Or by appointment.

**Eucharistic Adoration:** Wednesdays 9:00 am - 3:00 pm

**St. Mary's Office Hours:**

**8:00 am - 2:00 pm Monday - Thursday**  
Office is located in St. Mary's Rectory.

Office/Rectory..... (218) 226-3100  
Church Hall ..... (218) 226-3691  
Parish E-mail..... stmarysilverbay@outlook.com  
Parish Website..... www.stmarysilverbay.org  
Deacon Fred Wright..... (218) 220-1790  
Deacon Jack Ferris (Retired).....(218) 226-4753  
Father Michael Lyons (in Residence) (218) 830-1600  
mjlyons16@gmail.com  
Prayer Chain..... (218) 226-3639 or (218) 226-4662

**Pastor: Rev. Steven Laflamme**

**(218) 834-4313**

**fr.steven.laflamme@duluthcatholic.org**

## Parish News:

### Soup Supper & Stations of the Cross

Join us on Fridays during Lent for an opportunity to feed your body and soul. **Soup served 4:45 - 5:30 pm**, followed by **Stations at 5:45 pm**. Donations to Operation Rice Bowl will be accepted during the soup supper. This is just another great opportunity to enrich your Lenten season.

**Thank you to our volunteer cooks for providing these delicious soups!!**

### Our Catholic Faith is so BIG & so RICH!!

We are very blessed to have this amazing opportunity to grow in that Faith together during our **Adult Faith Formation**. We will meet **next on Wednesday, March 4**, dinner & fellowship at **6 pm**, followed by class at 6:30 pm. God gives each of us different gifts and experiences that help us on our faith Journey. By coming together, we learn so much from each other. *We want to encourage everyone to join us!!* Child care is available.

### Knights of Columbus Pancake Breakfast

Please plan to attend our next Pancake Breakfast on **Sunday, March 8**. Free will donation accepted. The proceeds for this breakfast will go to the Silver Bay Food Shelf.



### Friday Youth Bible Study for All Ages

Join us **Friday mornings at 9 am**. Our study will be focusing on the readings for the upcoming weekend. Parents are welcome to join us too. If you have questions, contact Cindy at 220-1582 or Jeff at 220-9720.

### Encounter Lent through CRS Rice Bowl

Pick up your family's CRS Rice Bowl from the back of the church. Visit [crsricebowl.org](http://crsricebowl.org) for great resources.

### Bible Study

We will begin a new study for Lent this **Sunday, March 1**. We will be combining two resources - a 3-part study booklet *Lent: Season of Transformation* and a 5-part video series *Greater Love: A Biblical Walk Through Christ's Passion*. These combined studies will explore three key moments in Jesus' life and ministry and guide us through the last hours of His life. We hope you will join us during this Lenten season of transformation, as we focus on God's love for us and strive to turn back to Him with our whole hearts. We meet **Sunday evenings at 6 pm** in the Social Hall.

### Family Faith Formation

We meet this **Wednesday, March 4 at 6 pm**. We will start with dinner at 6 pm, followed by classes at 6:30 pm. Everyone is welcome to join us.

## Please Keep These People In Your Prayers

- † **Parishioners:** Sanford Anderson, Joe & Elaine Rollins, Greta Stefanich, Lino Rauzi, Ed Hynes, Marge Swindlehurst, Dolly Harris, Jerry Downey, Richard Smach, Deanna Larson, Mary Ann Stebbins, Leanne Buell, Elwood Youngberg, Ted Youngberg, Lois Larson.
- † **Clergy:** Deacon Fred Wright.
- † **Relatives & Friends:** Mark Otterblad, Bob Michna, Bob Manor, Crecentia Wolkenhauer, Brad Rude, Justin Bullis, Karl Norman, Trent Thompson, Wyatt Parker, Andy McBride, Mike Hartfiel, Johnny Jerabek, Jerry Pybas, Brad Hove, Dan Moudry, John Grahek Jr.
- † **Military:** Logan Scallen, Todd Curry, John Ferguson, Karen McGrane, Michael Seipke, Chris Gensing, Sean Stebbins, Sam Andrus, Kris Topp.

## Dynamic Catholic Lenten Resources

Enroll in the daily Lenten video program by going to [dynamiccatholic.com/best-lent-ever](http://dynamiccatholic.com/best-lent-ever). These videos will help you see amazing possibilities. There are journals at the back of the church to guide you through these daily reflections.

Plus, don't forget about all the Dynamic Catholic books and CDs.

## FORMED.org Lenten Resources

### Daily Lenten Reflections:

Receive short, daily videos from Scripture scholar Dr. Tim Gray straight to your inbox every morning. Learn how to fully invite Christ in each and every moment in your life

### Let's Learn about Lent (for kids)

Join Brother Francis in this compact presentation of what Lent is all about and how we observe it as Catholics. Great for the whole family!

### A Lent to Remember

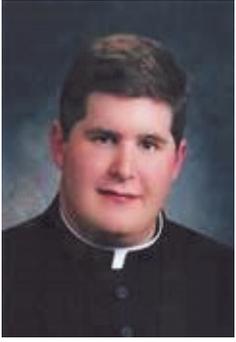
Explore the ways God reaches out to each of us with his mercy. He invites each one of us to come experience his indescribable love this Lent.

### New to FORMED? It's Easy and FREE to Register.

- ⇒ Visit [FORMED.org](http://FORMED.org)
- ⇒ Click Sign Up
- ⇒ Select "I Belong to a Parish or Organization"
- ⇒ Find our parish by entering St. Mary or 55614
- ⇒ Enter your email

Now, you're all set to enjoy the engaging and inspiring content for all ages on FORMED.

## *From the Desk of Father Steve: Entering into the Holy Season of Lent*



*“Let us remember that love lives through sacrifice and is nourished by giving. Without sacrifice, there is no love.”*

*-St. Maximilian Kolbe (d. 1941 AD)*

This weekend, we celebrate the First Sunday of a new Lenten season, and with it comes frequent reminders for us that Lent is meant to be a time of penance, especially by exercising the traditional three acts of penance- prayer, fasting and almsgiving. In other words, Lent is a time for us to increase our acts of sacrifice for the glory of God and for the benefit of those around us. But perhaps we wonder- why so much emphasis on sacrifice? Isn't that a bit morbid and old fashioned? After all, Jesus already died for us and rose again- why should we focus on His suffering and why should we carry out acts of self-sacrifice and penance?

These are good questions, and ones that I believe the culture around us often wonders about us Catholics- why are Catholics so focused on sacrifice, penance and sin? Well, of course, the reality is that we are not solely focused on those things. In fact, I would argue that Catholics know how to really celebrate a whole lot better than the secular world around us does! For example, we celebrate Christmas not just for one day but for a whole season of several weeks. And yes, while we do carry out penance and sacrifice during Lent, the celebratory season of Easter is **longer** than the season of Lent!

However, I also think that one of the serious shortcomings of our modern society is that we are unwilling to consider and honestly discuss personal sins and their often serious ramifications for our relationship with God and others. Part of this is because our society is overwhelmingly relativistic in its moral outlook. The prevailing idea in our society is that good and evil are not objective realities but rather are up to each person to decide for themselves. Our world says, “If you think a certain action or behavior is good, and you want to do it, then do it. It's not wrong, and it's certainly not sinful.”

For this reason, discussions about our sinfulness are unpopular, and not just in society, but even sometimes among Catholics. We may hear things like, “we shouldn't focus on sin; God is love- let's focus on the positive.” Now, it's true of course that God is love, and that through the suffering, death and resurrection of Jesus, our sins can be forgiven. And certainly, we ought not to solely focus on our sinfulness such that we either become scrupulous or are tempted to despair. God's mercy is infinitely greater than our sin!

But, to not take our sins seriously and to avoid discussing them or being open to thinking about them is spiritually dangerous. Brothers and sisters, sin is real. Evil is real. Satan and the demons are real. There really is a spiritual battle raging all about us for the salvation of our souls. This belief should not cause us undue fear or dread, but it should prompt us to seriously consider how sin is present in my life, and how I need, with the help of God's grace, to root it out. When we sin, which we all do, we harm our relationship with God which harms the health of our soul, and we harm our relationships with others. Sin is potentially deadly to our spiritual health. We need to take sin and its effects seriously and be committed to avoiding it at all costs.

During Lent, we are invited to take up opportunities to voluntarily sacrifice and practice works of spiritual discipline such as giving up favorite foods or activities, fasting, setting aside extra time for prayer, and being more generous in giving to others from our own financial resources. Why? Because acts of self-sacrifice help to put things back in right order in our souls. When we sin, we have allowed our desires, whether they be desires of anger, lust, power, jealousy, fear, envy, etc., to overrule what we know is right in our mind and heart. When we carry out acts of sacrificial love for God and others, we subdue our unruly and selfish desires and passions under the power of our mind and will. In other words, we subject what we may want to what we know that we need- we refuse to gratify the desire for food (fasting), to be selfish with our time (prayer) or our money (almsgiving) by making an act of our mind and will to do what we know is right regardless of how we may feel about it. Doing that helps us to more readily and promptly respond to God's call in our lives!

God bless you! ~ Fr. Steve

***During the cold and flu season, we will not be offering the chalice of Christ's Precious Blood during Holy Communion. Also, we ask that you please use your discretion during the “Sign of Peace.”***

### Parish News:

**Coffee Social** this Sunday!

### Perfect Bible Study for Lent—Join us today!

Today we begin a Lenten journey of studying Jesus' passion and death using the study *No Greater Love: A Biblical Walk Through Christ's Passion*. This five-week study begins today, March 1, 3:00—4:30 pm and will continue each Sunday of March. If you missed registration you can still join us today and order your own materials in time for next week's session.

### No Choir Practice

There will be no choir practice on Tuesday and Wednesday this week.

### Pasties for sale

Order your pasties this weekend for fresh pick up after Masses next weekend. Just \$5 each. They make quick easy meals.

**Prayer Shawl Makers** often find that their skills and efforts affect not only the individuals who receive their tangible signs of prayer but also themselves as channels of that prayer. There have been remarkable stories of how recipients have been impacted and how their prayer shawl has accompanied them on their journey. In the last several years, the internet has opened Holy Spirit's prayer shawl ministry to individuals thousands of miles away which has increased requests for prayer shawls. We ask for your prayers as we continue with this ministry.

### Stations of the Cross

Join in praying the Stations of the Cross together Fridays at 7:00 pm throughout Lent.

### Make Pasties for the parish

Helping to make pasties not only helps get us closer to our building project goals, it is a great way to get to know fellow parishioners and have fun together. Every step is done by volunteers: making and dividing the dough, rolling (using our pizza roller), peeling veggies, chopping (using a machine), filling & sealing the pasties, baking & packaging, distributing after Mass. If you can help, whether for an hour or four, contact Linda Maki, 834-3568, to arrange a time slot.

### Please Keep These People In Your Prayers:

- † **PARISHIONERS:** Florian Burger, Jean Ek, Ed Gudowicz, Noreen Jackson, Virgil Jasmer, Bonnie McGregor, Verna Rafn, Joe Seeber, and Howard Shultz.
- † **FRIENDS & RELATIVES:** Rita Arel, Bill Carlson, Fr. Ben Hadrich, Ryan Conhartoski, Lee Heurung, Brian Hoffman, Joseph Hoffman, Robert Linn, Jean Kioski, Marge Magnus, Sammi Moeller-Borgstrom, Heidi Penman, Mary Shanilec, Georgie Schultz, Judi Smieja, Mark Teigen, Megan Johnson, Felicia Kimball, and Jody Turnberg.
- † **MILITARY PERSONNEL:** Garrett Aho, Nate Berger, James Mickle, Christopher Uremovich, Maddison Zavoral and Sophia Zavoral.

**SACRED HEART CANDLE:** Souls in Purgatory.

### Diocesan Opportunities

#### Self-Healing Series for Separated & Divorced

The Office of Marriage and Family Life is seeking to assist the faithful who are currently experiencing separation or civil divorce and are in need of healing. Maria Pia Campanella's *The Gift of Self*, a six-week program for accompanying separated and divorced faithful will be used and will run Sunday evenings from 6:00 p.m. to 7:30 p.m. from March 1—April 5 at the Cathedral of Our Lady of the Rosary in Duluth. If you or someone you know can benefit from this series, please invite them to attend. This program is funded by your UCA contributions, so there is no charge. Those interested can find more information and registration at [www.dioceseduluth.org](http://www.dioceseduluth.org).

#### Eighth Annual Women of Faith Conference

Held Saturday, March 28, at Marshall School. Join us for a faith-filled day. Deby Schlappizzi will speak on our theme: **Worthy**. The day will conclude with Nic Davidson who will share his perspective in an insightful yet witty way. Register now by visiting [www.dioceseduluth.org](http://www.dioceseduluth.org). Early bird registration ends on March 8<sup>th</sup>. Space is limited!

### Cassi's Corner

#### Good Friday Stations Walk Planning

We've had requests to once again do a walk from the church to Burlington Bay and back praying the Stations of the Cross on Good Friday. If you would like to help in the planning of it, please, contact Cassi in the parish office.

## St. Mary's Mass Schedule

<b>Saturday</b>	<i>SATURDAY AFTER ASH WEDNESDAY</i>	<b>2/29/20</b>
<b>6:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>7:15 p.m.</b>	<b>Mass - Intention for Sawyer Hansen</b>	
	Reader .....Gerry Bahar	
	Cantor .....Patty Armstrong	
	Plate .....Michael Rowlee	
	Servers .....Carter & Owen Zabrocki	
<b>Sunday</b>	<i>1<sup>ST</sup> SUNDAY OF LENT</i>	<b>3/1/20</b>
<b>7:50 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:30 a.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader .....Susan Michels	
	Cantor .....Tom Palen	
	Plate .....Deacon Jack Ferris	
	Servers .....Grace & Elizabeth Swartz	
<b>Monday</b>	<i>LENTEN WEEKDAY</i>	<b>3/2/20</b>
	<b>No Mass</b>	
<b>Tuesday</b>	<i>ST. KATHARINE DREXEL</i>	<b>3/3/20</b>
<b>7:50 a.m.</b>	<b>Rosary</b>	
<b>8:15 a.m.</b>	<b>Mass - Intention for Mary Louise Booth</b> ☩	
<b>Wednesday</b>	<i>ST. CASIMIR</i>	<b>3/4/20</b>
<b>7:50 a.m.</b>	<b>Rosary</b>	
<b>8:15 a.m.</b>	<b>Mass - Intention for Rowlee Family</b>	
<b>Thursday</b>	<i>LENTEN WEEKDAY</i>	<b>3/5/20</b>
<b>7:50 a.m.</b>	<b>Rosary</b>	
<b>8:15 a.m.</b>	<b>Mass - Intention for David Shepersky</b>	
<b>Friday</b>	<i>LENTEN WEEKDAY</i>	<b>3/6/20</b>
<b>7:50 a.m.</b>	<b>Rosary</b>	
<b>8:15 a.m.</b>	<b>Mass - Intention for Deanne Larson</b>	
<b>4:45 - 5:30 pm</b>	<b>Soup Supper</b>	
<b>5:45 p.m.</b>	<b>Stations of the Cross</b>	
<b>Saturday</b>	<i>ST. PERPETUA &amp; ST. FELICITY</i>	<b>3/7/20</b>
<b>6:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>7:15 p.m.</b>	<b>Mass - Intention for Lee &amp; Barbara Anselment</b> ☩	
	Reader .....Jeff Asmussen	
	Cantor .....Andy Buell	
	Plate .....Don Seipke	
	Servers .....Dahlia Bautch & Jake Stadler	
<b>Sunday</b>	<i>2<sup>ND</sup> SUNDAY OF LENT</i>	<b>3/8/20</b>
<b>7:50 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:30 a.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader .....Marge Jorgenson	
	Cantor .....Joanne Curry	
	Plate .....Deacon Jack Ferris	
	Servers .....Brooke & Addison Velcheff	
<b>Weekend Collection</b>		
General.....\$2,019.00		

## Holy Spirit's Mass Schedule

<b>Saturday</b>	<i>SATURDAY AFTER ASH WEDNESDAY</i>	<b>2/29/20</b>
<b>3:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>4:30 p.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader .....Gloria Uremovich	
	Servers .....Ava & Olivia Fosness	
<b>Sunday</b>	<i>1<sup>ST</sup> SUNDAY OF LENT</i>	<b>3/1/20</b>
<b>11:00 a.m.</b>	<b>Mass - Intention for Roger Johnson</b> ☩	
	Reader .....Mike Hoffman	
	Plate .....Linda Hoffman	
	Servers .....Natalie & Chloe Larson	
<b>12:00 p.m.</b>	<b>Coffee Social</b>	
<b>3:00 p.m.</b>	<b>Bible Study</b>	
<b>Monday</b>	<i>LENTEN WEEKDAY</i>	<b>3/2/20</b>
<b>8:15 a.m.</b>	<b>Mass - Intention for Isaiah Beamer</b>	
<b>Tuesday</b>	<i>ST. KATHARINE DREXEL</i>	<b>3/3/20</b>
<b>5:30 p.m.</b>	<b>Mass - Intention for Wayne &amp; Lois Bentler</b>	
<b>Wednesday</b>	<i>ST. CASIMIR</i>	<b>3/4/20</b>
	<b>No Mass</b>	
<b>Thursday</b>	<i>LENTEN WEEKDAY</i>	<b>3/5/20</b>
	<b>No Mass</b>	
<b>Friday</b>	<i>LENTEN WEEKDAY</i>	<b>3/6/20</b>
<b>7:30 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:15 a.m.</b>	<b>Mass - Intention for Mildred Borgstrom</b> ☩	
<b>9:00 a.m.</b>	<b>Adoration</b>	
<b>12:00 p.m.</b>	<b>Benediction</b>	
<b>7:00 p.m.</b>	<b>Stations of the Cross</b>	
<b>Saturday</b>	<i>ST. PERPETUA &amp; ST. FELICITY</i>	<b>3/7/20</b>
<b>3:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>4:30 p.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader .....Andy Rogers	
	Servers .....Hayden Johnson	
<b>Sunday</b>	<i>2<sup>ND</sup> SUNDAY OF LENT</i>	<b>3/8/20</b>
<b>11:00 a.m.</b>	<b>Mass - Intention for Jim Hulbert</b> ☩	
	Reader .....Louis Button	
	Plate .....Joanne Button	
	Servers .....Colman Kortuem & Noah Mecklin	
<b>3:00 p.m.</b>	<b>Bible Study</b>	
<b>Weekend Collection</b>		
General.....\$1,895.84		
Restoration Project.....\$529.00		
Building Fund.....\$120.00		
UCA.....\$250.00		