



Holy Spirit Parish
227 Third St.
Two Harbors, MN

St. Mary's Parish
57 Horn Blvd.
Silver Bay, MN



WELCOME TO THE PARISHES OF HOLY SPIRIT & ST MARY'S

Third Sunday of Lent | March 15, 2020



3RD SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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SACRAMENTS OF MARRIAGE, BAPTISM, ANOINTING OF THE SICK:
Please contact your parish office.

BULLETIN SUBMISSION DEADLINE:

Bulletin Announcements must be submitted to your parish office
before 4:30 pm on Mondays.

HOLY SPIRIT PARISH

Mass Schedule

Saturday: 4:30 pm
Sunday: 11:00 am

Confession Schedule

Friday: 7:30 - 8:00 am
Saturday: 3:30 - 4:15 pm
Or by appointment.

Eucharistic Adoration: Fridays 9:00 am - 12:00 pm

Holy Spirit Office Hours:

1:00 pm - 5:00 pm Monday - Thursday
7:00 am - 11:00 am Friday
Office is located in parish basement.

Office (218) 834-4659
Office E-mail hspirit@outlook.com
Rectory (218) 834-4313
Parish Website www.holyspiritwoharbors.org
Liturgy & Parish Life Coordinator (218) 834-4659
cassi.beamer@duluthcatholic.org
Director of Religious Education (218) 226-3100
Deacon Tim Egan (218) 349-9175
Deacon Scott Peters (218) 834-2543
Prayer Intentions (218) 834-4659
Birthright (800) 550-4900

ST. MARY'S PARISH

Mass Schedule

Saturday: 7:15 pm
Sunday: 8:30 am

Confession Schedule

Saturday: 6:30 - 7:00 pm
Sunday: 7:50 - 8:15 am
Or by appointment.

Eucharistic Adoration: Wednesdays 9:00 am - 3:00 pm

St. Mary's Office Hours:

8:00 am - 2:00 pm Monday - Thursday
Office is located in St. Mary's Rectory.

Office/Rectory (218) 226-3100
Church Hall (218) 226-3691
Parish E-mail stmarysilverbay@outlook.com
Parish Website www.stmarysilverbay.org
Deacon Fred Wright (218) 220-1790
Deacon Jack Ferris (Retired) (218) 226-4753
Father Michael Lyons (in Residence) (218) 830-1600
mjlyons16@gmail.com
Prayer Chain (218) 226-3639 or (218) 226-4662

Pastor: Rev. Steven Laflamme

(218) 834-4313

fr.steven.laflamme@duluthcatholic.org

Parish News:

Journey Through the Sacraments

For our Adult Faith Formation on **Wednesday, March 18, Fr. Steve will continue his series on the sacraments.** Join us for dinner & fellowship at **6 pm**, followed Fr. Steve's talk at **6:30 pm.** ***We want to encourage everyone to join us on this journey!!*** Child care is available.

Pastoral Council Meeting

The Pastoral Council will meet at the back of the church on **Tuesday, March 17 at 7 pm.**

Soup Supper & Stations of the Cross

There's no reason to cook on Friday nights!

Our volunteers make *DELICIOUS* soups for us to enjoy before Stations of the Cross, and we would love to have more people join us for the fellowship and simple dinner. **Soup is served 4:45-5:30 pm**, followed by **Stations at 5:45 pm.** There is no cost; donations collected go to Operation Rice Bowl. This is a great opportunity for us to enrich our Lenten season as a faith community.

Family Faith Formation

We meet next **Wednesday, March 18 at 6 pm.** We will start with dinner at 6 pm, followed by classes at 6:30 pm. Everyone is welcome to join us.

Game Night - Kids & Adults!

Join us for a FUN night of games and laughter **on Friday, March 27 at 6:15 pm.** **FUN for ALL ages!** Bring a snack to share and be ready for a great time. Of course, you can come earlier and join us for soup supper and Stations, too!

Friday Youth Bible Study for All Ages

Join us **Friday mornings at 9 am.** Our study will be focusing on the readings for the upcoming weekend. Parents are welcome to join us too. If you have questions, contact Cindy at 220-1582 or Jeff at 220-9720.

Thrivent Choice Dollars

A reminder from Thrivent: If you haven't already designated your 2019 Choice Dollars to the organization of your choice, now is the time! These need to be designated by **March 31.** Don't let your Choice Dollars expire. Make the call today (800-847-4836) and state "Thrivent Choice" to designate your dollars. If you have questions, contact Greg Hanson at 218-226-8736.

Thank you to the Thrivent Financial members who have designated St. Mary's Church as your Non-Profit for your Thrivent Choice Dollars. Your generosity is greatly appreciated!

Please Keep These People In Your Prayers

- † **Parishioners:** Sanford Anderson, Joe & Elaine Rollins, Greta Stefanich, Lino Rauzi, Ed Hynes, Marge Swindlehurst, Dolly Harris, Jerry Downey, Richard Smach, Deanna Larson, Mary Ann Stebbins, Leanne Buell, Elwood Youngberg, Ted Youngberg, Lois Larson.
- † **Clergy:** Deacon Fred Wright.
- † **Relatives & Friends:** Mark Otterblad, Bob Michna, Bob Manor, Crecentia Wolkenhauer, Brad Rude, Justin Bullis, Karl Norman, Trent Thompson, Wyatt Parker, Andy McBride, Mike Hartfiel, Johnny Jerabek, Jerry Pybas, Brad Hove, Dan Moudry, John Grahek Jr.
- † **Military:** Logan Scallen, Todd Curry, John Ferguson, Karen McGrane, Michael Seipke, Chris Gensing, Sean Stebbins, Sam Andrus, Kris Topp.

Bible Study

During Lent we will be combining two resources - a 3-part study booklet *Lent: Season of Transformation* and a 5-part video series *No Greater Love: A Biblical Walk Through Christ's Passion*. These combined studies will explore three key moments in Jesus' life and ministry and guide us through the last hours of His life. We hope you will join us during this Lenten season of transformation, as we focus on God's love for us and strive to turn back to Him with our whole hearts. We meet **Sunday evenings at 6 pm** in the Social Hall.

Easter Flowers

If you wish to donate money toward flowers for Easter, there are envelopes prepared for this purpose on the bulletin table. The suggested donation is \$8.00 and can be dropped into the collection basket. Please remember to include a name with your donation so your memorial can be listed in the Easter Sunday bulletin. We thank you for your generosity.



Encounter Lent through CRS Rice Bowl

Pick up your family's CRS Rice Bowl from the back of the church. Visit crsricebowl.org for great resources. Please return your Rice Bowl by Sunday, April 19.

Welcome to St. Mary's

We're happy you're here and would love to meet you and tell you about the programs we have available. Please call or stop by the Parish Office. We look forward to talking with you!

From the Desk of Father Steve: Entering into the Holy Season of Lent



*"The crucifix does not signify defeat or failure. It reveals to us the Love that overcomes evil and sin."
-Pope Francis*

Continuing our discussion of how we can enter more and more fully into the beautiful and spiritually deep season of Lent, I'd like to speak this week about the well-known devotion of the Stations of the Cross. First, let's start with a bit of history. The way of the cross refers to the path that Jesus Himself walked as He carried the heavy cross through Jerusalem on His way to Calvary where He was crucified. Over time, stops that He had made along the way- for example, when He fell, or when He spoke to the women of Jerusalem, or when He was stripped of His garments- during His painful walk became known as "stations." Over the course of centuries after Jesus' suffering, death, resurrection and ascension, Christians more and more desired to travel to Jerusalem in order to retrace Jesus' steps that he made as He carried the cross for our salvation. By walking the same path that Jesus did to the cross, we are able to enter into His experiences in a certain way, and prayerfully consider what He did out of His love for us.

In the Middle Ages, the Church began to attach indulgences to the practice of going to Jerusalem and walking the way of the cross that Jesus walked. This granting of indulgences was granted at the request of the Franciscan Friars who cared for the various shrines along the way of the Cross in Jerusalem. Over time, the Church extended the reception of an indulgence to those members of the faithful, who, unable to physically go to Jerusalem and walk the actual way of the Cross, did so at home, making that pilgrimage with Jesus in spirit, with the help of images that represented the various holy places or "stations" which are found along the actual way of the cross in Jerusalem. Thus, it became commonplace that every Catholic Church have the Stations of the Cross adorning its walls, so that the faithful of that parish can participate in walking the path of the cross with Jesus and gain indulgences for doing so (if we are uncertain about indulgences, hang in there- I will write about them in next week's bulletin).

As for the practice of the Stations of the Cross today, a few things to note. First, what is required for each station is a wooden cross. Additionally, sculptures, paintings or icons depicting each station are beautiful and helpful to our meditation, but are not strictly necessary. That's why, for example, you will notice a small wooden cross that adorns each station in both of our parish churches. In some parishes, the stations may only consist of 14 wooden crosses fixed on the wall, with the number of the station painted on each wooden cross- that's sufficient. Traditionally, we would walk the stations of the cross by physically moving from each station in order, stopping to pray and reflect at each one. However, when there is a group of the faithful present to pray the stations, it is sufficient that the leader alone moves from station to station, while the faithful remain in their place. And for those who are homebound or otherwise unable to make the stations at Church, they are encouraged to make the stations at home by holding a crucifix and reciting prayers for each station.

The Stations of the Cross are traditionally prayed at Church on the Fridays of Lent, but they can be prayed in a group or alone by the faithful at any time. There are traditionally 14 stations, and even though we typically use a devotional book when praying the stations at Church, such is not strictly necessary in order to devotedly pray the stations. In other words, it is permissible for a person to make the stations according to their own practice or desire. What is required is that a person pass in succession before each of the 14 stations, and stop, even if just briefly, to meditate on the suffering of Jesus at each station. A prayer or prayers should also be said to help in meditation. So, for example, if a person wished, he or she could come to Church during the day, and prayerfully walk from station to station, pausing at each to think about and pray about the scene depicted by that station, and then pray an Our Father and Hail Mary before moving to the next. My encouragement is that sometime during Lent, we go to the Stations of the Cross, or at least make them on our own, in order to enter into the path of love that our Savior walked for us and for our salvation.

God bless you! ~ Fr. Steve

Reminder: Due to privacy laws, if you or a loved one are in the hospital, the hospital will not contact me to inform me that you are there, unless you ask them to contact the Church. So, if you or a loved one are hospitalized for any reason, please let us know by contacting the parish office, or by calling me at 218-834-4313 so that I can arrange a visit.

During the cold and flu season, we will not be offering the chalice of Christ's Precious Blood during Holy Communion. Also, we ask that you please use your discretion during the "Sign of Peace."

Mom's Group—Courageous Women of the Bible

Join us Wednesday night, Mar. 18, at 6:00 pm for time with other moms in the parish. Our topic this month is women in the Bible who showed great courage in their circumstances. It will be a fun night of friendship, learning and inspiration.

Stations of the Cross

Join in praying the Stations of the Cross together Fridays at 7:00 pm throughout Lent.

Easter Flowers

If you would like to contribute to the cost of flowers to decorate the church for the Easter liturgies, please do so by placing a clearly marked envelope indicating such in the collection. If you prefer to donate a lily, please bring it to the parish hall by Good Friday. Also, if you are purchasing flowers and wish to have a memorial listed, *please turn in a written memorial to the parish office* in order to ensure being included in the bulletin memorials.

Family Activities for Holy Week

On Wednesday of Holy Week (April 8th, 6:30 - 7:30 pm) we will have a fun night for families to engage in Holy Week activities together. The evening will include a Resurrection Egg Hunt, a craft, and other activities that will help bring meaning to this holiest of weeks.

Holy Thursday pilgrimage for teens

Students in grades 7 - 12 and any parents wishing to join them are invited to do a pilgrimage to various churches starting at Holy Spirit then proceeding to Duluth to visit the altars of repose at each parish. This tradition from Rome has grown in our area in recent years. It's an exciting night, especially for teens, because of the alternating anticipation and prayer (and a late night). Please sign up by filling out a permission slip and turning it in to Cassi by Sunday, April 5th.

Good Friday Stations Walk Planning

On Good Friday we will be praying the Stations of the Cross while walking from the church to Burlington Bay and back as has been done in the past. Those who are not able to make the walk are welcomed and encouraged to pray together in the church while others are walking. These Stations will be prayed following the Good Friday service at 3:00 pm. If you would like to help carry the cross, please, contact Cassi.

Please Keep These People In Your Prayers:

- † **PARISHIONERS:** Florian Burger, Jean Ek, Ed Gudowicz, Noreen Jackson, Virgil Jasmer, Bonnie McGregor, Verna Rafn, Joe Seeber, and Howard Shultz.
- † **FRIENDS & RELATIVES:** Fr. Ben Hadrich, Ryan Conhartoski, Lee Heurung, Brian Hoffman, Joseph Hoffman, Robert Linn, Jean Kioski, Marge Magnus, Sammi Moeller-Borgstrom, Heidi Penman, Mary Shanilec, Georgie Schultz, Judi Smieja, Mark Teigen, Megan Johnson, Felicia Kimball.
- † **MILITARY PERSONNEL:** Garrett Aho, Nate Berger, James Mickle, Christopher Uremovich, Maddison Zavoral and Sophia Zavoral.

SACRED HEART CANDLE: ✠Al Aldinger.

Cassi's Corner

This weekend we enter into the scrutinies with our elect (those preparing for baptism, eucharist, and confirmation). There are three scrutinies, one each Sunday. The word scrutiny can sound rather intimidating, but its meaning is like an examination. We aren't scrutinizing the elect, rather, we are praying that they will have the grace to examine, or look at, their life to this point in order to fully embrace the gift of baptism they will receive at the Easter Vigil.

This Sunday, the elect comes forward with her godparent to receive a blessing by the priest *and the prayers of the congregation* that she will be able to reflect more deeply on her sins and faults. This step is meant to assist her in these final weeks of preparation for baptism called the time of "purification and enlightenment." (If you think of it, we are all seeking purification and enlightenment during Lent.)

During this same rite, Father prays a prayer of minor exorcism, which does not mean she is possessed. Rather, this type of exorcism prayer asks God to free her and protect from Satan's power.

As a congregation, we have a duty to pray for our elect and candidate (those preparing for eucharist and confirmation). We can join our own Lenten practices of purification to theirs and ask God to prepare them for life in the Church and ultimately eternal life in heaven. Let us all pray for Curt and Cassandra and all those who will enter the Church this year.

6th - 12th Grade Lock-in

Games, food, movie, and fun! **Saturday, March 21, 4 pm - 11 pm.** We will participate in Mass at 4:30 pm. This event is for 6th - 12th graders. Permission slips available on the website. Talk to Cindy for more details.

St. Mary's Mass Schedule

Saturday	<i>LENTEN WEEKDAY</i>	3/14/20
6:30 p.m.	Sacrament of Reconciliation	
7:15 p.m.	Mass - Intention for Jeannette Pocrnich	
	Reader.....Tom Frericks	
	CantorSue Bahar	
	PlateEvan Swartz	
	ServersNicholas Swartz & Lillian Hoffman	
Sunday	<i>3RD SUNDAY OF LENT</i>	3/15/20
7:50 a.m.	Sacrament of Reconciliation	
8:30 a.m.	Mass - Intention for All Parishioners	
	Reader.....Greg Johnson	
	CantorKim Josephson	
	PlateDeacon Jack Ferris	
	ServersValerie & Wade Melander	
Monday	<i>LENTEN WEEKDAY</i>	3/16/20
	No Mass	
Tuesday	<i>ST. PATRICK</i>	3/17/20
7:50 a.m.	Rosary	
8:15 a.m.	Mass - Intention for Jerabek Family	
Wednesday	<i>ST. CYRIL OF JERUSALEM</i>	3/18/20
7:50 a.m.	Rosary	
8:15 a.m.	Mass - Intention for Alana Michalski	
Thursday	<i>ST. JOSEPH</i>	3/19/20
7:50 a.m.	Rosary	
8:15 a.m.	Mass - Intention for John Asmussen ☩	
Friday	<i>LENTEN WEEKDAY</i>	3/20/20
7:50 a.m.	Rosary	
8:15 a.m.	Mass - Intention for Olivia Hansen	
4:45 - 5:30 pm	Soup Supper	
5:45 p.m.	Stations of the Cross	
Saturday	<i>LENTEN WEEKDAY</i>	3/21/20
6:30 p.m.	Sacrament of Reconciliation	
7:15 p.m.	Mass - Intention for Barbara Anselment ☩	
	Reader.....Susan Frericks	
	CantorRick Frericks w/Guitar Acpt.	
	PlateSusan Frericks	
	ServersNatalie Reineccius & Elizabeth Swartz	
Sunday	<i>4TH SUNDAY OF LENT</i>	3/22/20
7:50 a.m.	Sacrament of Reconciliation	
8:30 a.m.	Mass - Intention for All Parishioners	
	Reader.....Susan Michels	
	CantorRick Frericks w/Guitar Acpt.	
	PlateDeacon Jack Ferris	
	ServersBrooke & Addison Velcheff	
Weekend Collection		
General.....\$2,299.00 UCA.....\$200.00 Black & Indian Missions.....\$5.00		

Holy Spirit's Mass Schedule

Saturday	<i>LENTEN WEEKDAY</i>	3/14/20
3:30 p.m.	Sacrament of Reconciliation	
4:30 p.m.	Mass - Intention for All Parishioners	
	ReaderBarb Haynes	
	ServersKennedy Gilbert & Megan Larson	
Sunday	<i>3RD SUNDAY OF LENT</i>	3/15/20
11:00 a.m.	Mass - Intention for Albert Aldinger ☩	
	ReaderDeirdre Schlunegger	
	ServersEthan & Rachel Bopp	
3:00 p.m.	Bible Study	
Monday	<i>LENTEN WEEKDAY</i>	3/16/20
	No Mass	
Tuesday	<i>ST. PATRICK</i>	3/17/20
5:30 p.m.	Mass - Intention for Haddo & Bridget Harrison ☩	
6:00 p.m.	Choir Rehearsal	
Wednesday	<i>ST. CYRIL OF JERUSALEM</i>	3/18/20
	No Mass	
6:00 p.m.	Mom's Group	
Thursday	<i>ST. JOSEPH</i>	3/19/20
8:15 a.m.	Mass - Intention for Ron Anderson ☩	
9:00 a.m.	Coffee with Fr. Steve	
5:30 p.m.	RCIA	
Friday	<i>LENTEN WEEKDAY</i>	3/20/20
7:30 a.m.	Sacrament of Reconciliation	
8:15 a.m.	Mass - Intention for Bill Carlson ☩	
9:00 a.m.	Adoration	
12:00 p.m.	Benediction	
7:00 p.m.	Stations of the Cross	
Saturday	<i>LENTEN WEEKDAY</i>	3/21/20
3:30 p.m.	Sacrament of Reconciliation	
4:30 p.m.	Mass - Intention for All Parishioners	
	ReaderDan Thomasen	
	ServersHayden Johnson	
Sunday	<i>4TH SUNDAY OF LENT</i>	3/22/20
11:00 a.m.	Mass - Intention for Dave Bataglia ☩	
	ReaderDeirdre Schlunegger	
	Plate.....Chris Lemke	
	ServersIsaiah Beamer & Anthony Lemke	
3:00 p.m.	Bible Study	
Weekend Collection		
General.....\$2,748.25 Restoration Project.....\$2,254.00 Building Fund.....\$300.00 UCA.....\$240.00 Black & Indian Missions.....\$45.00 Easter Flowers.....\$120.00 C.R.S.....\$25.00		