

# WEDDING VOWS

One formulation of Catholic wedding vows reads as follows:

**“I, (name), take you, (spouse), to be my wife/husband. I promise to be faithful to you in good times and in bad, in sickness and in health. I will love you and honor you all the days of my life.”**

Take some time to reflect on the promises made in this vow. Imagine Jesus making each of these promises to you as part of the Bride of Christ. Write your thoughts below.

I promise to be faithful to you...

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In good times and in bad...

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In sickness and in health...

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I will love you...

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And honor you...

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All the days of my life...

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