

3 Hearts United



Sacred Heart of Jesus

Symbol of Jesus' boundless love for us



Immaculate Heart of Mary

Symbol of love and purity



Chaste Heart of Joseph

Symbol of faith and steadiness

Sacred Heart of Jesus, have mercy on us!

*Feast of the Solemnity of the Sacred Heart of Jesus is the Second Friday after Trinity Sunday
June: Month of the Sacred Heart*

Devotion to the Sacred Heart of Jesus originated through the visions of St. Margaret Mary Alacoque, a French nun, in the 17th century. She reported visions of Jesus emphasizing his love and the importance of honoring his Sacred Heart.

Practices like the Litany of the Sacred Heart, the Act of Consecration to the Sacred Heart, and receiving Holy Communion on the First Friday of each month are ways to honor and make reparation for offenses.

One of the significant aspects of devotion to the Sacred Heart is the Twelve Promises made by Jesus to St. Margaret Mary Alacoque. These promises include blessings for those who practice devotion to his Sacred Heart, such as receiving graces, consolation, and the assurance of final perseverance.

Immaculate Heart of Mary, pray for us!

*Memorial of the Immaculate Heart of the Blessed Virgin Mary celebrated the Saturday after the second Sunday after Pentecost
August: Month of the Immaculate Heart of Mary*

Devotion to the Immaculate Heart of Mary has its roots in the visions of St. Jean Eudes, who promoted the idea of honoring Mary's heart as a symbol of her love, purity, and maternal compassion.

The Immaculate Heart of Mary is a theme in various Marian apparitions, including the apparitions at Fatima, where Mary requested devotion to her Immaculate Heart as a means of obtaining peace for the world and the conversion of sinners.

A devotion includes the Five First Saturdays devotion, where the faithful are encouraged to receive Holy Communion, pray the Rosary, and meditate on the mysteries of the Rosary in reparation for sins committed against the Immaculate Heart of Mary. Consecration to the Immaculate Heart is a common practice.

Chaste Heart of Joseph, pray for us!

Solemnity of St. Joseph (March 19)

Devotion to the Chaste Heart of St. Joseph has its roots in Catholic tradition but has gained more attention and emphasis in recent years.

While there are no direct references to St. Joseph's heart in the Bible, his character and virtues are highlighted in the Gospel accounts, portraying him as a just and obedient man chosen by God to care for Jesus and Mary.

Devotional practices include prayers, novenas, and acts of consecration. He is patron saint of fathers, carpenters, and the universal Church. These prayers seek his intercession for guidance, protection, and purity.

Source: EWTN