



# BEHOLD

## Lent 2025



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| This Lenten journey focuses on John the Baptist's words "Behold, the Lamb of God." Let's open our spiritual eyes to see God's hand at work.<br>This year, Lent begins on March 5 and Easter Sunday is on April 20.<br>Share your experience on social media by using #LentCalendar #CatholicRGV #LambOfGod | <b>"Behold the Lamb of God"</b><br><b>- John 1:29</b>   |   | <b>Mar 5 Ash Wednesday</b><br>Read Joel 2:12<br><b>Reflection</b><br>God calls you to return. How will you respond?<br>Choose a Lenten sacrifice with a renewed heart.      | <b>6</b><br>Read CCC 1439<br><b>Reflection</b><br>How can love lead you to deeper conversion?<br>Perform an act of charity today.                             | <b>7</b><br>Read Psalm 51:5<br><b>Reflection</b><br>Recognize your need for God's mercy.<br>Examine your conscience and plan for Confession.                    | <b>8</b><br>Read Rev. 3:20<br><b>Reflection</b><br>Is your heart open to Christ?<br>Spend 15 minutes in silent prayer, welcoming Jesus.                      |
| <b>9 First Sunday of Lent</b><br>Read Psalm 91:2<br><b>Reflection</b><br>Do you trust in God?<br>Place your troubles in God's hands.   | <b>10</b><br>Read Luke 2:34<br><b>Reflection</b><br>What role does Jesus have in your life?<br>Pray the Joyful Mysteries of the Rosary.   | <b>11</b><br>Read Matthew 6:26<br><b>Reflection</b><br>Do you trust in God's providence.<br>Visit Jesus in Eucharistic Adoration.   | <b>12</b><br>Read CCC 2607<br><b>Reflection</b><br>What is God asking you to let go of?<br>Fast from a personal attachment today.   | <b>13</b><br>Read Matthew 17:8<br><b>Reflection</b><br>Are your eyes fixed on Jesus?<br>Remove a distraction from your day.                                   | <b>14</b><br>Read John 19:5<br><b>Reflection</b><br>Contemplate Jesus standing before Pilate.<br>Pray the Stations of the Cross.                                | <b>15</b><br>Read 2 Corinthians 5:17<br><b>Reflection</b><br>How is God renewing you this Lent?<br>Offer gratitude for one way God is working in your life.  |
| <b>16 Second Sunday of Lent</b><br>Read Luke 9:35<br><b>Reflection</b><br>How do you let God transform your life?<br>Practice the virtue of faith.   | <b>17</b><br>Read Isaiah 52:14<br><b>Reflection</b><br>Do you recognize Christ's suffering as His victory?<br>Offer up a small suffering today for others.                                | <b>18</b><br>Read CCC 571<br><b>Reflection</b><br>What sacrifices is God calling you to embrace?<br>Fast from something that distracts you from God.  | <b>19 St. Joseph</b><br>Read Zechariah 9:9<br><b>Reflection</b><br>Reflection: Do you welcome Jesus as King of your life?<br>Surrender a part of your life fully to Christ. | <b>20</b><br>Read Luke 9:62<br><b>Reflection</b><br>What keeps you looking back instead of forward?<br>Stand up for truth in a small way today.               | <b>21</b><br>Read Matthew 27:24<br><b>Reflection</b><br>Do you take responsibility for your faith?<br>Pray the Hail Mary slowly and reflectively.               | <b>22</b><br>Read John 19:26-27<br><b>Reflection</b><br>How does Mary accompany you in your journey of faith?<br>Pray the Hail Mary slowly and reflectively. |
| <b>23 Third Sunday of Lent</b><br>Read Exodus 3:4<br><b>Reflection</b><br>How do you respond when God calls you?<br>Spend some time in Lectio Divina.  | <b>24</b><br>Read Isaiah 43:19<br><b>Reflection</b><br>What new thing is God working in your heart?<br>Begin a new habit of virtue today.   | <b>25 Annunciation of the Lord</b><br>Read Luke 1:38<br><b>Reflection</b><br>Jesus desires to dwell in you. How do you welcome Him?<br>Make time to go to Mass or make an act of spiritual communion. | <b>26</b><br>Read Psalm 147:1<br><b>Reflection</b><br>Do you have a favorite hymn?<br>Share a song.   | <b>27</b><br>Read Luke 15:24<br><b>Reflection</b><br>Where in your life do you need resurrection?<br>Reconcile with someone you have distanced yourself from. | <b>28</b><br>Read CCC 1468<br><b>Reflection</b><br>How has Confession brought you peace?<br>Encourage someone to receive the Sacrament of Reconciliation.       | <b>29</b><br>Read Luke 18:13<br><b>Reflection</b><br>Do you trust in God's endless mercy?<br>Show mercy to someone who has wronged you.                      |
| <b>30 Fourth Sunday of Lent</b><br>Luke 15:6<br><b>Reflection</b><br>How do you help someone return to their faith?<br>Invite someone to Mass.   | <b>31</b><br>Read Revelation 21:5<br><b>Reflection</b><br>Are you allowing God to transform you this Lent?<br>Identify one sin you need to surrender completely.                          | <b>Apr 1</b><br>Read Psalm 46:2<br><b>Reflection</b><br>Analyze your strengths and weakness.<br>Offer your day as a gift to God in a small act of service.  | <b>2</b><br>Read Isaiah 41:10<br><b>Reflection</b><br>What fears hold you back in your faith?<br>Take one step forward in trust today.                                      | <b>3</b><br>Read Psalm 121:4<br><b>Reflection</b><br>Do you trust that God is always watching over you?<br>Give thanks for a time God protected you.          | <b>4</b><br>Read John 12:13<br><b>Reflection</b><br>How do you recognize Christ's kingship in your life?<br>Acknowledge Christ as King in a concrete way today. | <b>5</b><br>Romans 5:5<br><b>Reflection</b><br>What is your greatest hope?<br>Share a message of hope with someone today.                                    |
| <b>6 Fifth Sunday of Lent</b><br>Read John 8:11<br><b>Reflection</b><br>Do you believe in God's mercy for yourself?<br>Go to Confession or prepare for it.   | <b>7</b><br>Read 2 Corinthians 6:2<br><b>Reflection</b><br>What is stopping you from fully accepting God's grace today?<br>Make a concrete step toward a deeper commitment to your faith. | <b>8</b><br>Read John 1:29<br><b>Reflection</b><br>What does the word "behold" mean to you?<br>Attend Mass to receive Holy Communion or make a spiritual communion.                                   | <b>9</b><br>Read John 11:40<br><b>Reflection</b><br>How is God's glory revealed in your life?<br>Offer gratitude for a blessing you often overlook.                         | <b>10</b><br>Read John 3:14<br><b>Reflection</b><br>Do you recognize the Cross as a sign of love?<br>Spend time in prayer before a crucifix.                  | <b>11</b><br>Read John 10:41<br><b>Reflection</b><br>Do you believe in the works of Jesus?<br>Give alms to those in need.                                       | <b>12</b><br>Read John 11:55<br><b>Reflection</b><br>How do you prepare for Holy Week?<br>Receive the sacrament of Reconciliation                            |
| <b>13 Palm Sunday</b><br>Read Matthew 21:5<br><b>Reflection</b><br>Do you welcome Jesus with humility?<br>Read and meditate on the Passion narrative.  | <b>14</b><br>Read John 13:1<br><b>Reflection</b><br>How does Jesus love you to the end?<br>Perform an act of love for someone today.  | <b>15</b><br>Read Matthew 26:46<br><b>Reflection</b><br>Are you prepared to walk with Jesus to the Cross?<br>Pray before a crucifix, contemplating His sacrifice.                                     | <b>16</b><br>Read Matthew 26:24<br><b>Reflection</b><br>How do you remain faithful to Christ?<br>Reflect on times you have denied or doubted Him.                           | <b>17 Holy Thursday</b><br>Read John 13:15<br><b>Reflection</b><br>How do you serve as Christ served?<br>Perform an act of service in secret.                 | <b>18 Good Friday</b><br>Read John 19:30<br><b>Reflection</b><br>What is Jesus' sacrifice asking of you?<br>Spend time in silence, contemplating His Passion.   |  |