



BEHOLD

Lent 2025



S	M	T	W	TH	F	S
<p>This Lenten journey focuses on John the Baptist's words "Behold, the Lamb of God." Let's open our spiritual eyes to see God's hand at work.</p> <p>This year, Lent begins on March 5 and Easter Sunday is on April 20.</p> <p>Share your experience on social media by using #LentCalendar #CatholicRGV #LambOfGod</p> <p>CCC: Catechism of the Catholic Church</p>			Mar 5 Ash Wednesday Read Joel 2:12 Reflection God calls you to return. How will you respond? Choose a Lenten sacrifice with a renewed heart.	6 Read CCC 1439 Reflection How can love lead you to deeper conversion? Perform an act of charity today.	7 Read Psalm 51:5 Reflection Recognize your need for God's mercy. Examine your conscience and plan for Confession.	8 Read Rev. 3:20 Reflection Is your heart open to Christ? Spend 15 minutes in silent prayer, welcoming Jesus.
9 First Sunday of Lent Read Psalm 91:2 Reflection Do you trust in God? Place your troubles in God's hands.	10 Read Luke 2:34 Reflection What role does Jesus have in your life? Pray the Joyful Mysteries of the Rosary.	11 Read Matthew 6:26 Reflection Do you trust in God's providence. Visit Jesus in Eucharistic Adoration.	12 Read CCC 2607 Reflection What is God asking you to let go of? Fast from a personal attachment today.	13 Read Matthew 17:8 Reflection Are your eyes fixed on Jesus? Remove a distraction from your day.	14 Read John 19:5 Reflection Contemplate Jesus standing before Pilate. Pray the Stations of the Cross.	15 Read 2 Corinthians 5:17 Reflection How is God renewing you this Lent? Offer gratitude for one way God is working in your life.
16 Second Sunday of Lent Read Luke 9:35 Reflection How do you let God transform your life? Practice the virtue of faith.	17 Read Isaiah 52:14 Reflection Do you recognize Christ's suffering as His victory? Offer up a small suffering today for others.	18 Read CCC 571 Reflection What sacrifices is God calling you to embrace? Fast from something that distracts you from God.	19 St. Joseph Read Zechariah 9:9 Reflection Reflection: Do you welcome Jesus as King of your life? Surrender a part of your life fully to Christ.	20 Read Luke 9:62 Reflection What keeps you looking back instead of forward? Surrender a fear or regret to God.	21 Read Matthew 27:24 Reflection Do you take responsibility for your faith? Stand up for truth in a small way today.	22 Read John 19:26-27 Reflection How does Mary accompany you in your journey of faith? Pray the Hail Mary slowly and reflectively.
23 Third Sunday of Lent Read Exodus 3:4 Reflection How do you respond when God calls you? Spend some time in Lectio Divina.	24 Read Isaiah 43:19 Reflection What new thing is God working in your heart? Begin a new habit of virtue today.	25 Annunciation of the Lord Read Luke 1:38 Reflection Jesus desires to dwell in you. How do you welcome Him? Make time to go to Mass or make an act of spiritual communion.	26 Read Psalm 147:1 Reflection Do you have a favorite hymn? Share a song.	27 Read Luke 15:24 Reflection Where in your life do you need resurrection? Reconcile with someone you have distanced yourself from.	28 Read CCC 1468 Reflection How has Confession brought you peace? Encourage someone to receive the Sacrament of Reconciliation.	29 Read Luke 18:13 Reflection Do you trust in God's endless mercy? Show mercy to someone who has wronged you.
30 Fourth Sunday of Lent Luke 15:6 Reflection How do you help someone return to their faith? Invite someone to Mass.	31 Read Revelation 21:5 Reflection Are you allowing God to transform you this Lent? Identify one sin you need to surrender completely.	Apr 1 Read Psalm 46:2 Reflection Analyze your strengths and weakness. Offer your day as a gift to God in a small act of service.	2 Read Isaiah 41:10 Reflection What fears hold you back in your faith? Take one step forward in trust today.	3 Read Psalm 121:4 Reflection Do you trust that God is always watching over you? Give thanks for a time God protected you.	4 Read John 12:13 Reflection How do you recognize Christ's kingship in your life? Acknowledge Christ as King in a concrete way today.	5 Romans 5:5 Reflection What is your greatest hope? Share a message of hope with someone today.
6 Fifth Sunday of Lent Read John 8:11 Reflection Do you believe in God's mercy for yourself? Go to Confession or prepare for it.	7 Read 2 Corinthians 6:2 Reflection What is stopping you from fully accepting God's grace today? Make a concrete step toward a deeper commitment to your faith.	8 Read John 1:29 Reflection What does the word "behold" mean to you? Attend Mass to receive Holy Communion or make a spiritual communion.	9 Read John 11:40 Reflection How is God's glory revealed in your life? Offer gratitude for a blessing you often overlook.	10 Read John 3:14 Reflection Do you recognize the Cross as a sign of love? Spend time in prayer before a crucifix.	11 Read John 10:41 Reflection Do you believe in the works of Jesus? Give alms to those in need.	12 Read John 11:55 Reflection How do you prepare for Holy Week? Receive the sacrament of Reconciliation
13 Palm Sunday Read Matthew 21:5 Reflection Do you welcome Jesus with humility? Read and meditate on the Passion narrative.	14 Read John 13:1 Reflection How does Jesus love you to the end? Perform an act of love for someone today.	15 Read Matthew 26:46 Reflection Are you prepared to walk with Jesus to the Cross? Pray before a crucifix, contemplating His sacrifice.	16 Read Matthew 26:24 Reflection How do you remain faithful to Christ? Reflect on times you have denied or doubted Him.	17 Holy Thursday Read John 13:15 Reflection How do you serve as Christ served? Perform an act of service in secret.	18 Good Friday Read John 19:30 Reflection What is Jesus' sacrifice asking of you? Spend time in silence, contemplating His Passion.	