

## WHAT THE ST. BENEDICT MEDAL MEANS



# CRUX SANCTI PATRIS BENEDICTI (CENTER TEXT)

The Cross of Holy Father Benedict.

## EIUS IN OBITU NOSTRO PRAESENTIA MUNIAMUR (OUTSIDE EDGE TEXT)

May we be strengthened by his presence in the hour of our death.

## EX S M CASSINO MDCCCLXXX (BELOW IMAGE OF BENEDICT)

From Holy Monte Cassino 1880.

# PAX (TOP)

Peace.

## **SMQLIVB** (LEFT SIDE, CLOCKWISE)

What you offer me is evil. Drink the poison yourself!

### VRSNSMV (RIGHT SIDE.

**CLOCKWISE)** Begone satan! Never tempt me with your vanities!

## C S C M L (VERTICAL CROSS)

May the holy cross be my light!

## N D S M D (HORIZONTAL CROSS)

May the dragon never be my leader!

### CSPB (FOUR QUADRANTS)

The Cross of Holy Father Benedict.

