

Novena to Saint Pier Giorgio Frassati

First Day

Jesus says: "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

Pier Giorgio responds: *"The faith given to me in Baptism surely suggests to me that of yourself you will do nothing; but if you have God as the center of all your actions, then you will reach the goal."*

We pray: Saint Pier Giorgio, teach me true poverty of spirit. Help me understand that God cares for me; and that He asks me, in return, to care for others, especially those in need. Guide me to make choices in my life which will show a preference for service of God and neighbor, rather than accumulating financial wealth and social advantage for myself. Give me a special love for the poor and the sick.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is the Lover of the poor, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Second Day

Jesus says: "Blessed are those who mourn, for they shall be comforted."

Pier Giorgio responds: *"Our life, in order to be Christian, has to be a continual renunciation, a continual sacrifice. But this is not difficult, if one thinks what these few years passed in suffering are, compared with eternal happiness where joy will have no measure or end, and where we shall have unimaginable peace."*

We pray: Saint Pier Giorgio, teach me that I must be able to mourn if I will be able to rejoice. Show me how to face my sorrow, and not avoid it or pretend that it does not exist. Help me to enter into any present sorrow, so that my soul can empty itself and be filled with God's peace.

Saint Pier Giorgio, I ask for your intercession in obtaining from God,

Who is our Consoler, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Third Day

Jesus says: "Blessed are the meek, for they shall inherit the earth."

Pier Giorgio responds: *"With violence you sow hatred, and you harvest its bad fruits. With charity, you sow peace among men – not the peace that the world gives, but the true peace that only faith in Jesus Christ can give us in common brotherhood."*

We pray: Saint Pier Giorgio, guide me in claiming my rightful inheritance as a child of God and heir of His kingdom. Show me, by your own example, how to be slow to anger, and gentle in my dealings with others. Help me to show forth the peace of Christ by speaking words of peace, and by living a life of peace.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is meek and humble of heart, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Fourth Day

Jesus says: "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied."

Pier Giorgio responds: *"What wealth it is to be in good health, as we are! But we have the duty of putting our health at the service of those who do not have it. To act otherwise would be to betray that gift of God."*

We pray: Saint Pier Giorgio, help me to seek God's righteousness, His plan for my life and for the salvation of the world. Show me the way to self-surrender, so that I may desire nothing more than to be of service to the Lord and His Kingdom. Lead me to the table of love, where I will be satisfied.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is righteous and just, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Fifth Day

Jesus says: "Blessed are the merciful, for they shall obtain mercy."

Pier Giorgio responds: *"St. Paul says that 'the charity of Christ urges us.' Without this flame, which should burn out our personality little by little and blaze only for other people's griefs, we would not be Christian, let alone Catholic."*

We pray: Saint Pier Giorgio, teach me by your example of mercy to open my heart more widely to those in need, especially the poor and the sick. Guide me in extending that mercy both to friends and strangers, to those who love me and those who do not. Help me to reflect God's own mercy, especially in words and deeds of forgiveness.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is gracious and merciful and just, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Sixth Day

Jesus says: "Blessed are the pure in heart, for they shall see God."

Pier Giorgio responds: *"I beg you to pray for me a little, so that God may give me an iron will that does not bend and does not fail in His projects."*

We pray: Saint Pier Giorgio, lead me in the path of purity, for only those who are clean of heart can behold God's face. Help me to be faithful to the covenant I have made with God in Baptism, that I may always be loyal to His commands and thus offer Him sincere worship. Show me by your life how to be single hearted and completely, unswervingly, dedicated to proclaiming the kingdom of God here on earth.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is pure love and holiness, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Seventh Day

Jesus says: "Blessed are the peacemakers, for they shall be called children of God."

Pier Giorgio responds: "I offer you my best wishes – or, rather, only one wish, but the only wish that a true friend can express for a dear friend: may the peace of the Lord be with you always! For, if you possess peace every day, you will be truly rich."

We pray: Saint Pier Giorgio, despite your daily struggles, you found peace by fostering your own well being in work, study, and play; in prayer alone and with others; in silence and in song, in laughter and in serious conversation with friends. Guide me to that inner peace which will enable me to share peace with others.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is our peace, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Eighth Day

Jesus says: "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven."

Pier Giorgio responds: "To live without faith, without a patrimony to defend, without a steady struggle for truth – that is not living, but existing."

We pray: Saint Pier Giorgio, teach me silence in the face of personal humiliation and unjust criticism. But guide me to be courageous like you in standing on the side of God's truth. Help me to be faithful to Him in all things, so that His Will may be done in and through my life. Show me how to persevere in the struggle for those things which are holy and honorable.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who is the source of grace and truth, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Ninth Day

Jesus says: "Blessed are you when they revile you and persecute you and

utter all kinds of evil against you falsely on My account. Rejoice and be glad, for your reward is great in heaven."

Pier Giorgio responds: "We who by the grace of God are Catholics must steel ourselves for the battle we shall certainly have to fight to fulfill our program and to give our country, in the not too distant future, happier days and a morally healthy society. But to achieve this we need constant prayer to obtain from God that grace without which all our powers are useless."

We pray: Saint Pier Giorgio, show me how to bear all wrongs patiently. Help me to accept the sufferings which others inflict on me because of my desire to be faithful to Jesus.

Saint Pier Giorgio, I ask for your intercession in obtaining from God, Who protects the innocent, all the graces necessary for my spiritual and temporal welfare. I confidently turn to you for help in my present need: *(mention your request.)*

Litany of Saint Pier Giorgio Frassati

(for private devotion)

Lord, have mercy.
Lord, have mercy.
Christ, have mercy.
Christ, have mercy.
Lord, have mercy.
Lord, have mercy.

God our Father in heaven,
have mercy on us.
God the Son, Redeemer of the world,
have mercy on us.
God the Holy Spirit,
have mercy on us.
Holy Trinity, One God,
have mercy on us.

Holy Mary, *pray for us.*
All the angels and saints, *pray for us.*
(Repeat after each invocation.)

Saint Pier Giorgio,
Loving son and brother,
Support of family life,
Friend of the friendless,
Most Christian of companions,
Leader of youth,
Helper of those in need,
Teacher of charity,
Patron of the poor,
Comfort of the sick,
Athlete for God's kingdom,
Conqueror of life's mountains,
Defender of truth and virtue,
Opponent of every injustice,
Patriotic citizen of the nation,

Loyal son of the Church,
Devoted child of the Madonna,
Ardent adorer of the Eucharist,
Fervent student of the Scriptures,
Dedicated follower of St. Dominic,
Apostle of prayer and fasting,
Guide to a deep love for Jesus,
Diligent in work and study,
Joyful in all of life's circumstances,
Strong in safeguarding chastity,
Silent in pain and suffering,
Faithful to the promises of Baptism,
Model of humility,
Example of detachment,
Mirror of obedience,
Man of the Beatitudes,

Lamb of God, You take away the sins of the world,

spare us, O Lord

Lamb of God, You take away the sins of the world,

graciously hear us, O Lord.

Lamb of God, You take away the sins of the world,

have mercy on us.

V. Pray for us, Saint Pier Giorgio

Frassati,

R. *That we may be made worthy of the promises of Christ.*

Prayer

Let us pray: Father, You gave to the young Pier Giorgio Frassati the joy of meeting Christ and of living his faith in service of the poor and the sick. Through his intercession, may we, too, walk the path of the Beatitudes and follow the example of his generosity, spreading the spirit of the Gospel in society. We ask this through Christ our Lord. Amen.

Rev. Timothy Deeter
© Associazione Pier Giorgio Frassati,
info@piergiorgiofrassati.org

IMPRIMATUR, November 2, 1994:
+Joseph A. Galante, D.D., J.C.D.,
Bishop of Beaumont, TX

Learn more about Saint Frassati:



www.FrassatiUSA.org