

Corpus Christi Catholic Community

Building the Body of Christ

February 26, 2017

Eighth Sunday in Ordinary Time

Sunday Reflection

Faithful Followers of God



*"Can any of you by worrying
add a single moment to your life-span?"*

No, indeed we can't. But evidence does suggest that worrying can subtract time from our life span! Clearly, we are not meant to worry. It's not healthy and it's not useful. But for many of us, it's quite difficult not to be anxious and concerned about matters that are important to us. So what is the secret to letting go of this unnecessary anxiety?

Jesus gives us an answer in today's Gospel. *"Seek first the kingdom of God and his righteousness, and all these things will be given you besides."* In other words, our focus should be on being faithful followers of God. When we put our trust in the providence of the One who *"clothes the grass of the field,"* and stop trying to rely on our own (meager) powers, then things will be taken care of: *"Your heavenly Father knows that you need them all."*

Part of the secret here, of course, is coming to accept God's will for us, even when it doesn't perfectly match what *(continued on page 3)*

ASH WEDNESDAY **Mass Schedule**

**March 1, 2017
8:30 am and 7:00 pm**

"The Christian faithful, during Lent, are clearly conscious of the need to turn the mind towards those realities which really count, which require Gospel commitment and integrity of life which, through self denial of those things which are superfluous, are translated into good works and solidarity with the poor and needy.

(Directory on Popular Piety & the Liturgy, #125)

Inside This Issue ...



- ▶ **Young Adult Ministry** **Page 3**
Reflections from Vickie Figueroa
- ▶ **Lenten Journey With Jesus** **Page 4**
Children in Grades 1 to 6 are invited to "look to the Lord" during Lent on Sat, Mar 11 from 10 am - 5:15 pm
- ▶ **Nestor Munis To Be Honored** **Page 6**
Our own Nestor Munis will be among the recipients of the 2017 Urban Parish Spirit Awards event on Wed, Mar 8
- ▶ **Join An Emmaus Faith-Sharing Group!**
A number of small faith-sharing groups will meet during the six weeks of Lent, which begins Wed, Mar 1 - details inside

Corpus Christi Directory

Rev. Donald Archambault, Pastor
313-537-5770

Parish Office Hours:

Mon - Thu, 9:30 am – 8:00 pm, Fri, 9:30 am – 5:00 pm
Sat, 10:00 am – 4:00 pm, Sun 9:00 am – 12:00 noon

Weekend Masses:

Sat 4 pm, Sun 9 am & 11 am

Daily/ Holy Day Masses:

See next column.

Parish Center: 19800 Pembroke Ave, Detroit MI 48219-2145
Phone: (313) 537-5770 **Fax:** (313) 537-5773
E-mail: corpuschristidetrit@comcast.net
Website: www.corpuschristi-detroit.org

Convent Building 19910 Evergreen Rd (313) 535-2340
Outreach Center 16000 Pembroke Ave (313) 272-0990
School Building 19900 Evergreen Rd

Business Management Consultant (313) 272-0990
Mrs. Catherine Long clong123@gmail.com

Christian Service Coordinator (313) 272-0990
Mr. Curtis Simpson Jr curtis_simpson_jr@yahoo.com

Faith Formation Director (313) 537-5770
Sr. Therese Mac Kinnon tmdc3@yahoo.com

Maintenance Coordinators (313) 537-5770
Mr. Michael Cotton mkecott225@yahoo.com
Mr. Robert Wheelwright robertwheelwright80@yahoo.com

Ministers of Music (313) 537-5770
Ms. Michelle Baines michellebaines@live.com
Ms. Fannie Larkins wheats1314@gmail.com

Parish Office Staff (313) 537-5770
Mrs. Miriam Hudson corpuschristimiriam@comcast.net
Ms. Golda Amizaa Mr. Kristopher Lamarr

Mr. Sean O'Brien Ms. Soraya Parent

Pastoral Associate (313) 537-5770
Rev. Mr. Paul Mueller dcnpaulmueller@gmail.com

Pastoral Minister (313) 272-0990
Ms. Mary Davis m.davis52@att.net

Stewardship Consultant (313) 272-0990
Mr. Kenneth Troupe kennithtroupe@yahoo.com

Young Adult Ministry Coordinator (248) 459-9304
Ms. Vickie Figueroa vickie.figueroa@gmail.com

Youth Ministry Coordinator (313) 622-2160
Mrs. Michele Hudson michele.ccyam@gmail.com

Community Organizers (313) 537-5770
James Ngare jngare@emich.edu
Yelena Ramautar communityorganizerohpca@gmail.com

Deacon Emeritus (586) 549-1463
Rev. Mr. Al Hogrebe ahogrebe53@yahoo.com

Deacon (248) 921-1567
Rev. Mr. Mark Springer deaconmarkspringer@gmail.com

Parish Council President (313) 623-8164
Wenonah Handschu whandschu@hotmail.com

Sacrament of Reconciliation: Private confessions each Saturday at 3:30 pm or by appointment. Communal reconciliation services are held during Advent and Lent.

Sick Calls and Communion Calls: Please notify the parish office when there is serious illness in your household. We are happy to make home visits and to visit hospital and nursing home patients as well. We appreciate being notified so we may keep the sick in prayer and place them on our prayer list.

Baptisms: Call the Parish Office for an Infant Baptism Packet.

Weddings: Call the Parish Office at least 6 months before wedding.

Bulletin Copy: Drop off copy at parish office or email your copy to corpuschristimiriam@comcast.net.

This Week at Corpus Christi

Monday, February 27

8:30 am Mass
12:30 pm CHURCH DECORATING
7:00 pm Bible Study

Tuesday, February 28

8:30 am Mass
7:00 pm Emmaus Group 3

Wednesday, March 1 (day of fast and abstinence)

Ash Wednesday

8:30 am Mass
10:30 am Emmaus Group 5
7:00 pm Mass

Thursday, March 2

8:30 am Mass
3:00 pm Emmaus Group 6
6:30 pm GOF Design Team

Friday, March 3 (day of abstinence)

Saint Katharine Drexel, Religious

3:00 pm OPCA Community Organizers
7:00 pm Stations of the Cross

Saturday, March 4

Saint Casimir

9:00 am Confirmation Retreat (to 3:00 pm Sun)
9:30 am Worship Commission
10:00 am 1st Eucharist Class
10:00 am Emmaus Group 7
12:00 noon SVDP -Corpus Christi Conference
12:00 noon RCIA Lunch
2:00 pm Recovery Group
4:00 pm Mass

Sunday, March 5

First Sunday of Lent

9:00 am Mass
9:00 am RCIA Class
9:00 am Catechesis of the Good Shepherd II
10:45 am Noah's Ark Nursery
11:00 am Catechesis of the Good Shepherd I
11:00 am Mass/Liturgy of Word with Children
11:45 am Millionaire Party Fundraiser
@ Wintergarden Tavern, Livonia
12:15 pm Emmaus Group (Young Adults)
12:30 pm Emmaus Group (Youth)
1:00 pm Choir
4:00 pm Better Men Outreach
6:00 pm Emmaus Group (Young Couples) ©LPi

 **Lent 2017**

"Since I met him, I can see."

Generation Z Comes Back To Church

by Vickie Figueroa, YA Ministry Coordinator

Matthew 5:13-15: "You are the salt of the earth; but if the salt has become tasteless, how can it be made salty again?" ... "You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house."

For the past ten to fifteen years, "Millennials" (those born 1980 - 1998) have been a constant topic — whether in media, churches, workplaces, schools, retail, online or social media. Talk about this confident, tech-savvy, and purpose-driven generation has been continuous.

Now "Millennials" are exiting out of their young adult years and their successors are arriving. Welcome to "**Generation Z**" (born 1999 - present)!

Experts are just beginning to form opinions about "**Generation Z**" (also known as the iGeneration or Homeland Generation), but there are some commonalities. They:

- represent 70 million in US population
- they are 51% non-white ethnic heritage
- are in a post-internet, post-technology world
- are financially conservative, mainly due to 2008 recession and altered childhoods
- have much lower teen birth rates
- have lower rates of alcohol and drug abuse
- are educated, connected, social, and global
- live and plan their lives online
- are more entrepreneurial at earlier ages
- are more risk-averse and less likely to take financial, professional, or online social risks versus Millennials
- prefer a blend of in-person and social media versus the primarily social media style of Millennials
- have a higher percentage of church attendance during their young adult years, according to a 2016 study:

26%	Baby Boomers
21%	Generation X
18%	Millennials
41%	Generation Z

There's still much to learn as **Generation Z** moves into our college campuses, workplaces, and churches. It's exciting to see them coming to church. I hope they stay, and that we are open to the gifts they bring. — **Vickie**

Sunday Reflection (continued from page 1)

we may have been envisioning. There is a kind of surrender involved that puts God's plan first. Instead of getting worked up that things aren't going our way, this kind of reliance upon God enables us to relax and accept the way things are going. The great spiritual writer, Jean-Pierre de Caussade, put in well in his work, *Abandonment to Divine Providence*, when he said, "To escape the distress caused by regret for the past or fear about the future, this is the rule to follow: leave the past to the infinite mercy of God, the future to His good Providence, give the present wholly to His love by being faithful to His grace." God takes care of the birds, the flowers, even the grass! He will also take care of us.

© 2017 Liturgical Publications Inc

Young Adults

WEIGHT LOSS WEDNESDAY

Wed, Mar 1, 6:15 - 7:30 pm

Tap with Breanna Perrett

Detroit-Windsor Dance Academy

3031 West Grand Boulevard, Suite 350, Detroit

FREE pop-up movement classes are available on Wednesdays thru March 8. Wear comfortable clothes and dance shoes or bare feet; changing space available.

4-DAY LSAT PREP COURSE - \$199

Sat/Sun, Mar 11/12 & Mar 18/19, 9:30 am - 3 pm

Considering law school? Ave Maria School of Law offers a prep course in time for you to take the LSAT this June along with a full tuition scholarship for qualified applicants. For more information, visit www.avemariafoundation.org.

SUMMER CAMP EMPLOYMENT

Camps Connect is hiring camp counselors and activity staff. Applicants must be at least 18 years of age. For more information, visit www.campsconnect.org or call 810-622-8744.



Church of the Home

■ Eating Disorders

Eating disorders (like anorexia, bulimia, and binge eating) include extreme emotions, attitudes, and behaviors surrounding weight and food issues — they are serious emotional and physical problems that can have life-threatening consequences. Having a healthy and positive body image means liking your own body, appreciating it, and being grateful for its qualities and capabilities. When parents care for and appreciate their own bodies, they teach their children to do the same.

Eating Disorder Warning Signs

- ☐ Becoming very thin, frail, or emaciated
- ☐ Becoming obsessed with eating, food, exercising, and weight control
- ☐ Constantly weighing
- ☐ Counting or portioning food carefully
- ☐ Only eating certain foods
- ☐ Feeling fat
- ☐ Withdrawing from other social activities, especially meals and celebrations involving food
- ☐ Becoming depressed, lethargic (lacking in energy), and feeling cold a lot

from nationaleatingdisorders.org and kidshealth.org

■ Infertility Support Group

Our Lady of Consolation Infertility and Miscarriage Support Group will meet **Monday, March 6 at 7:00 pm** in the small social hall at St. Fabian Catholic Church, 32200 12 Mile Road, Farmington Hills. For more information, visit olc-infertility.weebly.com or email olc.infertility@gmail.com.

■ Lenten Journey With Jesus



“Look To The Lord”
Saturday, March 11, 2017
10:00 am - 5:15 pm
Rainbow Room & Church

Children in Grades 1 to 6 are invited to “look to Jesus” in Bible readings, activities, prayer, crafts, a DVD, singing, food, and more.

Parents may run errands and return to join the children as they participate in a special way at the 4:00 Mass.

Registration fliers are available at the back of church or you may call the parish office.



Corpus Christi Needs You!!!

Attention Confirmation students and/or high school students! We have opportunities for you to live out your “full membership in the church” and earn community service hours:

Noah’s Ark Nursery *

Coffee/Donut Team Member *

CGS I Catechist Assistant *

EME (Minister of the Eucharist)

Lector - Altar Server - Usher - Greeter

We really, really need your help with the *’d ministries as soon as possible. Call 313-537-5770 to sign up or for more information.

HS Youth Lector Training

All Corpus Christi Parish high school age youth are invited to consider becoming a part of the Ministry of Lector (one who proclaims the Word of God at Sunday liturgies and prayer services). You must be at least 14 years old and have celebrated the Sacrament of Confirmation. **Training will be held Saturday, March 11 from 2:00 - 3:30 pm in the rectory basement.** Ms. Sheila Finch, Lector Coordinator will be the facilitator. For more information, contact Mrs. Michele Hudson at michele.ccym@gmail.com or 313-622-2160. You may also leave a message at the parish office.

■ Everyday Stewardship

We often say in the Church that stewardship is about the three Ts, time, talent, and treasure, but really, stewardship is about the big “E,” which is everything. We are made up of more than just our time, talent, and treasure, and the gifts that come from God are overwhelming. All that we have, from the obvious to the not so obvious, is a gift from God. We are called to cultivate them all and offer them back to God with increase.

But that also means holding nothing back. That requires a stepping out in faith. Our trust then cannot be in the gifts God gives, since we have hopefully given them all over to God. Only in God can we place our trust. Our homes, our 401(k)s, our family, and our bodies all belong to God. With nothing left, we have nothing and no one else to put our trust in but God.

If you find yourself unable to place all of your trust in God, perhaps you are still holding something back. Is your comfort found in something other than God? It is pretty common for Christians *(continued on page 7)*



BULLETIN BOARD

CUSTOMER ASSISTANCE DAY: DTE Energy and THAW have partnered to host Customer Assistance Day (CAD) on **Friday, March 3 from 9 am to 4 pm at Detroit Association of Black Organizations Inc, 12048 Grand River Avenue, Detroit.**

DTE's Low Income Self-Sufficiency Plan (LSP) is a program that allows you to make affordable monthly payments based on your income. You must qualify to receive bill payment assistance and be a DTE Energy account holder (age 18 or older).

Make sure you bring the following documents with you to apply: 1) a valid copy of your ID and Social Security card, 2) a document validating your address if it is different from the address on your ID, 3) a copy of the last 60 days proof of all household income (including child support, unemployment, cash assistance, FIP, adoption subsidy/direct care, worker's compensation, alimony, interest annuities or dividends, or self-employment), and 4) a copy of the DTE bill you are seeking assistance with.

Incomplete applications will delay the processing period. For more information, call 1-800-866-8429, then press 3.

SEASONAL JOB FAIR: The City of Detroit General Services Department is hosting a Seasonal Job Fair on **Wednesday, March 8** from 9 am to 3 pm at SER Metro-Detroit, 9301 Michigan Avenue, Detroit. Available positions include Vehicle Operator I, Laborer A/Park Maintenance Helper, and Play Leader, Recreation Department. Register at www.eventbrite.com/e/city-of-detroit-general-services-department-seasonal-job-fair-tickets-31681738934. Be sure to come dressed for success. Onsite interviews will be conducted. For more information, please call 313-224-4472.

SUMMER EMPLOYMENT: Camps Connect is hiring camp counselors and activity staff for the St. Vincent de Paul and Catholic Youth Organization Camps. Must be 18 years old. Call 810-622-8744 or visit www.campsconnect.org.

SUPPORTIVE SERVICES FOR VETERANS: Volunteers of America Michigan (VOAMI) Supportive Services for Veteran Families (SSFV) has funding available to provide assistance to veteran families who are currently experiencing homelessness. Call 313-502-0688.

Time & Talent Opportunities



☐ Millionaire Party Worker

Our next Millionaire Party Fundraiser at the Wintergarden Tavern West in Livonia is scheduled for **Sunday - Wednesday, March 5 - 8**. Volunteers are needed to work in 3-person teams at least one 3 1/2 hour shift for 1 day. Duties include: collecting monies, recording monies, and distributing monies and poker chips. To volunteer, please contact Kennith Troupe at kennithtroupe@yahoo.com or 313-766-5345.

☐ CYO Camps Work Weekend

The CYO Camps Work Weekend, **Friday - Sunday, April 21 - 23**, is your chance to make a difference. Volunteers are needed to work on a multitude of projects at the boys and girls camps — reviving picnic tables, cleaning up downed trees, scraping and painting, splitting wood, trimming bushes, roofing, cleaning windows and screens, and general camp clean up. Contractors, electricians, and plumbers are also needed. Come for a day, an afternoon, a few hours, or the weekend. For more information, call 810-622-8744 or email ckrucker@cyodetroit.org. Information fliers are available at the back of church or parish office.

☐ Homebound EME

Volunteers are needed to **bring Holy Communion to one or more homebound members** of our parish? Call the parish office at 313-537-5770 to let us know of your interest or fill out one of the special cards available at the back of church. For more information or questions, contact Paul Mueller or Paul Moore, EME Ministry to the Homebound Coordinators.

☐ Sunday Bus Driver

At least two (2) bus drivers are needed to **transport parishioners to and from the 11:00 Mass**; must be a registered member of the parish. Background check required. Call the parish office at 313-537-5770.

☐ Nursery Caregiver

Adult caregivers are needed to **provide a loving, safe environment for infants and toddlers** while their parents are at the 11:00 Mass on Sundays.

COMING EVENTS:

Feb 27 Women & Heart Disease

Heart disease is the most common cause of death of women age 55 or older. St John Providence invites you to learn about symptoms unique to women and what you can do to reduce your risk factors on **Monday, February 27 from 1 to 2 pm** at the Southfield Wellness Center, 15990 West 9 Mile Road, Southfield. Denise Sinkovich, MSN, RN-BC will be the presenter. To pre-register, call 1-888-751-5465.

Mar 3 Women In Grief

Hospice of Michigan will host *Women In Grief* on **Fridays, March 3, 10, and 17 from 1 to 3 pm** at the Hospice of Michigan office located at 43097 Woodward Avenue Suite 102, Bloomfield Hills. The group will explore the unique dynamics for women who are grieving. To register, call Claudia Been at 248-334-1323.

Mar 4 Remembering Fr Solanus

Detroit neighbors will share the favors they (or their family members) received after praying to Fr. Solanus requesting his intercession on **Saturday, March 4 from 12:00 to 2:30 pm** at the Solanus Casey Center, 1780 Mount Elliott Street, Detroit. The afternoon will start with a simple lunch followed by a presentation. To RSVP or for more information, call 313-579-2100 ext. 149.

Mar 5 Sunday Film Series

A Time For Miracles, the inspiring story of America's first native-born saint, Mother Elizabeth Seton, will be shown on **Sunday, March 5 at 2 pm** at Visitation North Spirituality Center, 7227 Lahser Road, Bloomfield Hills. Kate Mulgrew gives a moving performance as Elizabeth, a convert to Catholicism who overcame the great tragedy of the deaths of her young husband and two children and went on to found the American Sisters of Charity and the first American Catholic Schools. Come enjoy the film, popcorn, and discussion. Free will offering. To RSVP or for more information, call 248-433-0950.

Mar 8 Congratulations Nestor!

Our own Nestor Munis will be honored for his service at the 9th Annual Urban Parish Spirit Awards presented by the Detroit Catholic Pastoral Alliance's Urban Parish Coalition and the Archdiocesan Office for Black Catholic Ministry on **Wednesday, March 8 at 6:00 pm** at Sacred Heart Church, 1000 Eliot Street, Detroit (I-75 and Mack Avenue).

Retreat Schedule

► *Mon, Feb 27, 9:30 am - 11:30 am*

Women-to-Women

**@ Manresa Jesuit Retreat House
1390 Quarton Road, Bloomfield Hills**

Group meets in the Manresa library for coffee and socializing, and then gathers for *lectio divina* (reading, reflecting, and praying with Scripture). Come away refreshed, renewed, heard, affirmed, supported, and spiritually nourished. No registration is necessary. Facilitated by Anne Smith. Donations to Manresa are gratefully accepted.

► *Wed, Mar 1, 9:00 am - 3:00 pm*

Day of Recollection

**@ St Paul of the Cross Retreat Center
23333 Schoolcraft, Detroit**

Begin the Season of Lent by taking some time away with the Lord. Cost is \$30/person and includes a delicious hot lunch. Register online at www.stpaultreat.org or call 248-433-0950.

► *Fri - Sun, Mar 3 - 5*

Retreat for Men

**@ Manresa Jesuit Retreat House
1390 Quarton Road, Bloomfield Hills**

Has it been a while since you made your last retreat? Is Jesus calling you to meet him on the sacred grounds of Manresa? For more information, call 248-644-4933 or visit www.manresa-sj.org.

► *Sat, Mar 4, 8:00 am - 4:00 pm*

Catholic Biblical School of Michigan Retreat

**@ St. John Neumann Church
44800 Warren Road, Canton**

A day of enrichment, inspiration, and reflection begins with Mass at 8 pm followed by sessions presented by Deacon Robert Ervin. Check-in opens at 7:45 am. Cost is \$35 and includes continental breakfast and lunch. For more information, email Lucia at lucia10588@gmail.com.

► *Sat, Mar 4, 10:00 am - 12:00 noon*

Musing Over Mugs

**@ Visitation North Spirituality Center
7227 Lahser Rd, Bloomfield Hills**

Explore the blessings and challenges of life with Mary McDevitt, IHM and other women over a cup of coffee or tea, looking through the eyes of faith. Free will donation. Call 248-433-0950 to register.



Stewardship UPDATE



Collection Report

Weekly Budget	\$ 7,803.00
Sunday Offerings 2-12-2017	\$ 6,783.81
Sunday Offerings 2-19-2017	\$ 9,533.00
Shortfall for the Budget Year	\$11,552.67

Everyday Stewardship

(continued from page 4)

to "hide something away" while saying they are all in. But of course, nothing is hidden from God. Pray about it and ask God to grant the strength to surrender all to him. We are asked to trust in God, but really, true trust is a fruit that comes about when we have had the courage to surrender it all. Trust is just a word if we continue to serve two masters. The great thing is that not only will God not turn away from us, God will also help us turn toward him. You may be asked to surrender it all, but you are never alone.

written by Tracy Earl Welliver, MTS © Liturgical Publications Inc



Questions of the Week

Matthew 6:24-34

What are the anxieties that hinder your spiritual journey?

Isaiah 49:14-15

The prophet Isaiah offered these words of comfort during Israel's exile in Babylon around 550 BC. When have you felt abandoned or forgotten by others or by God?

1 Corinthians 4:1-5

Paul warns the Corinthians against judging others by our human standards. How do you resist this temptation?



Scriptures for the Week

Readings for the Week of February 26, 2017

Sunday:	Is 49:14-15/Ps 62:2-3, 6-9 1 Cor 4:1-5/Mt 6:24-34
Monday:	Sir 17:20-24/Ps 32:1-2, 5-7 Mk 10:17-27
Tuesday:	Sir 35:1-12/Ps 50:5-8, 14, 23 Mk 10:28-31
Wednesday:	Jl 2:12-18/Ps 51:3-6ab, 12-14, 17 2 Cor 5:20--6:2/Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20/Ps 1:1-4, 6/Lk 9:22-25
Friday:	Is 58:1-9a/Ps 51:3-6ab, 18-19 Mt 9:14-15
Saturday:	Is 58:9b-14/Ps 86:1-6/Lk 5:27-32

First Sunday of Lent

Gn 2:7-9; 3:1-7/Ps 51:3-6, 12-13, 17
Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11



Join our faith community — and nearly 14,000 Catholic communities across the United States — in a life-changing Lenten journey of encounter with CRS Rice Bowl. May these 40 days better prepare us to encounter ourselves, our neighbors and our God.

Please Pray For The Deceased

Mary Ellen Kelley (1/22)

member of the parish

Anne Moloney (1/28)

former member of parish

Dorothy Osip (1/23)

member of the parish

Rhoda Stephens (1/29)

mother of Al Stephens

Mario Elliott(1/26)

son of Patricia Giebel

Victoria Hamilton (1/29)

niece of Christeena L-Long

Sr Mary Diane

Masson (1/25)

Felician Sisters

Fr Addison Wright (1/31)

Society of St Sulpice

Grace Lindsay (1/26)

member of the parish

Fr Fabian Slominski (2/1)

Archdiocese of Detroit

Dorothy Miller (1/28)

aunt of Kerrie Monier

Frank Yezbick (2/4)

member of the parish



Please Pray For Those In The Military:

Jared Brooks (Marines), Anthony Carson (Army), Anthony Ford (Army), Jonah LaTour, Jon LaTour, John Maurer (Air Force), Robbie Mayes (Marines), Christopher Moniere (National Guard), Jonathan Singleton (Army), Kelly Sionkowski-Jackson (Air Force), Corey Sullivan (Army), and Lance Walker II (Army).



February 27 thru March 5

Monday	8:30 am	+ Mark Nemeth (req by Corpus Christi Parish)
Tuesday	8:30 am	+ Grace Lindsay (req by Paul & Pat Mueller)
Wednesday	8:30 am	+ Mary Ellen Kelley (req by Corpus Christi Parish)
	7:00 pm	+ Dorothy Osip (req by Corpus Christi Parish)
Thursday	8:30 am	+ Robert Grant & Marlene Grant (req by Nancy Loper & David Loper)
Friday		<i>No Mass or Communion Service</i>
Saturday	4:00 pm	+ Deceased Relatives and Friends (req by Parishioners)
Sunday	9:00 am	For the People of Corpus Christi
	11:00 am	+ John Heath (req by Verna Kelser)

Please Pray For Our Sick Members:

Synia Benjamin
Doris Billion
Paul Billion
Marcelle Blackmon
Frieda Boyd
Bessie Brown
Alelia Busby
Angeline Butler
Joe Cagle, Sr
Aggie Conti
Veronica Conway
Jefferie Cook Sr.
Sheri Dargin
Kevin DeMatas
Ann El-Hajj
Renita Fletcher
Shelley Forter

Rosemary Givens
Ella Goldsmith
Sr. Sharon Hagen
Virginia Harkey
Martha Harris
Terrie Henderson
Ronald Hills
Irma Horton
Mary C. Hustoles
Gloria James
Warren Jaynes
Roswitha Jordan
Sandy Kalman
Myrna Leonard
Jim Lorenger
Valerie McDonald
Beverly Miller

Virginia Moyer
Shirley Oldenburg
Samuel Omabele
Elaine O'Neill
Jerry O'Neill
Matthew Onwudinjo
Sharon Ortman
Sue Padalino
Helen Parkman
Vernard Plain
Phyllis Pruett
Kirk Schwanik
Indira Shelton-Pierce
Bernice Slaughter
Vivian Spence
Greg Spight
Anita Stephens

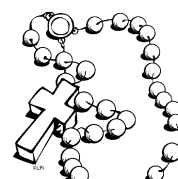
Donna Storie
Colletta Sykes
Charlotte Turner
John Wilson
Kathy Wilson
Maureen Zink

**Please call
313-537-5770
to add or
remove
a name
from our
prayer lists.**

Homebound:

Darlie Bouie
Evelyn Brantley
Beverly B-Johnson
Judories Fort
Branch Gassoway
Margaret Gassoway
Ed Hill Jr
Ruth Hill
Ronald Hills
Al Hogrebe
Ernestine Jackson
Mary Ellen Kelley
Marie Leonard
John Onwudinjo
Evangeline Pruett
Hulda Reed

Isiah Searls
Joseph Shelton
Mary Pat Shelton
Glendene Stafford
Brendia Thomas
John Tillery



Please Pray For Our Relatives and Friends:



Susan Absher
Kelley Adams
Patricia Alexander
Duncan Alfes
Joe Anderson
Linda Anderson
Michael Anthony
Barbara Atalla
Jeff Badarak
Tony Baines
Barbara Baldwin
Sue Bates
Edward Bejesky
Katy Bessey
Christopher Biddle
Kenneth Black
Angela Blakely
Avera Blount
Edward Boxley III
Rachell Boykins
Bill Brazier
Shaun Bronson
Linda Brown
Ron Brown
Shawn Brunnos
Auby Bryson
Barbara Bryson

Eric Burch
Henry Burch II
Thomas Calhoun
Eric Chandler
Felisha Childress
Audrey Cieslak
Scott Clinton
Perry Conway
Vivian Cook
Joann Coules
Ronald Crane
David Dare
Geraldine Dawson
Woodrow Dawson
Brenda Debose
Charles Dickerson
Joanne Dorais
Lisa Duncanson
Carol Duscio
Lloyd Earl
Clida Ellison
Virginia Etherly
Janice Evans
Clara Fletcher
Ronald Fletcher
Barbara Ford
Phillip Faucher
Wanda Gardner
Nestelyn Gay
Fernandez Gift
Sherman Gilmore
Elwood Gneckow
Shawn Gore
Lillian Gray-Amstutz
Morty Green

Sandy Klepeck Green
Audrey Gulley
Cora Harper
Joseph Harper
Kelly Harper
Millie Harris
Antoinette Henry
Summer Henry
Betty Herman
Renee Hogrebe
Jane Houck
Tom Hustoles
Patti Jackson
Allen Jacob
Robert Jarey
Melvia Jefferson
Dorie Kaiser
Bill Kelley
Mary Alice Kenny
Kristen Kingzett
Erin Knight
Katie Lutzo Kissell
Fred Kolp
Marta Lagos
Dianne Leitertman
Antoinette Litzinger
Cheryl Lofton
Anthony Lorenger
Charlie Lull
William Mapp
Bea Marx
Michael Mathis
Scott McDonald
Hattie McKinney
Anthony McNeal

Linda Melson
Jerry Mercier Jr
Jim Messink
Darwin Mills
Willard Mitchell
James Molloy
Karen Momper
Curtis Momsen
Dorothy Moore
Elizabeth Moore
Shirley V Moore
Joyce Mulhall
Justine M Neguim
Sara Nell-Wallace
Margaret Nelson
Kimberly Newberry
Ernestine Nimmons
Glory Njoku
Charles Nutt
Susan Orlando
Caden Osinski
Caden Owens
Jeff Padalino
Patty Page
Willie Parker Jr
Paula Parham
Cyndi Pask
Michael Peck
Patty Peck
James Pefley
Alicia Penman
Jerome Perry
Marquon Perry
Ruth Ann Petty
Tom Petty

Reginald Phillips
Gerald Pollock
Lorren Pollock
David Remo
Sandra Reynolds
Michael Rice
Viola Richburge
Dorothy Roberson
Betty Robinson
Eugene Rohde
Alfredo Rojas
Gerald Rumbley Sr
Patrick Ryder
Tisha Saldana
Anthony Salem
Frank Salem
Dan Salk
Sherry Samuel
Yvonne Samuels
Ethel Mae Sanders
Robert Schaulle
Helen Schroeder
Larry Shelton
Juanita Simmons
Curtis Simpson Sr
Donald Sims Sr
Mildred Scott
Anthony Sledge
Emily Smale
D'Angela Smith
Joyce Smith
Kathy Smith
Mable Smith
Sam Sombom
Heath Spence

Evelyn Spittle
Christine Stanfield
Raheem Stanfield
Mary Lou Stanton
Dave Stawowy
Nicholas Stephens
Kathy Stewart
Rochelle Stewart
Beatrice Stockton
Erick Strand
Trevor Sullivan
Frances Sykes
Rick Thompson
Angela Turner
Margot Unsleber
Waltrud Unsleber
Charlene Valente
Al Victors
Lance Walker
Martha Ward
Bill Warren
Larry Weaver
Madison Webster
Hannah Wells
Brady Wesley
Dennis Wheelwright
Sr Luanne Wilhelm
Jackie Willemssen
Jim Willemsen
Renee Williams
Ruth Wilson
Annette Wimberly
Doris Woody
Wanda Yates

Sign Up To Share The ***JOY*** This Lent!

Emmaus Faith-Sharing Groups will meet at various times throughout the week during the Season of Lent. Adults and youth are encouraged to join a group and meet weekly during Lent to learn about the true meaning of the Mass, make Scripture readings come alive, and grow in relationship with Jesus Christ and fellow parishioners. An Emmaus faith-sharing group provides an opportunity to pray, explore, discuss, and share faith with others.

Groups will meet for 6 weeks. Materials from Paulist Evangelization Ministries will be used; books are available from your group leader. Please check the schedule below and choose a day and time that is best for you. Childcare is available for the young couples group. **To register, call the parish office at 313-537-5770, or email corpuschristidetroit@comcast.net.**

Join An Emmaus
Faith-Sharing Group!



WEEK 1

**Empowered for
Faithful Living**

WEEK 3

The Witness of Life

WEEK 5

**Called to Be Christ
in the World**

WEEK 2

**Nourishing My Prayer Life
Through the Eucharist**

WEEK 4

The Best News in the World

WEEK 6

**The Eucharist, Our Hope of
Eternal Life in Christ**

Leader	Group #	Group Begins	Time	Location
Leary Gilpin	1	Mon, Mar 6	7:00 pm	Rainbow Room
Fr Don Archambault	2	Mon, Mar 6	7:00 pm	Rectory Basement
Jerry & Elaine O'Neill	3	Tue, Feb 28	7:00 pm	Rectory Living Room
Deacon Mark Springer	4	Tue, Mar 7	7:00 pm	26105 Orchard Lake Rd Ste 108 Farmington Hills 48334
Sr. Therese Mac Kinnon	5	Wed, Mar 1	10:30 am	Outreach Center 16000 Pembroke Ave
Deacon Paul Mueller	6	Thu, Mar 2	3:00 pm	Rectory Living Room
Paul Moore, Ken Troupe, & Gilda Ford	7	Sat, Mar 4	10:00 am	Rectory Basement
Michelle Hudson (Youth)	8	Sun, Mar 5	12:15 pm	Rectory Basement
Vickie Figueroa (Young Adults)	9	Sun, Mar 5	12:15 pm	Rectory Dining Room
Rich Kohler (Young Couples)	10	Sun, Mar 12	6:00 pm	Rainbow Room

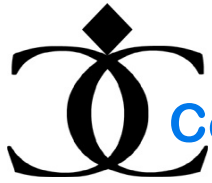
Lenten Disciplines of Fasting and Abstinence

Catholics in good health ages 18 - 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.





Corpus Christi Parish

"Building the Body of Christ"

Revised 2-23-2017



C Church Building	RD Rectory Dining Room
G Gym	RL Rectory Living Room
OC Outreach Center	RMS 3 5 8 School Building
RB Rectory Basement	RMS A B C Convent Building
RC Rectory Conference Room	RR Rainbow Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>"Since I met him, I can see."</p>		1 Ash Wednesday 8:30 Mass 10:30 Emmaus Group 5-oc 7:00 Mass	2 8:30 Mass 3:00 Emmaus Group 6-rl 6:30 GOF Design Team-rd	3 3:00 OPCA Community Organizers-rb 7:00 Stations of the Cross	4 9:00 Confirmation Retreat in Holly (thru 3:00 Mar 5) 9:30 Worship Commission-rb 10:00 1 st Eucharist Class-rm 4 10:00 Emmaus Group 7-rm A 12:00 SVDP-CC Conference-oc 12:00 RCIA Lunch - ? 2:00 Recovery Group-rb 4:00 Mass
5 1st Sunday of Lent 9:00 Mass / RCIA Class-rd / CGS II & III-rm 4 10:30 Choir-rm 3 10:45 Noah's Ark Nursery-rm 8 11:00 Mass / Lit of Word w/ Children-rb / CGS I-rm 4 11:45 Millionaire Party Fundraiser @ WT 12:15 Emmaus Group (Young Adults)-rd 12:30 Emmaus Group (Youth)-rb 1:00 Choir-c 4:00 Better Men Outreach-g/rr 6:00 Emmaus Group (Young Couples)-rr	6 8:30 Mass 10:00 OPCA PR & Social Media Committee-rb 10:45 Millionaire Party Fundraiser @ WT 7:00 Emmaus Group 1-rr 7:00 Emmaus Group 2-rb	7 8:30 Mass 10:45 Millionaire Party Fundraiser @ WT 7:00 Emmaus Group 3-rl 7:00 Emmaus Group 4 - Farmington Hills	8 8:30 Mass 10:30 Emmaus Group 5-oc 10:45 Millionaire Party Fundraiser @ WT 6:00 Evangelization Committee-rb 6:00 OPCA Area Business Committee-rm 3	9 8:30 Mass 3:00 Emmaus Group 6-rl 5:00 NWDYC Executive Committee-lr 6:00 OPCA Board-rm 3 6:30 Stewardship Commission-rb	10 7:00 Stations of the Cross	11 10:00 1 st Eucharist Class-rm 4 10:00 Journey With Jesus-rr, rm 3 10:00 SVDP Food Pantry-oc 10:00 Emmaus Group 7-rb 2:00 Recovery Group-rl 2:00 HS Youth Lector Training-rb 4:00 Mass
12 2nd Sunday of Lent 9:00 Mass / RCIA Class-rd / CGS II & III-rm 4 10:30 Choir-rm 3 / Knights of St Peter Claver-rm A 10:45 Noah's Ark Nursery-rm 8 11:00 Mass / Lit. of Word w/ Children / CGSI-rm 4 12:15 Emmaus Group (Young Adults)-rd 12:30 Social Justice Committee-rm 3 12:30 Emmaus Group (Youth)-rb 1:00 Choir-c 3:00 Vicariate Confirmation Class 3:00 Faith & Sharing-rr 4:00 Better Men Outreach-g/rr 6:00 Emmaus Group (Young Couples)-rr	13 8:30 Mass 5:00 NWDYC Board-rb 7:00 Emmaus Group 1-rr 7:00 Emmaus Group 2-rb	14 8:30 Mass 7:00 Emmaus Group 3-rl 7:00 Emmaus Group 4 - Farmington Hills	15 8:30 Mass 10:30 Emmaus Group 5-oc 7:00 Parish Finance Council-rb 7:30 Workcamp Mentors & Teens-rr	16 8:30 Mass 3:00 Emmaus Group 6-rl 6:30 Parish Pastoral Council-rr	17 10:30 50+ Seniors-rr 7:00 Stations of the Cross	18 9:00 EASTER SEASON PLANNING-rr 10:00 1 st Eucharist Class-rm 4 10:00 1 st Eucharist Parents-rr 3 10:00 SVDP Food Pantry-oc 10:00 Emmaus Group 7-rb 1:00 Soup Meal Set Up-rr 2:00 Recovery Group-rb 4:00 Mass
19 3rd Sunday of Lent LENTEN SOUP MEALS (BOTH MASSES) 9:00 Mass / RCIA Class-rd / CGS II & III-rm 4 10:30 Choir-rm 3 10:45 Noah's Ark Nursery-rm 8 11:00 Mass/Lit. of Word w/ Children-rb / CGS I-rm 4 12:15 Emmaus Group (Young Adults)-rd 12:30 Emmaus Group (Youth)-rb 1:00 Choir-c 4:00 Better Men Outreach-g/rr 6:00 Emmaus Group (Young Couples)-rr	20 8:30 Mass 7:00 Emmaus Group 1-rr 7:00 Emmaus Group 2-rb	21 8:30 Mass 10:00 Pastoral Team 7:00 Emmaus Group 3-rl 7:00 Emmaus Group 4 - Farmington Hills	22 8:30 Mass 10:30 Emmaus Group 5-oc	23 8:30 Mass 3:00 Emmaus Group 6-rl	24 7:00 Stations of the Cross	25 Annunciation of the Lord 10:00 SVDP Food Pantry-oc 10:00 1 st Eucharist Class-rm 4 10:00 Church Environment Committee-c 10:00 Emmaus Group 7-rb 2:00 Recovery Group-rb 4:00 Mass
26 4th Sunday of Lent CRS COLLECTION / OTC MEDICATION COLLECTION 9:00 Mass / RCIA Class-rd / CGS II & III-rm 4 10:30 Choir-rm 3 10:45 Noah's Ark Nursery-rm 8 11:00 Mass/Lit. of Word w/ Children-rb / CGSI-rm 4 12:15 Emmaus Group (Young Adults)-rd 12:30 Confirmation Class-rm C 12:30 Emmaus Group (Youth)-rb 12:30 BLOOD PRESSURE CHECKS-rm 3 1:00 Choir-c 4:00 Better Men Outreach-g/rr 6:00 Emmaus Group (Young Couples)-rr	27 8:30 Mass 7:00 Emmaus Group 1-rr 7:00 Emmaus Group 2-rb	28 8:30 Mass 7:00 Emmaus Group 3-rl 7:00 Emmaus Group 4 - Farmington Hills	Lent is a new beginning, a path leading to the certain goal of Easter, Christ's victory over death. This season urgently calls us to conversion. Christians are asked to return to God "with all their hearts" (Joel 2:12), to refuse to settle for mediocrity and to grow in friendship with the Lord. Jesus is the faithful friend who never abandons us. — Pope Francis			

Are You Engaging in the Season of Lent?

BY RITA FERRONE



How blessed we are to have seasons! The seasons of the natural cycle—spring, summer, fall, and winter—contribute different gifts to our lives. The natural year unfolds according to a certain order, established in creation and expressive of the providence of God. We honor the wisdom of creation as we delight in the changing seasons and respond to their uniqueness—by our food and drink, the clothes we wear, and the activities we pursue, each proper to its time. We respond to the character of each season by how we live and what we do.

In much the same way, the seasons of the liturgical year give shape and texture to the unfolding of time in our life as Catholics. These seasons celebrate our salvation, evoking the mystery of Jesus Christ alive in our midst throughout the year—each in a unique and beautiful way. Just as the taste of watermelon evokes summer, or the crisp white of a fresh snowfall evokes winter, so the scent of lilies evokes Easter and the purple of Lent conveys the sober dignity of penance and preparation for Baptism.

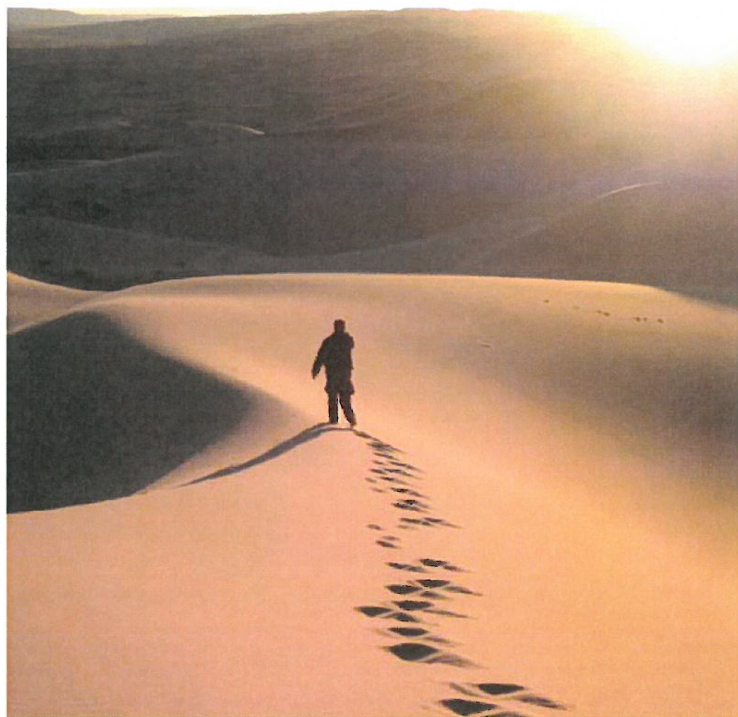
Each season of the liturgical cycle calls forth something unique from us, too. We engage in a season by observing its spirit and practicing the virtues and habits associated with it.

Once we make a personal commitment to keep the liturgical calendar, we become more aware of the abundant blessings God showers upon us in every season of the church year. We find that these seasons connect us to many others around the world and throughout Christian history, as well as to our near neighbors in our parish family. Lent offers a wonderful example of how a liturgical season can create a sacred space in our lives, in which time and faith meet and mutually enrich one another. These are forty precious days.

THE PURPOSE OF LENT

What does Lent set out to do? It's really simple. Our liturgical documents tell us that Lent has a two-fold purpose: the journey to Baptism (or to the renewal of Baptism) at the Easter Vigil or on Easter Sunday, and the purifying work of penance that takes place throughout the forty days. The traditional disciplines of *prayer*, *fasting*, and *almsgiving* support these two goals.

A helpful image for the Lenten season is the desert. On the First Sunday of Lent, we encounter Jesus sent by the Spirit into the desert to fast and pray before undertaking his ministry. He spent forty days in the desert, and wrestled



with temptations during that time. During the forty days of the Lenten season, the faithful go with Jesus into the desert. They step away from the noise and clamor of everyday life to seek God again, in desert places.

As the sparse, open spaces of the desert suggest, the season of Lent is best observed not by piling things on, but by simplifying. Lent is a time to empty ourselves. We empty our stomach by fasting. We empty our pockets by giving to others in a spirit of charity. We empty our mind of distractions and worries by turning to God in prayer. The self-emptying of Lent is undertaken so that the Risen Christ can fill us with his love and grace at Easter. As we listen to Lenten readings in the liturgy, we recognize anew that God knows the longings of our hearts and promises to fulfill them. He alone can provide for our deepest needs.

Lent has a mystical significance, too. During this season, we are put in touch with God's liberating power and will to save, shown in the Book of Exodus and witnessed in the life of Jesus. The story of Israel's journey into freedom

from Egypt will provide the backdrop for the powerful celebration of the Easter Vigil. As God's people were saved from slavery through the Exodus, so Christians are saved and set free by the sacraments of initiation. The forty days of Lent recall the forty years in the desert that formed God's people and led them to the Promised Land. As the *Directory on Popular Piety and the Liturgy* explains, "The mystery of the 'exodus'... is always present in the lenten journey" (DPPL, 124).

Lent and the Liturgy

Throughout the season of Lent, the liturgy sets the tone of our Lenten observance. Because it is the public prayer of the Church, the liturgy is our primary way of sharing this time with our brothers and sisters in Christ. We may also share common activities, devotions, and prayer outside of the liturgy. Yet the liturgy remains the center, from which everything flows and to which everything returns.

GENERAL CHARACTERISTICS OF THE LITURGY IN LENT

What is the liturgy of Lent like? It has a particular character, marked by restraint and sobriety. There is a certain austere beauty about Lent. Many expressions of joyful celebration that are usually found in the liturgy are suppressed during Lent. The alleluia is not sung. The *Gloria* is also omitted (except for the solemnities of the Annunciation and St. Joseph). There is no sprinkling with holy water at the beginning of Mass. Musical accompaniment for songs and hymns is scaled back. Church decorations are kept to a minimum.

The readings and prayers of the liturgy call us to deep conversion. The color purple, signifying penitence, is used for the vestments and for any hangings in the church. Those preparing for Baptism are brought to the forefront as special rites for them are celebrated on certain Sundays of Lent, and even on weekdays. Their presence reminds us that we are all on a spiritual journey together that leads to Easter.

Weekend Ministries Schedule ■ March 4/5 ■ 1st Sunday of Lent

	LECTORS	EMES	SERVERS	GREETERS	LITURGY OF WORD W/ CHILDREN	LITURGICAL ASSISTANT
Sat 4 PM	Colleen Flaherty Sr Rita Valade	Thelma Polley Sr Ellen Schmitz	Chidi Dike Nneka Dike	Elaine O'Neill	-----	Eric McDonald
Sun 9 AM	Diane Smith Wenonah Handschu	Aaron Brown Sheree Wilson	James Hines Tara Lewis	Ernie Buckner		Dolores Yancy
Sun 11 AM	Carol Lawrence Denise Bryson	Team 2 - Irene Unsleber	Juliana Obia Udoka Osuoha Jon Rimbart	Verna Kelser Cherry Smith	Marie Kmett Cynthia Heath Charlotte Turner	Glennys Merritt
	SUNDAY BUS DRIVER	NOAH'S ARK NURSERY	COFFEE/DONUTS 9:00	COFFEE/DONUTS 11:00	COFFEE/DONUTS 11:00	COFFEE/DONUTS 11:00
	Elsie Spencer	Maggie Wax Kira Noreiga	Knights of SPC - R Wheelwright	Egerton Abulu Jr Stanley Abulu	Cynthia Adams Denise Bryson	Cheryl Hill (donuts)
CATECHISTS CATECHIST ASSISTANTS		Catechesis of Good Shepherd I: Rhonda Walker, Peggy Anderson, Hanna Anderson, Joe Mueller, Catechesis of Good Shepherd II & III: Sr Frances Gerhard RCIA - Theology: Leary Gilpin RCIA - Dismissal: TBD				



Donald Moore Jr

Licensed Realtor - 24 Hr Notary
313-207-5250 Expert in buying, selling, shortsales
248-626-2100 & foreclosures - join our team
Diversifiedassociate@gmail.com

kw
KELLER
WILLIAMS
REALTY



313-531-1888

Charles R. Step Funeral Home
18425 Beech Daly Road

Place your
ad here!

This space
is available!



JAMES H COLE, JR
1928 - 1991

KARLA M COLE
Director

James H. Cole
Home for Funerals, Inc.

MAIN CHAPEL

2624 West Grand Blvd 313-873-0771
Detroit, MI 48208

NORTHWEST CHAPEL

16100 Schaefer Hwy 313-835-3997
Detroit, MI 48235

GAIL A. WASHINGTON, MANAGER



Available 24 Hours
(248) 356-4800

Traditional Burial and Cremation Services
Serving ALL Faiths & Cultures

24525 Northwestern Highway ~ Southfield 48075
2 Miles North of Corpus Christi Church
East off Evergreen

REPORT SEXUAL ABUSE

Call 855-444-3911 any time day or night to report abuse or neglect of any child or adult to the MI Dept of Human Services.

FREE ADULT TUTORING

Call the Siena Literacy Center at 313-532-8404 for one on one tutoring in reading, math, and ESL.

SOCIAL SECURITY ONLINE

To apply for benefits or conduct business, visit www.socialsecurity.gov.

DOMESTIC VIOLENCE HOTLINE

If you are in a crisis situation, call 1-800-799-7233 immediately.

UNITED WAY 2-1-1 IS NOW ONLINE:

Locate community service resources listed with United Way's 2-1-1 hotline at www.211.UnitedWaySEM.org.

PROJECT RACHEL

A post-abortion ministry for men and women suffering from the loss of their unborn child. Call 1-888-722-4355.

AFFORDABLE CARE ACT

Call 800-318-2596 or visit healthcare.gov or marketplace.cms.gov

Q

Carnivale and Mardi Gras celebrations are linked to Ash Wednesday, Lent, fast and abstinence. Can you tell us more about the connections between these events?

A

Ash Wednesday is the beginning of the forty days known as Lent. Every year, Christians highlight this penitential season as a time of self-examination, reformation of one's life, and continued development of a deeper spiritual life. The recommended practices of prayer, fasting, and almsgiving become the focus of Lenten activity and ritual. Each of these spiritual practices is aimed at personal discipline as well as continued concern for the other, especially the poor or alienated.

Forty days is a symbolic biblical period of time, during which personal transformation occurs and out of which people surface as more spiritual, ready to carry out God's mission. Relying on God's providence and care, no matter how difficult life becomes, is crucial to Lenten spirituality. Fasting was initially stricter, permitting only one simple meal a day without meat, fish, or other delicacies. Such things were not even allowed in the house.

In order to prepare for this in an age of no refrigeration, people gathered to consume whatever was not allowed during Lent. This led to parties or celebrations originally referred to as Carnivale, literally meaning "goodbye to meat," or Mardi Gras, literally meaning "Fat Tuesday." The eating and celebrating ended on the Tuesday just before Ash Wednesday. Today we focus more on moderation in all things, as well as a strong concern the poor. What are you doing for the poor this Lent?

© 2011 Liturgical Publications Inc



Corpus Christi Catholic Church
19800 Pembroke Avenue
Detroit MI 48219-2145