

# Happy New Year!

*Diana Rivas, School of Ministry*

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What a wonderful time of year. Our Savior's birth brings so much newness to our hearts once again. Looking forward to 2023 many of us make New Year's Resolutions or at least small goals to strive for during this next year.

As you envision happy plans, remember that Advent is a season. Seasons are meant to last much longer than a day or event. This Advent has been more fulfilling for me than other years because I have been focused on sharing Jesus. I learned that by sharing Jesus with others, I was bringing more peace and joy to my own heart.

## **Here is my New Year's Challenge for you...**

**Throughout 2023, show someone that you LOVE them, without telling them that you love them. You decide if your challenge will be once a week or every day.**

Send me an email to let me know you are taking on this challenge of Love and if you are striving for once a week or every day. Share with me if you face any obstacles and I would also like to hear about any moments during this process that touched your heart or that you felt joy in return.

Let's make 2023 the unofficial year of showing Love to others!

## **Upcoming Virtual Formation:**

- Tuesdays, January 10, 17 & 24 Christology  
<https://form.jotform.com/dianarivas/AdvancedFormation22-23AuditLFI>
- Tuesdays, January 31, February 7 & 14 Social Justice  
<https://form.jotform.com/dianarivas/AdvancedFormation22-23AuditLFI>

## **Upcoming In-Person Formation:**

- Saturday, February 11 Lenten Retreat  
<https://form.jotform.com/dianarivas/2023advanced-formation>
- Saturday, March 11 El Directorio para la Catequesis (Spanish only)  
<https://form.jotform.com/dianarivas/2023advanced-formation>
- Saturday, April 15 Mental Health Awareness  
<https://form.jotform.com/dianarivas/2023advanced-formation>

Contact Diana Rivas with any questions: [drivas@dioceseoffresno.org](mailto:drivas@dioceseoffresno.org)